

# Vegan Menu

Welcome to The Bartons Arms. Our Thai chefs have created this delicious, fresh and healthy menu in order to perfectly complement our award-winning beers crafted by Oakham Ales. Please also check out our fabulous wine list.

If you're new to Thai food, don't worry - there are no rules – just mix, match and enjoy. We recommend you order rice and/or noodles with vegetables to accompany your main course. Alternatively, try the excellent set menus put together by our chefs.

To guide you through the menu:

-  Dishes suitable for vegetarians     Dishes that contain nuts as an ingredient  
 Mildly Spicy     Medium Spicy     Very Spicy

## Starters

- 1. Spring Rolls**  **5.20**  
Sautéed vegetables wrapped in pastry, deep-fried, served with a plum sauce
- 2. Thai Fries**   **3.75**  
Spicy potato wedges served with a sweet chilli sauce
- 3. Fried Tofu**   **5.20**  
Deep-fried tofu, served with a sweet chilli sauce, crushed peanuts and coriander
- 4. Tung Tong Jay**  **5.95**  
Golden vegetable parcels wrapped in Thai pastry, deep-fried, served with a sweet chilli sauce

## Soups and Salads

- 5. Papaya Salad**    **9.50**  
A fresh and spicy salad of shredded papaya, peanuts, carrots, tomatoes and fine beans, pounded with a pestle and mortar with lime, garlic, chilli and palm sugar
- 6. Yum Pak**   **7.95**  
Vegetables tossed in limejuice, crushed chillies and fresh Thai herbs
- 7. Tom Yum Mushrooms**   **5.95**  
Spicy lemon grass soup with mushrooms, galangal and chillies
- 8. Tom Kha Mushrooms**   **5.95**  
Spicy galangal coconut milk soup with mushrooms, lemon grass and chillies

### Allergies and Intolerances

If you have any food allergies or intolerances, please bring them to the attention of a member of our team before ordering.

Although every effort is made to accommodate guests who are celiac or gluten intolerant, flour and other glutinous ingredients are used in our kitchens. It is therefore impossible to guarantee a risk-free environment.

## Main Courses

### Curries and Wok

- 9. Yellow Curry with Vegetables**   **9.95**  
Yellow curry made with coconut milk and sun-dried yellow chilli spices with onions, tomatoes and potatoes
- 10. Sweet and Sour with Vegetables**  **9.95**  
Stir-fried with cucumber and tomatoes in tangy, fruity sauce
- 11. Basil Aubergine**   **9.95**  
Sliced aubergine fried with sweet basil and fresh chillies in yellow bean sauce
- 12. Tofu with Cashew Nuts**   **9.95**  
Tofu fried with cashew nuts, carrots, spring onions and vegetarian sauce
- 13. Pad King with Vegetables and Tofu**   **9.95**  
Fried with ginger, fresh chillies, onions, spring onions and vegetarian sauce
- 14. Black Peppered Vegetables**   **9.95**  
Shallow-fried vegetables flavoured with garlic, peppers, onions and black pepper sauce
- 15. Broccoli and Shiitake Mushrooms**  **7.95**  
Stir-fried broccoli, shiitake mushrooms, carrots, onions and peppers in a vegetarian sauce

### Noodles and Rice - Complete Dishes

- 16. Oaka Fried Rice with Vegetables**  **9.95**  
Thai-style fried rice with superior dark soy sauce, fresh chillies, onions and tomatoes
- 17. Pad Thai with Vegetables**   **9.95**  
Rice noodles fried in a tamarind sauce with bean sprouts, spring onions and crushed peanuts
- 18. Pad Si lew with Vegetables**  **9.95**  
Rice noodles fried with a smoky soy sauce and spring greens

### Side Orders

- 19. Steamed Rice**  **3.20**  
Steamed Thai Jasmine fragrant rice
- 20. Coconut Rice**  **3.60**  
Thai jasmine fragrant rice steamed with coconut milk
- 21. Sticky Rice**  **3.60**  
Steamed glutinous rice

We specialise in catering for pre-booked parties of 20 or more. Please ask to see our extensive buffet menu. For bigger parties, special occasions and corporate events we have two function rooms with their own private bars. Please ask for further details. We would love to discuss your requirements and show you around.

We hope you have a great meal and would love to hear any comments you might have. There are feedback forms at the bar.

All prices are in sterling (£) and are inclusive of VAT. We accept all major credit cards except Diners Card.

We hope to see you again soon.