

# 2 COURSES 10.99

3 courses 13.99

## Starters

FeelGood   

### Watermelon & Feta Salad

Tossed with rocket, mint and fresh basil

### Classic Garlic & Cheese Bread

Perfectly baked and topped with mozzarella cheese

### Fully Loaded Potato Skins *New recipe*

Crispy potato skins filled to the brim

**Choose from** Cheese & chive 

or bacon, cheese & chive

### Boneless Buffalo Wings

Breaded boneless chicken bites tossed in hot sauce. Served with sour cream



### Crab & Cod Bites†

Breaded crab & cod bites with a hint of chilli, served with rocket and garlic mayo

## Mains

### Classic Cheese

6oz\* burger with mayo, garnish and Monterey Jack cheese with fries

### The House Special

6oz\* burger with our signature burger sauce, fried onions and gherkin.

A true Frankie's special with fries

### The Vegan Beet

Quinoa, beetroot, soya & tomato patty plus lettuce and gherkin. With vegan mayo (naturally) and fries

### Chicken & Mushroom Penne

Tender chicken breast in a creamy white wine and mushroom sauce, tossed with penne

### Ultimate Mac 'N' Cheese

Macaroni cheese topped with a cheesy crumb. The ultimate comfort food

### Frankie's Classic Meatballs *New recipe*

Pork & beef meatballs in a beef Bolognese and Neapolitan tomato sauce with penne pasta, basil and mozzarella

### Spaghetti Carbonara

Spaghetti tossed in cheese sauce with crispy bacon

### Margherita Pizza

Tomato and mozzarella. Nice and simple

FeelGood

### Skinny Veggie Pizza

Red onion, red peppers, mushrooms, olives, green chillies and rocket

### BBQ Chicken Pizza

Slices of tender chicken, mozzarella, chives and BBQ sauce


### Beware! Chip thieves.

Add extra fries for 2.49



## FeelGood

Meet our  range – a mix of healthier, lighter dishes with something for everyone

 A lighter option, with starters under 400 calories, mains under 650 calories and desserts under 350 calories

 Vegetarian

 Vegan

If you have an allergy please discuss with your server before ordering.

Gluten Free versions of many of our dishes are available on request.

Please ask your server for more details!



**Pepperoni**  
Pizza to the max

**Pepperoni Pizza** New  
Pepperoni and mozzarella.  
**Go hotter with** green chillies (on us)

**Classic 6" Hot Dog**  
With ketchup, mustard and fries

**FeelGood Summer Salad** VG V New  
Couscous, bulgar wheat, black lentils, butternut squash, radish and spring onion with a vinaigrette dressing

**Chicken Crunch Salad** New  
Breaded buttermilk chicken served with rosemary seasoning, rocket, cherry tomato, lettuce, Gran Levanto cheese and pesto

**Big-up your Fries**

1.29 each

Add cheese and bacon  
or  
Swap for sweet potato fries



**Add Onion Rings** for 1.79



**Desserts**

**FeelGood Ice Cream** VG V  
Two scoops of your favourite flavour  
**Choose from** Vanilla | Strawberry | Chocolate | Brownies & Cream  
Coconut Delight VG

**FeelGood Sorbet** VG V  
Two scoops of your favourite flavour  
**Choose from** Lemon | Mango

**Straight Up Waffle** New V  
Cinnamon sugar and caramel crunch, served with maple syrup

**New York Cheesecake** V  
Vanilla cheesecake with vanilla ice cream. A taste of the Big Apple  
**Choose from** Strawberry sauce | Salted caramel sauce

**FeelGood Fruit Salad** VG V New recipe  
With natural yoghurt

**The BIG gulp**

Unlimited refills for 2.99 on regular sodas



**Brownies & Ice Cream** V  
Served warm with whipped cream, vanilla ice cream and chocolate sauce

**Available Monday to Friday from 5pm**