

...SPECIAL COCKTAILS

£9

...or 2 for £14

- **Porn Star Martini**
Vanilla Vodka, Passoa, Lime, Passion Fruit Puree, Prosecco
- **Old Fashioned**
Whiskey or Bourbon, Orange Bitter, Brown Sugar
- **Mojito Royal**
Rum, Mint, Lime, Sugar, Champagne
- **Patron Espresso Martini**
Tequila Patron, Coffee, Vodka, Sugar

£8

...or 2 for £12

- **Down Town Mezzoroma**
Vodka, Passoa, Lemon, Cranberry
- **Dixie Dragon (spicy)**
Marinated Bombay with chilli, Raspberry puree, Chili Pepper, Vanilla, Tabasco
- **Frozen Walm Lane Margarita**
Tequila, Cointreau, Lime, Salt
- **Mojito**
Rum, Mint, Lime, Sugar, Soda
- **Tropical Negroni**
Gin, Aperol, Rosso, Grapefruit
- **Aperol Spritz**
Aperol, Orange, Prosecco
- **Bloody Mary**
Vodka Pepper, Tomato Juice, Horse Radish, House Spices, Celery
- **Espresso Martini**
Espresso, Vodka, Kahlua, Frangelico
- **Strawberry and Banana Daiquiri**
Rum, Schnaps, Strawberry, Banana, lime
- **Guilty Pleasure**
Bartender's Special Surprise for you
- **Cointreaupolitan**

Vodka, Cointreau, Lime, Cranberry

- **Amaretto Sour**
Amaretto, Egg white, Sugar, Lemon, Bitter
- **Paris in Storm**
Crème de Cassis, Passion fruit, Vodka, Chambord
- **Italian Job**
Vodka, Kiwi, Apple, Lemon, Basil
- **Moscow Mule**
Vodka, Lime, Ginger beer, Honey
- **First Aid (hot)**
Brandy, Almond Milk, Cinnamon, Cardamom, Honey

... Mocktails

£5.5

- **Frozen Cuddle on The Beach**
Peach, Orange, Raspberry, Cranberry
- **Kiss on The Beach**
Passion Fruit, Mango, Pineapple
- **Lots of Things on The Beach**
Strawberry, Apple, Banana, Hazelnut, Pear
- **Spicy Kiss**
Tomato, Basil, Celery, Chili
- **Green Peace**
Kiwi, Mint, Apple

...Draught Beers

	Pint	Half
Peroni	£5	£3.5
Hop House	£5	£3.5

Guinness £5

...Bottle Beers

Corona £4
Desperados £4
Budvar £4
Bira Artigianale £5.5
Peroni Gran Riserva £5.5

Rekorderlig £5.5

(Apple, Strawberry or Passion Fruit)

...Coffees

- Espresso £1.8 £2.1
- Macchiato £1.9 £2.2
- Flat White £2.4 £2.9
- Americano £2.4 £2.9
- Cappuccino £2.7 £2.9
- Latte £2.7 £2.9
- Special Latte £4.5
Amaretto, Vanilla, Chocolate, Mint, Hazelnut, Caramel, Cinnamon
- Chai Latte £2.8
- Mochaccino £2.8
- Hot chocolate £2.8
- Frappuccino £3.5
- Iced Coffee £3.5

- Irish Coffee £5.5
- French Coffee £5.5
- Baileys Latte £5.5
- Calypso £5.5

...Soft Drinks

Still or Sparkling Water	£2.5	£3.5
Juices (Apple, Orange, Pineapple, Cranberry)		£3
Coke, Diet Coke, Fanta, Sprite		£3
Antica Ricetta Siciliana Polara		£3.5
Chinotto – <i>Chinotto Natural Extract</i>		
Aranciata – <i>Orange</i>		
Arancia Rossa – <i>Blood Orange</i>		
Limonata – <i>Sicilian Lemon Juice</i>		
Ginger Beer		

Freshly Squeezed Juices	£3.5	
Apple, Orange, Carrot		
Any Two or three mixed	£4	

...Teas

Cup £2.....Pot £3

....Mint, Pepper mint, Green Tea, Camomile, Ginger, Lemon or Fruit teas

Home-made Iced Tea: £3.5

...White Wines

		175	250
Bottle			
Kudu Plains Chenin Blanc (South Africa)	£4.5	6.2	
£15.5			
La Maglia Rosa Pinot Grigio IGT (Italy)	£5	£6.7	
£17			
Lorosco Reserva Sauvignon Blanc (Chile)	£5.5	£7	

