

THE LOCAL

ALL DAY MENU

Toasted sourdough with preserves (GFO, DFO)

7

House fruit toast, berry compote, mascarpone cream (DFO)

8

House bircher, apple, orange, chia, honey yoghurt, compote (V)

12

Eggs on toasted sourdough - poached/scrambled/fried (V, GFO)

12

Avocado and pea smash, poached eggs, sriracha, multigrain toast (V, VGO, GFO)

18

Grilled bacon, sausage, tomato, mushroom, potato hash, eggs poached/scrambled/fried (GFO, DFO)

22

Roasted cauliflower and grilled peach salad, baba ganoush, pomegranate, dukkah (VG, GF, DF)

16

Smoked mushroom, quinoa, cashew cheese, rocket puree, chilli (VG, GF)

18

Chilli salt baby squid, nam jim, Chinese watercress, slow egg (GFO, DF)

17

Smoked trout fillet, potato hash, asparagus, sauce gribiche (GF, DF)

24

Crumbed chicken sandwich, smashed avo, bacon, lettuce

22

House beef burger, onion jam, cheddar cheese, tomato, rocket, hand cut chips (DFO)

17

Daily selection of sweet baked goods... from 4

Sides

Bacon, sausage, mushrooms, tomatoes, extra egg, potato hash, avocado

4

Chinese broccoli, xo butter // Hand cut chips with aioli/tomato sauce

7

HOT DRINKS

Blacklist forte, Blacklist single origin ...coffee from 3.5

Milk Lab Soy / Milk Lab Almond .5

Mug .5

Tea 5.5

English breakfast / earl grey / green / chamomile / peppermint

COLD DRINKS

Iced coffee / chocolate 5.5

Ice cream / cream 1

House peach iced tea 6

Pure & Healthy Juices 7

Orange

Apple

Beetroot w/ carrot, apple, lemon

Smoothies 7.5

Green – Spinach, pear, apple, banana, chia seeds, lemon, coconut water

Mango – Mango, fresh lime, milk

Berry - Mixed berries, banana, acai, milk, honey