

ENTRADAS | STARTERS

PÃO, AZEITONAS E MANTEIGA (V)
Bread, olives and butter (v) £3.00

SOPA DO DIA
Soup of the day £3.50

PÃO COM ALHO
Garlic bread £2.95 with cheese £3.50

SALADA 3 CORES: ABACATE, MOZZERELLA, TOMATE E ORÉGÃO (V)
Tricolour salad: avocado, mozzarella, tomato and oregano (v) £5.95

ABACATE AO CAMARÃO OU COQUETEL DE CAMARÃO
Half avocado and prawns in a Marie Rose sauce, or a traditional prawn cocktail £5.95

SALMÃO FUMADO
Smoked salmon marinated in soya sauce on a bed of rocket drizzled with olive oil and a balsamic glaze £5.95

GAMBAS PIRI PIRI
Grilled king prawns in a piri piri sauce £8.50

CAMARÕES À CASA
Pacific tiger prawns Douro Valley style (sautéed in garlic, butter and parsley) £7.50

PEIXE REI
Deep fried whitebait served with tartare sauce and a salad garnish £5.95

CALAMARES FRITOS
Fried squid rings in a light and crispy batter served with a sweet chilli and mayonnaise dipping sauce £6.95

POLVO À GALEGA
Warm tender octopus in olive oil and paprika £7.50

SARDINHAS GRELHADAS
Char-grilled sardines served with sourdough bread and a salad garnish £5.95

VIERAS GRELHADAS ENROLADAS EM BACON
Grilled scallops marinated in balsamic glaze, lemon and thyme wrapped in pancetta on a bed of rocket £8.95

SELECÇÃO DE CHOURIÇOS
A selection of Portuguese chorizos (cured sausages) char-grilled on a skewer £5.50

ASAS DE GALINHA PIRI PIRI
Char-grilled piri piri chicken wings £5.50

ESPETADA DE GALINHA PIRI PIRI
Char-grilled piri piri chicken fillet pieces on a skewer with peppers £5.95

RISSÓIS DE CARNE OU CAMARÃO
Portuguese crispy meat or prawn pancakes (2) £6.50

PASTÉIS DE BACALHAU
Portuguese Salted cod and potato croquette (2) £5.50

Some fish dishes may contain bones or shells. Note that olives contain pits.
Please advise us of any allergies before ordering

TAPAS

Tapas (also known as petiscos in Portuguese) is a variation of starter portion dishes where you can choose from a variety of different flavours. Choose 2 to 3 tapas per person to be similar to a considerable meal.

GAMBAS PIRI PIRI
Grilled king prawns in a piri piri £8.50

CAMARÕES À CASA
Garlic tiger prawns £6.50

CALAMARES FRITOS
**Calamari - squid rings in a light and
crispy batter £5.50**

PASTÉIS DE BACALHAU
Salted cod and potato croquette £5.50

RISSÓIS DE CAMARÃO
Portuguese crispy prawn pancakes £5.85

SARDINHAS GRELHADAS
Grilled sardines £5.95

PEIXE REI
Whitebait £5.95

POLVO À GALEGA
**Warm tender octopus in olive oil and
paprika £6.95**

SELECÇÃO DE CHOURIÇOS
**A selection of Portuguese chorizos (cured
sausages) char-grilled on a skewer £5.50**

CHOURIÇO
Char-grilled chorizo £4.95

ASAS DE GALINHA
Char-grilled piri piri chicken wings £4.95

ESPETADA DA GALINHA PIRI PIRI
**Char-grilled piri piri chicken fillet pieces
on a skewer with peppers £5.95**

ESPETADA DA GALINHA E CHOURIÇO
**Char-grilled piri piri chicken fillet pieces and
chorizo on a skewer £5.95**

ENTRECOSTO GRELHADO
Char-grilled spare ribs £5.95

ESPETADA DE PORCO
**Char-grilled pork fillet cubes on a skewer
with peppers £5.95**

