

Saffron - The Wonder Spice

Saffron is a member of the iris family. Its violet coloured flowers bloom in autumn. To produce saffron, the stigmas are painstakingly handpicked at dawn, cut from the white style and then, to enhance the flavour, dried or toasted over a very low heat to a deep red to orange-red colour.

Apart from its well documented medicinal benefits, saffron is a culinary treasure. It energises dishes with its distinctive fragrance and earthy essence. Iran is the most important producer of saffron. It accounts for approximately 90% of the world production of saffron.

It takes 4,500 flowers to make up one ounce or about 80,000 flowers to produce just 500g of the spice making it the most expensive spice in the world. It is no wonder, therefore, that cheaper imitations have made their appearance.

At **Saffron**, quality is our hallmark and we take pride in sourcing only the most authentic produce for use in our preparations. Be assured, therefore, that with us you will always savour the true **Taste of Saffron**.



Allergy advice: Some dishes on our menu may contain tree nuts, wheat, seeds, gluten, eggs and other allergens. Please ask for assistance if you require any information regarding the dishes or ingredients. Where possible, our staff will advise you on alternative dishes. Those bringing celebration cakes, etc. should provide the relevant allergen information to their guests.

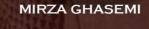
Cöld Stärters and Sides

1. MAST-O-KHIYAR (V/GF) ماست خيار Seasoned creamy yoghurt with diced cucumber, topped with dried mint	\$8
2. MAST-O-MOOSIR (V/GF) ماست موسير Homemade yoghurt dip with chopped shallots	\$8
3. HUMMUS (V) حمـوس Mashed chick peas, blended with sesame seed Tahini, olive oil, lemon juice, salt and garlic. Served with Lebanese bread	\$8
4. AVOCADO DIP (V/GF) آواکادو دیپ Deliciously creamy mashed avocados	\$8
5. BEETROOT DIP (V/GF) لبو ديپ Mashed baby beets with chick peas and Tahini	\$8
6. TRIO OF DIPS (V) Your choice of any three of the above. Served with Lebanese bread	\$20
7. DOLMEH (V/GF) دُلمه Vine leaves (8 pieces) stuffed with rice, herbs and our blend of spices	\$12
8. TORSHI (V/GF) ترشى Mixed pickle of chunky cauliflower, cabbage, celery, carrots and seasonal vegetables	\$8
9. ZEITOON PARVARDEH (V/GF) زيتون پرورده Marinated mixed olives and crushed walnuts drizzled with a tangy pomegranate sauce	\$9
10. MIXED OLIVES (V/GF) مخلوط زيتون A medley of Mediterranean olives with feta cheese and a herbal dressing	\$15
11. SHIRAZI SALAD (V/GF) سالاد شيرازى A colourful refreshing salad with chopped cucumbers, tomatoes, red onions and mint. Dressed with grape verjuice and lemon juice	\$8
12. HUBUBAT SALAD (V/GF) سالاد حبوبات An all-time Persian favourite with beans, corn, olives and Persian feta	\$16
13. CHEESY OLIVE SALAD (V/GF) سالاد يونانى A combination of lettuce, tomatoes, cucumber, olives and Persian feta	\$15
14. GARDEN SALAD (V/GF) سالاد فصل Mixed salad leaves, cucumber, tomatoes and herbs seasoned with a lemony mayonnaise dressing	\$8

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KASHK-E-BADENJAN





MACARONI SALAD

FRESH GREEN SALAD



SHIRAZI SALAD





ZEITOON PARVARDEH



TORSHI



Warm Starters and Sides

15. ASH JO سوپ جو (GF) A hearty soup with shredded chicken, oats, beans and vegetables	\$8
16. ASH RESHTE (V) آش رشته Traditional Persian soup with flour noodles, chick peas, mixed beans, herbs and a creamy whey. Subject to availability	\$10
17. MIRZA GHASEMI (V/GF) ميرزا قاسمى Sautéed eggplant, chopped tomatoes, and garlic, drizzled with olive oil and topped with an egg (Small/Large)	\$12/16
18. KASHK-E-BADEMJAN (V/GF) کشک ٔ بادمجان Mashed eggplant with fried onions, special herbs, garlic and topped with crushed walnuts (Small/Large)	\$12/16
میگو سوخاری 19. TEMPURA PRAWNS Deep fried crispy tempura battered prawns	\$16
20. CHICKEN WINGS (GF) بال و كتف Barbecued wings, marinated in a creamy Persian mayonnaise, saffron and lemon juice	\$18
21. SAMBUSEH (V) سمبوسـه A medley of vegetables, wrapped in pastry and deep fried. Served with a side of chips	\$12
22. SAFFRON MIXED APPETIZERS A delicious combination of two cold and two warm starters of your choice	\$48
23. CHIPS (V/GF) سیب زمینی سرخ کرده Small/Large	\$6/9

