



ELEMENTS

PEOPLE . PASSION . PALATE

MENU

Quality ingredients, cooked to perfection – It's this simple mantra that sums up everything we do. Our love for development is only surpassed by dedication to our trade.

At Elements Bar and Grill, we offer a hearty menu celebrating the finest produce and the best cooking techniques, complemented by a lively, welcoming vibe. Each of our venues has its own personality, so after you've fallen in love with one, why don't you try another.

Steak is our specialty, featuring the choicest cuts, sizzled and seared to a succulent sensation. But our commitment to awe-inspiring cuisine extends into every meal we prepare, across all our family of restaurants.

It's not overcomplicated, but rather a marriage of fine food and flavour, culminating in a mouthwatering menu which meanders from perfect pasta to vegetarian delights. It also happens to boast the best steak you'll ever taste, with our Sydney restaurants consistently labeled as the best.

And oh, how we love to share. As purveyors of flavour, we feature share plates that delight the tastebuds and satisfy the soul, tantalisingly treading the precipice of perfection with a selection of the best craft beers and finest wines available to elegantly complement your steak.

At Elements Bar and Grill, we are connoisseurs of cuisine, masters of steak and purveyors of flavour, and we are here to "steak our claim" as an Australian dining sensation.

our moto: "run for excellence, success will follow..."

All prices are GST inclusive. We have taken all care in preparing your meal; however, olives may contain pits, small bones may be present in fish or meat dishes. All dishes may contain traces of nuts, gluten and allergens. All meat, chicken and fish portions are based on average weight before cooking.

10% Public holiday surcharges apply. Items and prices may change without notice V- Vegetarian, VG- Vegan, DF- Dairy Free, GF- Gluten Free G- Glass 150ml, C- Carafe 350ml, B- Bottle 750ml

> visit us at www.elementsbarandgrill.com.au #elementsbarandgrill for your feature on Facebook & Instagram

share your experience with complimentary guest Wi-Fi Elements Guest Network | Password: Elements2192

white wine by the glass

2019 | yarran chardonnay | yenda | new south wales | 9.90 G | 22.90 C | 39.90 B

2021 | pfeiffer pinot grigio | king valley | victoria | 11.90 G | 27.90 C | 49.90 B

2021 | black star sauvignon blanc | marlborough | new zealand | 11.90 G | 27.90 C | 49.90 B

2020 | mistletoe home block semillon | hunter valley | new south wales | 14.90 G | 34.90 C | 59.90 B

2020 | thorn-clarke sandpiper riesling | eden valley | south australia | 14.90 G | 34.90 C | 59.90 B

2021 | pfeiffer moscato | rutherglen | victoria | 11.90 G | 27.90 C | 49.90 B

2021 | schwarz wine co rose | barossa valley | south australia | 14.90 G | 34.90 C | 59.90 B BA

white wine by the battle

2020 | moorooduc devil bend creek chardonnay | morington peninsula | victoria | 79.90 B

2019 | domaine fevre petit chablis | chablis | burgundy | france | 109.90 B

2020 | bilancia pinot gris | hawkes bay | new zealand | 69.90 B

2020 | mudhouse "home block" pinot gris | waipara valley | new zealand | 79.90 B

2019 | bk wines ovum pinot gris | adelaide hills | south australia | 98.90 B

2020 | lobethal road sauvignon blanc | adelaide hills | south australia | 59.90 B

2020 | l'escale sauvignon blanc | loire valley | france | 79.90 B

2019 | cantina di negrar soave classico | veneto | Italy | 69.90 B

2020 | thompson estate semillon sauvignon blanc | margaret river | western australia | 69.90 B

2019 | domaine du nozay sancerre | loire valley | france | 149.90 B

2019 | willm riesling reserve | alsace | france | 79.90 B

2019 | carrick riesling | central otago | new zealand | 89.90 B

2020 | borgo maragliano moscato d'asti docg | piedmont | italy | 69.90 B

2019 | chateau gassier espirt gassier rose | st victoire | provence | france | 79.90 B

limited release & exceptional varietal wine is also available upon request.

Vintage & availability of wine may vary with supplier availability, season or store location. G- Glass (50ml, C- Carafe 350ml, B- Bottle 750ml

wine by the glass

wine list | red wine

ELEMENTS

sparkling wine

nv pian delle tortore prosecco | treviso | italy | 14.90 G | 34.90 C | 59.90 B
nv yarran sparkling chardonnay | yenda | nsw | 39.90 B
nv bailly lapierre cremant de bourgogne pinot noir | burgundy | france | 109.90 B
2012 | kate hill pinot noir chardonnay | huon valley | tasmania | 119.90 B
2016 | apogee deluxe vintage brut | lebrina | pipers river | tasmania | 169.90 B
nv nathalie falmet cuvee | cotes des barr | champagne | france | 198.90 B

craft beer on tap 11.90

little creatures pacific ale kosciuszko pale ale white rabbit dark ale kirin lager james squire ginger beer

