LAFONTANA















Bread menu

Bread menu	
Focaccia plain/ garlic/ cheese/ tomato and herbs	£5.80/£6.20/£7.70/£7.50
Bruschetta garlic bread topped with fresh tomatoes, basil and olive oil	£7.50
Pane all'aglio garlic bread (cheese optional)	£5.50/£7.50
Trio di bruschetta three slices of garlic bread - plain, bruschetta and roasted pepper	£8.70
Selezione di pane a bit of all available bread – ideal for large groups	£13.50
Starters	
Mussels with a friulli or marinara sauce friulli – a creamy gorgonzola sauce topped with croutons marinara – a tomato and herb sauce	£9.45
Gamberoni pan fried king prawns with chilli, herbs and a tomato sauce served with toasted bread	£12.70
Paté dello chef freshly made chicken liver paté served with bread, butter and glazed onion	£9.20
Funghi trifolati portobello mushroom pan fried in garlic, herbs and a touch of cream served with toasted bread	£8.20
Pastas	
Penne arrabbiata tomato sauce with garlic, chilli, and a touch of parsley	£12.95
Linguini vegetariana garden-fresh tomatoes, mushrooms, roasted peppers, sweet peas, and caramalised onions in a light herb sauce	£13.70
Rigatoni a La Fontana spicy Italian sausage, roasted peppers, tomato sauce, and a kick of chilli	£13.50
Spaghetti al Ragù alla Bolognese slow-cooked beef ragù with tomatoes and a hint of herbs	£15.50
Tagliatelle al salmone smoked salmon, tender asparagus, and a delicate pink cream sauce	£14.50
Spaghetti allo Scoglio fresh seafood medley (mussels, clams, prawns and squid) with garlic, cherry tomatoes, and parsley	£16.45
Penne alla Boscaiola woodland-style sautéed mushrooms, chicken, garlic, onions, and a creamy sauce	£14.20
Lasagna layers of pasta, rich beef ragù, béchamel sauce, and melted cheese	£15.20
Risotto	
Risotto Verde creamy spinach risotto with tender broccoli, fresh asparagus, sweet peas, spinach and a touch of parmigiano	£14.90
Verde creamy spinach risotto with tender broccoli, fresh asparagus, sweet peas,	£14.90 £15.45

Mains

Mains A selection of main dishes served with chips, roasted vegetables or	
mashed potatoes	010 50
Branzino al Limone pan-seared Mediterranean sea bass with lemon butter sauce, capers, and fresh herbs	£19.50
Pollo Cacciatora hunter-style chicken breast cooked in a tomato, pepper, olives and onion sauce	£18.70
Tagliata di Manzo sliced grilled sirloin steak on a bed of wild rocket, shaved parmigiano, and cherry tomatoes, drizzled with an aged balsamic glaze	£22.90
Pizza	
Margherita tomato and mozzarella cheese	£11.20
Quattro Formagi mozzarella, scamorza, provolone, gorgonzola	£15.50
Genovese mozzarella, fresh pesto, sundried tomato and fresh basil	£14.45
Diavolina tomato, mozzarella, peperoni, chilli and peppers	£14.50
La Fontana tomato, mozzarella, brezaola (cured beef), wild rocket and shaved parmigiano	£14.95
Mare tomato, mozzarella, seafood (mussels, clams, prawns and squid)	£16.95
Sides	
Broccoli	£5.20
	20.20
Green beans	£5.20
Roasted vegetables	£5.20 £5.50
Roasted vegetables Mashed potatoes	£5.20 £5.50 £4.95
Roasted vegetables Mashed potatoes Chips	£5.20 £5.50 £4.95 £4.95
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Roasted vegetables Mashed potatoes Chips Mixed salad	£5.20 £5.50 £4.95 £4.95
Roasted vegetables Mashed potatoes Chips Mixed salad Kids menu	£5.20 £5.50 £4.95 £4.95 £4.50
Roasted vegetables Mashed potatoes Chips Mixed salad Kids menu Chicken nuggets with chips	£5.20 £5.50 £4.95 £4.95 £4.50
Roasted vegetables Mashed potatoes Chips Mixed salad Kids menu Chicken nuggets with chips Macaroni and cheese	£5.20 £5.50 £4.95 £4.95 £4.50 £7.00 £8.50
Roasted vegetables Mashed potatoes Chips Mixed salad Kids menu Chicken nuggets with chips Macaroni and cheese Margherita pizza	£5.20 £5.50 £4.95 £4.95 £4.50 £7.00 £8.50
Roasted vegetables Mashed potatoes Chips Mixed salad Kids menu Chicken nuggets with chips Macaroni and cheese Margherita pizza Desserts Tiramisù Classico	£5.20 £5.50 £4.95 £4.95 £4.50 £7.00 £8.50 £8.50
Roasted vegetables Mashed potatoes Chips Mixed salad Kids menu Chicken nuggets with chips Macaroni and cheese Margherita pizza Desserts Tiramisù Classico layers of espresso-soaked ladyfingers, mascarpone cream, and cocoa dust Sorbetto al Limone	£5.20 £5.50 £4.95 £4.95 £4.50 £7.00 £8.50 £8.50
Roasted vegetables Mashed potatoes Chips Mixed salad Kids menu Chicken nuggets with chips Macaroni and cheese Margherita pizza Desserts Tiramisù Classico layers of espresso-soaked ladyfingers, mascarpone cream, and cocoa dust Sorbetto al Limone zesty lemon sorbet served in a frozen lemon shell	£5.20 £5.50 £4.95 £4.95 £4.50 £7.00 £8.50 £8.50 £6.50