



ALLERGY AWARENESS

If you have any dietary restrictions e.g. nuts dairy products, etc. Please inform our Restaurant staff or Manager and they will be able to suggest items suitable for your dietary requirements.

Tel: 0207 353 2898



info@thezin.co.uk | www.thezin.co.uk

8 Crane Court, London EC4A 2EJ

STARTERS

TANDOORI PLATTER (MINIMUM 2 PERSONS)     	£9.95
Chicken Tikka, Lamb Tikka, Tandoori King Prawn, Sheek Kebab and Fish Tikka. (per person) All served on a platter to share.	
MIXED PLATTER (MINIMUM 2 PERSONS)    	£8.95
Vegetable Samosa, Paneer Tikka, Onion Bhajee, Sheek Kebab and Chicken Tikka. (per person) All served on a platter to share.	
VEGETARIAN PLATTER (MINIMUM 2 PERSONS)    	£7.95
Vegetable Samosa, Paneer Tikka, Onion Bhajee and Aloo Chat. All served on a platter to share. (per person)	
CHICKEN NAZAKAT  	£6.45
Chicken supreme marinated in mixed herbs & spices, grilled in the tandoori oven.	
GARLIC KING PRAWN 	£7.45
Jumbo King Prawns marinated in garlic & herbs, roasted in the tandoori oven.	
KING PRAWN SUKA  King Prawn cooked in a rich tangy tamarind sauce.	£8.45
KEBAB ALI  Tender melt in the mouth lamb kebab wrapped in a puree bread.	£7.95
SAMOSA (VEGETARIAN)  Flaky pastry stuffed with mixed vegetable.	£4.95
ONION BHAJEE (VEGETARIAN) 	£4.95
World famous snack of crisp onions deep-fried in a coating of gram flour batter.	
TANDOORI LAMB CHOPS   Tandoori grilled Lamb chops with a traditional recipe.	£7.95
PANEER TIKKA (VEGETARIAN)  	£6.45
Chunks of cottage cheese soaked overnight in sweet and sour vinaigrette, then marinated in yoghurt, fenugreek and black onion seeds. Barbecued in the Tandoori.	
ALOO CHAT PUREE (VEGETARIAN)  Cooked in Chat Masala (tangy) and wrapped in a puree bread.	£6.95
TANDOORI CHICKEN  	£6.45
Indian's foremost offering to the world cuisine scene needs no introduction.	
SALMON TIKKA  	£7.95
Prime cubes of salmon matured in a mildly spiced marinade of dill, fennel, ginger, honey and a trace of mustard oil.	
SHEEK KEBAB  	£6.45
Char grilled sheek of minced kebab with a delicate sprinkling of fresh herbs and aromatic spices mix.	
DUCK TIKKA  	£7.50
Breast of duck marinated in mixed herbs and spices with yoghurt and mustard grilled in the tandoori.	
TANDOORI KING PRAWN  	£8.45
Jumbo King Prawns marinated in a rich blend of saffron, caraway seeds and yoghurt.	
KING PRAWN PUREE  	£8.45
King prawns cooked in a light curry sauce and wrapped in a puree.	
KING PRAWN BUTTERFLY  	£8.45
Breast crumb coated King prawn, dipped in ginger, garlic, lime.	
CHICKEN OR LAMB TIKKA  	£6.50
Bire-sized chicken or lamb tikka marinated with cream, cheese, royal cumin and cardamom, delicately grilled over charcoal, served with mint yoghurt sauce.	



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EXPRESS LUNCH

1 COURSE: £10.95

2 COURSE: £13.95

all main course served with rice & naan

STARTER

SHEEK KEBAB

Char grilled sheek of minced kebab with a delicate sprinkling of fresh herbs and aromatic spices mix

CHICKEN TIKKA

Bite-sized chicken tikka marinated with yoghurt, royal cumin and cardamom, delicately grilled over charcoal, served with mint yoghurt sauce

LAMB TIKKA

Bite-sized lamb tikka marinated with yoghurt, royal cumin and cardamom, delicately grilled over charcoal, served with mint yoghurt sauce

CHICKEN NAZAKAT

Chicken supreme marinated in mixed herbs & spices, grilled in the tandoori oven

SAMOSA

Flaky pastry stuffed with mixed vegetable

ONION BHAJEE

World famous snack of onion deep-fried in a coating of gram flour batter

PANEER TIKKA

Chunks of cottage cheese soaked overnight in sweet and sour vinegar, then marinated in yoghurt, fenugreek and black onion seeds. Barbecued in the Tandoori.

