



## All Day Breakfast

**Traditional Breakfast** £11.95  
Two fried eggs, two bacon, two Cumberland sausages, mushrooms, grilled cherry tomatoes, beans, two hashbrowns and toast or sourdough.

**Mini Breakfast** £7.50  
One fried egg, one bacon, Cumberland sausage, beans, a hashbrown and toast or sourdough.

**Vegetarian Breakfast (V)** £10.50  
Two fried eggs, vegan sausage, mushrooms, grilled cherry tomatoes, halloumi, avocado, beans, a hashbrown and toast or sourdough.

**Vegan Breakfast (VE)** £10.50  
Hummus, two vegan sausages, mushrooms, grilled cherry tomatoes, avocado, beans, two hashbrowns and sourdough.

**Smashed Avocado on Sourdough with Thai Salad (VE,V)** £7.95  
Confit shallot, chilli and a tomato salad with coriander, pumpkin seeds, lime juice and olive oil.  
-Add a poached egg £1.25  
-Add smoked salmon £3

**Scrambled Eggs on Sourdough** £5.95  
-Add bacon £2.50  
-Add sausage £2  
-Add avocado £2  
-Add smoked salmon £3

Choice of white or seeded sourdough

## Wraps

Served with chilli mayo, tomatoes, onion, cucumber and leafy greens.

**Included two fillings of your choice** £9.95

**Grilled Chicken**

**Grilled Halloumi**

**Avocado (V)**

**Falafel (V)**

**Hummus (V)**

Extra filling £1, Add chunky chips £2.55

**Wasabi Grilled Chicken** £9.95  
With tomatoes, onion, cucumber, leafy greens, dried seaweed and sesame seeds.  
Extra filling £1, Add chunky chips £2.55

## Sourdough

Choice of white or seeded sourdough

**Smoked Salmon & Cream Cheese** £7.50  
Served with capers, dill & home-made pickles.

**Home-made Smoked Salmon Filling** £8.95  
Served with capers, dill & home-made pickles.

**Smashed Avocado, Goats Cheese & Home-made Sun-dried Tomato (V)** £6.95  
Served with pumpkin seeds & basil.

**Eggs Florentine** £9.50  
Two poached eggs, spinach and hollandaise sauce served on a muffin.

**Eggs Benedict** £10.50  
Two poached eggs, pan-fried prosciutto ham and hollandaise sauce served on a muffin.

**Eggs Royale** £11.50  
Two poached eggs, smoked salmon and hollandaise sauce served on a muffin with cherry tomato and avocado on the side.

**Mediterranean-Style Vegetable Stew** £9.50  
Vegetable stew with aubergines, garlic, courgettes, onion, carrot, tomato, bell peppers & herbs. With a poached egg, feta cheese & sourdough.

**Omelette (V)** £7.50  
With hash browns, white sourdough, seeded sourdough or toast, and with salad garnish.  
-Add mushrooms and cheese £2  
-Add bacon and cheese £2  
-Add tomato and cheese £2  
-Add mixed peppers and cheese £2

**Cafe Wood Pancakes (V)** £8.95  
Mixed berries or banana.  
Home-made pancakes with crispy almond flakes, yoghurt, maple syrup and icing sugar.

**Pancakes (V)** £5.95  
Home-made pancakes with maple syrup and icing sugar.  
Add banana £1, mixed berries £1.50, yoghurt £2, bacon £2.50

**Home-made Granola** £7.50  
Mixed berries and yoghurt.

## Sandwiches

Choice of white loaf, brown loaf, challah loaf (+£95p), white sourdough (+£95p), seeded sourdough (+£95p)

**Cafe Wood Super Sandwich** £9.95  
Grilled chicken, bacon, fried egg, tomato, lettuce, mayo & crisps.

**Avocado & Egg Salad (V)** £5.65

**Avocado, Lettuce & Tomato (V)** £4.65  
With mayo

**Bacon, Lettuce & Tomato** £5.35  
With mayo

**Grilled Chicken, Lettuce & Tomato** £5.35  
With mayo

**Vegan Cream Cheese, Avocado, Lettuce & Tomato (VE,V)** £5.65

## Croissant

**Ham & Cheese** £4.95

**Egg Salad (V)** £4.55

**Avocado & Tomato (VE,V)** £4.25

## Salad

**Zesty Yuzu Tomato & Avocado** £8.95  
Cucumber, pickled onion, basil, goats cheese and pine nut (V), or without goats cheese (VE)

