

1 COURSE LUNCH 7.99

2 courses 10.49 | 3 courses 13.49

Starters

Dough Balls **VG**

Fresh from the oven, with a garlic & herb dip

Mozzarella Sticks **V**

Crispy sticks of melting mozzarella, with Neapolitan tomato sauce. Cheesy does it

Garlic Pizza Bread **VG**

Baked and loaded with herbs

Southern Fried Chicken

Tender chicken strips with a BBQ sauce dip

Fully Loaded Potato Skins *New recipe*

Crispy potato skins filled to the brim

Choose from: Cheese & chive **V** |

Bacon, cheese & chive

Boneless Buffalo Wings

Breaded boneless chicken bites tossed in hot sauce. Served with sour cream



FeelGood  **V** **New**

Watermelon & Feta Salad

Tossed with rocket, mint and fresh basil

Mains

Pizza & Pasta

Margherita Pizza **V**

10" tomato and mozzarella.
Nice and simple

Pepperoni Pizza **New**

10" pepperoni and mozzarella.

Go hotter with green chillies (on us)

FeelGood **Skinny Chicken Pizza**  **New**

Chicken, ham, mushroom, mozzarella and thyme. Great taste, less calories

Spaghetti Bolognese

Rich beef Bolognese sauce over spaghetti. Classic!

Spaghetti Carbonara

Spaghetti tossed in cheese sauce with crispy bacon

Ultimate Mac 'N' Cheese **V**

Macaroni cheese topped with a cheesy crumb. The ultimate comfort food

Chicken & Mushroom Penne


Tender chicken breast in a creamy white wine and mushroom sauce, tossed with penne

FeelGood **Classic Beef Lasagne** 

Just like Mamma used to make

FeelGood

Meet our **FeelGood** range - a mix of healthier, lighter dishes with something for everyone

 A lighter option, with starters under 400 calories, mains under 650 calories and desserts under 350 calories

V Vegetarian

VG Vegan

 Our high protein options

If you have an allergy please discuss with your server before ordering.
Gluten Free versions of many of our dishes are available on request.
Please ask your server for more details!

Wraps & Salad

FeelGood

Nashville Chicken Skewers

Chicken breast marinated in Nashville Hot sauce with salad and sour cream

Cajun Chicken Wrap

Golden fried chicken with lettuce, red onion, cheese, rocket and Cajun mayo. Served with fries and 'slaw

Goat's Cheese & Avocado Wrap

With red peppers, rocket, lettuce and balsamic glaze. Served with fries and 'slaw

BBQ Steak Wrap

Juicy sliced rump steak with BBQ sauce, cheese, red onion and lettuce. Served with fries and 'slaw

FeelGood

Chicken, Bacon & Avocado Salad

Served over dressed leaves, tomatoes and red onion

FeelGood

Summer Salad **New**

Couscous, bulgar wheat, black lentils, butternut squash, green beans, broccoli, radish and spring onion with a vinaigrette dressing



BBQ Cheese Chicken Wrap

With cheddar cheese, red onion and lettuce. Served with fries and 'slaw

Burgers & Favourites

All served with fries

Classic Chicken Burger

Simply the breast, with mayo

Classic Cheese Burger

6oz* burger with mayo, garnish and Monterey Jack cheese

The House Special Burger **New**

6oz* burger with our signature burger sauce, fried onions and gherkin

Classic Hot Dog

American style 6" pork Bockwurst in a soft bun with ketchup and mustard

Fish & Chips

Prime fillet of cod* in golden batter, served with fries, peas and tartar sauce

Big-up your Fries

1.29 each

Add cheese & bacon
or
Swap for sweet potato fries



Add Onion Rings for 1.79

Desserts

FeelGood **Ice cream**  

Two scoops of your favourite flavour

Choose from Vanilla | Strawberry | Chocolate | Brownies & Cream | Coconut Delight **VG**

Straight Up Waffle **New**

Cinnamon sugar and caramel crunch, served with maple syrup. Freshly baked in-house

FeelGood **Sorbet**  **VG**

Two scoops of your favourite flavour

Choose from Lemon | Mango

FeelGood **Fruit Salad**   **New recipe**

With natural yoghurt



Brownies & Ice Cream

Warm chocolate brownies served with whipped cream, vanilla cream ice cream and chocolate sauce

The BIG gulp

Unlimited refills for 2.99 on regular sodas



Available Monday to Friday 12 - 5pm