

酒は純米 燗ならなお良し 上原 浩

Junmai-shu is very good. Furthermore, Kan-zake junmai -shu is the best. Hiroshi Ueha

### What is "Junmai-Shu Pure sake"? 純米酒とは?

Traditional sake is made purely from rice and water. From time to time, you may see sake made with some additional ingredients such as alcohol, sugar and artificial acids. Sake made purely from rice and water is called "Junmai-shu".

Junmai-shu is rich in Umami and soft alcohol factors from fermentation of rice. Good after-drink feeling.

純米酒とは、米(と米で作った米麹)だけで造られた日本酒のこと。清酒には純米酒以外に、米以外のもの、例えばアルコールや糖類、酸味料なども使われているもの(本醸造など)があります。

純米酒には米が発酵してできた、うまみやアルコールのおいしさがそのままです。酔い心地がやさしく、翌日に残りにくいといわれます。

#### Kan-zake [Warmed up sake] 燗酒のすすめ

Warmed up sake is called "Kan-zake"," Okan", which is a unique way to drink alcoholic beverages if seen globally. Reason1 for Kan-zake - better taste (umami)

Warming up sake yields a distinct kind of umami (delicious taste), especially at around body temperature. Reason2 for Kan-zake – Friendly to your body

Alcohol is normally absorbed into the body in the stomach and absorption of alcohol begins when the temperature of alcohol becomes closer to body temperature. When you drink Kan-zake, absorption of sake and breakdown of alcohol begins without delay, and smoothly as you drink. You will begin to feel the effects of alcohol simultaneously and can control the amount you drink more easily as you feel it.

Manner and etiquette of drinking sake

Hold your cup to receive sake poured by your drinking partner or somebody else. You are expected to raise your cup to receive other's courtesy. It is considered to be even more polite, if you hold your cup with both hands.

Pour sake to others before filling your own cup, when you drink with someone. It is considered a cordial etiquette to pour sake into the other's cup when you see it empty, before you pour it into your own cup. You will often see this kind of behaviour in Japan as people pour sake into each other's cup and share the joy of drinking. If you don't want to drink any more sake, of course, you can frankly say "no", or make a gesture of "no" with a smile!

- ・純米酒には、温めるとおいしさが顔を出してくる成分がたくさん含まれています。
- ・舌や口の中にある"味覚センサー"は、体温くらいが一番敏感に働きます。
- ・暖かいお酒はお腹も温めます。お腹に入ったアルコールは、体温くらいに温まってから吸収が始まります。 燗酒はお腹に入ったらすぐに吸収が始まり、飲んだ分量がそのまま酔った分量です。だから飲みすぎることが少なく 分解も早いのです。



## MENU FOOD MENU FOO

	[APPETIZER]	
	1. 枝豆 EDAMAME	6
	Salted soyabeans	Ü
ě,	2. べつこう卵黄	
	BEKKO RANOH DONPACHI Special egg yolk	8
ě.	3. あん肝ポン <b>酢</b>	
	ANKIMO PONZU	15
	Monkfish liver with ponzu sauce	
ė,	4. 牡蛎のオイル漬け XAVI OH ZUVE (2)	10
	KAKI OIL ZUKE (2pcs) Marinated oyster with salmon-roe	13
ě.	5. 蛸キムチ	
	TAKO KIMCHI	12
	Octopus kimchi with sour cream	
ė,	6. チャンジャクリームチーズ	10
	CHANJA CREAM CHEEZE Korean fish innards pickle with cream cheeze	12
	7. がつこクリームチーズ	
	GAKKO CREAM CHEEZE	9
	Smoked radish pickles with cream cheeze	
	8. じゃこネギ豆腐	10
	JAKO NEGI TOFU Deep fried small fish with tofu	10
ě.	9. 鶏レバーパテ	
	LIVER PATE (2pcs)	10
	Chicken liver paste	
	10. 豚角煮 BUTA KAKUNI	12
	Soy-Braised pork	14
	11. 烏賊明太	
	IKA MENTAI	10
	Squid sashimi with cod roe 12. まぐろ山かけ	
	MAGURO YAMAKAKE	12
	Tuna sashimi with grated Japanese yam	-
	13. 山芋千切り	
	YAMAIMO SENGIRI	9
	Sliced Japanese yam	

▲14. 黒オリーブのマリネ MARINATED BLACK OLIVE Marinated black olive with nats paste	6
15. たこわさび TAKO WASABI Marinated octopus with wasabi	9
16. いか塩辛 IKA SHIOKARA Salted squid with squid guts	7
17. ホタルいか沖漬け HOTARUIKA OKI ZUKE Marinated small squid	12
18. なまこ酢 NAMAKOSU Vinegared sea-cucumber	10
19. 茎わさびの漬物 KUKIWASABI TSUKEMONO WASABI stem pickles	12

