









金翠创立于2003年本着品质至上,以客为尊的宗旨,以优质的美食,无微不至的服务,整洁舒适的环境,为贵客献上完美的美食经验。

金翠有多样化佳肴,新加坡海鲜,港式粤菜,中国美食及中 国面点都有,大酒楼的佳肴,大众化的消费,冷气设备,让 您吃到物有所值。我们务求以美食和服务为每位顾客带来至 高的餐饮享受。

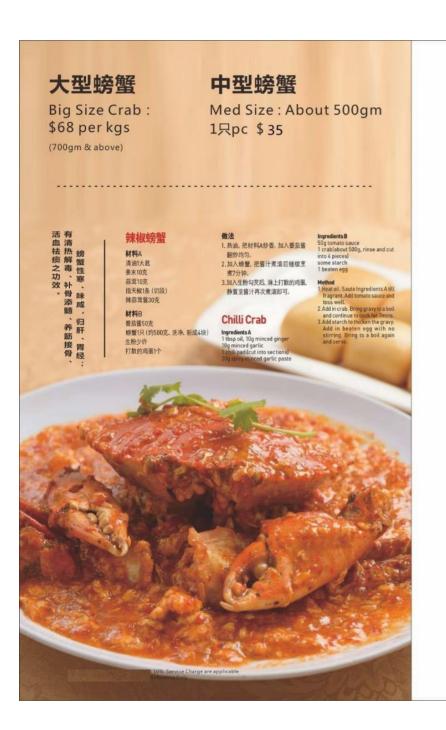
Golden Jade Restaurant Culinary Group was established in Singapore 2003.

With its mission of providing superior service & quality cuisine, it prides itself in offering a total dining experience through delectable dishes, excellent service & comfortable ambience. We strive to satisfy every customer through our personalized service and exquisite quality cuisine.

















香辣蟹 奶油蟹
Deep Fried Crab in Hot & Spicy

辣椒蟹 Chilli Crab

生猛螃蟹粥 Crab Porridge (房和Additional \$2) 姜葱蟹 Ginger & Onion Crab

清蒸蟹 Steam Crab

咖喱蟹 Curry Crab









Spicy Chili Salted Sauce (Whole pc \$38)



Steamed Fish Head in Salted Bean (Whole pc \$38)



阿参鱼头 \$28 Steamed Assam Fish Head



咖喱鱼头 \$28 Curry Fish Head





宫保活田鸡 Live Frog Gong Bao (S) 小\$17 (2只pcs) (M)中\$26 (3只pcs)



姜葱活田鸡 Fried Frog Ginger & Spring Onion (S) 小\$17 (2只pcs) (M)中\$26 (3只pcs)





姜丝炸活田鸡 Deep fried Frog ginger (S) 小\$17 (2只pcs) (M)中\$26 (3只pcs)



生滚活田鸡粥 Live Frog Congee (S) 小\$9 (1只pcs) (M)中\$17 (2只pcs)



香辣活田鸡 Live Frog in Hot & Spicy (S) 小\$18 (2只pcs) (M)中\$28 (3只pcs)



水煮活田鸡 Live Frog in Hot & Spicy Soup (S) 小\$20 (2只pcs) (M)中\$28 (3只pcs)



