LUNCH MENU

Everyday 11:30 - 14:00

1 COURSE € 12.50 2 COURSES €21.00 3 COURSES **£**25.50

STARTERS

SOUP OF THE DAY W GFA

HOMEMADE SOUP, SERVED WITH TOASTED SOURDOUGH BLOOMER AND BUTTER.

ALLERGENS: DAIRY, GLUTEN

GARLIC CHILLI PRAWNS GFA EXTRA £3

Succulent king prawns pan-fried in Garlic butter with fresh red chillies, served with

TOASTED BREAD

ALLERGENS: CRUSTACEANS, DAIRY, GLUTEN

CREAMY GARLIC MUSHROOMS (LA)

WILD MUSHROOMS SIMMERED IN A CREAMY GARLIC SAUCE, SERVED WITH TOASTED SOURDOUGH

BLOOMER.

Allergens: dairy, gluten

PANZANELLE V

Fresh homemade dough strips, golden and warm, served with your choice of garlic

OR MARIE ROSE DIP. A COMFORTING AND SHARABLE STARTER

ALLERGENS: GLUTEN, EGG, MUSTARD

SOURDOUGH BRUSCHETTA V

Toasted sourdough bloomer, topped with heirloom tomatoes, basil, and olive oil and MOZZARELLA.

ALLERGENS: GLUTEN, DAIRY

HALLOUMI V (H)

DESCRIPTION: GRILLED HALLOUMI SEASONED MOROCCAN-STYLE, WITH MIXED LEAVES AND DRESSING.

Allergens: dairy

BEEF CHEESEBURGER GFA

6OZ JUICY BEEF PATTY TOPPED WITH CHEDDAR CHEESE, CRISPY LETTUCE, ROCKRED, TOMATOE AND TRUFFLE MAYO ON A BRIOCHE BUN, FRIES AND BURGER SAUCE

Allergens: Gluten, Eggs, Milk, Mustard

BURGER TOPPINGS: HAGGIS £1.89 BACON **£**1.89 MACARONI CHEESE £1.89

CHICKEN STROGANOFF GFA

Tender strips of chicken breast cooked in a creamy paprika and mushroom sauce, FINISHED WITH DIJON MUSTARD, SERVED WITH FLUFFY RICE OR FRIES

ALLERGENS: DAIRY, MUSTARD

BEEF STROGANOFF GFA EXTRA €5

Strips of tender beef cooked in a rich paprika and mushroom cream sauce with a HINT OF DIJON MUSTARD. SERVED WITH FLUFFY RICE OR FRIES.

ALLERGENS: DAIRY, MUSTARD

SALT & PEPPER CHICKEN NOODLES

Tender Chicken Strips Stir-Fried with Peppers and Onions, Tossed in a rich teriyaki AND SOY SAUCE GLAZE WITH EGG NOODLES FINISHED WITH TOASTED NUTS.

ALLERGENS: GLUTEN, SOY, EGGS, NUTS

90Z FILLET STEAK 🕕 EXTRA £15

PRIME 90Z FILLET STEAK, GRILLED TO YOUR LIKING, SERVED WITH CHUNKY CHIPS, TENDER ASPARAGUS, AND YOUR CHOICE OF CREAMY WILD MUSHROOM OR PEPPER SAUCE.

ALLERGENS: MILK, SULPHITES

13 OZ SIRLOIN STEAK ∰ EXTRA £10

Prime 130z sirloin steak, grilled to your liking, served with chunky chips, tender ASPARAGUS, AND YOUR CHOICE OF CREAMY WILD MUSHROOM OR PEPPER SAUCE. ALLERGENS: MILK, SULPHITES



CHICKEN FAJITA PASTA GFA

Stir-fried chicken breast with peppers and onions in a spicy, creamy tomato sauce. Served with your choice of pasta, garlic bread and parmesan Allergens: Gluten, Dairy

ARRABBIATA PASTA **GFA**

PASTA TOSSED IN A SPICY TOMATO AND GARLIC SAUCE WITH RED CHILLI AND OLIVE OIL. Served with your choice of pasta, garlic bread and parmesan Allergens: gluten, dairy

IMPERIALE PASTA GFA

Creamy tomato pasta with touch of chilli. Served with your choice of pasta, garlic BREAD AND PARMESAN Allergens: Gluten, dairy

ALFREDO PASTA GFA

Creamy parmesan sauce, tossed through past served with your choice of pasta, GARLIC BREAD AND PARMESAN Allergens: Gluten, Dairy

SEAFOOD PASTA GFA EXTRA €5

Prawns, mussels, and souid in a Garlic, brandy, and tomato sauce. Served with your choice of pasta, garlic bread and parmesan Allergens: crustaceans, molluscs, fish, gluten, dairy

SIDE DISHES

SKIN-ON FRIES Crispy and golden fries with the skins left on for extra flavour and texture.

Allergens: none

CHIPS £ 4.50

Thick-cut chunky chips, fluffy on the inside and crisp on the outside. Allergens: none

ASPARAGUS £ 5.00

Lightly chargrilled asparagus spears, finished with sea salt and olive oil. Allergens: none

MACARONI CHEESE £ 5.00

Classic elbow pasta in a creamy cheese sauce, topped with melted cheese crust. Allergens: gluten, dairy

PARMESAN MASHED POTATOES

Smooth mashed potatoes blended with butter and parmesan for a rich, savoury finish. Allergens: dairy

TENDERSTEM BROCCOLI £ 5.00

Steamed tenderstem broccoli with a light garlic butter glaze. Allergens: dairy

ONION RINGS £ 4.00

Crispy battered onion rings, perfect for sharing or snacking.

STICKY TOFFEE PUDDING BRULEE **CHEESECAKE ICE CREAM**

VANILLA, STRAWBERRY, CHOCOLATE, OR PISTACHIO/

Dietary request Transcription

- * Diabetic
- * Vegetarian and Vegan diets
- * Allergies and intolerances
- * Nut allergies
- * Lactose free
- Gluten free etc.
- V -Vegetarian
- WA -Vegan available
- Gluten Free
- **GFA** Gluten Free available



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