

Qi Philosophy Cafe

HEALTH & WELLNESS CAFE



All-Day Breakfast
(from 10.30am - 6.00pm)

HOUSE MUESLI 6.50
homemade muesli, greek yoghurt, honey, fresh fruits

BREAKFAST BASKET- 2 TYPES PASTRIES 7.00
choice of croissant, pain au chocolat, raisin danish

MULTI-GRAIN TOAST WITH CONDIMENTS 4.50
choice of jam, peanut butter, vegemite, butter

HOT CHEESE ON TOAST 6.50
gooey cheese on multigrain toast (+0.50 vegemite)

CROISSANT MONSIEUR 7.00
classic croissant with chicken ham and cheese

EGGS YOUR WAY 6.50
2 Eggs your way - choose either scrambled, sunny side-up, poached with multigrain toast

SPICY MASALA SCRAMBLED 7.50
folded chili scrambled eggs, bell peppers, onions, masala spices on multigrain toast

QI BIG BREKKY 10.9
2 Eggs your way (scrambled, sunny side-up, poached), spicy chicken sausage, beans in tomato concasse, multigrain toast

Wraps & Open-Face
Sandwich

SMASHED AVOCADO OPEN-FACE 8.50
avocado, minted edamame, chili, feta on multigrain toast

PUMPKIN PESTO OPEN-FACE 8.50
roasted pumpkin, basil pesto, sliced cheddar, chunky tomato dukkah, mixed salad on multigrain toast

HUMMUS ROASTED VEGETABLE WRAP 7.80
homemade middle eastern chickpea dip, tahini, lemon, roasted vegetables, tortilla wrap

MISO CHICKEN WITH ASIAN SLAW WRAP 6.80
roasted miso chicken, purple/white cabbage, carrots, mayonnaise, japanese dressing, tortilla wrap

SHREDDED SMOKED DUCK WRAP 7.80
smoked duck, purple/white cabbage, carrots, mixed salad, hoisin sauce, sweet chili dressing, tortilla wrap

Prices are inclusive of prevailing 7% goods and services tax



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Homemade Burgers

QI ROASTED LAMB BURGER

16.90

juicy lamb patties, brioche bun, cheddar cheese, tomato, onions, spicy coriander green chili sauce, served with sweet potato fries and salad

CRUNCHY SALMON BURGER

18.90

baked crunchy salmon patties, charcoal bun, cheddar cheese, tomato, onions, tartar sauce, served with sweet potato fries and salad

QI SPECIAL BLACK BEAN MUSHROOM VEGAN BURGER

16.90

our own homemade vegan burger patty, brioche bun, vegan cheese, tomato, onions, spicy coriander green chili sauce, served with sweet potato fries and salad

Salads & Warm Bowls

SOUP OF THE DAY

5.00

ASIAN CHICKEN CHOPPED SALAD

8.80

mesclun mix, toasted sunflower seeds, crispy tortilla strips, cucumber, purple/white cabbage, carrot, tomato, roasted chicken, sesame ginger vinaigrette

MISO CHICKEN CRANBERRY BROWN RICE

9.80

roasted miso chicken, mayonnaise, cranberry brown rice, purple/white cabbage, cucumber, cherry tomato, sesame dressing, japanese shoyu

PESTO SHROOMAMI

9.80

warm mushroom mix, cranberry brown rice, carrots, cucumber, cherry tomato, local greens, pumpkin & sunflower seeds, soft-boiled egg, pesto vinaigrette

THAI DELIGHT

9.80

roasted rendang chicken, cranberry brown rice, cashew, carrot, corn, cucumber, cherry tomato, pineapple, local greens, spicy thai dressing

TOKYO TOWN

14.80

roasted salmon, cranberry brown rice, cucumber, local greens, corn, carrot, cherry tomato, sesame ginger dressing

QI BUDDHA BOWL

12.80

a bowlful of Zen Bliss! falafel patties, carrots, purple/white cabbage, edamame, soy roasted pumpkin, mesclun salad, cherry tomato, tahini mint yoghurt dressing

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Mains

SIGNATURE LAKSA PESTO PASTA 9.80

homemade laksa pesto sauce, sliced chicken, cherry tomato, soft-boiled egg, sambal chili

RAINBOW MENTAIKO PASTA 9.80

purple/white cabbage slaw, cherry tomato, spicy japanese cod roe, butter, shoyu, sliced chicken

AGLIO OLIO PASTA 9.80

wok tossed spaghetti, garlic, chili flakes, olive oil - choice of chicken/cauliflower/shrimp (+1.50)

JAPANESE NEAPOLITAN PASTA 9.80

all-time favourite japanese style spaghetti, bell peppers, onions, chicken sausage, tomato ketchup

SWEDISH MEATBALL PASTA WITH TOMATO CONCASSE 10.90

beef meatballs braised in homemade tomato concasse, spaghetti

ROASTED SALMON WITH GARDEN VEGETABLES 15.80

marinated salmon, roasted vegetables, cherry tomato, cauliflower mash

MISO CHICKEN WITH GARDEN VEGETABLES 14.80

japanese miso blend marinade, boneless chicken leg, roasted vegetables, cauliflower mash

BRAISED BEEF CHEEKS 16.80

beef cheek chunks braised over 6 hours, tomato, carrot, daikon, onion, homemade brown sauce
- served with choice of brown rice, pasta, cauliflower mash

