



SALAD

Grilled Chicken Salad	£7.00
Chicken Caésar Salad	£7.00
Greek Salad	£7.00
Avocado Salad	£7.00
Mixed Green Salad	£5.00
Coleslaw	£2.50
Potatoes Salad	£2.50
Pasta Salad	£2.50





MEAT DISHES

Vis 'a' Vis Mixed Grill £15.00

A plate of Vis a Vis assortment of grilled meats served with side of your choice (Salad or Vegetables or Plantain)

Sweet and Sour Lamb £12.99

Served with basmati white Rice or Noodles

Vis 'a' Vis Lamb Chops £15.00

Grilled marinated Lamb Chops grilled and spiced for increased flavour. served with a choice of Potato Fries or Sweet Potato Fries and a Side of Salad

Vis 'a' Vis Lamb Ribs £15.00

Grilled marinated Lamb Ribs grilled and spiced for increased flavour. served with a choice of Potato Fries or Sweet Potato Fries and a Side of Salad

Spicy Grilled Beef £15.00

Grilled Beef served with Jollof Rice or Coconut Rice and a side of your choice (Salad or Vegetables or Plantain)

Sirloin Steak £15.00

Served with Potato Fries or Sweet Potato fries, Green beans and Mushroom Sauce

Vis 'a' Vis Beef Burger £7.00

served with a choice of Potato Fries or Sweet Potato Fries and a side of Salad

Vis 'a' Vis Beef Kebabs £10.00

Grilled marinated Beef Skewers grilled and spiced for increased flavour. served with a choice of Potato Fries or Sweet Potato Fries and a Side of Salad

Mince & Onions Pie £7.00

served with a choice of Baby Potatoes, Potato Fries or Sweet Potato Fries, and a side of Salad or Mushy Peas or Green Beans

FISH DISHES

Steamed Cod Fish £15.99

served with Sweet Potatoes, Mushrooms & Kale dressing

Garlic Cilantro Grilled Salmon £20.00

Grilled Salmon topped with a combination of cilantro, garlic, honey, and lime. Served with a choice from Cous Cous or Baby Potatoes or Sweet Potatoes and a side of Sautéed Spinach (mild, medium, or hot sauce)

Grilled Sea Bass Fish £10.00

(Served with Cous Cous and Side Salad) SAUCE (HOT OR MILD)

Battered Cod Fish £10.00

served with Potato Fries or Sweet Potato Fries with Mushy Peas

Battered Haddock £10.00

served with a choice of Potato Fries or Sweet Potato Fries, Creamy Tartare Sauce, and a side of Salad or Mushy Peas or Garden Peas

ROAST DINNER

Chefs Sunday Roast £12.99

Served with Roast Potatoes, Roast Vegetable & Yorkshire and Gravy - served on Sunday's only.





Banga Soup

Palm Nut/Fruit Soup originating from the Southern Niger Delta, garnished with scent leaves. (mild, medium, or hot)

Served with either:

SEMOLINA (milled flour, made from Durum Wheat)

POUNDED YAM (made from milled Yams)

GARRI (Cassava granules)

AMALA (dried Yams flour, with a mashed potato like texture)

GROUND RICE (milled, polished long-grain rice)

Assorted Meat	£15.00
Beef	£10.00
Chicken	£10.00
Fresh Fish	£15.00

SPECIALS

Vegetable Stew (Kontomire) £10.00

Vegetable Stew with Diced Kidney and Boiled Yam

Asaro

Yam Pottage served with Fried Plantain (Beef, Chicken, or Fried Fish)

Assorted Meat	£10.00
Beef	£10.00
Chicken	£10.00
Fried Fish	£15.00

Boiled Yam and Omelette £7.00

Yam served with Omelette cooked in Tomatoes, Pepper, and Onions

Fried Plantain (Dodo) £7.00

Fried plantain served with Omelette cooked in Tomatoes, Pepper, and Onions

SIDES DISHES

Chicken Pie	£2.00
Meat Pie	£2.00
Puff – Puff	£2.00
Chin Chin	£2.00
African Buns	£2.00
Jollof rice	£4.00
Coconut rice	£4.00
Grilled BBQ Chicken portion	£5.00
Fried Plantain	£2.00
Fried Yam	£4.00
Boiled Yam	£3.50
Skin on Chips	£2.50
Sweet Potato Fries	£2.50
Moi Moi (Steamed Bean Pudding)	£2.50





STARTERS

Fried Scampi	£7.99
Salt & Pepper Squid	£7.99
Fried Prawns	£7.99
Samosa (Meat or Vegetarian)	£5.99
Vegetable Spring Rolls	£5.99
Vis A Vis Grilled Gizzard	£7.99
Chicken Goujons	£7.99
Lemon & Pepper Sole Goujons	£7.99
Chicken Satay	£7.99
Olives served with a selection of bread	£7.99
Soup of the Day	£4.00
Platter of Regional Cheese served with a selection of bread	£7.00

CHICKEN DISHES

Chicken & Veg Curry served with Basmati White Rice	£10.00
Caribbean Grilled Jerk Chicken served with Jollof Rice or Coconut Rice or Fries and a side of your choice (Salad or Vegetables or Plantain)	£12.99
Vis 'a' Vis Grilled Gizzard Chicken Gizzard grilled and spiced to give an intense	£10.00

BBQ Grilled Chicken £12.99

Grilled Barbecued Chicken served with Jollof Rice or Coconut Rice or Fries and a side of your choice (Salad or Vegetables or Plantain)

Vis 'a' Vis Grilled Chicken £12.99

Grilled Chicken served with Jollof Rice or Coconut Rice or Fries and a side of your choice (Salad or Vegetables or Plantain)

BBQ Grilled Chicken Wings £10.00

Grilled Barbecued Chicken served with Jollof Rice or Coconut Rice or Fries and a side of your choice (Salad or Vegetables or Plantain)

Vis 'a' Vis Buffalo Chicken Wings £10.00

Grilled Chicken Wings marinated in buffalo sauce to create a unique flavour (Sweet and mildly hot) served with a choice of Potato Fries or Sweet Potato Fries and a side of Salad

Vis 'a' Vis Chicken Kebabs £10.00

Grilled marinated Chicken Skewers grilled and spiced for increased flavour, served with a choice of Potato Fries or Sweet Potato Fries and a Side of Salad

Vis 'a' Vis BBQ Chicken Pizza £7.00

BBQ based pizza with Chicken, Onions, Green Pepper and Cheese

Vis 'a' Vis Chicken Burger £10.00

served with a choice of Potato Fries or Sweet Potato Fries and a side of Salad

