

ATOMIC BAR FOOD MENU

Breakfast - until 2pm

FREE RANGE EGGS ON TOAST	\$9.90
Poached, Scrambled or Fried, served with sourdough	
EXTRAS	
\$2.50 Baked Beans, Hash Brown, Tomatoes, Spinach, Egg.	
\$3.50 Bacon, Mushrooms, Chorizo.	
\$4.50 Avocado, Smoked Salmon	
EGG & BACON ROLL	\$8.90
In Turkish Focaccia with tomato sauce	
EGGS BENEDICT OR FLORENTINE	\$13.90
2 poached eggs served on top of English muffins with smoked ham, or spinach and Hollandaise.	
EGGS ATLANTIC	\$15.90
2 poached eggs served on top of English muffins with smoked salmon and hollandaise.	
SMASHED AVOCADO	\$16.90
2 poached eggs on sourdough toast, with Smashed Avocado, sliced tomato, Almond flakes, topped with crumbed Feta.	
BUTTERMILK PANCAKES	\$14.90
2 Buttermilk pancakes topped with Maple Syrup, Banana, Strawberries, Vanilla ice cream and mixed Berry compote.	
KIDS BUTTERMILK PANCAKES	\$9.90
With maple syrup, Strawberries and Ice cream.	
BIG BREAKFAST	\$19.90
2 eggs of choice on toast, Bacon, Chorizo, Hash Brown, Tomato and Mushroom	
VEGGIE BREAKFAST	\$18.90
2 eggs of choice on toast, Avocado, Hash Brown, Tomato, Spinach and Mushroom	
INVENT YOUR OMLETTE	\$17.90
Choice of 3 items plus egg base, feta served with sourdough toast Bacon, Ham, Mushrooms, Tomatoes, Spinach, Chorizo, Capsicum	
ZUCCHINI, SWEET CORN FRITTERS	\$14.90
Housemade Fritters, served with tomato relish, roquette, salad and feta cheese.	
SEASONAL FRUIT SALAD	\$10.90
Seasonal fruit served with vanilla greek yoghurt	

To start or share

GARLIC BREAD	2PCS \$5.50	4PCS \$10.00
ADD CHEESE	2PCS \$6.50	4PCS \$12.00
OYSTERS	HALF DOZ	DOZ
NATURAL	\$17.90	\$31.50
KILPATRICK	\$19.90	\$34.50
BLOODY MARY	\$19.90	\$34.50
MEATBALLS		\$13.90
Housemade meatballs, served in a rich Napoli sauce, with bocconcini and crusty bread.		
CURED MEAT & CHEESE PLATTER		\$24.90
Smoked ham, salami, prosciutto, brie cheese, Danish feta, quince paste, Two dips, toasted bread, olives, roasted peppers and sun-dried tomatoes		
RUSTIC BREAD & DIPS		\$13.90
Two dips, with lightly toasted Turkish bread, kalamata olives, olive oil & balsamic reduction.		
BRUSCHETTA		\$11.90
Classic Bruschetta on sourdough with Roma tomato, bocconcini and fresh basil mix, drizzled with balsamic reduction and pesto oil		
GRILLED HALLOUMI (GF) (V)		\$13.90
Served on roquette, lentil, cucumber, olives, Spanish onions and Lemon dressing		
ASIAN CHARGRILLED CALAMARI (GF)		E-\$14.90
Asian cabbage, carrots, onions, capsicum, bean shoots, pea shoots, crispy shallots, Asian herbs dressed with Nam Jim dressing		
MAIN SERVE - CALAMARI		\$22.90
NACHOS		\$14.90
Crunchy corn chips with melted cheese, salsa, guacamole and sour cream. ADD CHILLI CON CARNE		
		\$5.00
		\$7.50
BEER BATTERED CHIPS		\$9.50
Basket of chips served with garlic aioli and tomato sauce		
SWEET POTATO CRUNCH		\$9.00
Basket of sweet potato chips served with herbed mayonaise		
CRUNCHY POTATO WEDGES		\$9.50
Crispy potato wedges served with sweet chilli sauce and sour cream		
SEASONAL VEGETABLES		\$7.50
ROASTED CHAT POTATOS		

From the grill / stone grill

GREAT SOUTHERN PORTERHOUSE - 300GM	\$34.90
GREAT SOUTHERN SCOTCH FILLET - 260GM	\$34.90
GREAT SOUTHERN EYE FILLET - 250GM	\$41.90
2 choices of sides - Chips, salad, Mash potato or vegetables plus your choice of sauce	
Peppercorn, Mushroom, Red Wine Gravy, Garlic Butter, Creamy mushroom & creamy garlic.	
ATOMIC BURGER	\$22.90
Homemade Wagyu beef pattie, crispy bacon, American cheese, caramelised onion, beetroot, lettuce, tomato, with homemade tomato Relish and garlic aioli, served with chips.	
CHICKEN BURGER	\$20.90
Lightly marinated Per Peri grilled chicken breast, Cos lettuce, crispy bacon, sliced tomato, cheese and grilled onion served with chips	
CLUB STEAK SANDWICH	\$23.90
Tender chargrilled steak with caramelised onion, lettuce mix, bacon, cheese, tomato, with Homemade tomato relish and garlic aioli on toasted focaccia served with chips	