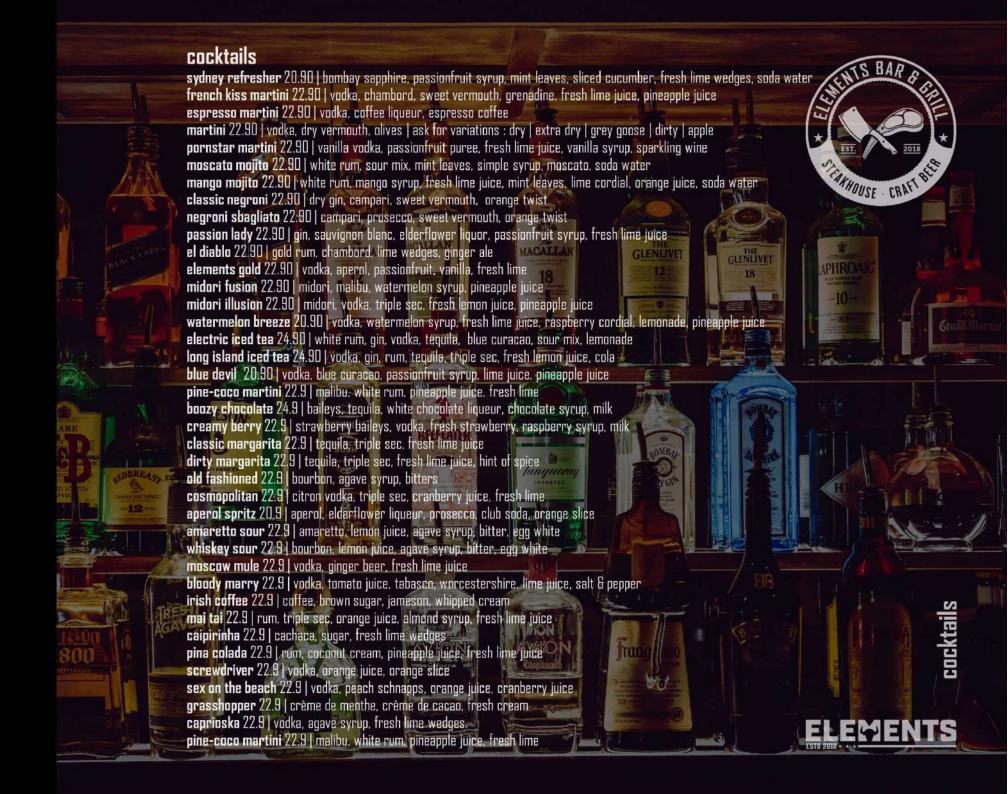
bottled beer 9.90

asahi
corona
peroni
cascade light
strongbow apple cider dry
sparkling blossom rosé

craft shandy 9.90







mocktails

strawberry mojito mocktail 12.90 | fresh strawberry & syrup, fresh lime wedges, lime cordial, mint leaves, soda lychee mojito mocktail 12.90 | cranberry juice, fresh lime wedges, lime cordial, mint leaves, soda lychee mojito mocktail 12.90 | fresh lychee, lychee syrup, fresh lime wedges, lime cordial, mint leaves, soda electric blue mocktail 12.90 | blue curacao, sour mix, fresh lime juice, lemonade watermelon mocktail 12.90 | watermelon syrup, fresh lime juice, raspberry cordial, pineapple juice, soda virgin mary 12.90 | tomato juice, fresh lemon juice, worcestershire sauce, dash of tobacco, salt & pepper custom mocktail 12.90 | ask us to make your favourite mix

sangria

red sangria 35.90/litre

house shiraz, brandy, fresh lime juice, peach schnapps, orange juice, lime cordial, mango syrup, lemonade, freshly sliced oranges

white sangria 35.90 /litre

house chardonnay, elderflower liqueur, vodka, peach schnapps, fresh lime juice, passionfruit syrup, lime cordial, orange juice, lemonade, fresh chopped strawberries

soft drinks

carbonated drinks 4.90 | pepsi | pepsi max | dry ginger ale | lemonade | solo | sunkist | tonic water | soda water juice 4.90 | apple | orange | tomato | pineapple | cranberry lemon lime bitters 5.90 pink lemonade 5.90

bottled water

sparkling 8.90/one litre bottle still 8.90/one litre bottle



breads to start herbed garlic bread 10.90 V | add parmesan cheese 3 grilled bread and dukkha 9.90 V DF grilled bread lightly seasoned grilled bread with olive oil, dried oregano, served with sea salt, dukkha, olive oil and aged balsamic triple dips and bread 16.90 V pesto, olive tapenade, cumin beetroot and chickpea relish, served with grilled bread extra bread 3 | gluten free bread 3 | crisp bread 3 salty nibbles haloumi fries 19.90 V served on a bed of rocket, finished with caramelized balsamic glaze marinated warm olives 16.90 V marinated alives served in a hot pot, with a side of homemade olive tapenade and crisp bread

HOUSE CRAFT

ELEMENTS

KHOUSE CRAFT

cold bar

burrata & asparagus 24.90 | recommended | creamy burrata on a bed of cumin beetroot and chickpea relish, grilled asparagus coated in parmesan, toasted pine nuts and crisp bread

