



Lunch Menu

A selection of small homemade dishes, to enable our customers to experience an array of Tierra's flavours & textures.

We recommend 5 dishes to share between 2

<i>Tierra Organic Homemade Breads</i> - with Olive Oil & Tamari Reduction (G)	£2.00
- with Vinci & Kalamata Olives (GF Option)	£4.00
<i>Carrot, Kohlrabi & Feta Pastilla</i> - with Tomato & Chilli Relish (G,M)	£4.50
<i>Duo of Croquetas</i> - with Spinach & Nutmeg, Squash & Sage, served with Aioli (V)	£4.50
<i>Potato, Dill and Wokey Hole Cheddar Tortilla</i> - with Piccalilli (E,G,M)	£5.50
<i>Orange Braised Pearl Couscous</i> - with Broccoli & Almonds (V,G,N)	£4.90
<i>Hot Moroccan Winter Ratatouille</i> - with Dates (V)	£4.90
<i>Hummus, Olives & Flatbread</i> - with Organic Leaves (V,G,SS)	£4.80
<i>Avocado on Toast</i> - with Tierra Fine Slaw (V,G)	£4.90
<i>Pan-Fried Halloumi</i> - with Organic Leaves & a Lemon Tahini Dressing (M,SS)	£5.50
<i>Tierra Triple Cooked Chips</i> - with Homemade Ketchup (V)	£4.00
<i>Organic Mixed Leaf Salad</i> - with Herb Dressing & Toasted Pumpkin Seeds (V)	£3.75



HOUSEWATER an eco-friendly, sustainable water system providing freshly filtered, chilled & sparkling water as alternative to bottled mineral water.



Weldmar Hospicecare Trust
Caring for Dorset

Every time you buy Housewater we will make a donation to our chosen charity.



Bottomless water £1

V = Suitable for Vegans, G = Contains Gluten, N = Contains Nuts, P = Contains Peanuts, C = Contains Celery, S = Contains Soya, E = Contains Egg, SS = Contains Sesame Seeds, M = Contains Milk. NB: We use a variety of nuts in our cooking, so cannot guarantee there won't be traces.