STONE GRILL

ATOMIC BAR FOOD MENU

Mains

CHICKEN PARMA	\$23.90
Panko crumbed chicken breast, Housemade Napoli sauce, leg ham & melted cheese served with chips, salad, or Rosemary chat potatoes and veg.	
CHICKEN SCHNITZEL	\$21.90
Panko crumbed chicken breast served with salad & chips or potato & veg	
EGGPLANT PARMA (V)	\$20.90
Crumbed eggplant topped with Capsicum zucchini, homemade Napoli, melted cheese served with chips & salad.	
BEER BATTERED/GRILLED FISH	\$22.90
Served with lime aioli, chips & salad	
CRISPY SKIN PORK BELLY	\$29.90
Over night slow roasted pork belly served with caramelised cauliflower puree, potato and chorizo rostie, beetroot & pear relish, finished with Red Wine Jus	
SLOW COOKED LAMB SHOULDER	\$27.90
Chefs special marinated slow cooked lamb shoulder served with greek salad, chips, tzatziki & lemon	
STUFFED MUSHROOM (V)	\$24.90
Big field mushrooms filled with mild salsa, topped with semi dried tomato, olives, feta, pesto & cheese, served with chips & salad	
VEGGIE STIR-FRY (V)	\$22.90
Asian vegetables, herbs, mushrooms, green beans, brocolini, cauliflower, carrot, sesame seeds, roasted cashew nuts with Hokkien noodles in a sweet soy sauce	
PRAWN STIR FRY	\$26.90
Prawns, Asian vegetables, herbs and sesame seeds with hokkien noodles & sweet soy sauce	
FISHERMANS CATCH (Perfect to share)	\$45.00
King prawns, scallops, battered fish, grilled calamari, natural oysters, clams in Napoli sauce, served with chips, salad & lime aioli	
BRAISED LAMB SHANK	\$27.90
Slow cooked lamb shank served with garlic mash potatoes, green beans & sweet potato crisps.	
CHICKEN SCALOPINI	\$24.90
Creamy garlic chicken scallopini served with onion, garlic mushrooms butter served with mash potatoes	
PULLED PORK BURGER	\$21.90
Slow cooked marinated pork belly, grilled pineapple, cos lettuce, cheese, beetroot & pear relish served with chips	
ATLANTIC SALMON	\$28.90
Honey balsamic glazed crispy skin Atlantic salmon, served with poached brocolini & roasted chat potatoes	

Pizza

MARGHERITA (V)	\$15.90
Cherry tomatoes, buffalo mozzarella	
HAWAIIAN	\$17.90
Smoked leg ham, pineapple & mozzarella	
MEAT LOVERS	\$23.90
Smoked ham, bacon, pepperoni, ground beef, mozzarella & BBQ sauce	
ATOMIC SPECIAL	\$23.90
Smoked ham, pepperoni, mushroom, capsicum, spanish onions, pineapple, olives & oregano	
VEGETARIAN SUPREME (V)	\$22.90
Capsicum, mushroom, baby spinach, pineapple, cherry tomato, feta, spanish onions, oregano, mozzarella and pesto aioli	
MEDITERRANEAN LAMB	\$24.90
Pulled lamb, capsicum, spanish onions, olives, oregano, feta, mozzarella, lemon wedge, sumac & tzatziki	
BBQ CHICKEN	\$22.90
Chicken, mushroom, spanish onions, shallots, mozzarella, pineapple and BBQ sauce	

Pasta & Risotto

CHICKEN PENNE PUTTANESCA	\$22.90
Roasted chicken, capers, olives, oregano, & mushroom tossed in traditional Napoli sauce	
SEAFOOD RISOTTO (GF)	\$26.90
Prawns, scallops, calamari, clams, with peas, tomato & basil in a saffron rice	
ROASTED PUMPKIN GNOCCHI (V)	\$23.90
Housemade potato gnocchi, roasted pumpkin, sage, tomato, roasted peppers, olives, spinach in a creamy pesto sauce, finished with crumbled feta & toasted pine nuts	
MEATBALL SPAGHETTI	\$23.90
Bite sized homemade meatballs served in a rich homemade Napoli sauce, served with bocconcini	
Salads	\$18.50
QUINOA, BARLEY AND PUMPKIN (GFO) (V)	\$22.90
Spinach, roasted beetroots, lentils, orange segments, feta cheese, shaved radish, tossed with lemon and olive oil	
ROASTED LEMON CHICKEN SALAD (GF)	\$26.90
Roquette, crispy bacon, pomegranate, spanish onions, cucumber, dried cranberry with lemon dressing	
PULLED LAMB SALAD	\$9.00
Slow cooked marinated lamb, spinach, kalamata olives, and feta cheese tossed in a lemon and olive oil dressing	
GREEK SALAD	
Lettuce mix, cucumber, tomato, olives and feta	

Extras

Creamy mash, seasonal vegetables	\$4.00
Rosemary Chat potatoes	\$4.00
Small chips	\$4.00
Small wedges	\$4.00
Mushrooms	\$4.00
Small side salad	\$3.00
Bacon	\$3.00
Chicken	\$6.00
Prawns	\$8.00
Calamari	\$7.00

Something for the kids

For children under 12 years old	\$14.00
Includes meal, soft drink or juice & kids dessert	
Kids parma / schnitzel & chips	
Fish & chips	
Nuggets & chips	
Atomic cheeseburger	
Bolognese Pasta	

Desserts

Warm Apple rum and raisin crumble
Housemade Sticky date pudding
Pavlova (GF)
Caramel cheesecake

Events

Tuesday - Parma Night
Wednesday - Stone Grill Night
Thursday - Chef Specials



Function room available for hire