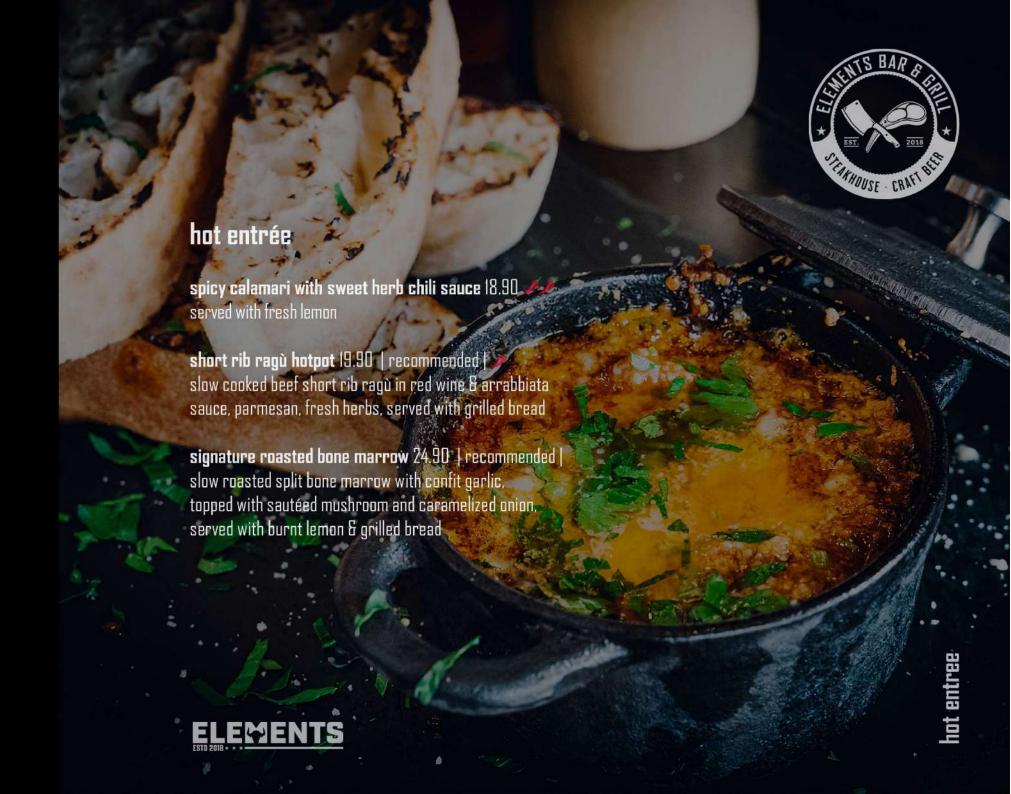
sirloin steak tartare 28.90 DF

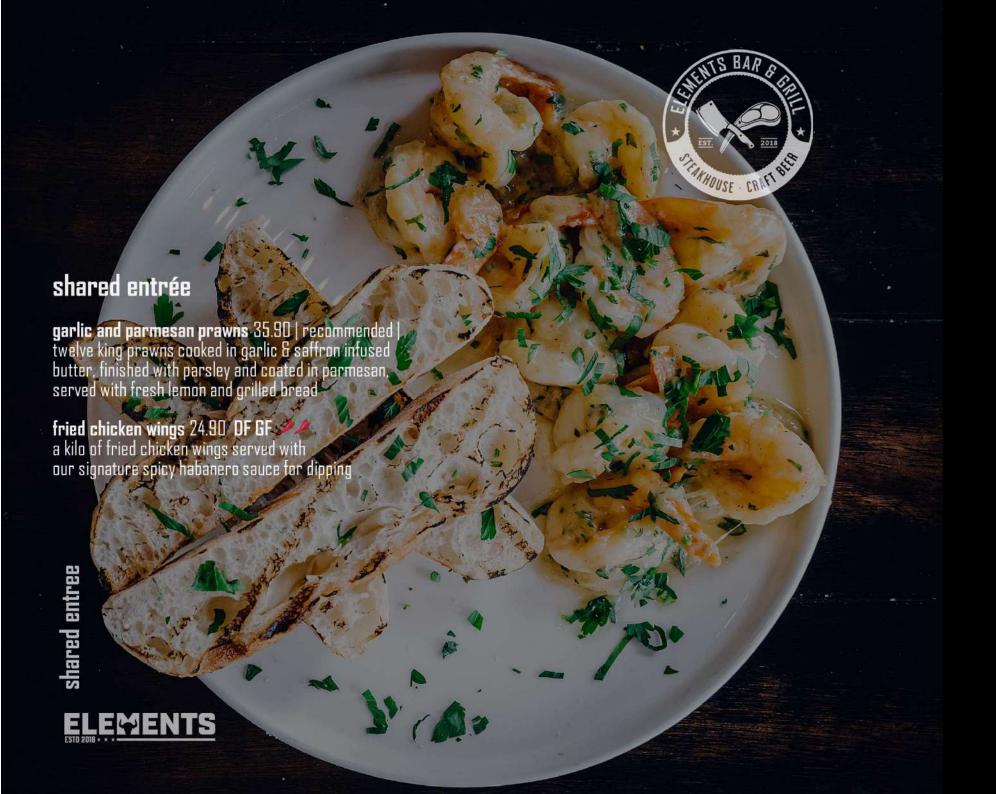
coarse minced premium sirloin mixed with shallots, capers, pickles, dijon & grain mustard, worcestershire, tabasco, lemon juice, olive oil, served with raw egg yolk & crisp bread

tomato and olives bruschetta 18.90

seasonal fresh tomatoes, kalamata olives, shallots and parsley tossed in extra virgin olive oil and lemon dressing garnished with fetta cheese and anchovies, served on grilled bread, finished with caramelized balsamic glaze

ELEMENTS





salads

classic greek salad 16.90 V GF

tomato, cucumber, onion, kalamata olives, capsicum, mixed leaves, fetta cheese, dried oregano, extra virgin olive oil and lemon dressing

broccolini and grilled haloumi salad 22.90 V fried chickpea, toasted almond, mixed leaves, cherry tomato, crisp bread, pesto vinaigrette

rocket and pear salad 18.90 V GF
parmesan, pine nuts, chardonnay vinaigrette & caramelised balsamic

crab meat fattoush salad 28.90 DF blue swimmer crab, black olive and tomato salsa, roasted potatoes, rocket, pomegranate, served warm with a light lime mayo dressing

burrata caprese salad 25.90 | recommended | fresh cherry tomatoes, marinated olives and some rocket, tossed in a basil pesto dressing, served with burrata and balsamic glaze

warm mediterranean salad 22.90 VG DF GF

carrots, potatoes, chargrilled capsicum and cherry tomatoes slow roasted together, tossed with rocket, spanish onion, homemade dukkha, finished with chardonnay vinaigrette and shaved toasted almonds

add extra | grilled chicken 9 | smoked salmon 7 | grilled bacon strip 4.5 | olives 5 four grilled prawns 10 | grilled chorizo 5 | grilled/fried haloumi 6 | half avocado 4 | fetta 4





pasta

crab pappardelle 37.90 | recommended | blue swimmer crab cooked with confit garlic, white wine reduction, cherry tomatoes, and tossed in a rich creamy pink sauce

squid ink linguine with spicy prawns 36.90 pan fried king prawns and cherry tomatoes cooked with confit garlic, habanero chili oil, deglazed in champagne, finished with butter and fresh herbs

creamy pesto chicken pappardelle 32.90 grilled chicken, mushroom and sundried tomato cooked in a creamy pesto sauce, finished with lots of parmesan and fresh herbs

bloody mary short rib ragù 36.90 | recommended | 72 hours slow cooked pulled boof short sib cooked wit

