

Boots & Barley Cafe'

03 9439 3939

GF - Gluten Free V-Vegan VG- Vegetarian

ALL DAY BREAKFAST

Boots and Barley Big Breakfast (GF Optional)

Two free range eggs on sourdough bread, sausage, bacon, spinach, grilled tomato, sautéed mushrooms, bake beans & a hashbrown / \$19.50

Veggie Big Breakfast VG (GF & V Optional)

Two free range eggs on sourdough bread, avocado, spinach, grilled tomato, sautéed mushrooms, baked beans & a hashbrown / \$18.90

Herby Scrambled Tofu Vegan

Scrambled tofu with herbs and cherry tomatoes on toasted sourdough / \$13.90

Avocado Delight VG (GF & V Optional)

Smashed avocado and feta on sourdough bread, cherry tomatoes, rocket, alfalfa sprouts and sautéed mushrooms / \$15.50

Eggs Benedict (GF Optional)

Two poached free range eggs on sourdough, ham & hollandaise sauce / \$15.90

French Toast VG (GF & V Optional)

Caramelized cinnamon bananas, vanilla ice cream & maple syrup / \$16.90

Choc Malt Waffle VG

A toasted Belgian waffle w/ choc hazelnut spread, mixed berries, ice cream & sprinkled w/ malt / \$15.50

Bruschetta VG (GF & V Optional)

Served on sourdough with avocado, tomato, red onion, cucumber & parsley salsa, topped with a balsamic glaze / \$13.90

Toasted Muesli Bowl VG (V Optional)

Natural yogurt, fresh fruit, honey and cinnamon / \$12.50

Boots and Barley BLT (GF & V Optional)

Crisp bacon, lettuce, tomato, cheese & aioli / \$11.50

Eggs on Toast (GF Optional)

Two free range eggs cooked your way on sourdough bread / \$10.90

Toast w/ Condiments (GF & V Optional)

Sourdough, wholemeal, multigrain or fruit toast, served w/ butter, peanut butter, honey, vegemite or jam / \$6.00

PLEASE ORDER & PAY AT THE COUNTER

LUNCH MENU

Vegetable Pakoras

Four pieces served with delicious homemade mint chutney / \$7.50

Smoky Black Bean Bowl Vegan

Smoky Chipotle Black Beans served with Smashed Avocados, Jalapenos, Brown Rice and Nachos / \$19.50

Crispy Chicken Burger

A crispy chicken breast, lettuce, tomato, cheese, aioli or mustard mayonnaise w/ seasoned chips / \$16.90

Veg Burger VG (V Optional)

A grilled veg pattie, lettuce, tomato, cheese, aioli or mayonnaise & barbecue sauce, served on a burger bun w/ seasoned chips / \$15.90

Veggie Flat Grill VG (V Optional)

Spinach, mushrooms, spanish onion, kalamata olives, tomato, hommus & grilled haloumi toasted in a soft tortilla w/ garden salad / \$14.50

Bacon & Avo Flat Grill (V Optional)

Crispy bacon pieces, smashed avo, baby spinach, tomato relish, feta & cheese, toasted in a soft tortilla w/ garden salad / \$14.50

Chicken, Sweet Potato & Pesto Flat Grill

Basil & nut pesto chicken breast, roasted sweet potato, feta, cherry tomatoes & cheese, toasted in a soft tortilla w/ garden salad / \$14.90

Corn & Zucchini Fritters Stack VG (GF & V Optional)

Served with our special avocado, tomato salsa & delicious balsamic glaze / \$13.50

Vegetable Samosas VG (V Optional)

Served with our special mint yogurt and green salad / \$12.50

Chicken Schnitzel

Served with a garden salad & chips / \$16.50

5x Chicken Nuggets and Chips (V Optional) / \$7.50

Bowl of Chips / \$5.00

Extras:

Mushroom, Spinach, Hash Brown, Baked Beans, Grilled Tomato / \$2 ea Egg / \$2 ea. Bacon, Avocado or Ham / \$3 ea. Gluten Free / \$2 & Vegan Option / \$3