£19		
Wandering Bear Chardonnay (USA)	£5.7	£7.2
£21		
Verdicchio Castelli Jesi DOC Castellani (Italy)		
£26		
Rocca di Frassinello Vermentino (Italy)		
£38		
La Roncaia Eclisse IGT Venezia Giulia (Italy)		
£54		

...Champagne and Sparkling Bottle

Glass

Vitelli Prosecco (Italy)		£6
£21		
Prosecco Rose Cavichchioli Lambrusco (Italy)		£6
£21		
Champagne Moet Chandon		
£60		

...Rose Bottle

175 250

El Muro Rosado Garnacha (Spain)	£4.5	£6.2
£15.5		
La Maglia Rosa Pinot Grigio Blush	£5	£6.7
£17.5		

...Red Wines

Gable View Cabernet Sauvignon (South Africa)	£4.5	£6.2
£15.5		
San Abello Merlot (Chile)	£5	£6.7
£19		
Argento Malbec (Argentina)	£6	£7.2
£24		
Castillo Clavijo Rioja Crianza	£6.2	£7.4
£25		
Piccini Orange Label Chianti Riserva		
£27		
Li Veli Orion Primitivo Salento (Italy)		
£38		
Villa Belvedere Amarone della Valpolicella (France)		

£54

...Appetizers – Bar Snacks

Mixed Sicilian and Gaeta Olives £3 ...with House Focaccia Bread

£4

Arancini Cheese with Black Garlic Mayonnaise

£6

Mixed Vegetable Crisps

£3.5

Mini Burgers with Chips

£7.5

Marinated Mixed Vegetables

£4

Melon & Parma Ham

£7

...Starters

Burrata **V-GF**

£6.5

...Rocket, basil oil, cherry tomato, parsnip crisps

Soup of the day V

£5

...Served with our Focaccia bread

Mezzoroma Garlic Bread V

£5

Red : Amatriciana Sauce, **Green**: Chimichurri Sauce, **White**: Mozzarella

Marinated Mussels GF

Small £7 Large £12

...Fresh chilli, thyme, garlic, tomato sauce, served with rosemary pizza bread

...Or Creamy white wine, garlic and shallots

Deep Fried Calamari

£7

... Mixed house salad, black garlic mayonnaise

Bruschetta V

£6

...Tomato, garlic, olives, fresh basil pesto

Black Tempura King Prawns

£8

...Mezzoroma special King Prawns with chef's homemade prawn powder sauce

Gambas Provinciale

£8

King Prawns in spicy tomato sauce

Parmigiana V, GF

£6

Aubergines, Tomatoes, Parmesan

Sharing Platters

Fritto Misto

£14

Chef's platter of Tempura King Prawns, Calamari and Garlic Bread

Italian Antipasti Platter

£12

Salami, Parma ham, Burrata, Dried tomatoes, served with Focaccia bread

Mezzoroma Mediterranean Sharing Platter V

Halloumi, Gaeta and Sicilian Olives, Falafel, Humus, Vegetable Crisps with Focaccia Bread

£13

- **Please ask a member of our team for Food Allergies and Intolerances**

...Mains

MezzoRoma Beef Burger

£11

...Lettuce, cheddar emulsion, gherkins, caramelized onions, chips

Charcoal Grilled Salmon GF

£12.5

...Smoked mash potato, fresh sautéed spinach

12" Sirloin Steak & Fondant

£16.5

...Onion Puree and potato fondant, a choice of red wine jus or peppercorn sauce.

