

LUMA BISTRÒ

SINCE 2012

MENU



ABOUT US...

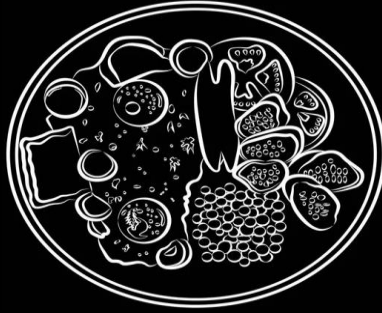
LUMA BISTRÒ IS THE BRAINCHILD OF TWO FRIENDS WITH A PASSION FOR COOKING AND HEALTHY EATING. IN THE HEART OF PRATI, ONE OF ROME'S MOST BEAUTIFUL NEIGHBOURHOODS AND A STONE'S THROW FROM CASTEL SANT'ANGELO, LUMA BISTRÒ WILL LET YOU TRY THE BEST OF ROMAN CUISINE.

ALL YOU HAVE TO DO IS ORDER!

INDEX:

- **STARTERS**
- **MAIN CLASSIC DISHES**
- **PINSA AND SANDWICHES**
- **SECOND DISHES**
- **SIDE DISHES AND SALADS**
- **DESSERTS AND ICE CREAMS**

STARTERS



TO START AN ITALIAN DINNER WELL...

- | | |
|--|------|
| TAGLIERE MISTO AFFETTATI E FORMAGGI E BRUSCHETTE (PER 4 PERSONE)
Mixed sliced meats and cheeses and bruschette (for 4 people) | 12€ |
| TAGLIERE MISTO AFFETTATI E FORMAGGI E BRUSCHETTE (PER 2 PERSONE)
Mixed sliced meats and cheeses and bruschette (for 2 people) | 7€ |
| BRUSCHETTE MISTE (6 PEZZI)
Mixed bruschette (6 pieces) | 9€ |
| MISTO DI FORMAGGI
Mixture of cheeses | 6,5€ |
| BRUSCHETTONE
Gusti a scelta fra salumi, formaggi, mozzarella, pomodoro ecc.
Flavors to choose among cold cuts, cheeses, mozzarella, tomatoes etc. | 6€ |

ROMAN PINSA



UNIQUE AND INIMITABLE ROMAN VERSION OF PIZZA

MARGHERITA

8€

Pomodoro, mozzarella e basilico
Tomatoes, cheese and basil

FUNGHI

8,5€

Pomodoro, funghi e mozzarella
Tomatoes, mushrooms and cheese

VEGETARIANA BIANCA

8,5€

Mozzarella e verdure grigliate
Cheese and grilled vegetables

MARINARA

7,5€

Pomodoro e origano
Tomatoes and oregano

NAPOLI

8,5€

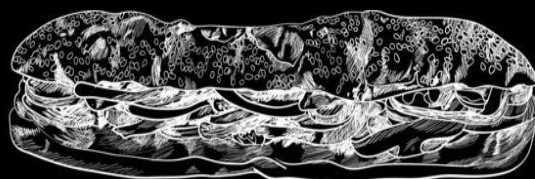
Pomodoro, mozzarella e alici
Tomatoes, cheese and anchovies

DIAVOLA

8,80€

Pomodoro, mozzarella e salame
Tomatoes, cheese and salame

SANDWICHES



VARIETY OF SANDWICHES WITH THE BEST ITALIAN INGREDIENTS

CAMPIDOGLIO

6,4€

Prosciutto crudo, insalata, pomodoro, emmental, senape
Raw ham, salad, tomatoes, emmental and mustard

VIMINALE

6,9€

Hamburger, insalata, pomodoro, maionese e ketchup
Hamburger, salad, tomatoes, mayonnaise and ketchup

ESQUILINO

6,9€

Petto di pollo, insalata, pomodoro, melanzane grigliate e maionese
Chicken breast, salad, tomatoes, grilled aubergine and mayonnaise

CELIO

6,4€

Prosciutto crudo, stracchino, pesto e pomodori secchi
Raw ham, stracchino cheese, pesto and sun-dried tomatoes

QUIRINALE

6,9€

Salsa piccante, cotoletta di pollo e melanzane
Spicy sauce, chicken cutlet and aubergines

PALATINO

5,9€

Pomodoro, insalata, mozzarella e crema di carciofi
Tomatoes, salad, mozzarella and artichoke cream