Chef's Specials

Please ask our friendly staff for our Chef's Daily and Weekend Specials



Barbecues and Grills

24. KOOBIDEH KEBAB (GF) کوبیده کیاب (Sharperliked to perfection. Served with grilled tomato Extra skewer: \$12 25. JOOJEH KEBAB (GF) جوجه کیاب \$18/28 One or two skewers of boneless chicken thigh fillets marinated in olive oil, lemon juice and saffron. Served with grilled tomato. Extra skewer: \$12 26. JOOJEH TORSH KEBAB (GF) جوجه کیاب ترش ایست و ای	, , ,	
One or two skewers of boneless chicken thigh fillets marinated in olive oil, lemon juice and saffron. Served with grilled tomato. Extra skewer: \$12 26. JOOJEH TORSH KEBAB (GF) جوجه کباب ترش (Stra skewer: \$12 26. JOOJEH TORSH KEBAB (GF) جوجه کباب ترش (Stra skewer: \$14 27. SHISH KEBAB (GF) شیش کباب (\$30 Two skewers of succulent boneless chicken grilled with capsicum and onions. Served with grilled tomato Extra skewer: \$13 28. CHENJEH KEBAB (GF) پنچه کباب (\$32 Tender boneless pieces of diced lamb, marinated and char-grilled to perfection. Served with grilled tomato Extra skewer: \$14 29. BARG KEBAB (GF) پرک کباب (\$32 Marinated lamb backstrap, tenderised, skewered and char-grilled to perfection. Served with grilled tomato \$30. SHISHLIK (GF) شیشلیک (GF) پختیاری کباب (\$40 30. SHISHLIK (GF) شیشلیک (\$40 31. BAKHTIARI KEBAB (GF) پختیاری کباب (\$40 32. SOLTANI KEBAB (GF) شلطانی کباب (Shigh led tomato \$42 A combination of one skewer each of Loojeh (lamb) and Barg (lamb) kebabs, served with grilled tomato \$42 A combination of one skewer each of Koobideh (lamb) and Barg (lamb) kebabs, served with grilled tomato \$43 33. MOMTAZ (GF) ممتاز (Shigh Pilleman) and Chenjeh (lamb) and Chenjeh (lamb) skewer each of Koobideh (lamb) and Chenjeh	One or two skewers of minced lamb kebabs seasoned with spices and	18/28
Char-grilled boneless chicken thigh fillets marinated in pomegranate molasses, walnuts, herbs and saffron. Served with grilled tomato Extra skewer: \$14 27. SHISH KEBAB (GF) شيش كباب \$30 Two skewers of succulent boneless chicken grilled with capsicum and onions. Served with grilled tomato Extra skewer: \$13 28. CHENJEH KEBAB (GF) چنچه كباب \$32 Tender boneless pieces of diced lamb, marinated and char-grilled to perfection. Served with grilled tomato Extra skewer: \$14 29. BARG KEBAB (GF) برگ كباب \$32 Marinated lamb backstrap, tenderised, skewered and char-grilled to perfection. Served with grilled tomato 30. SHISHLIK (GF) شيشليک \$40 Succulent lamb cutlets, marinated and char-grilled to perfection. Served with grilled tomato 31. BAKHTIARI KEBAB (GF) پختيارۍ كباب \$32 A combination of one skewer each of Joojeh (chicken) and Chenjeh (lamb) kebabs, served with grilled tomato 32. SOLTANI KEBAB (GF) شلطانۍ كباب \$42 A combination of one skewer each of Koobideh (lamb) and Barg (lamb) kebabs, served with grilled tomato 33. MOMTAZ (GF) ممتاز \$30 Combination of one skewer each of Koobideh (lamb) and Chenjeh	One or two skewers of boneless chicken thigh fillets marinated in olive oil,	8/28
Two skewers of succulent boneless chicken grilled with capsicum and onions. Served with grilled tomato Extra skewer: \$13 28. CHENJEH KEBAB (GF) چنچه کباب \$32 Tender boneless pieces of diced lamb, marinated and char-grilled to perfection. Served with grilled tomato Extra skewer: \$14 29. BARG KEBAB (GF) برگ کباب \$32 Marinated lamb backstrap, tenderised, skewered and char-grilled to perfection. Served with grilled tomato 30. SHISHLIK (GF) شیشلیک \$40 Succulent lamb cutlets, marinated and char-grilled to perfection. Served with grilled tomato 31. BAKHTIARI KEBAB (GF) بختیاری کباب \$32 A combination of one skewer each of Joojeh (chicken) and Chenjeh (lamb) kebabs, served with grilled tomato 32. SOLTANI KEBAB (GF) شلطانی کباب \$42 A combination of one skewer each of Koobideh (lamb) and Barg (lamb) kebabs, served with grilled tomato \$33. MOMTAZ (GF) ممتاز \$30 Combination of one skewer each of Koobideh (lamb) and Chenjeh	Char-grilled boneless chicken thigh fillets marinated in pomegranate molasses, walnuts, herbs and saffron. Served with grilled tomato	\$32
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V = Vegetarian GF = Gluten Free