RISSÓIS DE CARNE
Portuguese crispy meat pancakes £5.85

BATATAS SAUTÉE COM CHORIÇO
Sautéed potatoes and chorizo £4.95

TORTILLA
Spanish style omelette £5.95
**Add pancetta and cheese or mushroom and
cheese £1.00 extra**

MIGAS
**Black eyed beans, cabbage,
breadcrumbs, olive oil and garlic £2.95**

COGUMELOS COM ALHO
Garlic mushrooms £4.25

BATATAS BRAVAS
Spicy potatoes £4.25

ARROZ
Rice £2.50

BATATA FRITAS
Chips £2.50

BATATAS SAUTÉE
Sauteed potatoes £3.50

PÃO COM ALHO OU COM QUEIJO
Garlic bread £2.95 with cheese £3.50

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PRATOS DE CARNE | MEAT DISHES

Todos os pratos de carnes são acompanhados com arroz e batata frita ou batatas sauté
All meat dishes are served with rice, a salad garnish and chips or sautéed potatoes

COSTELETA DE VACA (T-BONE STEAK)

400 grams (approx) of tender T-bone steak char-grilled to your style, served with grilled tomato and mushroom £21.95

Add our homemade peppercorn or diane sauce extra £2.50

FILE MIGNON (FILET STEAK)

230 grams (approx) of tender fillet steak char-grilled to your style, served with grilled tomato and mushrooms £21.95

Add our homemade peppercorn or diane sauce extra £2.50

BIFE DE VACA (SIRLOIN STEAK)

280 grams (approx) of tender sirloin steak char-grilled to your style, served with grilled tomato and mushrooms £18.95

Add our homemade peppercorn or diane sauce extra £2.50

GRELHADA MISTA

Char-grilled tendered rump steak, lamb cutlet, pork loin, piri piri chicken and chorizo £16.95

GALINHA À DOURO VALLEY (CHICKEN)

Chicken breast fillet in a creamy, mushroom, brandy and white wine sauce served with rice or sautéed potatoes £14.95

PEITO DE GALINHA PIRI PIRI

Char-grilled double piri piri chicken breast fillet £13.95

COSTELETAS DE BORREGO (LAMB CUTLETS)

Char-grilled lamb cutlets drizzled in olive oil, bay leaves and garlic £14.95

CARNE DE PORCO À ALENTEJANA (PORK AND CLAMS)

Fried marinated pork and clams in white wine and coriander topped with cubed chips £13.50

ESPETADAS DE CARNE | MEAT SKEWERS

Todos os pratos de carnes são acompanhados com arroz e batata frita ou batatas sauté.
All meat dishes are served with rice, a salad garnish and chips or sautéed potatoes

ESPETADA DE VACA (RUMP SKEWER)

Char-grilled 280 grams (approx) of tender juicy pieces of rump steak on a skewer with mix peppers and onions £15.95

ESPETADA MISTA (MIXED MEAT SKEWER)

Char-grilled marinated pieces of rump, pork and piri piri chicken on a skewer with mixed peppers and onions £15.50

ESPETADA DE FRANGO PIRI PIRI (CHICKEN SKEWER)

Char-grilled marinated piri piri chicken on a skewer with mixed peppers and onions £14.95

ESPETADA DE PORCO (PORK SKEWER)

Char-grilled marinated juicy pieces of pork fillet on a skewer with mixed peppers £14.95

ESPETADA DE CARNEIRO (LAMB SKEWER)

Char-grilled pieces of lamb on a skewer marinated in lemon and oregano £15.50

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PRATOS DE PEIXE | FISH DISHES

ARROZ DE MARISCO (SEAFOOD)

Traditional Portuguese seafood rice with lobster, scallops, prawns, mussels, calamari, clams, cockles and peppers £16.95

BACALHAU À LAGAREIRO COM BATATAS À MURRO E MIGAS (SALTED COD)