**鸡精炖活田鸡** Live Frog with Chicken Essence Herb Soup (S) 小\$18 (2只pcs) (M)中\$28 (3只pcs)



**干锅田鸡** Dry Pot Live Frog (M)中\$28.8(3只pcs)

1粒pcs \$8.00

4粒pcs \$28.00

6粒pcs \$36.00

011pcs 450.00

10粒pcs \$50.00

生吃鲜生蚝 Live Oysters

炒蒜蒸鲜蚝 Oysters steamed with Fried Garlic

生蒜蒸鲜蚝 Oysters steamed with Fresh Garlic

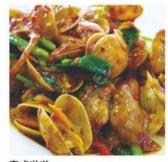


#### 炒蛤蜊 CLAMS

(S)小\$16.80 (M)中\$25.80 (L)大35.80



姜葱炒啦啦 Fried Clam with Ginger & Onion Taste



泰式啦啦 Fried Clam in Thai Style



**原汁啦啦** Boiled Clam



参巴炒啦啦 Sambal Clam



辣炒啦啦 Fried Clams in Chili



#### 鲜虾 Prawn

(S小) \$20 (M中)\$30 (L大)\$40

咸蛋虾 Salted Eggs Prawn 麥片虾 Cereal Prawn

奶油虾 Butter Prawn

椒盐虾 Prawn in Pepper & Salt

白芍虾 Boiled Prawn

黑胡椒虾 Black Pepper Prawn

香辣虾 Hot & Spicy Prawn

干锅虾 Dry Pot Prawn













#### 虾婆Crayfish

(5小) \$18.8

(M中)\$26.8

(L大)\$35.8



**咸蛋黄虾婆** Salted Egg Crayfish



黑椒虾婆 Black Pepper Crayfish



麦片香虾婆 Cereal Crayfish



辣椒虾婆 Chili Crayfish



**奶油香虾婆** Butter Cream Crayfish



痲辣香虾婆 Pungent Chilli Cray fish



佛钵飘香 \$25





宫保鸡丁 Gong Bao Chicken (S)小\$15 (M)中\$20



辣子鸡 Hot & Spicy Chicken (S)小\$15 (M)中\$20



鸡公煲 Chicken pot

(S)小\$26 (M)中\$32



香酥炸鸡柳 Deep Fried Crispy Chicken (S)小\$15 (M)中\$20



咸蛋鸡 Salted Eggs Chicken (S)小\$15 (M)中\$20



糖醋鸡 Sweet & Sour Chicken (S)小\$15 (M)中\$20



柠檬香酥鸡 Crispy Sliced Chicken with Lemon Sauce



焼鸡 Roasted Chicken (半只Half \$17) (1只 Whole \$32)



麦片鸡 Fried Chicken in Cereal (S)小\$15 (M)中\$20

# 特色菜系列

土豆炖牛腩 (S)小\$15 (M)中 \$22 Stew potota with beef sirlon

铁板牛肉 Hotplate Slice Beef (S)小\$15 (M)中\$22



放任砂激情勾魂的 大



莴笋烧牛腩 Stew sirloin with lettuce

(S)小\$15 (M)中\$22

#### 牛肉 Beef



黑胡椒牛肉 Slice Beef with Black Pepper

(S)小\$15 (M)中\$22



**姜葱牛肉** Fried beef on Ginger & Onion (S)小\$15 (M)中\$22



**西红柿炖牛肉** Tomato beef stew (S)小\$15 (M)中\$22

#### 饮食小知识:

牛肉是全世界人都爱吃的食品,中国人消费的肉类食品之一,仅次于猪肉,牛肉蛋白质合量高,而脂肪含量低,所以味道鲜美,受人喜爱,享有"肉中骄子"的美称。牛肉中含有的锌是一种有助于合成蛋白质、能促进肌肉生长的抗氧化剂,对防衰防癌具有积极意义;牛肉中含有的钾对心脑血管系统、泌尿系统有着防病作用。

营养价值: 羊肉性温热补气滋阴暖中补虚开胃健力,在《本草纲目》中被称为补元阳益,血气的温热补品山药可提供给人体大量 的粘蛋白,可预防心血管系统疾病的脂肪沉淀防止动脉硬化过早发生,可形成骨质让软骨具有弹性。且此常具有补血,养 颜,强身,大朴之功效



原汁手抓羊排Traditional Lamb Ribs with sause 小(S)\$24.00 中(M)\$36.00



椒盐羊排 Pepper & Salt Lamb Ribs 小(S)\$24.00 中(M)\$36.00



麻辣羊排 Lamb Ribs in Hot & Spicy 小(S)\$24.00 中(M)\$36.00



羊肉系列

Lamb/Mutton

羊肉加上山药性温热补气滋阴暖 中补虚,在《本草纲目》中被称 为补元阳益血气的温热补品提供 给人体大量的粘蛋白,可预防心 血管系统疾病的脂肪沉淀防止动 脉硬化过早发生,可形成骨质让 软骨具有弹性。有补血,养颜, 强身,大补之功效

