ISTANBLUE

MEZE & GRILL

MENU

Mixed Grill

Kunefe

STARTERS

All Starters In the section come with Turkish Pita Bread

1 – HUMMUS (V) — **$ 7.9**

Classic blend of chickpeas, lemon Juice and tahini served with olive oil

1

2 – BABA GANOUSH (V) — **$ 7.9**

Roasted eggplants pureed and combined with yogurt, garlic and lemon juice

3 – EGGPLANT SALAD (V) — **$ 7.9**

Roasted eggplants pureed and mixed with green and red peppers, lemon and extra virgin olive oil.

2

5 – DOLMA (V) — **$ 7.9**

Vine leaves stuffed with a delicious filing of rice, pine nuts, onions, sultanas and herbs.

6 – EZME (V) — **$ 6.9**

Finely chopped tomatoes, onion, cucumber and Italian parsley.

7 – CACIK (V) — **$ 6.9**

Creamy yogurt mixed with cucumber, lemon juice, mint and garlic.

5

8 – MIXED MEZE DIPS (V) — **$ 21.9**

Combination of hummus, cacık, baba ganoush, ezme and dolma, served with 2 pieces of Turkish bread. Recommended for 2 people

SALADS

7

10 – SHEPHERD'S SALAD (ÇOBAN SALATASI) (V) — **$13.9**

Turkish Çoban (Shepherd) salad consisting of finely chopped tomatoes, cucumbers, green peppers, onion, parsley, dressed with lemon juice and olive oil.

11 – GREEK SALAD (V) — **$ 14.9**

Tomatoes, sliced cucumbers, onion, feta cheese, green peppers and olives dressed with extra virgin olive oil

8

12 – TABBOULAH SALAD (V) — **$ 13.9**

A vegetarian dish made of tomatoes, finely chopped parsley, mint, bulgur, onion and seasoned with olive oil and lemon juice.

10

11

12

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HOT STARTERS

15 – SOUP OF THE DAY (V) **$ 9**

Lentil bean soup served with Turkish bread

15

16 – SIGARA BOREK (V) **$ 9**

Filo pastry filled with feta cheese and herbs

17 – FRENCH FRIES (V) **$ 9**

Served with ketchup or chili sauce

18 – POTATO WEDGES (V) **$ 9**

Seasoned fresh potato cuts served with tomato or chili sauce

16

19 – FALAFEL (V) **$ 15**

Deep fried chickpea patties with onion, parsley, peppers and garlic. Served with hummus.

20 – MIXED MEZE DIPS & FALAFEL (V) **$27**

Selection of all cold starters and falafel served with 2 pieces of Turkish bread. Recommended for 2 people.

18

22 – CHICKEN MID-JOINTS **$ 11**

Deep fried chicken mid-joints.

23 – CHICKEN NUGGETS **$ 10**

8 pieces of chicken deep-fried in vegetable oil.

19

ROLLS & BURGERS

26 – FALAFEL ROLL (V) **$ 16**

Deep fried chickpea patties with onion, parsley, peppers and garlic. Served with hummus and French Fries

27 – PITA WRAP ROLL **$ 17**

A soft flatbread (tortilla bread) rolled around a filling of chicken or lamb. Served with French Fries

28 – BURGER (Turkish Style) **$ 18**

A tasty round, flat pieces of fried minced meat with Turkish bread and a variety of toppings of lettuce, onion, tomato and dressing of mayonnaise, or ketchup or mustard or chili sauce. Served with French Fries

22

26

27

28

MAINS

All dishes below come with choice of butter rice or bulgur pilaf or pita bread

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31 – ADANA KEBAB LAMB $ 24

Chargrilled minced lamb blended with herbs and spices on skewers

32 – ADANA KEBAB CHICKEN $ 19

Chargrilled minced chicken blended with herbs and spices on skewers

33 – BEYTI KEBAB LAMB $ 24

Chunks of minced lamb wrapped in flat Turkish bread covered with buttery tomato sauce, served with yogurt.

34 – BEYTI KEBAB CHICKEN $ 20

Chunks of minced chicken wrapped in flat Turkish bread covered with buttery tomato sauce, served with yogurt.

