

Laughter
is brightest where
food
is best





Mezza Lebanese Way! **Means Cold or Hot Starters**

cold mezza Accompanied with Lebanese flat bread

Warak Inab (V)

£7.50

Slow cooked grape leaves stuffed with rice, parsley, tomatoes and onions.



Chickpeas dip blended with tahini, lemon juice, and olive oil.

£7.50 Homos Mouhamara (V) (S)

Our famous homos recipe topped with mouhamara adding a crunchy texture and a mild spicy kick.

Mouhamara (N)

Classic Lebanese dip with a unique texture of walnuts, roasted red peppers, pomegranate molasses, hot red pepper flakes.

Crudités Mix (V)

No bread so let's get some carrots, cucumbers, celery sticks best for dipping.

£5.75

£8.50



Moutabal (V) (S)

£7.00

Grilled aubergine nicely seasoned, tahini, lemon juice, olive oil and a hint of garlic.

Homos Beirut (V) (S) £6.75

Our famous homos recipe mixed with shopped flat parsley leaves, green chillies and a hint of garlic.

£5.50 Kabis (V)

Mix of Lebanese Mediterranean pickles.

Mousaka (V) £7.75

Chunks of aubergines baked with wine tomatoes, chickpeas, onion and garlic.

£7.50 Loubya bzeit (V)

Fresh long green beans cooked in a rich tomato sauce with onions and garlic







Fattoush (V) (G)

Mix of garden leaves, tomatoes, radish, cucumber, Lebanese toasted croutons, sumac dressing.

Tabbouleh (V) (G)

The beloved Lebanese salad, finely chopped parsley, tomatoes, dry mint, cracked wheat, lemon and olive oil dressing.

Tabouleh Quinoa (V)

The beloved Lebanese salad, finely chopped parsley, tomatoes, dry mint, Quinoa, lemon and olive oil dressing, boosted with quinoa.

Spicy Salad (V)

Lettuce, tomatoes, radish, cucumber, mixed peppers, spicy lemon dressing.

Eat Beirut Salad (V)

Seasonal garden leaves, tomatoes, baked beetroot, roasted pumpkin seeds, Pomegranate seeds, summac dressing

Beirut Boost Salad (V)

Seasonal garden leaves, tomatoes, radish, cucumbers, sumac dressing topped with grilled halloumi slices and toasted walnuts





£7.00



£7.85

£8.50









Lentil Soup (V)

£5.75 Slow cooked Yellow and red lentils, carrots, turmeric, onion, Lebanese spices



Meat Sambousik (G)

£7.50

Pan fried Lebanese dumplings, Filled with Minced lean beef, onions, Lebanese spice.

Spinach Fatayer (V) (G) £7.50

Pan-fried dumplings, filled with spinach, onions, sumac.

Cheese Sambousik (V) (D) £7.50

Pan-fried dumpling, filled with mix of Lebanese cheese, dry mint & parsley.



Eat Beirut sambousik dumplings









Makanek



Nicely seasoned pan fried lamb sausage with parsley, sumac and pomegranate molasses.



£7.75

Kibbeh Batata Harra Makanek



Lahm Meshwi

£18.75

Chargrilled skewers of especially prepared tender lamb cubes marinated in Lebanese herbs

Lamb Kafta Meshwi

£17.75

Chargrilled skewers of minced lean lamb mixed with parsley, onions, Lebanese spices

Shish Tawouk

£18.00

Chargrilled skewers of chicken cubes marinated in tomato paste, garlic, lemon juice, Lebanese spices

Eat Beirut Mixed Grill

£18.75

Chargrilled skewers of lean minced lamb, cubes of marinated lamb and chicken

Kafta Koushkash (G)

£18.75

Our chargrilled kafta meshwi served on a bed of spicy tomato sauce with Lebanese vermicelli rice

Kafta Foukhara (G)

£18.75

Kafta meat balls cooked in rich tomato sauce, parsley, pomegranate seed topped with a nicely poached cozy egg served with a side of Lebanese vermicelli rice.

Meshwi

£18.75

Boneless chargrilled baby chicken marinated in tomato paste, garlic, lemon juice, Lebanese spices served with chilli and garlic sauce.





Mousaka with Rice (V) (G)

£17.75

Shanks of aubergines cooked in tomato sauce, onions, garlic, parsley, Lebanese spices and chickpeas served with vermicelli rice.

Green Beans Stew (V) (G)

£17.75

Fine green beans cooked in tomato sauce, onions, garlic, Lebanese spices and fresh wine tomatoes served with vermicelli rice.



Ask your waiter for pre order.

Marinated Mediterranean king prawns in olive oil, Lebanese seven spices, garlic, served with our special garlicky spicy sauce.





Shish Tawouk Wrap (G) Grilled chicken cubes wrapped in Lebanese pitta bread,	£9.85
gherkins, tomato, lettuce, garlic sauce	
Kafta Meshwi Wrap (G)	£9.85
Grilled minced lean lamb wrapped in Lebanese pitta bread,	
gherkins, tomato, parsley, onions, tahini sauce	
Halloumi Wrap (V) (G) (D)	£9.85
Grilled halloumi cheese wrapped in Lebanese pitta bread,	
tomato, fresh mint, hint of zaatar spice and drizzle of olive oil	
Falafel Wrap (V) (G) (S)	£9.85
Falafel wrapped in Lebanese pitta bread, gherkins, tomato,	
parsley, radish, pickled turnip, tahini sauce	

you can't decide? Let us choose for you

Set Meal For 2 £58.00

Homos, Fatoush, Moutabal, Kibbeh, Mix of Lebanese Sambousik, Falafel Followed by a Mix of Grills Served with Lebanese Vermicelli Rice, Followed by Lebanese Baklawa & Fresh Mint Tea.

Set Meal For 4 £116.00

Ho mos, Fatoush, Moutabal, Kibbeh, Falafel, Sambousik Lamb, Lebanese Sambousik, Spinach Pastry, Followed by Eat Beirut Mix Grill and Moussaka with Rice Followed by Lebanese Baklawa & Fresh Mint Tea.



£4.00
£4.75

Mint Yogurt With Cucumber (V) (D) £4.75



Milk Rose Water Pudding (D)

Orange Blossom Rice Pudding (D)

£7.50

£7.50

Dates Orange Blossom Milk Pudding (D)

Topped with Lebanese sugar floss, served with vanilla ice cream.

£8.50

soft drinks & fresh juices

Coke, Diet Coke, 7Up £3.75

Soda Water, Tonic/ Slim Line Water £3.75

Still or Sparkling Water £4.00

Fresh Orange Juice £5.75

Lebanese Fresh Lemon Juice with Mint

& Orange Blossom Water £5.75

Fresh Carrot Juice with or without Ginger £5.75

Fresh Apple Juice £5.75

hot drinks

Lebanese Fresh Mint Tea £3.00

English Tea £3.00

Earl Grey £3.00

Green Tea £3.00

Espresso S/D £2.50 £3.00

Cappuccino £3.00

Caffé Latte £3.00

Black Americano £3.00

Lebanese Coffee £3.75