ALOO CHAT PUREE

Cooked in Chat Masala (tangy) and wrapped in a puree bread



MAIN COURSES

TIKKA MASALA CHICKEN

We present our exclusive recipe of succulent chicken tikka in a smooth sauce, mild & creamy!

CHICKEN JALFREZY

Strips of chicken cooked with a masala of peppers and tomatoes, garnished with fresh green chillies, lime leaf and coriander (Our own recipe)

BHUNA LAMB

Lamb cooked in a fairly dry medium sauce. Traditional Bengali dish !

SAG CHICKEN

Tender pieces of chicken cooked with spinach

DANSACK LAMB

Lamb cooked with lentils, sweet sour and hot

MADRAS CHICKEN

Boneless chicken cooked in hot curry sauce, fairly hot !

SAG ALOO

A delicacy of cumin tempered potatoes cooked with tomato, onion and a home-made spice mix

MIXED VEGETABLES CURRY

Mixed vegetables cooked in a traditional curry sauce

KARAHI PANEER

Cubes of Indian cheese cooked with mixed peppers in a light delicate blend of herbs & spices

VEGETABLE BRYANI

Basmati rice cooked with vegetables & a blend of spices

All main course served with pilaou rice & naan



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LUNCH SPECIAL THALI SET

PLEASE NOTE

Maximum of 10 Thali set for large tables
Not available from 1st December to 31st December

THE ZIN SPECIAL £14.95

GARLIC CHILLI CHICKEN

Chilli and garlic tikka in a sauce of caramelised onions

CHICKEN NAZAKAT

Chicken supreme marinated in mixed herbs & spices, grilled in the tandoori oven

SAG ALOO

Potatoes & spinach in home-made spice sauce

RAITHA

SEAFOOD DELIGHT THALI £16.95

KING PRAWN SAG

Jumbo King Prawns cooked with spinach

SALMON TIKKA

Prime cubes of salmon matured in a mildly spiced marinade of dill, fennel, ginger, honey and a trace of mustard oil.

BOMBAY ALOO

A delicacy of cumin tempered potatoes cooked with tomato, onion and a home-made spice mix

MADRAS THALI £13.95

SHEEK KEBAB

Char grilled sheek of minced lamb with a delicate sprinkling of fresh herbs and aromatic spices mix.

CHICKEN OR LAMB MADRAS

Boneless chicken or lamb cooked in hot gravy fairly hot!

BOMBAY ALOO

A delicacy of cumin tempered potatoes cooked with tomato, onion and a home-made spice mix



VEGETARIAN THALI £11.95

ONION BHAJEE

Crisp onions deep-fried in a coating of gram flour batter

VEGETARIAN TIKKA

MASALA CURRY

Vegetable in a smooth sauce, mild & creamy

SAG ALOO

Potatoes & spinach in home-made spice sauce

TIKKA MASALA THALI £13.95

SAMOSA

Pastry filled with mixed vegetable, served with yoghurt sauce

CHICKEN OR LAMB

TIKKA MASALA

Chicken or Lamb tikka in a smooth sauce, mild & creamy

BOMBAY ALOO

A delicacy of cumin tempered potatoes cooked with tomato, onion and a home-made spice mix

Additional £1 will be charged for special request on different rice or Naan.



GLUTEN



PEANUTS



TREE NUTS



CELERY



MUSTARD



EGGS



MILK



SESAME



FISH



CRUSTACEANS



MOLLUSCS



SOYA



SULPHITES



LUPIN

OLD FAVOURITES

If you're after a traditional bite, then try one of our best sellers. These timeless classics are prepared with recipes unique to The India. Should you wish for our chef to create a dish that is not listed please allow plenty of time!