All grills and stews are served with complimentary saffron rice

Saffination TASTE OF CONTROLL OF CONTROL OF CONTROL



CHELO KEBAB KOOBIDEH



SHISHLIK

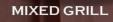


JOOJEH KEBAB





BARG KEBAB





CHENJEH KEBAB

Barbecues and Grills

مخصوص (GF) مخصوص

\$28

Combination of one skewer each of Koobideh (lamb) and Joojeh (chicken) kebabs, served with grilled tomato

نگین کباب(GF) 35. NEGIN KEBAB

\$35

Two skewers of Koobideh (minced lamb) kebabs, topped with marinated chicken. Served with grilled tomato

میکس کباب (GF) میکس کباب

\$40

Combination of one skewer each of Koobideh (lamb), Chenjeh (lamb) and Joojeh (chicken) kebabs, served with grilled tomato

37. SAFFRON PLATTER FOR 2/4 PERSONS

\$75/125

A feast of assorted kebabs, salad and chips, served with a variety of rice seasoned with saffron, dill and barberries

38. QUEEN KAYNAZ FEAST FOR 4-5 PERSONS

\$150

A feast of 2 lamb shanks, 2 chicken quarters and choice of two stews, served with salad, Torshi, Tah dig and a variety of rice seasoned with saffron, dill and barberries

39. KING CYRUS FEAST FOR 4-5 PERSONS

\$150

A feast of Barg, Shishlik, Koobideh kebabs and chicken on bone, served with salad, Torshi, Tah dig and a variety rice seasoned with saffron, dill and barberries

Calering Services



We offer affordable solutions for all your weddings, birthday parties, anniversaries and corporate events.

We specialise in catering for up to 100 guests in-house and 600 guests off-site.

Just select the dishes from our extensive menu or plan your own.

Leave the rest to us and we will ensure that your event is a resounding success.



Ștews and Rice Dishes

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40. GHEYMEY (GF) خورشت قيمه Slow-cooked lamb stew with split peas in a rich tomato sauce	\$25
41.GHEYMEY BADEMJAN (GF) خورشت قيمه بادمجان Lamb stew with split peas and fried eggplant in a rich tomato sauce	\$28
42. ZERESHK POLO (GF) زرشک پلو Slow cooked chicken in tomato sauce served with sautéed vegetables	\$25
43. CHELO MAHICHE ZAFRANI (GF) چلو ماهیچه Slow-cooked lamb shank, served with sautéed vegetables, and Saffron rice	\$28
44. BAGHALI POLO MAHICHE (GF) باقالی پلو ماهیچه Slow-cooked lamb shank, served with sautéed vegetables and Baghali Polo (rice with broad beans)	\$ 32
45. DIZI SANGI WITH TORSHI (GF) ديـزى Slow-cooked lamb stew with potatoes, tomatoes and mixed beans. Accompanied by pickled vegetables	\$30
46. GHORMEH SABZI (GF) خورشت قورمه سبزی Slow-cooked lamb stew with red kidney beans and a mixed herbs sauce	\$25
47. FESENJAN (GF) خورشت فسنجان Chicken stew with a tangy pomegranate sauce and crushed walnuts. A Persian classic	\$30
قلیه ماهی (GF) قلیه ماهی Barramundi fillets cooked in a coriander and herb sauce	\$30

