

# **SERVED EVERY SUNDAY**

All Day 12pm - 8pm

# GOAT 8 STATION ROAD UPMINSTER RM14 2UB

www.goatrestaurant.co.uk



**01708 843262**Call between: 4pm - 10pm



**07776415696**Call or Chat anytime







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# A Re-imagined Sunday Roast

A mouthwatering South Asian Sunday Roast with aromatic spices, roasted garlic, ginger, and garam masala, served with masala roasted potatoes, cumin-glazed carrots, sautéed greens, tikka spiced stuffing, with the usual trimmings — all brought together with a rich, fragrant gravy infused with Asian spices. A bold, hearty and comforting feast with soul. Fancy a traditional roast? – Then let us know!

### CHICKEN ROAST

Spiced chicken marinated in a blend of South Asian herbs and spices, then slow-roasted to lock in deep, aromatic flavour. Juicy, tender, and infused with warmth in every bite.

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## **SLOW COOKED BRITISH BEEF ROAST**

Succulent cuts of British beef, marinated in a bold blend of ginger, garlic, garam masala, and warming spices, then slow-cooked until meltin-the-mouth tender.

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## **ROAST SALMON**

Fresh wild salmon marinated in a zesty blend of turmeric, chili, garlic, mustard seeds and a tangy pomegranate and tamarind glaze - oven-roasted for a perfect flaky finish.

### **VEGETABLE WELLINGTON**

A medley of fresh vegetables and savoury mushrooms wrapped in flaky, buttery pastry.

Made fresh every Sunday — pre-order, it sells out fast!

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### **EXTRA TRIMMINGS**

Need extra gravy or a few more vegetables?

Just let us know — we're always happy to serve you more!

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### DESSERT

Still hungry? Add any Ice Cream for just 3.5 when you order one of our Roasts.

Strawberry Chocolate Vanilla

### **Allergy Notice:**

Please inform a member of our team about any allergies or dietary requirements before ordering. While we take every care to avoid cross-contamination, all dishes are prepared in a kitchen that handles allergens.