



LOCAL INDEPENDENT FREE HOUSE

Available Midday-9pm every day (except Sunday's Midday-4.30pm)

We prepare most items on our menu in-house & our chef team take great pride in delivering you the best quality & value for money possible, everyday. We use local suppliers & produce, wherever possible. If you have any dietary requirements, please speak with your Server.

TO GRAZE

MIXED MARINATED OLIVES (GF) (DF) (V+) (V)	£2.95
GARLIC CIABATTA (V)	£3.75
CHEESY GARLIC CIABATTA (V)	£4.75

TO SHARE

STABLES BREAD BOARD (V)	£9.95
feta & olive Focaccia, mixed olives, warm ciabatta, olive oil & balsamic reduction	
RUSTIC BAKED CAMEMBERT (V)	£11.95
with red onion chutney & warm ciabatta	

TO START

HOMEMADE SOUP OF THE DAY (V)	£6.95
with ciabatta & butter (GF available)	
HOMEMADE CHICKEN, APRICOT & TARRAGON TERRINE	£8.95
with feta & olive Focaccia & red onion chutney (GF available)	
MOROCCAN SPICED VEGETABLE TART (DF) (V+)	£8.75
with a tomato & herb sauce	
CREAMY GARLIC MUSHROOMS (V)	£8.95
served on toasted ciabatta bread (GF available)	

SMALLER APPETITES

LOCAL REAL ALE BATTERED FISH & CHIPS (GF available)	£9.25
MAPLE MUSTARD GLAZED HAM, EGG & CHIPS (GF)	£9.50
HUNTERS CHICKEN BREAST, CHIPS & SALAD (GF)	£9.95
WESTCOUNTRY PORK SAUSAGES, MASH, PEAS & GRAVY (GF)	£9.50
WHOLETAIL SCAMPI, CHIPS & PEAS	£9.25

LOCALLY MADE PIES

STEAK & ALE PIE	£14.50
with seasonal vegetables, herb mash potato & gravy	
SPICED CAULIFLOWER, SPINACH & LENTIL PIE (DF) (V+)	£14.50
with seasonal vegetables, roasted new potatoes & vegetarian gravy	

STABLES CLASSICS

LOCAL REAL ALE BATTERED FISH & CHIPS	£14.95
with minted mushy peas & homemade tartare sauce (GF available)	
MAPLE MUSTARD GLAZED HAM, EGG & CHIPS (GF)	£14.50
WHOLETAIL SCAMPI & CHIPS	£14.50
with garden peas & homemade tartare sauce	
HUNTERS CHICKEN BREAST (GF)	£15.50
topped with BBQ sauce, bacon & smoked cheddar cheese, served with chips & salad garnish	
WESTCOUNTRY PORK SAUSAGES (GF)	£14.95
with herb mash, peas & onion gravy	
HOMEMADE BEEF LASAGNE	£15.25
with garlic bread & salad garnish	
ADD chips to your lasagne £2.95	
OVEN ROASTED, HERB CRUSTED SALMON FILLET (GF)	£15.25
with new potatoes & a rocket, spinach, cherry tomato & avocado salad	
GRILLED PEPPER & FIELD MUSHROOM 'BURGER' (GF available) (V) (V+ Available)	£14.25
served with mozzarella, avocado, gem lettuce & tomato, in a ciabatta roll, served with chips	
STABLES HOMEMADE BEEF BURGER (8OZ/227G) GF available	£15.25
topped with red onion chutney, bacon, & smoked cheddar, with gem lettuce, tomato, relish & pickled gherkin, in a brioche bun; with chips & homemade coleslaw	
DOUBLE your burger up £3.50	
ADD Bacon £1 ADD Cheddar cheese £1 ADD Fried Egg £1	
WESTCOUNTRY RUMP STEAK (8OZ/227G) (GF) (DF)	£19.50
served with grilled mushroom, tomato & chips.	
ADD Scampi £3.50 ADD Onion Rings £2.50 ADD a sauce £2.95 –	
Peppercorn, Blue Cheese or Creamy Mushroom sauce	
All sauces are (GF) (V)	

SIDES

CHIPS (GF) (DF) (V)	£2.95	WARM CIABATTA (V)	£3.50
CHEESY CHIPS (GF) (V)	£3.95	BEER BATTERED ONION RINGS (V)	£3.50
SEASONAL VEGETABLES (GF) (DF) (V)	£2.95	HOMEMADE COLESLAW (GF) (V)	£2.50
SIDE SALAD (GF) (DF) (V)	£2.95		

All prices are inclusive of VAT All items are subject to availability Approximate weights uncooked (V) These dishes are suitable for vegetarians* (V+) suitable for vegetarians & vegans • (DF) Dairy Free • (GF) These dishes are made with Gluten Free Ingredients, however, we prepare our food in a kitchen where gluten is present & therefore cannot guarantee any dish is entirely gluten free Whilst we take every care to preserve the integrity of our products, we must advise that these products are handled in a multifunctional kitchen environment All of our products may contain seeds, traces of nuts or nut derivatives We use non-GM produce unless otherwise stated. Allergen advice is available, please ask your server. We are sure you will have a great experience at The Stables. If you do, please tell your friends. If you don't, please tell us.