**Roasted Butternut & Turmeric Cauliflower** £8.95  
Chickpeas, pickled onion, spinach, coriander, spring onions, pumpkin seed, feta, tahini and harissa dressing (V), or without feta (VE)

**Caesar Salad** £7.50  
Romaine lettuce with home-made Caesar dressing, parmesan-cheese, crispy bacon and croutons.  
-Add grilled chicken £3  
-Add smoked salmon £3

**Green Salad (VE,V)** £6.50  
Mixed leafy greens with balsamic dressing, cherry tomato and cucumber.  
-Add feta cheese £2  
-Add grilled chicken £3  
-Add smoked salmon £3

## Toasties

**Cheese Toastie (V)** £3.85

**Ham Toastie** £3.85

**Ham & Cheese Toastie** £4.65

**Cheese, Ham & Onion Toastie** £4.85

**Cheese & Tomato Toastie (V)** £4.50

**Cheese, Tomato & Onion Toastie (V)** £4.65

## Brioche Bap

Choice of Bacon, Sausage, Fried Eggs, Scrambled Eggs, Grilled Chicken

**Single filling of your choice** £4.25

**Double fillings of your choice** £5.25

**Triple fillings of your choice** £6.25

## Bagel

Choice of plain or seeded bagel

**Smoked Salmon & Cream Cheese** £6.95  
Served with capers, dill & home-made pickles.

**Home-made Smoked Salmon Filling** £8.50  
Served with capers, dill & home-made pickles.

**Smashed Avocado & Home-made Sun-dried Tomato (VE,V)** £5.95  
Served with pumpkin seeds.

## Soup

**Soup of the day** £6.50

If you have a food allergy or intolerance, please inform our team member. Thank you.



## Burger

Included a mayo: Chilli mayo, garlic mayo, coriander mayo or wasabi mayo.  
Extra mayo +£60p each

**Asian Style Sweet and Sour Pork Burger** £11.95

With pineapple, leafy greens, bell peppers and chunky chips.

**Home-made Double Cheese Burger (7oz)** £12.50

**Home-made Single Cheese Burger (3.5oz)** £8.95

With sliced tomato, leafy greens, onion, gherkin, cheddar cheese and chunky chips.  
-Add bacon £1.6

**Crispy Chicken Burger** £11.95

Spicy or non-spicy  
With sliced tomato, leafy greens, onion, chilli powder and chunky chips.

**Thai Style Crispy Chicken Burger** £11.95

With sliced tomato, leafy greens, onion, spicy coriander sauce and chunky chips.

**Wasabi Grilled Chicken Burger** £11.95

With sliced tomato, leafy greens, onion, dried seaweed, sesame seeds and cheddar cheese.

## Fried

Included a mayo: Chilli mayo, garlic mayo, coriander mayo or wasabi mayo.  
Extra mayo +60p. Add chunky chips £2.55

**Fried Crispy Chicken**

Two pieces £6.95

Three pieces £9.50

**Asian Style Fried Squid** £8.50

Fried squid dressed with coriander, chilli and spring onions.