#### 山药炖羊排汤 \$32.80

(1-2位享用 One to two per person)

Chinese Yam Lamb Ribs Stewed Soup





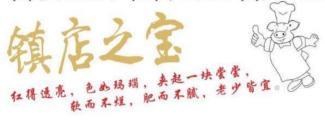


**孜然羊肉片** Cumin lamb pieces 小(S)\$18.80 中(M)\$28.80



#### 东坡文 Steam Pork Belly in Special Sauce

(S)小\$18.00 (M)中26.00 (L)大34.00







**咕噜肉** Sweet & Sour Pork (S)小\$15.00 (M)中\$20.00 (L)大25.00



**红烧狮子头** Braised Pork Ball in Brown Sauce (1粒) \$5.8 (小份4粒) \$16.80 (中份7粒)\$28.80 (大份10粒)\$40.80





椒盐猪手 Pig Trotters in Pepper & Salt \$18

#### 猪肉类 Pork



尖椒炒肥腸 Pork Intestine w/Chilli (S)小\$15 (M)中\$22



木耳炒肉 Fried Black fungus with Slice Pork (S)小\$13 (M)中\$17



酸菜白肉炖粉条 Pork w/Sour veg vermicelli soup (S)小\$14 (M)中\$18



水煮肉片 Boiled Slice Pork in Dry Chili Spicy Soup (S)小\$15 (M)中\$20



麻辣干煸肥肠 Deep fried Pork Intestine in Hot & Spicy (S)小\$15 (M)中\$22



**渔香肉丝** Fried Yu Xiang Shred ded Pork (S)小\$12 (M)中\$16



西芹炒肉丝 Fried Celery with Shredded Pork (S)小\$12 (M)中\$16



青椒炒肉丝 Fried Shredded Pork w/ Green Chili (S)小\$12 (M)中\$16



京酱肉丝 Fried Yu Xiang Shredded Pork (S)小\$\$13(M)中\$18





#### 排骨类 Pork Ribs (S)小\$15.00 (M)中\$23.00 (L)大\$32.00



咸蛋黄排骨Salted Eggs Ribs

糖醋排骨 Sweet & Sour Ribs

咖啡排骨 Coffee Ribs

椒盐排骨 Pepper & Salt Ribs

红烧排骨 Brised Ribs

麻辣排骨 Hot & Spicy Ribs











**鼓汁苦瓜排骨** Fried Bitter Guard with Ribs in Salted Black Bean Sauce (S)小\$18.00 (M)中\$26.00 (L)大\$35.00

#### 金翠大菜 Specialties

发菜 Black Moss

蚝豉 Dried Oyster 海参 Sea Cucumber

肥肉

m Meat

花菇 Superior Mushroom **鲜虾** Fresh Prawn

白切鸡 Steamed Chicken

顶级瑶柱 Compoy 特级鲍鱼 Premium Abalone

# 金翠盆菜

#### Golden Jade Supreme Treasure Pot

Large (大):\$388 建議十人享用 Suggest serving: 10 pax Small (小):\$268 建議六人享用 Suggest serving: 6 pax