72 hours slow cooked pulled beef short rib cooked with confit garlic, caramelised onion, tabasco and vodka reduction, tossed with our arrabbiata sauce, black linguine, and garnished with spiced dukkha

ragù alla bolognese with burrata 34.90

home-made premium ground beef, slow cooked in our rich napolitana sauce, tossed with fettuccini and served with a fresh burrata on top

fettuccine arrabiata with olives and sundried tomato 28.90 home-made arrabiata sauce with a hint of chili, tossed with marinated olives and sun-dried tomato, finished with parmesan and fresh herbs

add | gluten free pasta 3 | chicken pieces 7 | grilled beef bacon 4.5 beef chorizo 5 | olives 5 | prawns 10 | 60gm crab 12 | 200gm baby squid 12



kids' meal kids' fried chicken cubes and chips 9.90 DF kids' chicken napolitana pasta 9.90 kids' hamburger 19.90 DF 250gm dry aged wagyu beef patty, tomato sauce, charcoal brioche bun kids' dessert vanilla ice-cream 3.90 one scoop | 6.9 two scoops toppings 0.50 chocolate sauce | 100s and 1000s

dry aged smoked beef burgers

all burgers are made with a charcoal brioche bun, smoked with hickory and comes in a glass dome to your table for the ultimate burger experience; served with a complimentary side of steakhouse chips, our burger patties are made with the finest quality home-made ground beef, it is a delicate mixture of wagyu meat and fat along with some black angus beef and dry aged off cuts, the result is a massive thick patty seasoned lightly and cooked to perfection for the juiciest burger

cheeseburger 26.90 | add a bowl of cheese sauce 8.50 |
250gm dry aged beef patty, pickles, american cheese, mustard aioli
& signature habanero bbq sauce, charcoal brioche bun
double cheeseburger 38.90 | add a bowl of cheese sauce 8.50 |
two 250gm dry aged beef patty, pickles, american cheese, mustard aioli
& signature habanero bbq sauce, charcoal brioche bun
primal smoked burger 28.90 | recommended |
250gm dry aged beef patty, caramelised onion, grilled portobello mushroom,
american cheese, mustard aioli & signature habanero bbq sauce

drunken bacon burger 32.90 | recommended | 250gm dry aged beef patty, whiskey flambé beef bacon, caramelised onion,

lettuce, tomato, american cheese, sriracha aioli & signature habanero bbq sauce

surf 'n' turf burger 38.90

250gm dry aged beef patty, five grilled prawns, american cheese,

lettuce, tomato, lime aioli & signature habanero bbq sauce the big el burger 42.90

two 250gm dry aged beef patty built into a double decker burger, caramelised onion, lettuce, melted cheddar cheese, mustard aioli & signature habanero bbq sauce

signature rib and patty 69.90

our dry aged cheeseburger served smoked in a dome,

with a 72-hour cooked sous vide beef short rib on the side and steakhouse chips



smoked chicken burgers

elements spicy bbq chicken burger 28.90

chicken thigh fillet marinated in our signature spicy habanero bbq sauce, chargrilled capsicum, lettuce, tomato, spanish onion, american cheese & sriracha aioli

deviled chicken and chorizo 28.90 | recommended | spicy crispy chicken thigh fillet, beef chorizo, habanero chili oil, lettuce,

spanish onion, tomato, american cheese, mustard & sriracha aioli

gardenburg 26.90 V

grilled halloumi, portabella mushroom, chargrilled capsicum, lettuce, caramelized onion, cumin beetroot and chickpea relish & sriracha aioli

cheese sauce 8.50 | recommended |

add a bowl of gooey cheese sauce to go with your ultimate burger experience

burger extras

gluten free bun 3.5 | white milk bun 0.00

go big | extra patty 13 | whiskey beef bacon 6.5 | grilled beef bacon 4.5 | extra cheese 3.5 | fried egg 3 | caramelised onion 3.5 | four grilled prawns 10 | portobello mushroom 4

sauces

spicy green peppercorn sauce 4.5 | mushroom sauce 3.5 | red wine jus 5.5 | chimichurri 3.5 spicy habanero sauce 3.5 | habanero chili oil 3.5 | signature spicy bbq 3.5 | hollandaise sauce 3.5 lime aioli 3.5 | sriracha aioli 3.5

ELEMENTS



smoked burgers | chicken & vegetarian

KHOUSE CRAFT BE

seafood

crispy skin barramundi fillet 38.90 GF

fresh barramundi fillet 220gm, chimichurri, beetroot and chickpea relish, served with rocket and parmesan salad, grilled broccolini and burnt lemon

grilled whole baby snapper 48.90 GF OF

whole baby snapper 600gm, lightly seasoned with garlic, chili and lime, served with chargrilled broccolini, slow roasted cherry tomatoes and burnt lemon

dusted fish and chips 25.90 DF | recommended | lightly dusted flounder fillets fried in thin oil, garden salad, steakhouse chips, served with lime aioli and fresh lemon

ELEMENTS

mains | seafood

grilled and baked

bbq chicken thigh fillets 36.90 | recommended | 300gm chicken thigh fillet marinated in our signature spicy habanero bbq sauce, mascarpone and nutmeg potato puree, grilled broccolini, beef chorizo, portabella mushroom in garlic and butter, chili oil, red wine jus

mushroom and haloumi stack 34.90 V GF

portobella mushrooms in al pomodoro sauce, chargrilled capsicum, melted cheese, layered with haloumi, baked together in the oven, served with cumin beetroot and chickpea relish, rocket and parmesan salad and a side of broccolini with toasted almonds and caramelized balsamic

vegan mushroom stack 32.90 VG DF GF

portobella mushrooms cooked with al pomodoro sauce, stacked with chargrilled capsicum, topped with roasted carrots, baked together in the oven, served with cumin beetroot and chickpea relish with a side of asparagus with toasted almonds and spiced dukkha





ains | chicken | vegetarian | vegan

PADDOCK TO PLATE

OUR BEEF PROGRAMME

Steak is our business, therefore our boundless love for meat and the everevolving journey to perfect our steaks is not only restricted to our kitchen, but also through sourcing the best quality cattle and farms .

