

OLA Cocina del Mar

DELIVERY MENU

TAPAS

GAZPACHO \$8

Spanish cold tomato and cucumber soup

BRAVAS \$13

Fried Potatoes, Spicy Tomato Sauce, Garlic Aioli

CRISPY CALAMARI & FISH \$24

Dried Chilli, Garlic Mayo

PANINI SANDWICHES

PORK \$19.50

Country Ham, Cheddar Cheese, Mustard

BEEF \$19.50

Braised Beef, Caramelised Onions, Cheddar Cheese

CHICKEN \$19.50

Marinated Chicken, Cheddar Cheese, Herb Sauce

VEGGIE \$19.50

Mushrooms, Cheddar Cheese, Herb Sauce

SPANISH OMELETTES

CHORIZO \$13

Organic eggs, Spanish Pork Sausage, Tomatoes, Garlic Mayo

VEGETABLE CHEESE \$13

Organic eggs, Zucchini, Asparagus, Manchego Cheese, Garlic Mayo

FISH AND POTATO \$13

Fish Brandade and Potato Omelette, Garlic Mayo

PAELLAS

VERDURAS \$22

Spanish Saffron Rice, Spring Vegetables, Chick Peas, Zucchini, Garlic Mayo

FISH \$22

Spanish Saffron Rice, Crispy Fish, Chick Peas, Garlic Mayo

POLLO \$22

Spanish Saffron Rice, Marinated Chicken, Spanish Pork Chorizo, Zucchini, Garlic Mayo

PORK SAUSAGE \$22

Spanish Saffron Rice, Pork Sausages, Spanish Chorizo, Garlic Mayo

MAIN COURSES

PARRILLADA DE VERDURAS (V) \$19

Roasted Spring Vegetables, Zucchini, Eggplant, Tomatoes, Mushrooms, Romesco Sauce, Manchego Cheese

POLLO AL HORNO \$26

Roasted Chicken Thigh, Mashed Potatoes, Roasted Capsicum and Green Olive Sauce

PORK JOWL \$26

Spanish Pork Jowl, Lentil Stew, Balsamic Vinegar

DESSERT

SPANISH CHESECAKE \$8

Traditional Basque Cheesecake, Lime Jelly, Almond Crumble, Milk Foam

TAPAS

ANTICUCHOS CHICKEN \$17

3 pieces Char-grilled skewers, adobo sauce and Crispy Lentils

CAUSA SOLTERITO \$ 17

Potato and Peruvian yellow chilli salad, crispy barramundi, chalaquita, cherry tomato, fava beans, cheese, parsley and black olive mayo

CHICHARRONES \$18

Crispy pork belly, Peruvian chilli mayo and purple cabbage salad

PASTAS & RICE

ARROZ CREMOSO \$22

Peruvian creamy rice, chicken, beef and toasted almonds

BLACK PASTA \$19

Squid ink linguine crispy calamari ring, grilled tomatoes

MAINS

CHICKEN A LA BRAZA \$23

Peruvian style roasted half spring chicken, potato fries and chipotle mayo

LOMO SALTADO \$25

Stir-fried petit Tender Beef with soy vinegar sauce, tomatoes and onion

SUDADO PESCADO \$24

Peruvian fish stew, onion, tomato, parsley and potatoes

PLANCHA DE VERDURAS \$19

Grilled spring vegetables, yellow Peruvian sauce, chimichurri and quinoa

SALADS

NIKKEI BOWL \$12

Mix green salad with sweet potato, carrot, fava beans, beetroot, radish and miso glazed dressing

SIDES

GUACAMOLE \$7

Mashed avocado with tomato, onion and coriander

PATACONES \$7

Green plantain crackers

DESSERTS

TRES LECHE \$8

Moist coconut cake, pineapple and passion fruit compote

ALFAJORES (3 pieces) \$10

Butter Cookie with dulce de leche and Mango Mousse



TAPAS

NACHOS \$11

Crispy Corn Tortilla, Guacamole & Tomato Salsa

CRUNCHY CALAMARI \$13

Tartar Sauce & Tomato Salsa

SALAD

TOMATO GREEN SALAD \$13

Lettuce, Cherry Tomatoes, Manchego Cheese, Croutons, Onions, Cucumber, Sherry Vinegar Dressing

ADD CHICKEN \$6

ADD CRISPY FISH \$6

QUINOA GRAIN SALAD \$13

Red and White Quinoa, Black Beans, Tomatoes, Lettuce, Onions, Radishes, Cucumber, Manchego Cheese, Sherry Vinegar Dressing

ADD CHICKEN \$6

ADD CRISPY FISH \$6

BURRITOS

Flour Tortilla, Black Bean Rice, Adobo Sauce, Lettuce and Cheese

CHICKEN BURRITO \$22 PORK

HAM BURRITO \$24

ROASTED VEGETABLES \$20

MEXICAN QUESADILLAS

Crispy Flour Tortilla with melted Cheese

CHICKEN \$17

Cheese & Onions

PORK HAM \$17

& Cheese

GARLIC & CHEESE \$16

TONITO DELIVERY MENU