Charcoal Grilled Lamb Chops

£14

... Carrots puree, smoked baby carrot, watercress, lamb jus

Corn Chicken Breast GF

£12.5

... Mash potatoes, mushroom sauce

Chicken and Roast Pepper Skewer

£12

...Grilled onions, roasted peppers and salad

Tuna & King Prawns Skewer GF

£14

...Black garlic mayo, Asian slow

Sea Bass

£14

...Filleted, with Fregola, vegetable ratatouille, courgette puree

The Cod Father

£12

Fillet of Cod on a bed of rice gratin, cherry tomatoes, salad

Grand Mezzo Grill GF

£18.5

Chef's selection of Grills served with two choices of sides, grilled pepper and a grilled tomato

...Pasta *(Daily Gluten Free options available, please ask staff for details)*

Lasagna Vegetariana V

£9

Seasonal Vegetable Lasagne

Lasagna Della Nonna

£11

...Traditional Beef Lasagne, grandma recipe

Prawns Tagliolini

£13

...Fresh Tagliolini, fresh chili, garlic, cherry tomatoes, parsley

Spaghetti Bolognese

£9.5

...Tomato salsa, shaved parmesan

Wild Mushroom Risotto V

£10

...Wild mushrooms with parsley and shaved parmesan (Add chicken £3)

Spaghetti Carbonara

£10.5

... Pancetta, egg yolk, Pecorino cheese

Mushroom Tagliatelle V

£10.5

...Garlic, beurre blanc, parmesan, parsley (Add Chicken £3)

Seafood Spaghetti

£14

Mussels, prawns, calamari, garlic, olive oil, cherry tomatoes and parsley

...Risotto

Seafood Risotto

£14

...Mussels, prawns, calamari, tomato sauce, cherry tomatoes and parsley

Pea Mint Risotto V

£10

Pea mint puree, goats cheese, chive oil, shaved asparagus

Wild Mushroom Risotto V

£10

...Wild mushrooms with parsley and shaved parmesan (Add chicken £3)

...Salads

Gorgonzola Salad V, GF

£10

Endives, lavender honey dressing, figs, honey walnuts

Chicken Caesar Salad

Small

£7 Large £12

...Char-Grilled Chicken, Baby gem, Caesar dressing, cherry tomatoes, anchovies, boiled egg, croutons, shaved parmesan

Grilled Halloumi

£8

Roasted peppers, Cherry Tomatoes and Rocket

Salad Tricolore V

£6.5

...Avocado, Mozzarella, Tomato

Mezzo Healthy Salad V

£7

...Cucumber, tomato, lettuce, honey walnuts, pomegranate, apple

...Pizza

Margherita V

Tomato, Mozzarella, Fresh Basil, Oil

£9

Americana

Mozzarella, Pepperoni, Tomato, Sweet corn, Eggs

£11

Funghi V

Tomato Sauce, Mozzarella, Mushrooms

£11

Marinara

Tomato, Anchovies, Oregano, Garlic, Tuna

£11

Caprese V

Mozzarella, cherry tomatoes, basil, olive oil, shaved parmesan

£11

Caprese Saporita

Parma Ham, Rocket, Mozzarella, cherry tomatoes, basil, shaved

parmesan £12

Pollo Arrosto

Tomato Sauce, Mozzarella, Chicken, Pesto, Onions, Roasted

Peppers £12

Quattro Formaggi

Mozzarella, Gorgonzola, Shaved Parmesan, Ricotta

£12

Frutti Di Mare

Mixed Seafood, Tuna, Garlic, Black Olives

£13

Calzone

Tomato, Mozzarella, Pepperoni, Ham, Mushrooms

£13

Capricciosa

Tomato, Mozzarella, Sweet corn, Cooked ham, Basil, Shaved

Parmesan £13

Diavola

Pepperoni, Fresh chili, Tomato, Mozzarella, chili flakes

£13

Turco

Slow roasted Lamb, Yoghurt and Spicy tomato sauce

£15

Mezzoroma

"Halal" Spicy Turkish Sausages, Salted cured beef, Tomatoes,

Mozzarella, Egg £12

...Sides £3

Mash potatoes

Fries

Mixed House Salad

Rosemary Pizza Bread

Sautéed Spinach

House Focaccia

Broccoli with garlic and fresh chilli

French Beans with garlic butter

...Sauces £2.5

Red wine jus

Peppercorn Sauce

Black garlic Mayonnaise

Garlic Mayonnaise

Chimichurri Sauce

(Garlic, Shallot, Oregano, Parsley)