Elements implements regimented cooking techniques and procedures to maintain consistency and quality across our premium steak menu to ensure customer satisfaction and to achieve status as the best steakhouse in Sydney.

We operate with the mantra of serving the best quality steaks for the best price, sacrificing none of the quality while keeping customer costs down, making premium steak dining affordable to all our diners.

Our goal is to offer full transparency with our customers on where we source our meat cuts from and the journey it takes from paddock to plate, so you know the whole story of your steak.

We care about our steaks because we care about you, and your experience at Elements Bar and Grill.





premium steaks

sirloin steak | marble score 4+ | 53.90 GF 300 gm, black angus, 180 days grain fed liverpool plains, north-west, new south wales the sirloin steak comes from the cut striploin with a little fat cap on one side. it is often the steak lover's first choice. it has a fine but firm texture, a richness in flavour and it's well balanced between perfect marbling and tenderness.

eye fillet | marble score 3+ | 54.90 GF 250 gm, black angus, 180 days grain fed bundella, new south wales the eye fillet comes from the cut tenderloin. this is a lean and supremely tender cut of beef that comes from the hind of the animal, this is an area of the cattle that does little work, resulting in a succulent steak.

sauces

spicy green peppercorn sauce 4.5 | mushroom sauce 3.5 red wine jus 5.5 | chimichurri 3.5 | spicy habanero sauce 3.5 habanero chili oil 3.5 | signature spicy bbq 3.5 | hollandaise sauce 3.5 lime aioli 3.5 | sriracha aioli 3.5 | cheese sauce 8.50





mium steaks | sirloin | eye fillet

premium steaks

scotch fillet | msa | 52.90 Gf

300 gm, 100 days grain fed, liverpool plains, north-west, new south wales scotch fillet comes from the cut cube roll, and it is a juicy cut of beef that is packed with flavour. It is sometimes called a boneless rib eye steak, as it comes from the same flavoursome forequarter in the rib section of cattle as the rib eye does, this is an area of the cattle that does not do a lot of work, meaning it is incredibly tender and delicious to eat when cooked to perfection, a great choice if you are looking for a steak that is rich, tender and juicy.

rib eye on the bone | msa 5-star | 109.90 Gf

600 gm, 100% grass fed, cape grim, north-western, tasmania rib-eye steaks come from the beef rib primal cut, and they are tender, juicy and very flavourful, with just the right amount of fat, the steak contains a piece of rib bone which adds flavor and moisture, but it can make cooking the steak more difficult as the meat next to the rib cooks more slowly, this is one of the most famous cuts of steak and some may call it the king of all steaks.

1.2 kg tomahawk | marble score 4+ | 159.90 Gf | recommended |

100% grass fed, gippsland victoria
please allow minimum 45 minutes for medium rare
tomahawk steaks are bone-in rib eye steak, cut from ribs with a huge length of
bone left intact. this particular set of muscles doesn't see much use during the
day-to-day life of a cattle, so it stays tender, this tenderness, along with
impressive marbling and the large bone give the steak more intense flavor.



premium steaks

t-bone steak | marble score 4+ | 64.90 Gf
500 gm, black angus, 180 days grain fed
liverpool planes, north-west, new south wales
the t-bone is an iconic steak which is really two steaks in
one. bold, beefy sirloin on one side and mild, tender eye fillet
on the other, separated by the t-shaped bone, the t-bone is
cut from the short loin portion of the animal, it combines
the meaty flavor of sirloin with the signature tenderness of
eye fillet, letting you enjoy the best of both worlds.

wagyu rump steak | marble score 9+ | 62.90 Gf 300 gm, 380 days grain fed, victorian and tasmanian pastures rump steak is taken from the rump section of the hindquarter. It is taken from a working muscle; rump steak is widely considered to be one of the most flavoursome steaks due to its significant marbling but it's marginally chewier than the comparable sirloin or ribeye steaks. our marble score 9+ wagyu rump takes the whole rump steak experience to a different level.





reminm steaks | t-bone | rump



shared platters

steak & rib platter 129.90 GF | go double meat | add 98.90 300 gm sirloin steak and 400 gm sous vide beef short rib -served with four side dishes of your choice

elements bbq platter 109.90 GF | go double meat | add 78.90 300 gm bbq chicken thigh fillets and 400 gm sous vide beef short rib-served with four side dishes of your choice

1 kg sous vide beef short ribs 149.90 GF
slow cooked for 72 hours, finished with a blow torch sear on the outside, basted with our signature habanero bbq sauce
-served with four side dishes of your choice

I kg slow cooked beef brisket 109.90 GF | recommended | slow cooked for 72 hours, seasoned with our signature spice rub, smothered with our signature habanero bbq sauce - served with four side dishes of your choice brisket is cut from the chest region of the cattle, the cut has plenty of fat and connective tissue, which contributes to its rich beefy flavour



remium steaks | brisket | shared platters







sauces

spicy green peppercorn sauce 4.5

a creamy white sauce with a touch of gravy, packs a spicy punch from the chunky green peppercorns.

mushroom sauce 3.5

a classic steak sauce made freshly in-house with blended mushroom to give a thick, creamy & buttery richness.

red wine jus 5.5

a very rich beef broth reduced over 72 hours of cooking, leaving you with an intensely concentrated flavour of beef and red wine.

chimichurri 3.5

an uncooked blended sauce made of fresh herbs, lots of lemon, garlic and olive oil, a refreshing condiment to any steak.

spicy habanero sauce 3.5

our signature sauce, made with confit habanero chili & garlic, mixed with our home-made spicy tomato sauce a tangy hot sauce perfect for any chili lovers:

habanero chili oil 3.5

slow cooked blended habanero chili in light olive oil.

signature spicy bbq 3.5

home-made bbq sauce made with a secret blend of ingredients infused with our signature spicy habanero sauce & chili oil.

hollandaise sauce 3.5

a rich, buttery sauce made with eggs and olive oil, freshened with the lightest touch of lemon.

lime aioli 3.5

garlic aioli mixed with fresh lemon juice and lime zest.

sriracha aioli 3.5

a classic spicy cocktail of aioli and famous sciracha hot sauce.

cheese sauce 8.50

add a bowl of gooey cheese sauce to go with any dish and take it to the next level.

