



Entrees

GARLIC BREAD (4) 11/13

ADD Cheese \$2.00 ADD Cheese & Bacon \$4.00

SOUP OF THE DAY 12/14

Made In-house, served with Toasted Garlic Bread

BRUSCHETTA (2) 15/17

Toasted Turkish Bread topped with Tomato, Red Onion, fresh Basil, Parmesan, Olive Oil and a Balsamic Glaze

PANKO SQUID (4) 18/20

Panko Squid Rings served with Side Salad, Tartare Sauce and Lemon

GARLIC PRAWNS (5) (GF) 21/23

Prawns cooked in a Creamy Garlic & White Wine Sauce, Served on Rice

SATAY CHICKEN TENDERS (2) (GF) 16/18

Lightly grilled Chicken served with Malaysian Satay Sauce on Rice

VEGETABLE SPRING ROLLS (3) 16/18

Vegetable Spring Rolls with Roquette and Red Onion Salad and Sweet Chilli Dipping Sauce

Please advise of any allergies at the time of ordering.

Pricing: First Price = Member's Price Second Price = Non-Member's

Salads



PUMPKIN SALAD (GF) 24/26

Roasted Pumpkin, Pine Nuts, Danish Feta, Spanish Onion, Semi Dried Tomatoes Tossed through Fresh Greens with a Homemade Salad Dressing
ADD Chicken \$6

CAESAR SALAD (GF ON REQUEST) 24/26

Cos Lettuce, Croutons, Bacon & Parmesan Cheese, with a Caesar Dressing & a Boiled Egg
ADD Chicken \$6

Mains

MIE GORENG 30/32

Indonesian Stir Fry with Chicken, Thin Egg Noodles, Asian Vegetables Topped with a Fried Egg Served in Satay Sauce

ROAST OF THE DAY (GF) 28/30

Refer to Specials Board for today's Roast

TRADITIONAL CHICKEN SCHNITZEL 28/30

Served with Chips & Salad

BEEF KORMA (GF on request) 33/35

Beef Korma Served on a bed of Jasmine Rice, Roti Bread and with Mango Chutney and a Herb Yogurt

CHICKEN SCALLOPINI 34/36

Chicken Breast with Bacon, Mushroom, Sundried Tomato, Baby Spinach in a Garlic Cream Sauce served with Mash Potato and Seasonal Vegetables

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Mains



SPAGHETTI CARBONARA 26/28

Bacon, Spring Onion, Garlic, Egg Yolk & Cream finished with Parmesan Cheese

ADD Chicken \$6

ADD Mushroom \$2

SPAGHETTI BOLOGNESE 27/29

Traditional Beef Bolognese Sauce with Parmesan Cheese

AVOCADO CHICKEN (GF) 34/36

Char Grilled Chicken Breast covered with Bacon, Smashed Avocado, Grilled Brie, served with Chips & Salad, finished with a Bearnaise Sauce

VEGETABLE RISOTTO (GF) 26/28

Roasted Vegetable - Capsicum, Zucchini, Pumpkin, Eggplant and Onion in a Creamy Tomato Sauce with Arborio Rice finished with

Parmesan Cheese

ADD Chicken \$6

ADD Prawns \$10

LAMB'S FRY 26/28

Lamb's Fry and Bacon served with Mash Potato and seasonal Vegetables with Gravy

VEGETABLE LASAGNE 27/29

Vegetable Filling layered between Lasagna Sheets with a Creamy Bechamel Sauce, topped with Parmesan Cheese, Served with Salad and chips

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Seafood

MARINARA FETTUCCINE 37/39

Pan seared Prawns, Scallops, Calamari, Shrimp, Baby Spinach in a Tomato, Basil and Garlic Sauce with Parmesan Cheese

FISH & CHIPS (GF OPTION) 29/31

Beer Battered Hake Fillets, served with Chips, Salad, Housemade Tartare Sauce & a Lemon Wedge

ATLANTIC SALMON (GF) 35/37

Grilled Atlantic Salmon, Served with Creamy Mash Potatoes and Seasonal Vegetables with Bearnaise Sauce

PANKO SQUID (7) 30/32

Panko Squid served with Chips, Salad, Housemade Tartare Sauce and a Lemon Wedge

GARLIC PRAWNS (10) (GF) 35/37

Prawns cooked in a Creamy Garlic & White Wine Sauce served on Steamed Rice with Salad

Please advise of any allergies at the time of ordering.

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Sporty Parmas

ALL SERVED WITH CHIPS AND SALAD

TRADITIONAL CHICKEN PARMA 30/32

Chicken Schnitzel covered with Napoli, Ham & Cheese

SEAGULL PARMA 34/36

Chicken Schnitzel covered with Napoli, Ham & Cheese
finished with Garlic Prawn Sauce

AUSSIE PARMA 32/34

Chicken Schnitzel covered with Napoli, Bacon, Egg,
Cheese & BBQ Sauce

BBQ MEATLOVERS PARMA 32/34

Chicken Schnitzel covered with Napoli, Bacon, Steak,
Salami & Cheese

FUN GUY PARMA 32/34

Chicken Schnitzel covered with Napoli, Garlic Mushrooms,
Bacon, Cheese & Sour Cream

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Grill

PORTERHOUSE STEAK 300G (GF) 42/45

300g Porterhouse Steak cooked to your liking, served with your choice of Sides & Gravy