35 – LAMB SHISH $ 24

Marinated chunks of lean lamb chargrilled on skewers

36 – CHICKEN SHISH $ 19

Marinated chunks of lean chicken chargrilled on skewers

37 – ISKENDER KEBAB (LAMB) $ 25

Chargrilled Adana lamb on a flatbread covered with buttery tomato sauce and yogurt

38 – ISKENDER KEBAB CHICKEN $ 22

Chargrilled Adana chicken on a flatbread covered with buttery tomato sauce and yogurt

39 – IZGARA KOFTE $ 23

Grilled flat meat patties served with Turkish pilaf (or butter rice)

40 – PATLICAN KEBAB $ 20

Chopped eggplants with spiced minced and chargrilled lamb

MAINS (MORE TRADITIONAL)

45 – ALI NAZIK (LAMB) — $ 24

char-grilled smoked eggplant puree mixed with yoghurt and topped with tender lamb stew.

46 – ALI NAZIK (CHICKEN) — $ 19

char-grilled smoked eggplant puree mixed with yoghurt and topped with tender chicken stew.

47 – SAUTEED LAMB — $ 22

Sauteed diced lamb cooked with tomatoes, peppers, onions, and garlic, served with rice, also known as Turkish Kuzu Sote.

48 – SAUTEED CHICKEN — $ 19

Sauteed diced chicken cooked with tomatoes, peppers, onions, and garlic, served with rice. Also known as Turkish Tavuk Sote

49 – MOUSSAKA (VEGETABLE) (V) — $ 19

Vegetable dish with pan fried eggplants, onions, peppers, zucchini, tomatoes, served with pita bread or rice

50 – MOUSSAKA (CHICKEN) — $ 21

Pan fried eggplants, carrots, zucchini, tomatoes and minced chicken

51 – MOUSSAKA (LAMB) — $ 23

pan fried eggplants, carrots, zucchini, tomatoes and minced lamb

52 – MANTI — $ 22

A delicious dish from Turkey: meat stuffed dumplings topped with caramelized tomato sauce, butter sauce, and garlicky yogurt sauce

53 – İÇLİ KÖFTE — $ 20

Traditional Turkish dish: consists of boiled meat balls with minced onion and walnut inside, coated with cracked wheat (bulgur) on the outside

54 – SULU KÖFTE — $ 19

a Turkish stew with köfte. It consists of meatballs usually made with minced meat, mixed with rice and spices

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MIXED GRILL

All mixed grills below are served with rice and French fries. All below are prepared only upon order (not pre-cooked or frozen). Please allow 20 minutes

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60 – MIXED GRILL (FOR 2 PEOPLE) $ 59

A selection of grilled chicken and lamb shish, Adana kebab and lamb cutlet, served with French fries and rice (recommended for 2 people)

60

61 – CHICKEN MIXED GRILL (FOR 2 PEOPLE) $ 39

A selection of slowly grilled chicken shish, Adana chicken kebab and chicken mid-joints. Recommended for 2 people.

62 – MIXED GRILL (FOR 3 PEOPLE) $ 82

A selection of grilled chicken and lamb shish, Adana kebab and lamb cutlet, served with French fries and rice (recommended for 3 people)

64

63 – MIXED GRILL (FOR 4 PEOPLE) $109

A selection of grilled chicken and lamb shish, Adana kebab and lamb cutlet, served with French fries and rice (recommended for 4 people)

64 – ISTANBUL KEBAB $ 29

A selection of slowly grilled lamb and chicken, served with French fries and rice

65

STEAK & FISH

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65 – LAMB CHOPS $25

lamb cutlets marinated and slowly cooked on charcoal grill

66

66 – LAMB SHANK $ 27

Lamb shank slowly roasted in the oven, served with rice

67 – SIRLOIN STEAK (BEEF) $ 24

Served with your choice of sauce (A1, Garlic, Worcestershire, Teriyaki)

68

68 – SALMON FISH STEAK $ 27

Pan fried slice of salmon served with vegetables

69 – DORY FISH $ 16

Pan fried fish filet served with vegetables

70

70 – FISH & CHIPS $ 17

Deep fried tender pacific dory fish breaded and served with French fries and tartar sauce

PIDES & LAHMACUN

All below are prepared only upon order (not pre-cooked or frozen)
Please allow 15-20 minutes

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71 – LAHMACUN $ 13

Freshly baked Turkish thin bread topped with minced lamb or chicken and vegetables

71

72 – VEGETABLE ONLY PIDE (V) $ 16

Thin dough topped with eggplant, zucchini, carrots, green and red bell peppers

73 – CHEESE PIDE $ 17

Thin dough topped with mozzarella cheese prepared in Turkish style and cooked in oven.