TIKKA MASALA CHICKEN OR LAMB    	£12.95
We present our exclusive recipe of succulent chicken tikka in a smooth sauce, mild & creamy!	
KORMA CHICKEN OR LAMB  	£12.95
Chicken or Lamb pieces slow cooked in smooth creamy gravy.	
LAMB PASANDA  	£12.95
Sliced Lamb cooked with fresh cream ground cashew nuts and mild spices.	
KARAHI CHICKEN OR LAMB  	£12.95
Chicken or lamb cooked in a semi-dry sauce with red, green & yellow peppers and shallots.	
ROGAN JOSH LAMB OR CHICKEN	£12.50
A very special old mogul recipe, tomato flavoured; sauce rich & spicy.	
BHUNA CHICKEN OR LAMB	£12.50
Chicken or Lamb cooked in a fairly dry medium sauce. Traditional Bengali dish!	
DUPIZA CHICKEN OR LAMB	£12.95
Chicken or lamb cooked with onions in a dry medium spicy sauce. Lots of onions!	
SAG CHICKEN OR LAMB Tender pieces of Chicken or lamb cooked with spinach.	£12.50
DANSACK CHICKEN OR LAMB Chicken or Lamb cooked with lentils, sweet sour and hot.	£12.95
MADRAS CHICKEN OR LAMB	£12.50
Boneless chicken or Lamb cooked in hot curry sauce, fairly hot!	
VINDALOO CHICKEN OR LAMB	£12.95
Time less classic for those of you who are looking for the hot bite!	
CHICKEN OR LAMB JALFREZY  	£12.95
Strips of chicken or Lamb cooked with a masala of peppers and tomatoes, garnished with fresh green chillies, lime leaf and coriander. (Our own recipe)	
DUCK JALFREZY  	£14.95
Strips duck cooked with peppers & tomatoes, garnished with fresh green chillies, lime leaf and coriander. (Our own recipe)	
BUTTER CHICKEN   	£12.95
Tandoori-grilled tikka of chicken simmered in smooth gravy, with honey, cream, powered almond and coconut, mild and creamy.	
BALTI MASALA CHICKEN OR LAMB  	£12.95
We present our very own Balti recipe due to frequent request.	
GARLIC CHILLI CHICKEN  	£12.95
Barbecued chicken tikka cooked in fresh green chilli and garlic in a sauce of caramelized onions fairly hot dish!	
KING PRAWN SAG  Jumbo King Prawns cooked with spinach.	£16.95
KING PRAWN PATHIA 	£15.95
Traditional festive dish of prawns in an unusual blend of chilli and tamarind sauce, India's answer to sweet and sour.	



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CHEFS SPECIALS

These delightful speciality dishes are the fruition of the labours of our chefs. Their specialist touch is born from years of experience and each dish bears the signature taste of our master chef.

NAWABI LAMB SHANK (SIGNATURE DISH)	£16.95
Slow pot roast lamb shank, spiced and seasoned with an aromatic herbs and spices. A magnificent dish truly fit for Kings.	
SHASHLIK BHUNA CHICKEN OR LAMB  	£15.95
Tender pieces of marinated chicken or lamb, skewered with pieces of capsicum & onion grilled in the tandoor.	
BOMBAY BLAST CHICKEN OR LAMB	£15.95
Tender pieces of chicken or lamb cooked with hot naaga chilli in a medium dry sauce.	
CHICKEN JAIPURI  	£15.95
Tender Chicken tikka strips cooked with mushroom & peppers in a fairly hot tamarind sauce.	
BENGAL FISH BHUNA 	£15.95
A great tilapia river fish from Bangladesh cooked in a very delectable sauce with tomatoes and curry leave.	
XACUTIE CHICKEN OR LAMB 	£15.95
Chicken or Lamb cooked with aromatic herbs and spices with coconut and red chillies.	
KING PRAWN BADSHAHBAG 	£16.95
Roasted king prawns cooked in a reduced sauce of mustard seeds, fennel, bay-leaf and cinnamon with green peppers and onion.	
DUM GOST 	£15.50
(Hot and spicy) lamb of the bone cooked in handi oven over a slow fire with yogurt, sun-dry red chillies rich spices and fresh herbs. A very spicy dish.	
SOUTH INDIAN GARLIC CHILLI CHICKEN  	£15.50
Barbecued pieces of chicken cooked in a fresh garlic and chilli sauce with coriander and crisp green chilli.	
KING PRAWN MALABAR  	£16.95
King Prawn cooked with fresh green chillies, curry leaves, mustard seeds, mixed spices and coconut cream.	
MIXED GRILL MIRCHI MASALA   	£16.95
Tandoori chicken, chicken tikka, lamb tikka, and Sheek kebab cooked in a thick masala sauce with red and green chillies.	
DUCK TOWA-ASHILI  	£16.95
Breast of duck marinated with mixed herbs and spices ; roasted in tandoori oven. Sliced in to thin strips cooked with chef's own special tamarind masala sauce. Fairly hot!	
GOA GARLIC LAMB  	£16.50
Lamb cooked with fresh garlic and mint in a spicy thick sauce.	
GOSHT KATA MASSALA  	£16.50
Diced deboned meat cooked to golden brown in sliced onions, ginger and garlic in a thick sauce.	
CHICKEN NAWABI  	£15.45
A superb eastern majestic dish of tender pieces of chicken highly flavoured	
ACHARI CHICKEN OR LAMB  	£15.45
Diced pieces of chicken or lamb cooked in a slightly hot and sour pickle sauce	
DUCK MANGO DELIGHT  	£15.95
Duck cooked in a special masala sauce with mango.	
CHICKEN OR LAMB MANGO DELIGHT  	£15.95
Chicken or Lamb cooked in a special masala sauce with mango.	

