

..... SEA FOOD

27. THE ONE MIX SEAFOOD 27,90 € (M,G,A) 🌶️🌶️

Grilled jumbo shrimps, greenshell mussels, cockles, octopus and scallops, served with three different chili sauces. Served also with rice.

28.HOOMOK PLA KUHA 19,90 € (M,G,A) 🌶️

Steamed Finnish zander fillet(pike-perch) in an aromatic coconut milk- chili sauce, fresh thai basil, (dish contains egg). Served with rice.

29.PLA KRAPONG TOD YUM MA MUANG 25,90€ (M,G,A) 🌶️🌶️

Crispy fried whole sea bass with a sourly hot mango salad, with green papaya, green beans, crispy lettuce, palm sugar and toasted peanuts. Served with rice.

..... NOODLE

30.PAD KII MAU SPAGHETTI (M,A) 🌶️🌶️

Grilled Chicken with herbs 15,90 € Jumbo shrimp 19,70 €

Fried black spaghetti, chili-pepper, oyster mushrooms, thai basil, pepper, herb sauce.

31.PAD THAI (M,G,A)

Chicken 14,30 € Jumbo shrimp 18,70 €

Traditional fried Thai rice noodles, egg, chives, sprouts, peanuts and tamarind-sauce.

..... HOMEMADE CURRY

32.GREEN CURRY (M,G,A) 🌶️🌶️

Aromatic sweet and hot coconut -curry, fresh green chili, thai basil, thai eggplant, bamboo. Served with rice. Please select the main ingredient from below

33.RED CURRY (M,G,A) 🌶️🌶️

A rich flavoured hot coconut -curry, fresh red chili, bamboo, thai basil, thai eggplant. Served with rice. Please select the main ingredient from below

Grilled Chicken with herbs 15,70 €, Crispy Tofu 15,20 €,

Grilled salmon 19,70 €, Grilled Jumbo Shrimp with herbs 18,90 €

34. MASSAMAN CURRY (M,G,A) 15,70 € 🌶️

Nice and warming spicy coconut -curry, steamed chicken with potato, onion, peanut and tamarind-sauce. Served with rice.

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M= Milk free A= Contains allergens VEG= Suitable for Vegan Diet

G= Gluten Free VS= Contains Fresh Garlic VL= Low Lactose

The marking "A" is a notice of either fish products, nuts or egg that the food may contain. More information about the dishes & ingredients and their possible allergens can be found from the restaurant staff.

Mildly hot 🌶️ Medium hot 🌶️🌶️ Very hot 🌶️🌶️🌶️



THE ONE
THAI KITCHEN

MENU

..... STARTERS

1. **SPRING ROLL**, (tofu (VEG) or samon) 7,90 € (M,G,A)
Fresh rice paper roll with samon or tofu, also includes salad, chives, rice noodles, mint, coriander. Served with toasted sesame dressing.
2. **JIMJAU** 11,90 € (L,G,VS,A) 🌶️
Grilled scallops, jumbo shrimps and octopus in lime butter, served with a chili-pepper sauce.
3. **KHANOMPANG** 6,70 € (L,G,VS,A)
Grilled seed based bread with a spicy avocado- and peanut sauce.
4. **FISH CAKE** 3 pcs 7,90 € 7 pcs 16,70 € (M,G,A) 🌶️
Traditional thai fish cakes seasoned with chili, red curry paste, coriander, served with a sweet chili sauce and crushed peanuts, (dish contains egg).
5. **SOM TAM Spicy/hot papaya salad** 6,90 € (M,G,VS,A) 🌶️🌶️
A salad from a fresh green papaya, with chili, palm sugar, garlic, lime, fish sauce, cherry tomato and roasted peanuts.
6. **TOM YAM** 7,70 € (Jumbo shrimp or salmon) (M,G,A) 🌶️🌶️
Hot traditional thai soup, thai herbs, aromatic galangal, mushrooms, lemongrass, fish sauce, coriander, chili pepper and lime leaves with the main ingredient of your choice.
7. **POOPIA** 6,90 € (M,VEG)
Vegetable spring rolls and sweet chili sauce.
8. **KAI SATAY** 2 pcs 6,90 € 5 pcs 15,90 € (VL,G)
Grilled chicken skewers with peanut sauce.