REEF & BEEF (GF UPON REQUEST) 46/48

300g Porterhouse Steak cooked to your liking, finished with a Garlic Prawn Sauce & served with chips & Salad

NED KELLY STEAK (GF) 46/48

300g Porterhouse Steak cooked to your liking, with Fried Egg, Bacon, Grilled Onion & served with your choice of Sides & Gravy

SCOTCH FILLET 300G (GF) 46/48

300g Scotch Fillet Steak cooked to your liking, served with your choice of Sides & Gravy

PORK SCHNITZEL 31/33

Lemon and Herb Crumbed Pork Striploin served with Chat Potatoes, seasonal Vegetable and a side of Black Garlic Aioli

THE SPORTY STEAK SANDWICH 30/32

Porterhouse Steak, Bacon, Grilled Onion, Double Cheese, Egg, Tomato and Mixed Salad Greens on Toasted Turkish Bread.
Served with a side of Chips

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Seniors

\$22 Members / \$24 Guests

Includes a Complimentary Soup or Dessert

ROAST OF THE DAY (GF)

Served with Chats & Vegetables

CHICKEN SCHNITZEL OR PARMA

Served with Chips & Salad

GRILLED OR BEER BATTERED FISH (GF ON REQUEST)

Served with Chips, Salad & Tartare Sauce

CAESAR SALAD

Cos Lettuce, Croutons, Bacon, Egg and Parmesan Cheese tossed through a Caesar Dressing

ADD Chicken \$6

SPAGHETTI BOLOGNESE

Traditional Beef Bolognese Sauce with Parmesan Cheese

SPAGHETTI CARBONARA

Bacon, Spring Onion, Garlic & Egg Yolk tossed through Pasta in a Garlic Cream Sauce with Parmesan Cheese

ADD Chicken \$6

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Seniors

HASTINGS CLUB

Includes a Complimentary Soup or Dessert

ROAST OF THE DAY (GF)

Served with Chats & Vegetables

CHICKEN SCHNITZEL OR PARMA

Served with Chips & Salad

GRILLED OR BEER BATTERED FISH (GF ON REQUEST)

Served with Chips, Salad & Tartare Sauce

CAESAR SALAD

Cos Lettuce, Croutons, Bacon, Egg and Parmesan Cheese tossed through a Caesar Dressing

SPAGHETTI BOLOGNESE

Traditional Beef Bolognese Sauce with Parmesan Cheese

SPAGHETTI CARBONARA

Bacon, Spring Onion, Garlic & Egg Yolk tossed through Pasta in a Garlic Cream Sauce with Parmesan Cheese

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Seniors

VEGETABLE RISOTTO

Roasted Vegetable - Capsicum, Zucchini, Pumpkin, Eggplant and Onion in a Creamy Tomato Sauce with Arborio Rice finished with Parmesan Cheese

SATAY CHICKEN (GF)

Grilled Chicken served with Rice and Malaysian Satay sauce

LAMB'S FRY (GF)

Lamb's Fry and Bacon served with Mash Potato and Seasonal Vegetables with Gravy

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Seniors

VEGETABLE RISOTTO

Roasted Vegetable - Capsicum, Zucchini, Pumpkin, Eggplant and Onion in a Creamy Tomato Sauce with Arborio Rice finished with Parmesan Cheese

ADD Chicken \$6

ADD Prawns \$10

180G PORTERHOUSE STEAK (GF) ADD \$3

Cooked to your liking, served with Chips & Salad OR Vegetables and your choice of Gravy

SATAY CHICKEN (GF)

Grilled Chicken served with Rice and Malaysian Satay sauce

LAMB'S FRY (GF)

Lamb's Fry and Bacon served with Mash Potato and Seasonal Vegetables with Gravy

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Sides

BOWL OF WEDGES 14/16

Served with Sour Cream & Sweet Chilli Sauce
ADD Cheese & Bacon \$4

BOWL OF CHIPS WITH GRAVY 11/13

MASH POTATO 2/3

If you would like to swap out Chips or Chat Potatoes there is an extra charge

VEGETABLES & SALAD 3/4

If you prefer Vegetables and Salad with your meal, there is an extra charge

EXTRA SAUCES \$3.00 EACH

Traditional Gravy, Creamy Mushroom Gravy, Whiskey Pepper Gravy, Garlic Butter, Tomato Relish, Sour Cream, Sweet Chilli Sauce, BBQ Sauce, Tomato Sauce

Desserts

Check out our delicious selection of Desserts in the Display Fridge in the Servery

Cakes 12/13

Ice Cream Sundae 13/14

Tea & Coffee

A range of Tea & Coffee Available at the Bar

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KIDS - UNDER 12

\$15 includes Soft Drink & Ice Cream

CHICKEN NUGGETS (5) WITH CHIPS AND SAUCE

MINI DIM SIMS (6) WITH CHIPS AND SAUCE

SPAGHETTI BOLOGNESE WITH PARMESAN CHEESE

MINI CHICKEN PARMA OR SCHNITZEL WITH CHIPS AND SAUCE

ROAST OF THE DAY WITH VEGETABLES

CRUMBED FISH WITH CHIPS AND SAUCE

PANKO SQUID RINGS WITH CHIPS AND SAUCE

SPAGHETTI CARBONARA WITH PARMESAN CHEESE

BACON MAC & CHEESE BITES (5) WITH CHIPS AND SAUCE

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