ELEMENTS



desserts

wild berry panna cotta 16.90 V

creamy and delicate pudding of sweetened cream, aromatized with vanilla extract, served with wild berry compote and persian fairy floss

amaretto tiramisu 15.90 V

bacardi and coffee-soaked shortbread, layered with a rich and thick cream folded with amaretto and mascarpone

baileys chocolate mousse 15.90 V

a rich yet light textured mouse of milk chacolate spiked with baileys, served with chantilly cream and raspberry

macerated strawberries 14.90 VG DF GF

fresh strawberries and chopped mint leaves soaked in chambord, grand marnier and lemon juice

dessert platter 46.90 V

wild berry panna cotta, amaretto tiramisu. baileys chocolate mousse and vanilla ice-cream

affogato 14.90 V

espresso coffee, frangelico, vanilla ice-cream

vanilla ice-cream 3.90 one scoop | 6.9 two scoops toppings | 0.50 | chocolate sauce | 100s and 1000s

cakeage 2.50/per person | cakeage 30/per cake if over 12 people





CANHOUSE CHAFT BEE

after dinner drinks | digestifs | port | dessert wine

after dinner drinks

digestifs

limoncello 11.90
fernet-branca 12.90
averna amaro 11.90
jagermeister 10.90
amaretto 10.90
ricard pastis 10.90
grappa russo siciliano 12.9

port

galway pipe 11.90 | 30ml graham's port 18.90 | 30ml

dessert wine

2018 | yarran "a few words" botrytis semillon | riverina | nsw | 16.90 G | 120ml | 69.90 B 500ml frogmore creek iced reisling | tasmania | 79.90 B 375ml

ELEMENTS

cigar bar

cohiba shorts 12.90

gauge: small ring 26: format: cigarillo light to medium strength a great smoke when your short of time. lovely rich earthy flavours with some grassy, woody aromas

h upmanh half corna 54.90

gauge: medium ring 44: format: half corona

the h. upmann is a great any time of the day smoke with its light flavour profile. a lovely sweetness and creaminess develop and aroma perfect with lots of nuttiness flavour lasting throughout the cigar

romeo y julieta no.2 62.90

gauge: medium ring 42: format: petit corona

medium bodied cigar, to be enjoyed any time of the day or for someone new to cigars. floral, nutty and herbal flavours throughout the cigar great introduction to cuban cigars australia's biggest selling cuban.

montcristo no.4 79.40

gauge: medium ring 42: format: mareva

great construction good draw and burning qualities, creamy with light cedar coffee and coco notes throughout the cigar, with woody flavours maintained throughout the smoking experience

partagas d no.4 109.90

gauge: heavy ring 50: format: robusto

excellent cigar with flavours right on target. toasty leathery base with a dominating wood and earthy tones. great draw and even burn which increases in strength, lots of peppery flavours from start to finish. one of the best robusto style cigars on the market, old school havana at its best.

romeo y julieta wide churchill 129.90

gauge: heavy ring 55: format: montesco

very smooth and rich, flavours abundant and lots of sweet aromas, herbal and grassy with woody notes throughout the cigar a real medium body cigar from start to finish

it is illegal to sell tobacco products to a person under 18. it is illegal to purchase a tobacco product for use by a person under 18. we are a non-smoking venue and any cigar purchased from us can only be consumed off-premises maintaining general smoking guidelines and policy.





cigar bar

hot and cold beverages | tea & coffee

hot and cold beverages

premium roasted espresso

short black 3.80 | doppio 4.50 | macchiato 4.00 long macchiato 4.70 | piccolo 4.00

espresso bar S 4.0 | L 4.80 cappuccino | latte | flat white | long black

cold coffee

iced latte 6.50 | iced mocha 7.00 iced long black 6.00 | iced chocolate 7.00 add | ice-cream 1.50 | add whipped cream 1.00

house specialties

S 4.50 | **L** 5.00

chai latte | vanilla chai latte | dirty chai latte belgium mocha | hot chocolate

tea selection 4.00

english breakfast | earl grey | chai tea peppermint tea | chamomile tea | green tea

extras

decaf 0.50 | extra shot 0.50 almond milk 0.70 | soy milk 0.70 lactose free milk 0.70 | oat milk 0.70 flavored syrups 0.70



bottomless brunch \$109 per person

available | friday | saturday | sunday | 12pm till 3pm

enjoy one of sydney's best brunches at our pyrmont waterfront location

a marriage of amazing food, bottomless drinks and great company at one of our charismatic venues is the perfect way to spend your afternoon. elements bar and grill offer you sydney's new favourite bottomless brunch menu. enjoy 3 courses of our carefully crafted menu, with 2 hours of bottomless drinks. bookings are limited so do not miss out!

entree selection

haloumi fries | served on a bed of rocket finished with caramelized balsamic glaze spicy calamari with sweet herb chili sauce | served with fresh lemon

mains selection

crispy skin barramundi fillet

fresh barramundi fillet 220gm, chimichurri, beetroot and chickpea relish, served with rocket and parmesan salad, grilled broccolini and burnt lemon bbg chicken thigh fillets