20. おつまみ 3 点盛り 上の口内からお返びください。
OTSUMAMI SANTEN MORI 15
Assorted apptizer 3 kinds, you can choose from the square

### [PAN-FRIED]

×	1. 3-1777/	
	GOYA CHANPURU	12
	Pan-fried bitter gourd with egg (Okinawa style)	
	2. 豚キムチ	
	BUTA KIMCHI	12
	Pan-fried pork belley with Kimchi	



## MENU FOOD MENU FOO

[GRILLED]	[SALAD]	
1. 焼きたらこ YAKI TARAKO 13 grilled cod roe	▲1. 鶏燻製のパクチーサラダ PAKUCHI SALAD smoked chicken and coriander salad	13
2. わたもち丸干し烏賊 WATAMOCHI IKA 13 grilled dry-squid with squid guts	▲2. 厚切りベーコンのポテトサラダ	10
3. たたみイワシ TATAMI IWASHI 15 grilled dried sheet of small sardine	3. 冷レトマト HIYASHI TOMATO sliced tomato	9
4. えいひれ EI HIRE 15 grilled dry stingray fin	[SASHIMI & SUSHI]	
♣ 5. はまちカマ塩焼き HAMACHI KAMA 25 grilled yellowtail cheek	1. 刺身 5 点盛り SASHIMI GOTEN MORI Assorted Sashimi 5 kinds	48
♣ 6. 特大ほつけ塩焼き HOKKE 32 grilled big atka mackerel	2. 刺身 3 点盛り SASHIMI SANTEN MORI Assorted Sashimi 3 kinds	30
7. スルメイカ姿焼き YAKI IKA grilled squid	3. マグロ赤身 MAGURO AKAMI Tuna Sashimi	12
8. さば塩焼き SABA 13 grilled mackerel	4. サーモン	12
9. ししやも SHISHAMO 12 grilled smelt	5. 炙り〆鯖 ABURI SHIME SABA Vinegared macherel sashimi	12
	6. 寿司 5 貫盛り SUSHI GOKAN MORI Assorted Sushi 5 kinds	15
	♣7. サーモンクランチロール SALMON CRUNCHY ROLL	16



# MENU FOOD MENU FOO

	[DEEP FRIED]		[RICE]	
	- 1. 若鶏からあげ (オリジナル or カレー風味)		1. たまごかけご飯	
	TORI KARAAGE (Curry or Original)	10	TKG	8
	Fried chicken	= 1	Japanese rice with raw egg	
ě.	2. 北海道ポテトのフレンチフライ		2. おにぎり	
	HOKKAIDO POTATO FRENCH FRIES	10	ONIGIRI (1pc)	4
			Rice ball (mentaiko / ume / yukari)	
	3. タコからあげ	100	3. ドンパチとろ玉おにぎり	
	TAKO KARAAGE	10	DONPACHI TOROTAMA ONIGIRI (1pc)	6
	Deep-fried octopus	2.00	Donpachi special egg-yolk in Rice ball	
	4. 川海老からあげ		4. お茶漬け	
	KAWAEBI KARAAGE	10	OCHAZUKE	10
	Deep-fried small prawn		Tea rice (mentaiko / ume)	
	5. カニクリームコロッケ サルサソース添え		5. どすこいスタミナ井	
	KANI CREAM CROQUETTE (1pc)	7	DOSUKOI STAMINA DON	16
	Crab cream croquette with salsa sauce		Pork belly bowl with raw-Japanese egg	
	6. 牡蛎フライ タルタルソースがけ	-27	46. ドンパチ角煮井	
	KAKI FRIES (4pcs)	12	DONPACHI KAKUNI DON	18
	Deep-fried oyster with tartar sauce		Soy-braised pork bowl	
	7. チキン南蛮	10/22	7. ステーキ井	
	CHICKEN NANBAN	15	STEAK DON	25
	Fried chicken with tartar sauce		Butter steak bowl	
	8. じゃがもちチーズ	-20-20	8. カレーライス	
	JAGAMOCHI CHEEZE (3pcs)	12	CURRY RICE	13
	Cheeze in Deep-fried potato cake		Chicken curry rice	
	Form 4 Tri		[370 0 D 7 T]	
	[STEAK]		[NOODLE]	
ě.	1. ビーフステーキ		♣1. 特製塩ら一めん	
	BEEF STEAK 100/200glm 24/	48	SPECIAL SHIO RAMEN	15
	(teriyaki / butter soy-sauce / salt & pepper)			
	2. チキンステーキ		2. 特製チキンカレーら一めん	
	CHICKEN STEAK	16	CHICKEN CURRY RAMEN	15
	(teriyaki / butter soy-sauce)			CV-717016
			3. 特製チキンカレーうどん	
			CHICKEN CURRY UDON	15