All grills and stews are served with complimentary saffron rice



Ction to the District	
Ștewș and Rice Dishes	
49. TAH-DIG CRISPY SAFFRON RICE (V/GF) ته دیگ Specially crafted Saffron rice with a delicious crispy golden crust, considered to be the best part of the rice among Persian food lovers	\$12
50. TAH-CHIN (GF) ته چین Rice with shredded chicken, yoghurt, egg and a crispy saffron crust	\$30
51. TAH-CHIN BADEMJAN (GF) ته چین بادمجان Rice with shredded chicken, eggplant, yoghurt, egg and a crispy saffron crust	\$35
52. BAGHALI POLO (V/GF) باقالی پلو Rice with broad beans and fresh dill	\$9
53. SHEVID POLO (V/GF) شوید پلو Rice, flavoured with fresh dill	\$6
V <u>ėgėlarian</u> Dishės	
54. BAMIEH (V/GF) بامیه Baby okra, spices and herbs in tomato sauce, served with Saffron rice	\$24
55. KHORESHT ESFENAJ (V/GF) خورشت اسفناج Potatoes and chopped spinach in a special tangy sauce, served with Saffron rice	\$24
56. MIXED VEGETABLES (V/GF) سبزیجات آبپـز Mixed seasonal vegetables in yoghurt sauce, served with Saffron rice	\$20
57. MIXED GRILL (VEGETARIAN) (V/GF) گریل سبزیجات Grilled corn, capsicum, mushrooms and seasonal vegetables, served with Saffron rice	\$24
58. ADDAS POLO (V/GF) عدس پلو Saffron rice with green lentils, fried onions, sultanas, and a yoghurt side	\$22
B reads	
نان لبنان 59. LEBANESE BREAD نان لبنان	\$3
نان تافتـون 60. TAFTOON BREAD	\$4
نان ترکیی 61. TURKISH BREAD	\$4

V = Vegetarian GF = Gluten Free



D <u>ėssėrls</u>		
62. BAKLAVA (V) باقلوا A rich Mediterranean dessert pastry made of layers of filo filled with chopped nuts and sweetened with syrup	\$10	
63.PERSIAN ICE CREAM (V/GF) بستنی زعفرانی Traditional Persian ice cream delicately flavoured with vanilla, saffron, pistachios and crushed walnuts	\$12	
64. FALOODEH (V/GF) فالوده A delicious combination of iced vermicelli noodles, rose water and sugar, finished with a touch of lemon juice	\$12	
65. FALOODEH WITH PERSIAN ICE CREAM (V/GF) All the goodness of Faloodeh with a serving of Persian ice cream	\$18	
66. CARROT & ICE CREAM FLOAT (V/GF) اب هویج بستنی Fresh carrot juice topped with saffron flavoured traditional Persian ice cream and crushed walnuts	\$12	
Drinks		
67. DOOGH (SALTY LASSI) (V/GF) \$4 Cup/Bottle/Jug	/5/12	
68. SOFT DRINKS/JUICES Can/Bottle	\$4/5	
69. CHIA AND SAFFRON DRINK چای ایرانی Chilled Saffron flavoured drink with Chia seeds	\$10	
70. PERSIAN NON-ALCOHOLIC BEER	\$5	
71. PERSIAN TEA چای ایرانی Cup/Pot	\$3/9	
72. SAFFRON TEA چای زعفرانی Cup/Pot	\$5/12	
73. HERBAL TEA دمنوش Cinnamon/Ginger/Lemongrass/Masala	\$5	
74. SPRING WATER	\$3	
BYO CORKAGE (per person)	\$3	
CAKE CORKAGE (per person)	\$2	



FALOODEH WITH PERSIAN ICE CREAM

BAKLAVA

DOOGH (SALTY LASSI)



PARTIES AND EVENT CATERING

At **Saffron** we take pride in serving the rich and authentic flavours of Persia featuring fresh herbs, spices and local produce.

We are equally adept at Afghan and Arabic cuisines.

So whether it is a birthday, anniversary or a corporate event, we are fully equipped to provide you with our exemplary personalised service.

Just select your preferences and leave the rest to us.

We can cater to 100 guests in-house and up to 600 guests for off-site events.

TAKE-AWAY ORDERS

Have unexpected guests or just feeling a bit lazy to cook?

No worries! Help yourself to our Take-Away Menu and enjoy our mouth watering dishes at home.

Order your take-away on **07 3158 8142** or **0426 337 206**

OUR HOME DELIVERY PARTNERS



DOORDASH



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Website: www.tasteofsaffronrestaurant.com.au