MAIN COURSES

TANDOORI SELECTION

Our healthy and exciting dishes are all served with a fresh green salad and cooling mint yoghurt dip. The meats are marinated and seasoned with fresh herbs before and whilst cooking in the Tandoori oven for an exquisite fragrance.

TANDOORI CHICKEN (CHICKEN ON THE BONE) £12.95

Baby chicken marinated in ginger & garlic paste with chef's selection of herbs and spices with yoghurt and mustard oil.

CHICKEN TIKKA £11.95

Tender pieces of chicken marinated in special selection of spices unique to The India. Served with a Indian salsa salad.

LAMB TIKKA £12.45

Cubed pieces of lamb, marinated in selection of herbs & spices. Served with a salad.

TANDOORI KING PRAWN £16.95

Jumbo prawns delicately marinated in mixed herb & spices, with black pepper and dill, served with papaya salsa.

CHICKEN SHASHLIK £12.95

Breast of chicken marinated in special selection of spices: together with tomatoes, peppers and onion. Served with a Indian salsa salad.

LAMB SHASHLIK £12.95

Tender pieces of lamb, marinated in special selection of spices: together with tomatoes, peppers and onion. Served with a Indian salsa salad.

TANDOORI MIXED GRILL £17.95

The ultimate Tandoori experience, treat yourself to the entire platter of delicious meats. Includes: Chicken Tikka, Lamb Tikka, Sheek Kebab, Tandoori King Prawn and Tandoori Chicken.

SIZZLING LAMB CHOPS £14.95

Tandoori grilled chops in a traditional recipe.

SALMON TIKKA £14.95

Prime cubes of salmon matured in a mildly spiced marinade of dill, fennel, ginger, honey and a trace of mustard oil.

DUCK SHASHLIK £15.95

Breast of duck marinated in mixed herbs and spices with yoghurt and mustard grilled in the tandoori over with peppers onions and tomatoes.

PANEER TIKKA (VEGETABLE) £11.95

Chunks of cottage cheese soaked overnight in sweet and sour vinaigrette, then marinated in yoghurt, fenugreek and black onion seeds. Barbecued in the Tandoori.



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THE ZIN GROUP MENU

£26.95 PER PERSON (MINIMUM 2 PERSONS)

STARTERS

Mixed Platter of Starters

Onion Bhajee, Samosa, Chicken Tikka, Sheek Kebab .

MAIN COURSE

Please select a main dish from the following

CHICKEN TIKKA MASALA / BUTTER CHICKEN

We present our exclusive recipe of succulent chicken tikka in a smooth sauce, mild & creamy!

OR

CHICKEN JALFREZY

Strips of chicken or Lamb cooked with a masala of peppers and tomatoes, garnished with fresh green chillies, lime leaf and coriander. (Our own recipe)

OR

ROGAN JOSH CHICKEN OR LAMB

chicken or Lamb cooked in a fairly dry medium sauce. Traditional Bengal dish!