TRADITIONAL 3 CUP CHICKEN STEW (SAN BEI JI) 10.90

boneless chicken leg, chinese wine, shitake mushroom, local greens served with brown rice
-served with choice of brown rice, pasta, cauliflower mash

CAJUN GUMBO STEW 15.80

fresh shrimp, spicy chicken sausage, bell peppers, onions, sweetcorn, cajun spices in our special secret gumbo sauce
- served with choice of brown rice, pasta, cauliflower mash

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Mains

VEGAN ENCHILADAS

13.80

black beans, tofu, mushroom, mexican brown rice, purple/white cabbage, carrots, tomato salsa, guacamole, tortilla, oven baked with sweet potato tomato sauce and vegan cheese

HEALTHY BASMATI NASI LEMAK

10.80

basmati rice infused with coconut milk and aromatic pandan, roasted rendang chicken, peanuts, ikan bilis, sambal chili, soft-boiled egg

VEGETARIAN BALINESE NASI GORENG

9.80

wok-tossed basmati rice, mixed vegetables, kecap manis, balinese sambal matah, sunny side up egg

AYAM BALINESE NASI GORENG

10.80

wok-tossed basmati rice, shredded turmeric spiced chicken, mixed vegetables, kecap manis, balinese sambal matah, sunny side up egg

Light Bites

SWEET POTATO FRIES

6.80

basket of oven roasted sweet potato fries

TRUFFLE SWEET POTATO FRIES

9.80

sweet potato fries with truffle oil

HONEY SOY CHICKEN WINGS

8.80

8 pcs mid-joint wings baked with honey and homemade soy marinade

TRUFFLE MAC & CHEESE

10.80

macaroni, mozzarella, nacho cheese, bechamel sauce, truffle oil

VEGAN NACHOS

12.00

tortilla chips, guacamole, tomato salsa, cashew nut cheese sauce, olives, spicy jalapenos,

THIN-CRUST PIZZA

- chicken ham, pineapple, mozzarella cheese, tomato

10.00

- beef meatballs, mozzarella cheese, tomato

12.00

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Sides

BASMATI RICE/ BROWN RICE	2.00
CRANBERRY BROWN RICE	3.00
CAULIFLOWER MASH	3.00

Sweets & Buns

WAFFLES	
Classic <i>crisp hot plain waffles from the iron generously dusted with icing sugar</i>	4.50
Chocolate Monkey <i>chocolate chip waffles served with fresh bananas, chocolate drizzle and crunchy almond praline bits</i>	6.50
Granola Bliss with Fresh Fruits <i>crisp hot plain waffles served with fresh fruits, homemade granola, maple syrup drizzle. Best eaten with a scoop of ice-cream</i>	8.50
- add ice-cream (single/ double)	3.50/ 6.50
CROISSANT	3.20
PAIN AU CHOCOLAT <i>croissant with dark chocolate filling</i>	3.50
RAISIN DANISH	3.50
ASSORTED MUFFINS <i>blueberry, banana walnut - perfect with a cuppa coffee, tea</i>	3.60
ASSORTED CAKES OF THE DAY	6.80
ASSORTED ICE-CREAMS <i>please ask our friendly servers for flavours of the day</i> - add ice-cream (single/ double)	3.50/ 6.50

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Coffee

BLACK

- Espresso / Macchiato 2.50
- Americano 4.00

WHITE

- Latte/ Flat White/ Cappuccino 5.00

FLAVOURED SHOTS

- Toasted Hazelnut/ Spiced Chai 0.80

SCOOPS

- Affogato (espresso shot with single scoop vanilla ice-cream) 5.80
- Iced Coffee Float (espresso ice coffee with ice-cream) 8.00

FIZZ

- Qi Espresso Tonic (refreshing blend of espresso, soda water, lemon) 4.80

Artisanal Tea

BLACK

- English Breakfast/ Earl Grey/ Chai (per pot) 5.20

GREEN

- Gorgeous Geisha (per pot) 5.20

HERBAL (CAFFEINE-FREE)

- Lemongrass Ginger/ Chamomile/ Peppermint (per pot) 5.20

ICED TEAS

- Lemon/ Peach Berry/ Apple Cinnamon 3.00

SPECIALTY BLENDS

- Matcha Latte (sweetened) 5.20
- Indian Chai 5.80
- Earl Grey Rose Latte 5.80



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Chocolate

STRAIGHT

- Original Velvety Chocolate 5.00

FLAVOURED

- Orange Chocolate/ Peppermint Chocolate 5.50

MOCHAS (ADDED SHOT OF ESPRESSO)

- Original Mocha 6.00

- Orange Mocha/ Peppermint Mocha 6.50

SCOOPS

- Iced Chocolate Float (original ice chocolate with ice-cream) 8.00

Extras

Extra espresso shot/ Iced drinks 1.00

Babyccino (frothy milk with a dusting of chocolate powder - no caffeine) 2.00

Sodas & Sips

FRUIT SODAS

- House made fruit puree topped with soda water and mint (kiwi/ mango/ passion fruit/ soursop) 4.80

JUICES

- Orange/ Summer Berries/ Cloudy Pear/ Tomato 5.50

KOMBUCHA

(CARROT TURMERIC/ GINGER/ RASPBERRY)

- health drink made from fermented tea and live cultures. Lightly effervescent and rich in beneficial probiotics and antioxidants 7.50

SIPS

- Original Lime Soda
- Ginger Ale
- Zero-Sugar Coke
- Ayataka Green Tea 2.80



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