#### 金翠大菜 Specialties



生撈鮑魚(泰式) Slice Abalone with Thai Chilli Sauce

(S)小\$39 (M)中\$58

金翠拼盤 Golden Jade Cold Dish Combination (S)小\$38 (M)中\$48 (L)大\$58





**红烧海红参** Braised Sea Cucumber (S)小\$36 (M)中\$50 (L)大\$65



**红烧蹄根 (猪蹄筋)** Braised Pork tendons (S)小\$28 (M)中38 (L)大\$48



海参冬菇扒时蔬 Sea Cucumber with Mushroom and Veg (S)小\$33 (M)中\$43 (L)大\$53



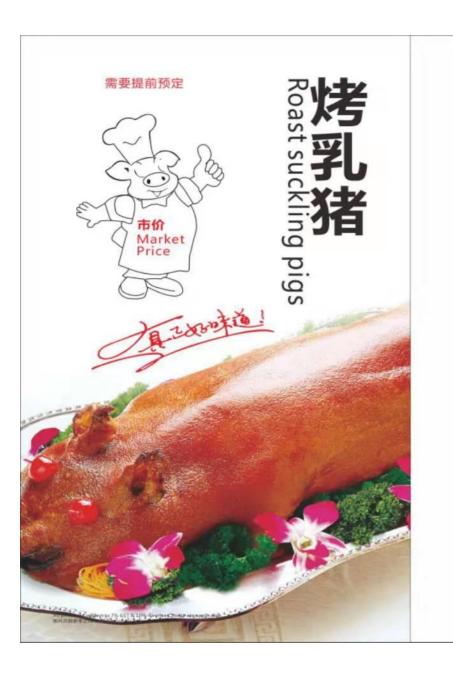
**蹄筋板栗海参煲** Pork tendons with Sea Cucumber & Mushroom \$48.00



蹄筋冬菇西兰花 Pork tendons w/Mushroom & Veg (S)小\$25 (M)中\$35 (L)大\$45

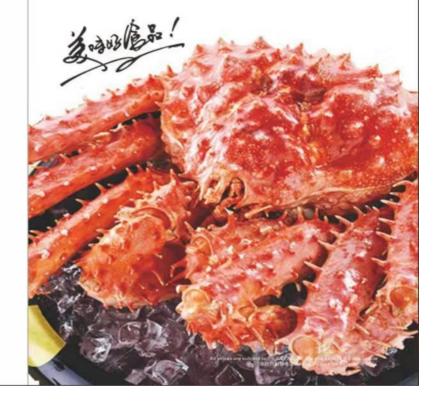


极品鲍参烩 Braised Abalone & Sea Cucumbe with vegetable (S)小\$48 (M)中\$68 (L)大\$98



# 阿拉斯加蟹 需要提前预定 市价 King crab Market Price

螃蟹含有丰富的蛋白质及微量元素对身体有很好的滋补作用。螃蟹还有抗结核作用吃蟹对 结核病的康复大有补益。螃蟹性寒、味咸归肝、胃经有清热解毒、补骨漆髓、养筋接骨、活血 祛疾、利湿损黄、利肢节、滋肝阴、充胃液之功效对于淤血、黄疸、腰臌酸痛和风湿性关节炎 等有一定的食疗效果。蟹肉可以提高人体的免疫力,而且还能够预防疾病。





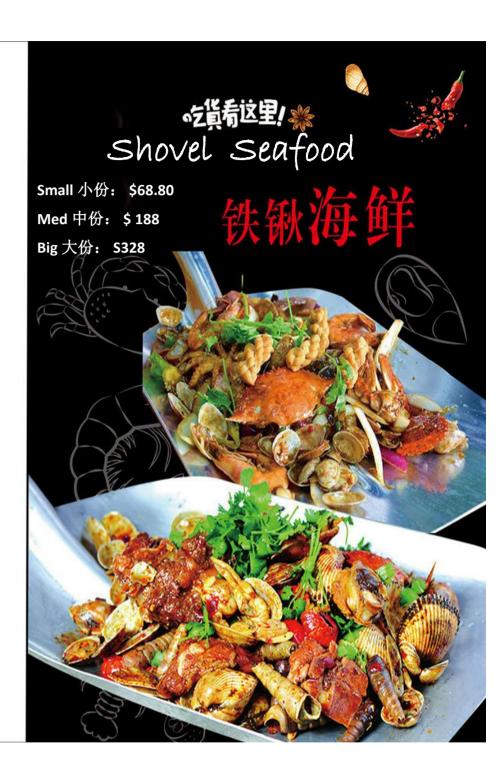
八宝鸭 Treasures Duck \$58 (需要提前20分钟预定)