300gm chicken thigh fillet marinated in our signature spicy habanero bbq sauce, mascarpone and nutmeg potata puree, grilled broccolini, beef bacon, portabella mushroom in garlic and butter, chili oil, red wine jus mushroom and haloumi stack

carrots, potatoes, chargrilled capsicum and charry tomatoes slow roasted together, tossed with rocket, spanish onion and cucumber, homemade dukkha, finished with chardonnay vinaigrette and shaved toasted almonds

warm mediterranean salad

zucchini, chargrilled capsicum, potatoes, & roasted pumpkin baked together and tossed with rocket and extra virgin olive oil, finished with homemade dukkha and shaved toasted almonds

dessert selection | baileys chocolate mousse | amaretto tiramisu

unlimited beverage package | 2 hours

prosecco | pinot grigio | chardonnay | shiraz | merlot | moscato | rose | bottled beer and craft beer on tap

*10% surcharge applies on public holiday

bottomless brund

group dining set-menu selection



book with us today! our mission is simple, amaze our clients and exceed all expectations by providing a complete service from start to finish, we do this by understanding your needs, adjusting to your budget and molding ourselves to your aspirations, we look at every job as a partnership, with a common goal to perpetuate a long-lasting impression on your friends, family or clients by executing your event flawlessly, whether you're looking for a private function, a corporate event or even just some catering for the office, our experienced team will deliver an efficient and reliable service.

group dining menu 1

\$69 per person (includes one entrée and one main)

entrée

spicy calamari with sweet herb chili sauce

short rib ragù hotpot | slow cooked beef short rib ragù in red wine & arrabbiata sauce, parmesan, fresh herbs, grilled bread haloumi fries | served on a bed of rocket, finished with caramelized balsamic olaze

mains

squid ink linguine with spicy prawns | pan fried king prawns and cherry tomatoes cooked with confit garlic, habanero chili oil, deglazed in champagne, finished with butter and fresh herbs

bbq chicken thigh fillets | 300gm chicken thigh fillet marinated in our signature spicy habanero bbq sauce, mascarpone and nutmeg potato puree, grilled broccolini, chorizo, portabella mushroom in garlic and butter, chili oil, red wine jus

sirloin steak, mb4+ | 300 gm, 180 day grain fed black angus, 180 days grain fed, liverpool plains, nsw

mushroom and haloumi stack | portobella mushrooms in al pomodoro sauce, chargrilled capsicum, melted cheese, halloumi, baked together in the oven, served with cumin beetroot and chickpea relish, rocket and parmesan salad and a side of broccolini

group dining menu 2

\$79 per person (minimum group of 10)

entrée

spicy calamari with sweet herb chili sauce served with fresh lemon

triple dips and bread | pesto, olive tapenade, cumin, beetroot and chickoea relish

mair

sirloin steak, mb4+ | 180-day grain fed black angus, 180 days grain fed, liverpool plains, nsw sous vide beef short rib | 100% grass fed, msa 3 star, 100-day grain fed, Kilcoy, queensland slow cooked for 72 hours, finished with a blow torch sear on the outside, basted with our signature habanero bbg sauce

sides and salad

chargrilled broccolini | caramelized balsamic and toasted almond flake portabella mushroom | in garlic & butter

group dining menu 3

\$109 per person (minimum group of 10)

<u>entrée</u>

spicy calamari | with sweet herb chili sauce served with fresh lemon short rib ragù hotpot | slow cooked beef short rib ragù in red wine & arrabbiata sauce, parmesan, fresh herbs, served with grilled bread haloumi fries | served on a bed of rocket finished with caramelized balsamic glaze

mair

sirloin steak, mb4+ | 180-day grain fed black angus, 180 days grain fed, liverpool plains, nsw sous vide beef short rib | 100% grass fed, msa 3-star, 100 days grain fed, kilcoy, queensland slow cooked for 72 hours, finished with a blow torch sear on the outside, basted with our signature habanero bbq sauce

sides and salad

classic greek salad | seasonal tomato, cucumber, onion, kalamata olives, capsicum, mixed leaves, fetta cheese, dried oregano, extra virgin olive oil and lemon dressing diced potatoes | sautéed in rendered beef fat, garlic and rosemary portabella mushroom | in garlic & butter chargrilled broccolini | caramelized balsamic and toasted almond flake

dessert

dessert platter | wild berry panna cotta | amaretto tiramisu | baileys chocolate mousse vanilla ice-cream

group dining set-menu selection

group dining menu 4

(minimum group of 10)

\$129 per person

entrée

spicy calamari | with sweet herb chili sauce served with fresh lemon

short rib ragu hotpot | slow cooked beef short rib ragù in red wine & arrabbiata sauce, parmesan, fresh herbs, served with grilled bread

triple dips and bread | pesto, olive tapenade, cumin, beetroot and chickpea relish

main

1.2 kg tomahawk steak

mb4+, 100% grass fed, gippsland, victoria sous vide beef short rib | 100% grass fed, msa 3-star, 100 days grain fed, kilcoy, queensland slow cooked for 72 hours, finished with a blow torch sear on the outside, basted with our signature habanero bbg sauce

creamy pesto chicken pappardelle home-made pesto, cream, sundried tomato, mushrooms, fresh herbs, parmigiano reggiano

sides and salad

rocket and pear salad | parmesan, pine nuts, chardonnay vinaigrette & caramelised

chargrilled broccolini | caramelized balsamic and toasted almond flakes portabella mushroom | in garlic & butter diced potatoes | sautéed in rendered beef fat, garlic and rosemary

dessert

dessert platter | wild berry panna cotta amaretto tiramisu | baileys chocolate mousse vanilla ice-cream

group dining menu 5

(minimum group of 10)

\$149 per person

entrée

triple dips and bread, pesto, olive tapenade, cumin beetroot and chicknea relish spicy calamari | with sweet herb chili sauce served with fresh lemon short rib ragù hotpot | slow cooked beef short rib ragù in red wine & arrabbiata sauce, parmesan, fresh herbs, served with grilled bread

