

Mabelle's

From 8am - 4pm

BRUNCH

EGGS

MABELLE'S BREAKFAST

Poached eggs, avocado, halloumi, sautéed mushrooms, baked beans, roasted tomato, peppers and courgettes with sourdough bread. (v) £14.00

CHICKPEA SHAKSHUKA

Oven baked eggs, tomato sauce, red peppers, spinach, goat's cheese, sourdough bread. (v) £13.95

TURKISH EGGS

Greek yoghurt, poached eggs, paprika, garlic, dill and chilli oil, sourdough bread. (v) £11.95

EGGS & MUSHROOMS

Scrambled eggs, mushrooms, cherry tomatoes, chilli flakes and chives on sourdough bread. (v) £11.95

BEETROOT BENEDICT

Poached eggs, avocado, crispy bacon, toasted muffin and beetroot hollandaise sauce. £12.50

EGGS ROYAL

Poached eggs, smoked salmon, toasted muffin and hollandaise sauce. £12.95

EGGS FLORENTINE

Poached eggs, spinach, toasted muffin and hollandaise sauce. (v) £11.50

SCRAMBLED EGGS ON TOAST

Scrambled eggs on toasted sourdough. (v) £7.95

AVOCADO

CAPRESE AVOCADO

Cherry tomatoes, mozzarella, pesto sauce and toasted sourdough. (v) £11.50

BEET HOUMUS AVOCADO

Sliced avocado, boiled egg, beetroot houmus, radish and toasted sourdough. (v) £12.50

SMOKED SALMON AVOCADO

Cream cheese, smoked salmon and smashed avocado, sourdough bread. £12.95

AVOCADO ON TOAST

Smashed avocado, radish and pumpkin seeds, on sourdough bread. (v) £9.00

SWEETS

MABELLE'S FRENCH TOAST

Brioche, dipped in a cinnamon egg mix, freshberries, banana, crème fraiche, maple syrup. (v) £12.50
(Add biscoff, pistachio, white or dark chocolate +1.5)

FRUITY GRANOLA

Greek yoghurt, berries, banana and honey. (v) £9.50

HOMEMADE PANCAKES

Homemade pancakes, topped with berries, banana, jam, crème fraiche & maple syrup. (v) £12.00



LUNCH

SANDWICHES & WRAPS

Served with a side of fries

STEAK SANDWICH

Grilled ribeye steak, caramelised onions, rocket salad and homemade chimichurri sauce. £14.95

CHICKEN WRAP

Grilled chicken breast, avocado, lettuce, peppers, red onion and yoghurt & mayo dressing. £13.00

HALLOUMI & PESTO WRAP

Grilled halloumi, roasted peppers and courgettes, with a pesto sauce. (v) £12.50

Served on its own. Add fries/mixed leaf salad +3.00

EGG & BACON SANDWICH

Omelette egg, bacon, sourdough bread. £9.50

SMOKED SALMON BAGEL

Smoked salmon, cream cheese, cucumber, rocket salad, in a bagel. £10.50

SALADS

GOAT'S CHEESE SALAD

Mixed leaves & veggies, walnuts, beetroot, pomegranate and balsamic dressing (v) £14.00

POWER BOWL

Sweet potato, chickpeas, kale, quinoa, avocado, edamame, pumpkin seeds, tahini dressing. (v) £14.50

SALMON SALAD

Mixed leaves, avocado, onions, sweet potato, olives, chickpeas. £15.00

CHICKEN CAESAR SALAD

Grilled chicken breast, romaine lettuce, croutons, sweetcorn, parmesan and caesar dressing. £14.00

STEAK SALAD

Mixed leaves, rocket, cherry tomatoes, radish, apple, avocado, carrots, beetroot & parmigiano. £15.00

ADD ONS/ALTERNATIVES

Sautéed mushrooms	+3.00	Gluten free bread	+1.50
Chorizo	+3.00	Fries	+3.00
Bacon	+3.00	Feta Cheese	+2.00
Egg	+3.50	Halloumi	+3.50
Roasted tomatoes	+2.50	Smoked salmon	+4.50
Hollandaise sauce	+1.50	Sautéed spinach	+2.50
		Baked beans	+2.50

PLEASE INFORM A MEMBER OF STAFF ABOUT ANY ALLERGIES.

A discretionary 12.5% service charge will be added to the total bill.

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Mabelle's

From 8am - 5pm



DRINKS MENU

COFFEE

Espresso	2.80
Macchiato	2.90
Flat White	3.30
Hot Chocolate	3.50
Cappuccino	3.50
Latte	3.50
Moccha	4.00
Americano	3.00
Iced Coffee	4.00
Cortado	3.20
Matcha Latte	3.70
Chai Latte	3.70
Turmeric Latte	3.70

*extra 50p for alternative milks

TEA

English Breakfast / Earl Grey	3.20
Fresh Mint / Peppermint	3.20
Lemon & Ginger	3.20
Green Tea	3.20
Camomile	3.20
Jasmine	3.20

SOFT DRINKS

Still Water 330ml/750ml	2.20/3.50
Sparkling Water 330ml/750ml	2.20/3.50
San Pellegrino Aranciata/Limonata 330ml	3.20
Coca-Cola 330ml	3.50
Diet Coke	3.50
Kombucha	4.50
Rose Lemonade	3.80
Fresh Lemonade	3.80



SMOOTHIES

YOUNG LIVING

Apple juice, ginger, lemon, collagen, spirulina, spinach and avocado. £8.50

KETO BERRY

Coconut, vanilla extract, monk fruit, pea protein, almond butter, avocado, strawberry and blueberry. £8.50

GET FIT

Oat milk, vanilla extract, baobab, pea protein, almond butter, pitaya, banana and blueberry. £8.50

THE WORKOUT

Coconut, cacao, banana, cinnamon, hemp protein and almond butter. £8.50

COCKTAILS

Mimosa	9.50
Bloody Mary	10.50
Aperol Spritz	10.50
Espresso Martini	10.50
Passion Fruit Martini	10.50
Margarita	10.50

BEERS

Peroni 330ml	5.50
Peroni 0%	4.00
Kopparberg Strawberry & Lime Cider	5.50

WINES

SPARKLING

Prosecco or Rose Prosecco 175ml/750ml

7.50/28.00

WHITE WINE

Pinot Grigio	175ml/750ml	6.50/24.00
Sauvignon Blanc		7.20/32.00
Chardonnay		8.50/40.00

ROSÉ WINE

Pinot Grigio	175ml/750ml	6.50/24.90
Cotes de Provence		34.00

RED WINE

Cotes du Rhone	175ml/750ml	6.90/26.00
Montepulciano		7.20/27.00
Primitivo		8.50/32.00

FRESHLY SQUEEZED JUICE

APPLE OR ORANGE £6.00

HAND PRESSED POMEGRANATE £8.95

HEART BEET

Beetroot, lemon, cucumber, apple & ginger. £6.99

BLOSSOMING ON THE GREEN

Spinach, lemon, cucumber, apple & ginger. £6.99

MULTI BOOST

Pineapple, spinach, kale, ginger, lemon & celery. £7.49

ORANGE JOY

Orange, carrot & turmeric. £6.99

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