OR

KING PRAWN SAG

Jumbo King Prawns cooked with spinach

OR

SOUTH INDIAN GARLIC CHILLI CHICKEN

Barbecued pieces of chicken cooked in a fresh garlic and chilli sauce with coriander and crisp green chilli.

OR

CHICHEN OR LAMB TIKKA

Bite-sized chicken or Lamb tikka marinated with cream, cheese, royal cumin and cardamom, delicately grilled over charcoal, served with mint yoghurt sauce.

OR

KARAHI PANEER (VEGETABLE)

Cubes of Indian cheese cooked with mixed peppers in a light delicate blend of herbs & spices.

VEGETABLE

SAG ALOO

A delicacy of cumin tempered potatoes cooked with spinach, tomato, onion and a home-made spice mix.

OR

TARKA DAAL

A channa and red lentil preparation made into an exotic dish with garlic, cumin seeds and wholered chillies.

ALL SERVED WITH ONE PILAU RICE AND ONE NAAN BREAD BETWEEN TWO PERSONS

Additional dishes can be added at normal menu price.



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VEGETARIAN SELECTION

Indian vegetables are prepared to enhance aromas and freshness. Light and healthy, these dishes are perfect as an accompaniment to a main course or ideal as a full vegetarian option.

SIDE ORDER £ 6.95
MAIN COURSE £ 10.95

SAG OR MATER PANEER

Indian cheese cooked with spinach or peas.

BOMBAY ALOO OR SAG ALOO

A delicacy of cumin tempered potatoes cooked with tomato, onion and a home-made spice mix (or spinach).

MUSHROOM BHAJEE

A semi-dry dish of diced mushroom cooked with mixed spices.

ALOO GOBHI

Florets of cauliflower and potatoes cooked in a tomato and ginger flavoured masala.

TARKA DAAL

A Channa and red lentil preparation made into an exotic dish with garlic, cumin seeds and whole red chillies.

BRENJAL BHAJEE

Aubergines, cooked with tomatoes and onions.

BHINDI BHAJEE

Okra laced with a tangy mélange of cumin seeds and lime, cooked with onion and tomato masala.

SAG BHAJEE

Spinach, cooked with aromatic spice.

CAULIFLOWER BHAJEE

Cauliflower, cooked with aromatic spice.

MIXED VEGETABLE CURRY

Mixed vegetables cooked in a traditional curry sauce.

CHANNA MASALA

Chick peas cooked with special spice mix.

KARAHI PANEER

Cubes of Indian cheese cooked with mixed peppers in a light delicate blend of herbs & spices.

PANEER JALFREZY

Cubes of Indian cheese cooked with mixed peppers & tomatoes, garnished with fresh green chillies, lime leaf and coriander. (our own recipe)























SAG CHANNA

Spinach with chickpeas

BIRYANI

VEGETABLE BIRYANI	£12.95
CHICKEN BIRYANI	£14.95
LAMB BIRYANI	£14.95
CHICKEN OR LAMB TIKKA BIRYANI 	£15.95
KING PRAWN BIRYANI 	£16.95
THE INDIA SPECIAL BIRYANI   	£19.95

RICE & BREADS

PILAOU RICE 	£3.95
STEAMED RICE	£3.75
MUSHROOM RICE	£4.95
SPECIAL RICE 	£4.95
COCONUT RICE	£4.50
GARLIC RICE	£4.50
CHILLI RICE	£4.50
LEMON RICE	£4.50
JEERA RICE	£4.50
KEEMA RICE	£4.95
TRADITIONAL NAN   	£3.75
PESHAWARI NAN    	£3.95
GARLIC NAN   	£3.95
CHEESE NAN   	£3.95
KEEMA NAN   	£3.95
CHILLI NAN   	£3.95
STUFF PARATHA 	£3.95
PARATHA 	£3.50
TANDOORI ROTI 	£2.75
CHAPATTI 	£2.75

SIDE ORDERS

POPPADOM & CHUTNEY  	(PER PORTION) £1.50
RAITHA 	£2.95



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