72

74 – SPINACH PIDE WITH EGGS $ 17

Freshly baked Turkish style pita bread topped with mozzarella cheese, spinach and eggs

75 – CHICKEN PIDE $ 17

Freshly baked Turkish style pita bread topped with chicken and mozzarella cheese

73

76 – KUSBASI PIDE (LAMB PIDE) $ 22

Freshly baked Turkish style pita bread topped with diced lamb and cheese

77 – KIYMALI PIDE $ 21

Freshly baked Turkish style pita bread topped with minced lamb and cheese

74

78 – SUCUK & EGGS $ 22

Freshly baked Turkish style pita bread topped with beef pepperoni (sucuk) and eggs

76

77

78

PASTA

80 – PENNE PASTA ARABBIATA (V) $17

An Italian dish prepared from penne pasta or the cylindrical pasta covered with spicy sauce made from garlic, tomatoes, and red chili.

80

81 – SPAGHETTI AGLIO E OLIO (V) $17

Spaghetti with extra virgin olive oil and Parmesan cheese and garlic.

81

FOR KIDS

(Meals below are for 12 years and below)

83 – CHICKEN NUGGETS AND FRENCH FRIES $ 10

5 pieces of chicken nuggets

84 – CHICKEN MID-JOINTS AND FRENCH FRIES $ 10

5 pieces of chicken mid-joints

86

SIDES

86 – BALLOON BREAD $ 6.9

Homemade bread topped with sesame seeds and eggs

87

87 – TURKISH PITA BREAD $ 3.9

Homemade Plain Turkish Pita Bread

88 – CHEESE BREAD $ 7.9

Turkish Pita bread baked in the oven with Mozzarella Cheese

89 – BUTTER RICE (V) $ 4.9

Turkish style cooked rice with orzo or vermicelli

89

90 – BULGUR PILAF (V) $ 5.9

Cracked wheat pilaf with tomato sauce

90

ISTANBLUE
MEZE & GRILL

DESSERTS

and

DRINKS

Turkish Tea

Baklava

DESSERTS

91 – KUNEFE **$ 13**

Our signature dessert. Turkish specialty made with tel kadayıf, cheese and sugar syrup. Add **$2** *for one scoop of ice cream.*

91

92 – BAKLAVA **$ 12**

World famous Turkish specialty made of thin layers of filo filled with chopped pistachio and sweetened with syrup (3 pieces). Add **$2** *for each additional piece. Add* **$2** *for one scoop of vanilla or chocolate ice cream*