## 品•味•美•食 尊•享•品•味



沙律龙虾 Salad Lobster \$88

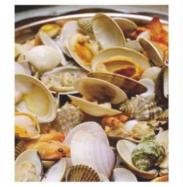
















#### 鱼片类 Slice Fish (S小) \$20 (M中) \$30



水煮鱼片 Slice Fish in Hot &Spicy Soup

酸菜鱼片 Slice Fish in Sour Veg Soup

**糖醋魚片** Slice Fish in Sweet & Sour sauce



椒盐魚片 Deep fried Slice Fish w Pepper & Salt





**豉汁苦瓜炒魚片** Bitter Gourd with Slice Fish in Salted Black Bean



姜葱魚片 (多利鱼) Slice Fish in Ginger & Onion( Dory Fish)

# 金翠野生刺参鲍鱼

Golden Jade wild Sea Cucumber & Abalone



金翠 刺参鲍鱼 Golden Jade wild sea cucumber



刺参蛋花汤 Sea Cucumber Egg Soup



刺参配鲍鱼 Sea cucumber with abalone



刺参配饭 Sea cucumber with rice



鲍鱼冬菇 Abalone with Mushroom



鲍鱼扒蔬菜 Abalone with Vegetable









干锅菜花 \$12.8 Dry Pot cauliflowe

干锅包菜 \$12.8 Dry Pot Cabbage

干锅豆腐皮 \$12.8 Dry Pot Beancrud Skin

干锅茶树菇 \$16 Dry Pot Columnar head mushrooms

干锅土豆 Dry Pot Potato



干锅肥肠 \$18.8 Dry Pot Pork Intestine



干锅虾 \$20 Dry Pot Prawn

#### 干锅系列 Dry Pot



干锅田鸡 \$28.8 Dry Pot cauliflower





#### 滋补靓汤 Soup



山药炖羊排汤 \$32.80 (1-2位享用One to two per person) Chinese Yam Lam1b Ribs Stewed Soup



人参补肾益气鸡汤 \$22.80(1-2位享用One to two per person) Traditional Ginseng Chicken Soup



**蟹肉魚漂羹** Crab Meat in Fish Maw Soup (S)小\$18.80 (M)中\$35.80



**蟹肉鲍翅仔汤** Braised Sharks Fin Soup \$32.00 Per person



**酸辣汤** Sour & Spicy Soup 小(S)\$10.80 中(M)\$14.80



海带排骨汤 Shredded Kelp w/Ribs Soup 小(S)\$12.80 中(M)\$16.80



**西红柿鸡蛋汤** Tomato w/Eggs Soup (S)小\$6.80 (M)中\$10.00





**紫菜蛋花汤** Seaweed Eggs Soup (S)小\$6.80 (M)中\$10.80



**凉拌海蜇** Cold Jellyfish (S)小\$10 (M)中\$15



凉拌豬耳 Pig's Ear (S)小\$9 (M)中\$14



**酱牛肉** Braised Beef (S)小\$12 (M)中\$18



猪皮冻 Pig Skin Frozen (S)小\$8 (M)中\$13



凉拌海带丝 Shredded Kelp (S)小\$6 (M)中\$11



拍黄瓜 Cucumber w/garlic (S)小\$6 (M)中\$11



老醋花生 Vinegar Peanut (S)小\$6.8 (M)中\$11.8



**皮蛋豆腐** Century egg w/Beancrud (S)小\$6.8 (M)中\$11.8



**辣根木耳** Wasabi Fungus

(S)小\$8 (M)中\$13

(S)小\$6.8 (M)中\$11.8

**凉拌豆腐皮** Beancrud skin



大丰收 Mixed Veg (S)小\$12 (M)中\$16



黄瓜金针菇 Cucumber w/Needle mushrom (S)小\$6 (M)中\$11



#### 面类 Noodles

(S)小\$ 7 (M)中\$ 13 牛肉河粉 Beef with Rice Noodle with (Gravy)

