

 = Chef's Recommendation

(v) = Vegetarian

Soup & Salad

Soup of the Day 5.8

Asian Chopped Chicken Salad  8.8

Mesclun mix, toasted sunflower seeds, crispy wonton shreds, cucumber, purple cabbage, carrot, tomatoes, roasted chicken, sesame ginger vinaigrette

Nicoise Salad 8.8

Green lettuce mix, cucumber, tomatoes, fine beans, roasted baby potatoes, hard-boiled egg, tuna, pesto vinaigrette

Green Goddess Salad (v) 7.8

Green lettuce mix, spiced broccoli, fine beans, celery, tomatoes, hard-boiled egg, spiced parmesan chips, avocado, green goddess dressing

Light Bites

Roasted Sweet Potato Fries (v)  6.8

Homemade straight cut sweet potato roasted to perfection drizzled with sea salt and homemade sour cream dip

Honey Soy Baked Wings 8.8

8 pcs mid-joint baked with honey and homemade soy marination

Meatballs in Homemade Tomato Concasse 8.8

8 pcs Swedish beef meatballs drenched in homemade tomato sauce

Spanish Prawns in Orange Sauce  9.8

Tiger prawns stir-fried with garlic, white wine and homemade orange cream sauce

Truffled Mac & Cheese (v) 10.8

Macaroni, mozzarella, nacho cheese, benchamel

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Wraps

Hummus Roasted Vegetables Wrap (v)  7.8

Housemade middle eastern chickpea dip, lemon, tahini, served with roasted vegetables

Miso Chicken Wrap 6.8

Roasted miso chicken, purple/white cabbage, carrots, mayonnaise, caesar salad dressing

Thai Shredded Duck Wrap  8.8

Crispy shredded duck breast, cabbage mix, cucumber, cherry tomatoes, pineapple, thai dressing

A.L.T.C Sandwich (v) 6.8

Avocado, lettuce, tomato, cheese in homemade sandwich bread

Warm Bowls

Pesto Shroomami (v) 9.8

Brown rice, pumpkin seeds, paprika sunflower seeds, local spinach, warm mushroom mix, soft-boiled egg, pesto vinaigrette

Thai Delight 9.8

Brown rice, cashews, carrots, raw corn, pineapple, spiced broccoli, roasted rendang chicken, spicy thai dressing

Miso Chick  9.8

Roasted miso chicken, cranberry brown rice, purple cabbage, white cabbage, cherry tomato, sesame dressing, japanese shoyu

Tokyo Town  14.8

Cranberry brown rice, cucumber, local greens, raw corn, grilled salmon, avocado, tomatoes, miso sesame ginger dressing

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Pasta

- Laksa Pesto Pasta**  9.8
House-made laksa pesto, roasted chicken slices, cherry tomatoes, soft boiled egg, spaghetti, sambal
- Salmon Flaked Mentaiko Pasta**  10.9
Purple/white cabbage slaw, cherry tomatoes, spicy japanese cod roe, butter, shoyu, salmon flakes
- Kim "Qi" Pasta** 9.8
Medley of purple and white cabbage, korean kimchi, cherry tomatoes, sliced chicken, grated parmesan cheese
- Prawn Aglio Olio**  10.9
Fresh tiger prawns, garlic, olive oil, chili spices, spaghetti pasta

Ask our friendly staffs for vegetarian pasta options!

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Hot Stew


All hot stews come with a choice of Brown Rice/ Aglio Olio Style Pasta/ Cauliflower Mash/ Sweet Potato Mash

Braised Beef Cheek 16.8

Beef cheeks braised over 6 hours, tomato, carrots, daikon, onion and home-made sauce

San Bei Ji Traditional Chicken Stew  10.8

Boneless chicken leg, chinese wine, mushrooms, local greens

Thai Tom Yum Cream Stew (v)  9.8

Tom yum spice, cream, medley of roasted vegetables, pineapple

Choice of Grilled Salmon Fillet add-on: \$6.80

Main Plates

Healthy Basmati Nasi Lemak  8.8

Basmati rice infused with coconut and pandan, roasted peanuts, ikan bilis, sambal, roasted balinese rendang chicken, soft boiled egg

Roasted Miso Chicken 12.8

Japanese miso blend marinade, boneless chicken leg, side of roasted vegetables and cauliflower mash

Roasted Miso Salmon 15.8

Japanese miso blend marinade, salmon fillet, side of roasted vegetables and cauliflower mash

Home-made Duck Confit  16.8

Slow-cooked whole duck leg, sweet potato mash, garden salad, onion red wine reduction gravy

Coffee

Sweet Magic Gold beans from Jewel Coffee Roasters

	Hot / Iced
Espresso	2.5
Americano	4/4.5
Flat White	5
Latte	5/5.5
Cappucino	5/5.5
Mocha	5.5/6
Orange Mocha	6/6.5
Peppermint Mocha	6/6.5
Special Iced Coffee	6.5
Espresso, soda water, vanilla ice cream	

Non- Caffeinated

	Hot / Iced
Babycino	4
Chocolate	5/5.5
Orange Chocolate	5/5.5
Peppermint Chocolate	5/5.5

Artisanal Tea

By Korea (Look Out Tea)

Hot / Iced

Dear Mum Rooibos

5/5.5

Rooibos Bourbon (Rooibos Natural
Vanilla, Roseflower, Lavender)

Peace of Mind

5/5.5

Chamomile Orange Peel, Peppermint

Moulin Rouge

5/5.5

Hibiscus, spice for mulled claret,
cranberry

Sweet Dream

5/5.5

Black tea, apricot flavour

Look Black Earl Grey

5/5.5

Asam black tea, Nigiri black tea,
Darjeeling

Goodnight Lemonbalm Tea

5/5.5

Lemon balm, roasted molokia

Butterfly Coolers

Homemade fruity sodas with dreamy butterfly pea flower reduction

Blue Fairy

4.8

Fresh lemon juice, soda water, butterfly pea
reduction, sugar syrup on the side

Dream Weaver

5.2

Fresh mango puree, raspberry rhapsody, soda
water, butterfly pea reduction

Summer Dreams

5.2

Fresh kiwi puree, fresh strawberry puree, soda
water, butterfly pea reduction

*Top up \$0.60 for lemon juice and witness a twist in the colour of the
drink!*

Fruity Soda

Qi Philosophy's homemade fruit soda topped with fresh mashed mint leaves

Soursop	4.8
Passion Fruit	4.8
Mango	4.8
Kiwi	4.8

Soft Drinks

Ayataka Green Tea	2.8
Schwepps Ginger Ale	2.8
Appletizer	3.6

Cold Pressed

Iron Man Jr	5.2
Spinach, Cucumber, Green Apple, Pineapple	
Alkalinizer	5.2
Spinach, Cabbage, Celery, Cucumber, Lime, Mint	
Energy Warrior	5.2
Banana, Carrot, Celery, Red Apple, Guava, Orange, Pineapple	
Tropical Passion	5.2
Passionfruit, Pear, Orange, Pineapple, Lime	
Beet The Heat	5.2
Beetroot, Red Apple, Green Apple, Watermelon, Lemon	

Dessert & Ice Cream

Homemade muffins, Freshly made ice-cream from Group Therapy

Muffin of the Day	2.8
Ice Cream (1 Flavour)	
Single Scoop/ Double Scoop	3.5/6.5

Ice Cream Flavours

Vanilla

Dark Chocolate

Yoghurt

Melon Sorbet

Black Sesame

Check with our friendly staffs on the seasonal ice cream flavours!

Cake of the Day	6.8
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