Traditional Portuguese salted cod served with 'punched' baked potatoes in olive oil and garlic. Served with 'migas' (black eyed beans, cabbage, breadcrumbs, olive oil and garlic) £14.95

POLVO À LAGAREIRO COM BATATAS À MURRO E MIGAS (OCTOPUS)

Char-grilled octopus served with 'punched' baked potatoes in olive oil and garlic. Served with 'migas' (black eyed beans, cabbage, breadcrumbs, olive oil and garlic) £14.95

BACALHAU COM NATAS E CAMARÃO (FISH PIE)

Traditional Portuguese oven-baked dish with salted cod, prawns, onion, potato and cream served with a salad £12.50

CAMARÕES FRITOS (SCAMPI)

Deep fried whole tail scampi in breadcrumbs, served with tartare sauce, chips and a salad garnish £13.95

DOURADA ESCALADA GRELHADA (SEA BREAM)

Char-grilled butterflied sea bream in a olive oil and garlic or lemon and herb butter sauce. Served with boiled potatoes and vegetables £13.95

ESPETADAS DE PEIXE | FISH SKEWERS

Estes pratos de peixe são acompanhados com batata cozida ou batatas a murro e vegetais

These fish dishes are served with vegetables, a salad garnish and boiled potatoes or 'punched' baked potatoes

ESPETADA DE PENTEOLAS COM BACON (SCALLOP SKEWER)

Char-grilled scallops marinated in balsamic glaze, lemon and thyme wrapped in pancetta on a skewer with courgettes £17.95

ESPETADA DE TAMBORIL (MONKFISH SKEWER)

Skewered chunks of marinated monkfish wrapped in pancetta, char-grilled with olive oil and garlic £17.95

ESPETADA DE PEIXE GRELHADA (MIXED FISH SKEWER)

Char-grilled pieces of monkfish, cod and salmon on a skewer with mixed peppers drizzled in olive and garlic or lemon and herb butter sauce £13.95

ESPETADA DE LULAS GRELHADAS COM GAMBAS (SQUID AND PRAWN SKEWER)

Char-grilled squid and king prawns on a skewer drizzled with olive oil and garlic £14.50

ESPETADA DE GAMABAS PIRI PIRI

Char-grilled king prawns on a skewer drizzled in a piri piri sauce £14.95

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PAELLA

PAELLA MISTA (for 2)

Mixed paella including rice, chicken, chorizo, monkfish, king prawns, mussels, calamari, prawns, peppers and peas £29.95

PAELLA ATLANTICA (for 2)

Mixed fish and shellfish paella including rice, monkfish, salmon, cod, king prawns, mussels, calamari, prawns, peppers and peas £29.95

Please allow a minimum of 30 minutes

LASAGNA VEGETAL (V)

Vegetable lasagna served with garlic bread and a salad garnish (v) £11.95

EXTRAS

SALADA

Salad £3.50

VEGETAS

Mixed vegetables £3.50

COGUMELOS FRITOS

Fried mushrooms £3.00

BATATA FRITAS

Chips £2.50

BATATAS SAUTÉE

Sautéed potatoes £3.50

ARROZ

Rice £2.50

SOBREMESAS | DESSERTS

Ask for availability

TABÚA DE QUEIJOS

Portuguese cheese board £7.50

DOURO VALLEY SURPRISE

Portuguese almond flavoured trifle £4.95

PUDIM DE OVOS COM VINHO DO PORTO

Traditional Port wine crème caramel £4.95

MOUSSE DE CHOCOLATE

Chocolate mousse £4.50

TIRAMISU À DOURO VALLEY

Tiramisu Douro Valley style £4.95

BABA DE CAMELO

**Camel's drool - A typical portuguese creamy caramel mousse
sprinkled with mixed nuts £4.50**

VANILLA CHEESE CAKE

**served with summer fruits and crushed amaretto biscuit
(gluten free also available) £4.95**

GELADO OU SORBET

Ice cream or sorbet selection £3.95