..... STREET FOOD

9. **KRAPAOMUSAB** 15,90 € (M,G,A) 🌶️🌶️
Wok-pan fried minced pork, chili, holy basil, green beans in fish- and oyster sauce, served with rice and house salad.
10. **KRAPAO KHAI DOW** 15,90 € (M,G,A) 🌶️🌶️
Traditional thai streetfood-dish, wok-pan fried minced chicken, egg, chili pepper, holy basil, garlic, green beans in fish -and oyster sauce. Served with rice.
11. **KANAR MOO KROB & KAIDOW** 15,90 € (M,G,A) 🌶️🌶️
Wok-fried crispy pork rib (boneless), chinese cabbage, garlic, chili pepper, fish- and oyster sauce with fried egg. Served with rice.
12. **KHAO PAD & Grilled Salmon** 18,90 € (M,G,VS,A)
Grilled salmon & fried rice, egg, garlic, chives and cherry tomato, house chili sauce.
13. **PED YANG** 24,90 € (M,G,VS,A) 🌶️
Grilled duck with two different chili sauces; chili-lime and fried rice-tamarind sauce. Served with Jasmin rice.
14. **PAD PAK BUNG KUNG SOD** 18,90 € (M,G,A) 🌶️
Wok-fried morning glory, jumbo shrimps, garlic and chili-pepper in oyster sauce. Served with rice.

15. **KHAO PAD GAENG PED** 21,90 € (M,G,A) 🌶️🌶️
Grilled finnish zander (pike-perch), spicy hot fried rice with egg, chili paste, thai basil, thai-eggplant.

16. **MUUYANG** 16,90 € (M,G,A) 🌶️
Grilled pork neck skewers, coriander root, coconut milk, palm sugar, black pepper, garlic, toasted rice- Tamarind sauce. Served with Jasmin rice.

..... VEGETARIAN

Please be advised! Many vegetarian dishes use fish products as condiments, but they are also available to order as fully vegan.

17. **HEDKRAPAU** 16,90 € (M,G,A) 🌶️🌶️
Big oyster mushrooms, enoki mushrooms and organic shiitake-mushrooms, crispy fried tofu, oyster sauce, chili pepper and thai basil. Served with rice.
18. **PAD THAI TOFU** 13,80 € (M,A)
Fried rice noodles, soy sauce, tamarind, crispy fried tofu, grounded peanuts, egg, sprouts and chinese chives.
19. **KHAO PAD GAENG KIEWWAAN** 14,70 € (M,G,A) 🌶️🌶️
Hot fried rice, egg, green chili, thai basil, crispy fried tofu, thai-eggplant, broccoli.
20. **LAAB HED** 17,90 € (M,G,A) 🌶️🌶️
Hot Thai-salad, with big oyster mushrooms, enoki mushrooms and organic shiitake-mushrooms, crispy fried tofu, mint, chili pepper, fish sauce, ground roasted rice, spring onion (scallion) and coriander. Served with rice.
21. **TOFU PHAD PHAKBUNG** 14,90 € (M,G,A) 🌶️
Wok-pan fried morning glory and pak choy, garlic, chili pepper, oyster sauce and crispy fried tofu. Served with rice.

..... SALAD

22. **LARB** 18,70 € (M,G,A) 🌶️🌶️
Traditional hot Thai-salad; grilled duck, mint, fresh chili pepper, fish sauce, ground toasted rice, red onion, coriander. Served with rice.
23. **SOM TAM** (M,G,A) 🌶️🌶️
Grilled Chicken 15,90 €, Crispy Tofu 15,40 €, Grilled salmon 19,70 €
Papaya salad from a fresh green papaya, jossa chili pepper, palm sugar, lime, fish sauce, cherry tomatoes and toasted peanuts. Served with thai-style grilled chicken, tofu or salmon. Dish served with rice.
24. **SALMON&YAMAPPLE** 19,70 € (M,G,A) 🌶️
Grilled salmon & apple salad, fresh chili pepper, lime, cashew nuts, mint, ginger and coriander. Served with rice.
25. **NAM TOK MUU** 15,70 € (M,G,A) 🌶️🌶️
Very spicy salad, with thin sliced grilled pork neck, chili pepper, lime juice, herbs and ground toasted rice.
26. **YUM-PUUNIM** 23,70 € (M,G,A) 🌶️
Crispy soft-shell crab with a spicy sour mango salad that has fresh green papaya, green beans, crispy lettuce, palm sugar and toasted peanuts. Served with rice.