

Boots & Barley Cafe'

03 9439 3939

GF - Gluten Free V - Vegan VG - Vegetarian

ALL DAY BREAKFAST

Boots and Barley Big Breakfast (GF Optional)

Two free range eggs on sourdough, sausage, bacon, spinach, grilled tomato, sautéed mushrooms, baked beans & a hashbrown / \$20.50

Veggie Big Breakfast VG (GF & V Optional)

Two free range eggs on sourdough, avocado, spinach, grilled tomato, sautéed mushrooms, baked beans & a hashbrown / \$19.50

Vegan Herby Scrambled Tofu

Scrambled tofu with herbs, cherry tomatoes and sautéed mushrooms on toasted sourdough / \$15.90

Avocado Delight VG (GF & V Optional)

Smashed avocado and feta, cherry tomatoes, rocket/ spinach, alfalfa sprouts and sautéed mushrooms on toasted sourdough / \$16.50

Eggs Benedict (GF Optional)

Two poached free range eggs on english muffin, ham & hollandaise sauce / \$15.90

French Toast VG (GF & V Optional)

Caramelized cinnamon bananas, berries, vanilla ice-cream & maple syrup / \$17.90

Choc Malt Waffle VG

Toasted Belgian waffle w/ choc hazelnut spread, mixed berries, ice cream & sprinkled w/ malt / \$16.50

Bruschetta VG (GF & V Optional)

Served on sourdough with avocado, tomato, red onion, cucumber & parsley salsa, topped with a balsamic glaze / \$13.90

Toasted Muesli Bowl VG (V Optional)

Natural yogurt, fresh fruit, honey and cinnamon / \$12.50

Boots and Barley BLT (GF & V Optional)

Crispy bacon, mixed lettuce, tomato, cheese & aioli / \$12.50

Eggs on Toast (GF Optional)

Two free range eggs cooked your way on sourdough / \$10.90

Toast w/ Condiments (GF & V Optional)

Sourdough, wholemeal, multi-grain or fruit toast, served w/ butter, peanut butter, honey, vegemite or jam / \$6.00

PLEASE ORDER & PAY AT THE COUNTER

LUNCH MENU

Vegetable Pakoras VG (V Optional)

Four pieces served with delicious housemade mint chutney / \$8.00

Vegetable Samosas VG (V Optional)

Served with our special mint yogurt and green salad / \$12.50

Corn & Zucchini Fritters Stack VG (GF & V Optional)

Served with smashed avocado, tomato salsa & delicious balsamic glaze / \$14.50

Vegan Smoky Bean Bowl

Smoky black beans served with smashed avocado, jalapeños, brown rice and nachos / \$19.50

Crispy Chicken Burger

Crispy chicken breast, mixed lettuce, tomato, cheese, aioli or mustard mayonnaise w/ seasoned chips / \$17.90

Veg Burger VG (V Optional)

Grilled chickpea patty, mixed lettuce, tomato, cheese, aioli or mayonnaise & barbecue sauce, served on a burger bun w/ seasoned chips / \$16.90

Veggie Flat Grill VG (V Optional)

Spinach, mushrooms, red onion, kalamata olives, tomato, relish / hummus & grilled haloumi toasted in a soft tortilla w/ garden salad / \$15.90

Bacon & Avo Flat Grill (V Optional)

Crispy bacon, smashed avo, feta, baby spinach, tomato relish & cheese, toasted in a soft tortilla w/ garden salad / \$15.90

Chicken, Sweet Potato & Pesto Flat Grill

Basil & nut pesto chicken breast, roasted sweet potato, feta, cherry tomatoes & cheese, toasted in a soft tortilla w/ garden salad / \$16.90

Chicken Schnitzel Salad

Served with mixed leaves, chickpea, grilled haloumi and balsamic vinaigrette / \$16.50

5x Chicken Nuggets and Chips (V Optional) / \$7.90

Bowl of Chips / \$6.00

Extras:

Mushroom, Spinach, Hash Brown, Baked Beans, Grilled Tomato / \$2 ea Egg / \$2 ea. Bacon, Avocado, Ham, Hollandaise sauce/ \$3 ea. Gluten Free / \$2 & Vegan Option / \$3