Mushroom Sauce

New potatoes with Chorizo butter

...Desserts

Chocolate Fondant, Vanilla Ice cream
£6

Chocolate Brownie, Vanilla Ice cream
£5.5

Tiramisu
£5

Italian Cheesecake
£5

Nutella Pizza with Pistachio Ice cream

£5.5 Cheese Platter (Gorgonzola, Goats Cheese, Compté with Biscuits, Grapes, Apple, Celery)
£8

Ice Cream
£4.5

(Brought in straight from Bologna by Gianfranco Zola & Roberto Di Matteo)
Vanilla, Chocolate, Strawberry or Pistachio flavours

Fruit Plate
£7

Bananas, strawberries, oranges, yoghurt, honey

Quinoa Porridge with caramelized bananas
£6

...Digestives - Shots £5

Tequila Patron, Tequila, Mescal, Baby Guinness, Limoncello, Frangelico, Sambuca, Black Sambuca, After Eight

...Coffees

• Espresso	£1.8	£2.1
• Macchiato	£1.9	£2.2
• Flat White	£2.4	£2.9
• Americano	£2.4	£2.9
• Cappuccino	£2.7	£2.9
• Latte	£2.7	£2.9
• Special Latte	£3	
<i>Choice of Vanilla, Chocolate, Mint, Hazelnut, Caramel or Cinnamon</i>		
• Chai Latte		£2.8
• Mochaccino		£2.8
• Hot chocolate		£2.8
• Frappuccino		£3.5
• Iced Coffee		£3.5
• Irish Coffee		£5.5
• French Coffee		£5.5
• Baileys Latte		£5.5
• Calypso		£5.5

...Soft Drinks

Still or Sparkling Water	£2.5	£3
Juices (Apple, Orange, Pineapple, Cranberry)		£3
Coke, Diet Coke, Fanta, Sprite		£3
Antica Ricetta Siciliana Polara		£3.5
<i>Chinotto - Chinotto Natural Extract</i>		
<i>Aranciata - Orange</i>		
<i>Arancia Rossa - Blood Orange</i>		
<i>Limonata - Sicilian Lemon Juice</i>		
Ginger Beer		£3.5
Freshly Squeezed Juices		£3.5
Apple, Orange, Carrot		
Any Two or three mixed		£4

...Teas

Cup £2.....Pot £3

....Fresh Mint, Pepper mint, Green Tea, Camomile, Ginger, Earl Gray, Lemon or Fruit teas

Home-made Iced Tea: £3.5

...Breakfast and Brunch

(Served everyday from 9am until 3pm)

Mezzoroma Full English

£8.5

Egg, bacon, sausage, hash brown, mushrooms, beans and toast

Vegetarian Breakfast

£7.5

Egg, hash brown, vegetarian sausage, mushrooms, beans and toast

Scrambled Eggs On Toast

£6

Toast Royal

£8

Scrambled Eggs and Smoked Salmon on toast

Egg Benedict

£8

Poached eggs and ham on muffins with Hollandaise

Egg Royal

£8.5

Poached eggs and smoked salmon, muffin, Hollandaise

Egg Florentine

£8

Poached eggs and spinach on muffin, topped with Hollandaise

Ham & Cheese Omelette

£8

Served with fries and salad garnish

Omelette Florentina

£8

Cheese and spinach with fries and Salad

Mezzo Roma Omelette

£8

Mozzarella, sun dried tomatoes and pesto served with fries and salad

Spanish Complete

£8

Cheese, mushrooms, onions, tomatoes, chorizo

Ospite Turco "Halal"

£9

Beans, spicy Turkish sausages, tomatoes, fried eggs served in a pan with toast

...Special Toasted Sandwiches

(Served with fries and salad garnish)

Ospite Francese £7

Jambon, Cheddar cheese

Papa's Special £8

Chicken, bacon, avocado and mayo

Mezzo Toast Special £8

Brown Bread, crushed avocado, chilli, chives, cherry tomato and Goats Cheese

Vegetarian Toast £8

Wild Mushroom and Halloumi

...Easy Healthy

Granola £6

Granola with berries, yoghurt

Fruit Plate £7

Bananas, strawberries, oranges and yoghurt, honey

Croissant or Pain au Chocolate £2

Quinoa Porridge with caramelized bananas £6

Mezzo Healthy Salad £7

Tomato, cucumber, lettuce, honey walnuts, pomegranate, apple