

PROPER BREAKFAST

The Works 10.00

Two sausages, two rashers of bacon, two fried eggs, two hash browns, baked beans, mushrooms, grilled tomato, toast and butter. 1243 kcal

The Full Green 9.50

Two plant-based sausages, two fried eggs, two hash browns, baked beans, mushrooms, grilled tomato, toast and butter. 989 kcal

The Hearty Start 7.50

Sausage, a rasher of bacon, a fried egg, a hash brown, baked beans, mushrooms, grilled tomato, toast and butter. 785 kcal

The Green Start 7.00

Plant-based sausage, a fried egg, a hash brown, baked beans, mushrooms, grilled tomato, toast and butter. 658 kcal

The Morning Stack 8.50

Two sausages, two rashers of bacon, one fried egg and burger cheese in a toasted bun with ketchup and tomato salsa, dished up with two hash browns. 1059 kcal

The Veggie Morning Stack 8.00

Two plant-based sausages, one fried egg and burger cheese in a toasted bun with ketchup and tomato salsa, dished up with two hash browns. 805 kcal

BREAKFAST SARNIES

**FREE
HOT
DRINK**

Grab a sarnie and we'll throw in a hot drink on the house.

Bacon 701 kcal 7.50

Bacon & Sausage 808 kcal 7.50

Sausage 783 kcal 7.50

Plant-based sausage  638 kcal 7.00

+ UPGRADE Add a hash brown 267 kcal for £1

ALLERGY INFO

Please inform our team of any allergies before placing your order, even if you have ordered the dish/drink before, as ingredients can change and menus don't list all ingredients. Full allergen information is available for all food and drinks, detailing the 14 legally declarable allergens contained in our dishes and drinks. Whilst all reasonable steps will be taken to avoid the unintentional presence of allergens, we cannot guarantee that any products are 100% free from allergens, owing to possible cross-contamination. There is significant risk of cross-contamination in our deep fat fryers.

T&Cs. All products and offers are subject to availability. Management reserves the right to refuse custom and/or withdraw/change offers (without notice) at any time. Photography is for guidance only. Prices include VAT at the current rate.

Stonegate Group, 3 Monkspath Hall Road, Solihull, West Midlands B90 4SJ.

The Full Monty 13.50

Four sausages, four rashers of bacon, two fried eggs, four hash browns, baked beans, mushrooms, grilled tomato, two slices of toast and butter. 2259 kcal


**BEST
SELLER**

Toast & Butter  193 kcal 1.50

Toast & Jam  483 kcal 1.50

EXTRAS

Bacon 79 kcal

Baked Beans  78 kcal

Hash Browns  267 kcal

Sausage 132 kcal

Plant-based sausage 84 kcal

Mushrooms  57 kcal

Egg

 **CHOOSE**

→ **Fried** 104 kcal

→ **Poached** 100 kcal

→ **Scrambled** 306 kcal

**£1
EACH**

LITTLE EARLY BIRDS

Beans on Toast 271 kcal 1.50

The Mini Brekkie 6.50

One sausage, a rasher of bacon, fried egg, a hash brown and baked beans. 526 kcal

MORNING BREWS

Espresso 1 kcal 4.00

Americano With milk. 46 kcal 4.00


Cappuccino 47 kcal 4.25


Latte 61 kcal 4.25

Pot of Tea With milk. 43 kcal 4.00

Hot Chocolate 260 kcal 4.25

 Suitable for vegetarians.  Suitable for vegans.

 **Made with vegetarian ingredients;** however, produced in a factory which handles non-vegetarian ingredients, with a 'may contain' warning.

 **Made with vegan ingredients;** however, produced in a factory which handles non-vegan ingredients, with a 'may contain' warning. Please note that we do not operate a dedicated vegetarian/vegan kitchen area. Ingredients are based on standard product formulations; variations may occur.