

If you have an allergy, please let us know before ordering so we can give you all the right information $\frac{1}{2}$



Gluten fredom!



Frankie & Benny's



FeelGood Marinated Olives VC 3.19
Great nibble while you wait

Fully Loaded Potato Skins 5.49

Three crispy potato skins with creamy cheesy mash filling **Choose from:** Cheese & chives V | Bacon, cheese & chives

FeelGood Watermelon & Feta Salad

V New

4.69

Tossed with rocket, mint and fresh basil

Marinated chicken in Nashville Hot sauce with cucumber, roasted pepper and sour cream

Pasta

Made with gluten-free fusilli pasta

Arrabiata C
Roasted red peppers, red onion, green chillies and olives in a spicy tomato and garlic sauce. An Italian favourite

Pomodoro V 8.29

Tossed in Neapolitan tomato sauce with garlic, basil and mozzarella

Carbonara 10.29
Tossed in cheese sauce with crispy bacon
Add chicken for 1.50

Bolognese 10.29

Rich beef Bolognese sauce. Classic!

vegetables and a courgette & prosecco sauce

King Prawn Risotto
Creamy risotto and juicy prawns with seasonal green

Burgers

Served in our gluten free bun and with a jacket potato on the side

Classic Beef6oz* burger with mayo and garnish. No frills, all flavour

Classic Cheese
All of the above plus Monterey Jack cheese

The House Special New 10.19

6oz* burger with our signature burger sauce, fried onions and sliced gherkin. A true Frankie's special

Bacon Cheese 60z* burger with lettuce, tomato, mayo, streaky bacon and Monterey Jack cheese

Double Bacon Cheese
Two 6oz* burgers, with two lots of bacon, Monterey

New York Deli New 15.59

6oz* burger with pastrami, sauerkraut, sliced gherkin, mayo and deli mustard. Our very own sky scraper

Jack cheese and mayo. Double. Of. Everything!

Classic Chicken
Simply the breast, with mayo

Chilli Cheese New 12.29

6oz* burger topped with Monterey Jack cheese, beef chilli con carne and mayo

Sides

'Slaw V	3.29
Corn on the Cob 🔽	2.99
Green Vegetables 🔽	3.29
Side Salad 🔽	3.49
Jacket Potato	3.99
Choose from: Bacon Cheese & Chives V	

Pizza

All our pizzas are served on our rectangular gluten-free base

BBQ Chicken Slices of tender chicken, mozzarella and BBQ sauce	10.19
Margherita V Tomato and mozzarella. Nice and simple	8.19
Pepperoni New Pepperoni and mozzarella. Go hotter with green chillies (on us)	10.19

Goat's Cheese New recipe Creamy goat's cheese, caramelised red onions and mozzarella finished with rocket	10.59
The Hawaiian Ham, mozzarella and juicy pineapple. Aloha!	9.19
Spicy Chicken Americano Chicken, pepperoni, red onion, green chilli and mozzarella	11.79

Grills & Salads

New York BBQ Chicken	14.29
Chicken breast topped with bacon, cheese and BBQ	
sauce with a jacket notato 'slaw and corn on the coh	

Smoky BBQ Ribs Falling-off-the-bone tender pork ribs smothered in BBQ sauce, served with a jacket potato, 'slaw and corn on the cob Choose from: Whole rack of ribs Half rack of ribs	16.49 11.79
Sirloin Steak 8oz* sirloin steak, sautéed mushrooms,	17.49

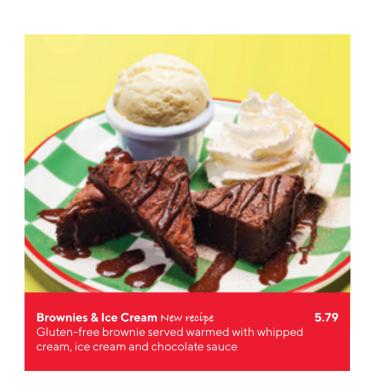
Salmon Fillet † New recipe	14.29
Served with a jacket potato & sour cream, peas,	
broccoli, green beans and pesto	

FcelGood Nashville Chicken Skewers New (Chicken breast marinated in Nashville Hot sauce with salad and sour cream	10.79
FeelGood Chicken, Bacon & Avocado Salad Served over dressed leaves, tomatoes and red onion	12.29
Juicy 7oz* rump steak sliced over mixed leaves, tomatoes, cucumber, radish, red onion, pumpkin seeds, basil and fresh mint, all drizzled with chilli dressing	12.89
FeelGood Watermelon & Feta Salad V New With rocket, lettuce, red onion, mint and fresh basil	8.29

Desserts

roasted tomato and a jacket potato

Peaches & Cream Sundae New V Peach slices, vanilla ice cream, whipped cream, maple syrup and gluten-free shortbread. Creamy does i	5.19 t!
Sticky Toffee Pudding V New recipe Toffee sponge made with gluten-free flour and served with vanilla ice cream	6.19
FeelGood Fruit Salad V New recipe With creamy natural yoghurt	3.69
Choose from: Vanilla Chocolate Strawberry Coconut Delight VG One scoop Two scoops Three scoops	2.29 3.29 3.69
Choose from: Lemon Mango Coconut Delight One scoop Two scoops Three scoops	2.29 3.29 3.69





Meet our new FeelGood range - a mix of healthier, lighter dishes with something for everyone