1.2 kg tomahawk steak

mb4+, 100% grass fed, gippsland, victoria sous vide beef short rib | 100% grass fed msa 3-star, 100 days grain fed, kilcoy, queensland slow cooked for 72 hours, finished with a blow torch sear on the outside, basted with our signature habanero bbg sauce

squid ink linguine with spicy prawns confit garlic and habanero chili oil, cherry tomato, fresh herbs, deglazed in champagne, finished with butter

sides and salad

warm mediterranean salad | carrots, potatoes, chargrilled capsicum and cherry tomatoes slow roasted together, tossed with rocket, spanish onion and cucumber, homemade dukkha, finished with chardonnay vinaigrette and shaved toasted almonds charorilled broccolini I caramelized balsamic

and toasted almond flakes

portabella mushroom I in parlic & butter

dessert platter | wild berry panna cotta amaretto tiramisu | baileys chocolate mousse vanilla ice-cream

the menu can be suited more to your liking and budget, all functions and events are tailor-made to suit each individual client, we are looking forward to giving you all a unique and joyful dining experience

group dining menu 6

(minimum group of 10)

\$169 per person

entrée

triple dips and bread pesto, olive tapenade, cumin beetroot and chickpea relish

garlic and parmesan prawns | twelve king prawns cooked in garlic & saffron infused butter, finished with parsley and coated in parmesan,

served with fresh lemon and grilled bread fried chicken wings | a kilo of fried chicken wings served with our signature spicy habanero sauce for dipping
short rib ragu hotpot | slow cooked beef short rib

ragù in red wine & arrabbiata sauce, parmesan, fresh herbs, served with grilled bread

main

eye fillet butter steak | mb4+ lightly seared carved rare tableside, hot garlic and rosemary infused butter poured on top

1.2 kg tomahawk steak

mb4+, 100% grass fed, gippsland, victoria

sous vide beef short rib | 100% grass fed, msa 3-star, 100 days grain fed, kilcoy, queensland slow cooked for 72 hours, finished with a blow torch sear on the outside, basted with our signature habanero bbg sauce

sides and salad

warm mediterranean salad carrots, potatoes,

chargrilled capsicum and cherry tomatoes slow roasted together, tossed with rocket, spanish onion and cucumber, homemade dukkha, finished with chardonnay vinaigrette and shaved toasted almonds

chargrilled broccolini | caramelized balsamic and toasted almond flakes

portabella mushroom | in garlic & butter

dessert

dessert platter | wild berry panna cotta amaretto tiramisu | baileys chocolate mousse

visit www.elementsbarandgrill.com.au

function beverage selection and more

drinks package 2-hour limit apply

(minimum aroup of 10)

package 1

\$49 per person unlimited wine and soft drinks

nv pian delle tortore prosecco | treviso | italy 2019 | yarran wines shiraz | multi regional Victoria 2021 | robert stein farm series merlot | mudgee | nsw 2019 | varran chardonnay | yenda | nsw 2021 | pfeiffer pinot grigio | king valley | victoria 2021 | pfeiffer moscato | rutherglen | victoria 2021 | schwarz wine co rose | barossa valley | south australia

soft drinks | pepsi | pepsi max | dry ginger ale | lemonade sunkist | lemon squash | tonic water | soda water lemon lime bitters | pink lemonade juices | apple | orange | tomato | pineapple | cranberry

package 2

\$79 per person includes package I and unlimited beer

craft beer on tap | james squire ginger beer | kirin lager little creatures pacific ale | kosciuszko pale ale white rabbit dark ale

bottled beer asahi | corona | peroni | cascade light strongbow apple cider dry | sparkling blossom rosé

package 3

\$89 per person

includes package 1 & 2 and unlimited spirits

house spirits | vodka | rum | whiskey | bourbon | gin | tequila (mixers included)

*responsible service of alcohol will be observed at all times

canapé | finger food menu

\$79 per person (minimum group of 10)

triple dips and bread | pesto, olive tapenade, cumin, beetroot and chickpea relish, served with grilled bread

tomato and olives bruschetta | seasonal fresh tomatoes, kalamata olives, shallots and
parsley tossed in extra virgin olive oil and lemon dressing garnished with fetta cheese
and anchovies, served on grilled bread, glazed with caramelized balsamic sirloin steak tartare | coarse minced premium sirloin mixed with shallots, capers, pickles, dijon & grain mustard, worcestershire, tabasco, lemon juice, olive oil, served with raw egg yolk & crisp bread haloumi fries served on a bed of rocket finished with caramelized balsamic glaze dusted fish and chips | lightly dusted flounder fillets fried in thin oil, steakhouse chips, served with lime aioli and fresh lemon

garlic and parmesan prawns | twelve king prawns cooked in garlic & saffron inused butter, finished with parsley and coated in parmesan, served with fresh lemon and grilled bread sous vide beef short rib | 100% grass fed, msa 3 star, 100-day grain fed, Kilcoy, queensland slow cooked for 72 hours, finished with a blow torch sear on the outside, basted with our signature habanero bbq sauce

baileys chocolate mousse | a rich yet light textured mouse of milk chocolate spiked with baileys, served with chantilly cream and raspberries

private dining room

our beautiful, elegant pyrmont location boasts a perfect private dining room for many occasions.

opening to a private courtyard that can be extended to the needs of the event. serving our a la carte menu or welcome drinks & canapes. fitting up to 20 people seated or 30 standing, finished with modern leather seating and booths, a vip style section of the venue, with an inclusive 50-inch tv available to project presentations and a private waiter who will be catering to your needs.

the private dining room can open up to your own private alfresco dining as well, doubling the capacity of the seating, perfect for corporate dinners or private functions, our events team will work closely with you to cover every aspect of your visit, to as little or much detail as needed.

a minimum spend of \$1500 and \$2000 applies for lunch and dinner bookings, respectively. (bookings are for a maximum of 2-hours during peak service)

> for more information, contact our events team at info@elementsbarandorill.com.au