AVENTINO

6,4€

Speck, stracchino, insalata e zucchine grigliate
Speck, stracchino cheese, salad and grilled courgettes

SECOND DISHES



OUR MEAT SPECIALTIES

STRACCETTI DI POLLO 13€

Straccetti di pollo con zucchine e zenzero
Chicken strips with courgettes and ginger

FILETTO DI MAIALE 14€

Filetto con emulsione di grana padano, pomodori secchi e capperi
Fillet steak with grana padano emulsion, sun-dried tomatoes and capers

HAMBURGER DI MANZO 16€

Hamburger con patate al forno e cipolle rosse caramellate
Hamburger with baked potatoes and caramelised red onions

HAMBURGER DI MANZO 16€

Hamburger con contorno a scelta
Hamburger with side dish of your choice

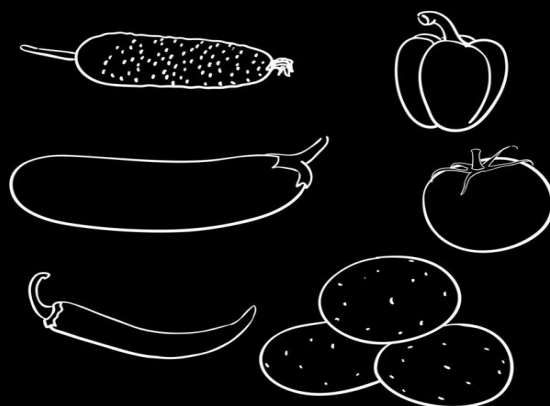
TAGLIATA DI MANZO 18€

Tagliata con funghi arrostiti
Sliced beef with roasted mushrooms

Servizio per persona 1,5€
Service per person

*At certain times of the year, in the absence of fresh product, it will be replaced with frozen and blast-frozen product.
Information regarding ingredients that may cause allergies is available from the staff.

SIDE DISHES



OUR BEST SIDE DISHES

VERDURE GRIGLIATE

5€

Zucchine, melanzane e prezzemolo
Aubergine courgettes and parsley

PATATE AL FORNO

5,5€

Patate con olio, aglio e rosmarino
Potatoes with oil, garlic and rosemary

RATATOUILLE LIGHT

6€

Melanzane, zucchine, carote, patate al forno con rosmarino
Aubergines, courgettes, carrots, baked potatoes with rosemary

CICORIA RIPASSATA

5,5€

In padella con aglio, olio evo, peperoncino e sale
In the pan with garlic, olive oil, chilli pepper and salt

CICORIA ALL'AGRO

5€

Olio evo e sale
Olive oil and salt

INSALATA VERDE

5€

Insalata lattuga, rughetta, pomodoro e carote
Lettuce, rughetta, tomato and carrot salad

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SALADS



OUR FRESH SALADS

INSALATONA COLORATA

8€

Mix di insalate, tonno, mozzarella, pomodori, olive, mais, olio sale e aceto balsamico
Salad mix, tuna, mozzarella, tomatoes, olives, corn, oil, salt and balsamic vinegar

ZUCCHINE E CANNELINI

8€

Zucchine all'agro crude, cannellini, sale, pepe, olio e limone
Raw sour courgettes, cannellini beans, salt, pepper, oil and lemon

ALLEGRA

9€

Lattuga, rucola, radicchio, pere, noci, sale, olio e glassa di aceto balsamico
Lettuce, rocket, radicchio, pears, walnuts, salt, oil and balsamic vinegar glaze

INSALATA SALMONE

9€

Insalata, salmone, pachino, mela, noci, olio, sale e limone
Salad, salmon, cherry tomatoes, apple, walnuts, oil, salt and lemon

CAPRESE

9€

Pomodoro e mozzarella
Tomatoes and mozzarella cheese

DESSERTS



OUR HOMEMADE DESSERTS

TIRAMISÙ	6€
PANNA COTTA AL CARMELLO	6€
PANNA COTTA AI FRUTTI DI BOSCO	6€
CROSTATA FETTA	3,5€

ICE CREAMS

TARTUFO BIANCO	4,5€
TARTUFO NERO	4,5€
PROFITEROL	5,5€
COPPA COCCO E NOCCIOLA	5€
COPPA PISTACCHIO E CREMA	5€
COPPETTA FIOR DI LATTE E CIOCCOLATO	3,5€
COPPETTA AMARENA	3,5€