



LE MISTRAL
LUNCH
MENU

FIXED PRICE LUNCH

2 COURSES £12.95 - 3 COURSES £14.95

Choose any salad or plat then add any entrée
and/or dessert

ENTRÉES

SOUPE DU JOUR (V) (VG) (GFO) See our boards for today's option	4.95
SOUPE À L'OIGNON (GFO) French onion soup with a cheese crouton	5.95
POISSON BLANC Crispy whitebait with aioli & salad	5.75
TERRINE (GFO) Ham hock terrine, sourdough & onion confiture	6.50
CHAMPIGNONS (V) (VGO) (GFO) Portobello mushroom, spinach & Bleu d' Auvergne	5.50
CHICKPEA RATATOUILLE (V) (VG) (GFO) Chickpeas & Provençal vegetables, sourdough toast	4.95

SALADES

CÉLERI ET FENOUIL (V) (VGO) Parmesan shavings, pickled fennel, celery, pine nuts, baby leaf, parsley & lemon juice.	9.95
SMOKED SALMON NIÇOISE (GF) Mixed olives, green beans, new potatoes, tomato, garlic, lemon oil & soft boiled egg	11.95
POULET ET BACON (GFO) Chicken breast, smoked bacon lardons, toasted almonds, Dijon mayonnaise, baby leaf & croutons	10.95

PLATS

LE MISTRAL OMELETTE Salad, beetroot remoulade & pommes frites. Choose 3 fillings: smoked cheese, blue cheese, brie, ham, bacon, chorizo, mushrooms, spinach, roasted peppers, onions, tomato, olives, artichoke hearts	8.95
CRÊPE DE LEGUMES (V) Seasonal vegetables, creamy Emmental cheese sauce & chive buttered new potatoes	8.95
GNOCCHI PROVENÇAL (V) (VG) Tomato, olives, courgettes, roasted red peppers, artichoke hearts & rocket	9.95
MOULES MARINIÈRE (GFO) Mussels in garlic, fresh herbs, white wine cream, pommes frites & fresh bread (order with or without cream)	12.95
BOUILLABAISSE* (2.50 supplement with fixed price lunch offer) French seafood stew with leeks, onions, tomatoes, celery, potatoes, fennel & orange with rouille & sourdough	14.25
MERLU (GF) Pan fried hake, crushed new potatoes, seasonal vegetables, baby prawns, pearl onions & white wine cream	12.95
LINGUINE AU POULET ET CHORIZO Chicken breast, chorizo sausage, white wine cream with Parmesan & fresh herbs	11.95
FRICASSEE DE POULET (GF) Chicken, smoked bacon, leeks, mushrooms, white wine cream sauce & tarragon mash	12.95
BOEUF BOURGUIGNON (GF) Tender beef, baby onions, smoked bacon, glazed carrots, mushrooms, red wine jus & herb mash	13.75
STEAK MISTRAL* (2.50 supplement with fixed price lunch offer) 8oz rump steak, pommes frites, portobello mushroom, fresh rocket, balsamic glaze & Parmesan Add a sauce to your steak: Sauce au Bleu d'Auvergne or Sauce au poivre	14.95 2.50
BURGER DE POULET Pan roasted chicken breast with smoked cheese, crispy bacon, tomatoes, aioli & pommes frites	10.95
LE HUBBUB BURGER Beef burger with Bleu d' Auvergne or smoked cheese, bacon, tomatoes, onion confiture & pommes frites <i>50p of every Le Hubbub burger sold goes to support the Hubbub Theatre Company, working with young adults with learning difficulties across the East Midlands</i>	11.50

DESSERTS

TARTE AU CITRON (V) Glazed lemon tart with crème fraîche	5.50
CRÈME BRÛLÉE (V) (GFO) Glazed baked vanilla custard	5.50
TARTE AU CHOCOLAT (V) (VG) (GF) Chocolate & coconut tart with sweet raspberries	5.95

CROQUE A LA FRANCAISE

MONSIEUR Ham & Swiss cheese	6.95
MISTRAL (V) Olive, tomato & Swiss cheese	6.95
MADAME Ham, Swiss cheese & a fried egg	7.50
ROYALE Ham, Swiss cheese, olive, tomato & a fried egg	7.50
CHÂTEAU Chicken, smoked bacon, Swiss cheese & tomato	7.95
ADD POMMES FRITES Croques served with salad & beetroot remoulade	1.50

ACCOMPAGNEMENT

PAIN FRAIS (V) (GFO) Fresh bread & butter	2.95
PAIN À L'AIL (V) Baked garlic bread	3.95
LES OLIVES (V) (VG) (GFO) Marinated olives	3.50
POMMES FRITES French fries	2.95
POMMES SAUTÉES (V) (VGO) (GF) Sautéed potatoes	2.95
LEGUMES (V) (VGO) (GF) Fresh vegetables	3.25

All our food is freshly cooked to order. Dishes may contain traces of allergens. For more information please ask a member of our team.
(V) = Vegetarian (VO) = Vegetarian option (VG) = Vegan (VGO) = Vegan Option (GF) = Gluten Free (GFO) = Gluten Free Option