## Coffee

Americano £3.00 | £3.20

Latte £3.25 | £3.40

Cappuccino £3.25 | £3.45

Mocha £3.50 | £3.70

Cortado £2.65 |

Flat White £2.95 |

Espresso £2.00 | £2.40

Macchiato £2.40 | £2.80

Hot Chocolate £3.50 | £3.70

## Soft Drinks

San Pellegrino Lemon £2.60

San Pellegrino Orange £2.60

Diet Coke £2.30

Coke Cola £2.30

Coke Zero £2.30

Sprite £2.30

Appletiser £2.40

Ginger Ale £2.50

Tonic Water £2.50

Apple Juice £2.80

Pineapple Juice £2.80

Cranberry Juice £2.80

Sparkling Water £2.50

Still Water £1.95

## Sides or Extras

Scrambled Eggs £3.00

Poached Egg/Fried Egg £1.25

Smoked Salmon £3.50

Hummus £3.00

Grilled Halloumi £3.50

Falafel £3.00

Fried Mushrooms £2.00

Bacon £2.50

Grilled Cherry Tomato £2.00

Cumberland Sausage £2.00

Avocado £2.00

Sweet Potato Chips £4.00

Chunky Chips £3.50

Hashbrowns £2.25

Beans £1.25

Gluten Free Bread £1.50

Sourdough £1.00

Brown Toast £0.75

White Toast £0.75

## Milkshakes

Strawberry & Cream £4.95

Vanilla £4.95

Banana £5.20

Chocolate Nutella £5.50

Mocha £5.50

Oreo Cookies & Cream £5.20

## Iced Coffee & Frappes

Iced Americano £3.30

Iced Latte £3.75

Iced Mocha £4.10

Caramel Frappe £3.95

Coffee Frappe £3.95

Vanilla Frappe £3.95

Mocha Frappe £3.95

## Tea

English Breakfast £2.95

Earl Grey £2.95

Green Tea £3.10

Peppermint Tea £3.10

Jasmine £3.10

L'grass & Ginger Prism £3.10

Redbush Prism £3.10

Fresh Mint & Lemon £3.10

## Iced Tea & Fresh Juice

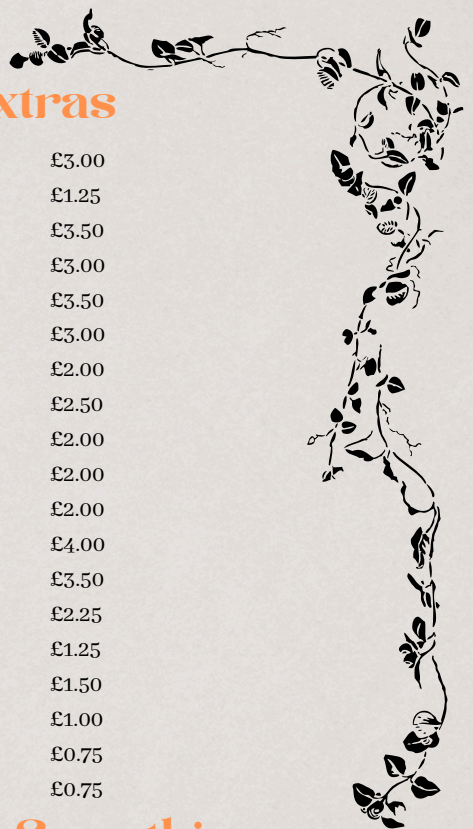
Iced Yuzu Lemon Tea £3.75

Orange Juice £4.70

## Alternative Milks & Syrup

Vanilla, Caramel, Hazelnut £0.40

Soya, Oat, Almond, Coconut £0.50



## Smoothies

**Berry Go Round** £5.50  
Strawberry, raspberry, blackberry & apple juice.

**Strawberry Split** £5.50  
Strawberry, bsnana & apple juice.

**Pash N Shoot** £5.50  
Mango, pineapple, puréed passion fruit & apple juice.

**Broccoli The Beast** £5.50  
Broccoli, spinach, cucumber, mango, banana, pineapple & apple juice.

**Kale Kick** £5.50  
Kale, spinach, mango and apple juice.

**Detox-Zing** £5.50  
Carrot, courgette, ginger, blueberry, banana and apple juice.

**Blueberry Thrill** £5.50  
Raspberry, blueberry, banana, flaxseeds and apple juice.

**Avo Go Go** £5.50  
Mango, spinach, broccoli, avocado, coconut, ginger, lime and apple juice.

## Gin & Tonic

Gordon's £5.50 | £7.80

Bombay Sapphire £5.50 | £7.80

Gordon's Pink Gin £5.50 | £7.80

## Beer & Cider

Heineken (330ml) £4.90

Corona (330ml) £4.90

Peroni (330ml) £4.90

Kopparberg Cider (500ml) £5.70

Strawberry & Lime

Kopparberg Cider (500ml) £5.70

Mixed Fruit