92

93 – SUTLAC **$ 11**

Turkish style rice pudding topped with cinnamon and baked in the oven

94 – ICE CREAM **$ 4**

One scoop of vanilla or chocolate ice cream. Add **$3** *for additional scoop*

93

94

FRESH JUICE

100 – FRESH JUICE (100% - ORANGE, LEMON, APPLE) **$ 5.9**

101 – FRESH CARROT JUICE (100%) **$ 4.9**

102 – MIXED FRUIT JUICE **$ 7.9**

103 – AYRAN **$ 5.9**

A refreshing traditional Turkish drink. Yogurt blended with ice and salt

104 – CHERRY , APPRICOT, PEACH JUICE **$ 4.9**

Specially imported from Turkey

100

SOFT DRINKS & WATER

110 – SOFT DRINKS (COKE CLASSIC/ZERO/LIGHT, SPRITE, FANTA) **$ 4**

111 – ICE LEMON TEA **$ 5**

Our homemade ice lemon tea

112 – MINERAL WATER **$2.5**

113 – SODA WATER **$ 4.9**

114 - SPARKLING NATURAL MINERAL WATER **$ 5.9**

103

113

114

111

COFFEE & TEA

115 – TURKISH COFFEE	$ 3.9
World Famous Turkish Coffee	
116 – CAFÉ LATTE	$ 4.9
117 – BREWED COFFEE	$ 4.5
118 – CAPPUCCINO	$ 5.9
119 – HOT CHOCKLATE	$ 5.9
120 – TURKISH TEA	$ 3.9
Turkish style black tea in traditional Turkish tea glass or cup.	
121 – TURKISH APPLE TEA	$ 3.9
Turkish apple Tea. One cup or glass.	
122 – GREEN TEA	$ 3.9
123 – ROSE TEA	$ 3.5
124 – PREMIUM EARL GREY	$ 3.5
125 – ENGLISH BREAKFAST	
129 – A POT of TEA	$ 7.9
*Any of tea above. It is for 2 people. Add **$2** for each additional person. Refill $3 only*	

115

116

121

129

HERBAL SPECIAL TEA
(Caffeine Free)

130 – PEPPERMINT	$ 3.9
131 – LAVENDER	$ 3.9
132 – CHAMOMILE	$ 3.9
133 – ROSEHIPS	$ 3.9
134 – ONE POT OF HERBAL TEA	$ 7.9
*Peppermint, Lavender, Rosehips, or Chamomile. It is for **2 people**. Add **$2** for each additional person.*	

130

131

TURKISH COFFEE CUP READING

Cup Symbols Telling Fortune

In Turkey, in the Balkans and in much of the middle east, a favorite pass time is drinking Turkish coffee followed by having your fortune told from the leftover coffee grounds in the cup. Turkish coffee cup reading is an ancient way of divination and fortune telling. The tradition is passed down from one generation to another. This Ottoman Turkish tradition is also popular
in communities of Arabs, Greeks, Croatian, Macedonian, Serbian and Iranians, Armenian and Russians and people from Turkic republics (Azerbaijan, Turkmenistan, Uzbekistan, Kazakhstan).

So, relax and enjoy your coffee. And who knows, maybe you hold your future without knowing it…

How It Works

- Once the coffee has been consumed, the thick sediment is left in the bottom of the cup
- The cup is then turned upside down on the saucer
- Pick up the saucer and cup in your hand and make three circles with the cup in a clockwise position
- Place it back on the table and allow to sit and dry for a minimum of 5-10 minutes
- You can then do the reading of the inside of the cup using the guidelines below

Turkish Coffee	Turkish Coffee Turned Over for Fortune	Turkish Coffee Cup Fortune Reading

Below you can check 30 of the most known Turkish coffee symbols:

Angel: Protection, good news	**Flower:** Happiness
Airplane: Unexpected journey in near future to a long distance	**Flag**: Danger at home and business
Apple: Knowledge. Creativity. If the apple is bitten, you will have problems achieving your goals.	**Fountain:** The person you love, loves you back the same way.
Baby: New beginnings. Also can mean a woman is pregnant	**Gun**: argument, major disruption in relationship
Bird: Good news	**Horse**: Power, success and might
Book: If the book is open, you will achieve success. If the book is closed, opportunities are passing by.	**Knife**: Break up with friend / lover
Bow: Happy event, engagement	**Mermaid**: Business & Love success
Broken ring: Divorce, separation	**Moon (crescent)**: Good luck
Cat: Argument, wrong friendship	**Moon (full)**: Love
Camel: Some things are going to slow. Disappointment. Complex	**Mountain**: Obstacles
Circle: Success coming around	**Nail**: Injustice, dissatisfaction
Castle: You don't trust anyone. Feeling isolated and protective.	**Nest**: Pregnancy
Claw: Enemy around	**Octopus**: Risk warning
Dog: True friendship, faithful person	**Palm tree**: Wealth, vacation
Dolphin: A Sign of good news and you get along with people	**Raven/Crow**: Bad news
Door: Opportunities coming up	**Ring**: Marriage, new love affair
Elephant: Good Health	**Rope**: Bad illness
Envelope: You will receive a message from a distant relative	**Square**: Happy marriage, new home
Fish: Career achievement	**Volcano**: Some issues concerning you may get out of control