(S)小\$ 7 (M)中\$ 13 Fried Rice Noodle with Beef (Dry)

滑蛋海鲜河粉 (S)小\$ 6 (M)中\$ 11 Seafood with Rice Noodle(Gravy)

干炒海鲜河粉 (S)小\$ 6 (M)中\$ 11 Fried Rice Noodle with Seafood (Dry)

三捞河粉 (S)小\$ **6** (M)中\$ **11** Fried Rice Noodle with Seafood (Dry)

星洲米粉 (S)小\$ **6** (M)中\$ **11** Stir-Fried Mee Hoon

海鲜炒面线 (S)小\$ 6 (M)中\$ 11 Fried Noodle with Seafood

香底米粉 (S)小\$ **6** Crispy Mee Hoon with Seafood (M)中\$ 11

ン**は許冬粉** (S)小\$ **6** Fried Dry Vemicelli (M)中\$ 11

白米粉 (S)小\$ 6 (M)中\$ 11 White Mee Hoon

海鲜米粉汤 (S)小\$ 6 (M)中\$ 11 Soup Mee Hoon with seafood



















牛腩麵汤 Soup Noodles with Beef Briske \$5.50



麻辣牛腩麵汤 Spicy Soup Noodles with Beef Brisket \$5.50



麻辣排骨麵汤 Spicy Soup Noodles with Spare Ribs \$5.00



Soup Noodles with Spare Ribs \$5.00



酸菜肉絲麵汤 Soup Noodles w Shredded Pork &Salted Veg \$5.00



酸辣麵汤 Noodles in sour & spicy thick soup \$5.00



三鮮疙瘩汤 Seafood in Flour Soup \$5.00



番茄鸡蛋拌麵 Dry Noodles with Fried tomato & egg \$5.00



Dry Noodles with Minced Meat & egg \$6.00

炸醬麵

| 蔬菜麵汤   | Soup Noodles with Vegetable      |       | \$<br>5.00 |
|--------|----------------------------------|-------|------------|
| 青椒肉丝拌麵 | Dry Noodles w Shredded Pork & Ch | silli | \$<br>6    |
| 渔香肉丝拌麵 | Dry Noodles with Shredded Pork   |       | \$<br>6    |
| 宫保鸡丁拌麵 | Dry Noodles w Chk & Dry Red Chil | li .  | \$<br>6    |

### 炒粉,饭 NOODLE & RICE

咸魚鸡丁炒饭 (S)小\$6 (M)中\$11 Fried Rice with Shredded Chicken & Salted Fish

海鲜烩饭 (带汁) (S)小\$6 (M)中\$11 Seafood with Rice (Gravy)

扬州炒饭 (S)小\$6 (M)中\$11 Yang Chow Fried Rice

鸡丁炒饭 (S)小\$6 (M)中\$11 Chicken Fried Rice

海鲜炒饭 (S)小\$6 (M)中\$11 Seafood Fried Rice

生炒牛肉饭 (S)小\$7 (M)中\$13 Slice Beef Fried Rice

参巴炒饭 (S)小\$6 (M)中\$11 Sambal Fried Rice

西红柿鸡蛋饭 (S)小\$6 Rice with fried tomato & egg

紅燒豆付饭 (S)小\$6 Rice with Braised Beancrud

麻辣豆腐饭 (S)小\$6 Rice with Ma-po Tou-Fu (Spicy)

酸辣土豆丝饭 (S)小\$6 Rice w/Shredded Potato in Spicy & Sour

白饭 Plain Rice (1碗bowl) \$1.00



咸鱼鸡粒丁饭 Shredded Chicken & Salted Fish Fried Rice



海鲜烩饭 (带汁) Seafood with Rice (Gravy)



