DRINKS

*Please kindly inform our staff should you have any allergens (Dairy / Nuts)

KOMBUCHA TEA BLEND \$5.0

Kombucha is a fermented tea that taste like apple cider vinegar. It is historically taken to help with digestion and liver detoxification for a healthier gut. Flavours are created through a 2nd stage of fermentation using real fruits, vegetables and herbs.

STEP 1: **CHOOSE YOUR FLAVOUR**

- ORIGINAL DETOX
- DIGESTIVE



STEP 2:





2 ADVANCED

3 PRO



STEP 3:

CHOOSE YOUR TEA BLEND

- GREEN TEA
- **ENGLISH BREAKFAST**
- 3 PEPPERMINT TEA



ADD ON OAT MILK

- 1 YES
- 2 NO



CHOOSE YOUR TOPPINGS (+\$0.5)

- ALOE VERA
- 3 CHIA SEEDS
- - NATA DE COCO POMEGRANATE SEEDS



HEART HEALTHY

IMMUNE BOOST

CAFFEINE-FIX











VEGETABLE SMOOTHIE

All vegetable smoothies contain 1 full serving of vegetables and fruits. A cup chock-full of natural vitamins, minerals & fibre.



MILK KEFIR SMOOTHIE

Milk kefir is a fermented milk that tastes similar to yogurt but contains a wider diversity of probiotic strains. Each cup populates your gut with billions of living cultures!

- BERRYLICIOUS
- CHOCO-BANANA
- TROPICAL THREE

- MULBERRY CINNAMON
- **GINGY DATES**
- SUNNY SESAME















Gingy Dates





DETOX KALE

DIGESTIVE LETTUCE

Romaine Lettuce, Banana Pineapple, Mango, Ginge Activated Nuts, Oat Milk



\$6.0

\$5.5



SUPERFOOD KEFIR PARFAIT



\$6.5

\$6.0

NUTS

DAIRY

ANTIOXIDANT CHARD

IMMUNO CABBAGE

Red Cabbage, Banana, Kiwi, Guava Activated Nuts, Oat milk

DAIRY

FROKEE [MILK KEFIR SOFT SERVE]

DESSERTS

All fermented desserts have a tinge of sourness and are rich in probiotics, vitamins and minerals. Only raw honey is used for taste; no sugar added.













TOPPINGS







CHOOSE YOUR SUPERFOOD MIX

HEARTY CRUNCHY

ANTIOXIDANT BERRY Milk Kefir, Purple Corn, Quinoa Puffs, Mulberries, Blueberries, Strawberries, Yacon Root, Raw Honey

CHOOSE YOUR SWEETNESS LEVEL (RAW HONEY)



3 REGULAR



TAKE-HOME PRODUCTS

120ML KOMBUCHA SHOT 920ML KOMBUCHA BOTTLE* \$2.9 \$15.9 120ML ORIGINAL MILK KEFIR SHOT 920ML ORIGINAL MILK KEFIR BOTTLE* \$12.5

\$2.0

ACTIVATED NUTS (40G)

ACTIVATED NUTS (200G)

\$2.0 \$9.0

\$5.9

\$5.9

