STAURAN

BREAKFAST

M O N D A Y - SATURDAY - 7AM - 10.30AM S UNDAY - 7AM - 11AM

LIGHT CONTINENTAL BREAKFAST 11

seasonal fresh fruit platter / fresh fruit salad / bakery basket with croissants and danish pastries / vegan and gluten-free pastries / freshly baked bread with butter, jam and honey / selection of cereals / yoghurt / filtered coffee / english breakfast tea / selection of british cheese / selection of suffolk charcuterie / selection of sweet and savoury muffins / vegan and gluten-free range available on request

If you would like the option of both light continental and a hot A la carte then you can get 50% off your light continental

ENGLISH BREAKFAST 13

suffolk sausage / treacle bacon / grilled tomato / field mushroom / suffolk black pudding / two eggs (poached/fried/scrambled) / 7seven potato hash / baked beans

AVOCADO & SWEETCORN FRITTERS 10

poached egg / crushed avocado / smoked paprika /

(3)(6) (v)

EGGS FLORENTINE 9 toasted muffin / poached egg / spinach / hollandaise sauce

EGGS ROYALE 11

toasted muffin / poached egg / salmon / hollandaise sauce

(3) (6) (9) (p)

VEGAN BREAKFAST 12

crispy sautéed baby potato / spiced cherry tomato / wild

mushroom / fried tofu / spinach

(3)(9)(12)

FRENCH TOAST 8 cinnamon / nutella / mixed fresh berries

(3) (13) (v) (vg)

VEGETARIAN ENGLISH BREAKFAST 11

vegan sausages / 7seven potato hash / grilled tomato / two eggs (poached/fried/scrambled) / field mushroom / baked beans (3) (6) (9) (13) (v) (vg)

SMOKED SALMON 12

scrambled eggs / sourdough / lemon (3) (6) (p)

EGGS BENEDICT 10

toasted muffin / poached heritage egg / country ham / hollandaise

sauce (3) (6) (9)

BREAKFAST BAGEL

cream cheese 7 / smoked salmon cream cheese 10 (3) (6) (9) (13) (v) (vg)

THREE EGGS OMELETTE 8

choice of cheese / country ham / mushroom / onions / tomatoes smoked salmon (supplement) 4 (3) (6) (9) (13) (V)

7SEVEN PORRIDGE 8

rolled oats / banana & berries

(3) (9) (12)

PIÑA COLADA PANCAKES 9

pancake stack / pineapple coconut crumbles / coconut yoghurt /

maple syrup / chargrilled pineapple

(3) (6) (9) (13) (v) (vg)

SIDES: STEAMED SPINACH 4 SAUSAGES 4 BACON 4 AVOCADO 3 GRILLED TOMATO 3 GRILLED MUSHROOMS 3 BAKED BEANS 3

HOT DRINKS TO ORDER

FILTERED COFFEE 2 ENGLISH BREAKFAST TEA 2.5 SELECTION OF TEA BY THE 'ENGLISH TEA SHOP 2.75 ESPRESSO 2 D-ESPRESSO 2.5 CAPPUCCINO 2.8

LATTE 2.8 AMERICANO 2.5 MOCHA 3 HOT CHOCOLATE 3 MACCHIATO 2.5

Please inform us of any allergies or dietary restriction. All prices are inclusive of VAT. A discretionary service charge of 10% will be added to your bill

Dishes may contain the following allergens:

(A) Alcohol, (1) Nuts, (2) Peanuts, (3) Gluten, (4) Crustaceans, (5) Mollusc, (6) Eggs, (7) Fish, (8) Soya, (9) Dairy, (10) Celery, (11) Mustard, (12) Sesame, (13)

Sulphur Dioxide, (14) Lupin

Other symbols:(v) vegetarian, (p) pescatarian, (vg) vegan

(3) (6) (9) (13)

(3) (v) (va)