**Yang Chow Fried Rice** 



生炒牛肉饭 Fried Rice with Beef

# 粥 Porridge

龙虾粥 \$35.80 Lobster Porridge

螃蟹粥 \$38.80 Crab Porridge

鲍鱼粥 \$16.80 Abalone Porride

虾仁粥 \$15.80 Shrimp porridge

田鸡粥 (1pc) \$9.00 Frog Porridge

海鲜粥 \$8.90 Seafood Porridge

香滑鱼片粥 \$7.90 Porridge with Sliced fish

带子粥 \$12.90 Porridge with Scallops

皮蛋瘦肉粥 \$7.90 Porridge with Century Egg and Slice Pork

皮蛋肉丸粥 \$6.90 Porridge with Century Egg and Porkballs

花生鸡肉粥 \$6.90 Peanut Chicken Porridge

肉丸粥 \$6.50 Meatball porridge

蔬菜粥 \$6.50 Vegetable Porridge

白粥 Plain Porridge

加蛋 \$1.00 Add Egg













Lala Hock Jian Mee \$6





鸡排麻辣麵汤 \$10.80 Mala Chicken Chop Noodle Soup







**Braised Pork Noodle Soup \$8** 









龙虾焖伊麵 **Braised Lobster Ee-Fu Noodle** 



Rice with Spicy & Salted Slice pork



青椒肉丝饭 Rice w/Shredded Pork Green Chilli



海鲜焖伊麵 **Braised Ee-Fu Noodle with** Seafood



糖醋鱼片饭 Rice w/Sweet & Sour Fish



花生糊湯丸 **Glutinous Balls in Peanut Paste** 



芝麻糊湯丸 **Glutinous Balls in** Sesame Paste



美人妖雷沙湯丸 **Sesame Glutinous** Balls



红豆沙西米露 **Red Bean Sagomi** 



芒果雪糕仙草 **Mango Fairy grass** w/Ice Cream

#### 手工麺 Handmade Noodle



牛腩麵汤 \$6 Soup Noodles with Beef Briske



痲辣牛腩麵汤 \$6 Spicy Soup Noodles with Beef Brisket



痲辣排骨麵汤 \$6 Spicy Soup Noodles with Spare Ribs



排骨麵汤 \$6 Soup Noodles with Spare Ribs



酸辣麵汤 \$6 Noodles in sour & spicy thick soup



酸菜肉絲麵汤 \$6 Soup Noodles w Shredded Pork & Salted Veg



三鮮疙瘩汤 \$6 Seafood in Flour Soup



番茄鸡蛋拌麵 \$6 Dry Noodles with Fried tomato & egg



炸醬麵 \$6 Dry Noodles with Minced Meat & egg

**蔬菜麵汤** 青椒肉丝拌麵 渔香**肉**丝拌**麵** 宫保鸡丁拌麵 Soup Noodles with Vegetable \$6

Dry Noodles w Shredded Pork & Chilli \$6

Dry Noodles with Shredded Pork \$6

Dry Noodles w Chk & Dry Red Chilli \$6

# 冷饮来杯爽口 BEVERAGES

柠檬茶 \$3.00 Ice Lemon tea

柠檬茶不仅瘦身,消灭多余赘肉而且富含维生素C,对 保持皮肤张力和弹性十分有效。柠檬茶可以解渴且冲 淡想吃东西的欲望,因此可有效抑制不当的饮食。













\$3.00



自制柠檬茶 橙汁/柠檬汁 香甜椰子水 营养快线 酸梅水 冰糖雪梨 鮮檸檬可樂 鮮檸檬七喜

Home Made Fresh Lemon Tea Orange Juice / Lemon Juice Coconut **Nutri Express** 

Plum Juice Peach Juice

Fresh Lemon CoCa-Cola

Fresh Lemon 7up

美祿冰 Iced Milo

中国茶/菊花茶热 Chinese/Chrysanthemum Tea

汽水:可乐/七喜/豆奶/绿茶 Coke/7up/Soya Bean/Green Tea

罐装凉茶 Can·Herbal Drinks 礦泉水 Mineral Water

\$3.00 \$4.50 \$3.00 \$3.00 🖘 \$3.00 \$2.50 \$2.50 \$2.80 \$1.50 \$1.80 \$3.00 \$1.80

