

SABLE

100% PLANT BASED

BITES

HASH BROWN	3	TOM & JERRY  	13
FRIES LARGE 	10	MOZZARELLA, SPRING ONION & GARLIC AIOLI ON A BED OF FRIES	
JJ'S TENDERS 	12	INSPECTOR JAKUES  	16
XO TENDERS 	12	BACON, FETA, SPRING ONION, XO & AIOLI ON A BED OF FRIES	
BUFFALO TENDERS 	12	LE ROY JUCEP  	16
		GRAVY & MOZZARELLA ON A BED OF FRIES	

COOKIES!

CHOC CHIP 	6.5	4 PACK	24
WHITE CHOC MACADAMIA 	6.5	6 PACK	34
QUADRUPLE CHOC	6.5	8 PACK	42
LOADED BISCOFF	7		
LOADED NOTELLA	7	12 PACK	62

ASK ABOUT OUR COOKIE PLATTERS AND CAKES!

BUILD A BAGEL

1. CHOOSE BAGEL  \$5	2. CREAM CHEESE   \$4	3. PROTEIN  \$4.5
EVERYTHING	PLAIN	EGG 
PLAIN	HERB	BACON
POPPY	DILL	CHICKEN
SESAME	GARLIC & ONION	HAM
RYE		PREMIUM PROTEIN  \$6.5
GLUTEN FREE + \$2.5		LOX 
		SMOKED PORK
		PULLED BBQ BRISKET 
		FRIED CHICKEN
		SCHNITZEL
		PEPPERONI
4. FILLINGS   \$2	5. FILLINGS   \$1	6. SAUCE/DIPS   \$1
AVOCADO + \$2	COS LETTUCE	CHILLI JAM
MOZZARELLA	TOMATO	PESTO MAYONAISE
CHEDDAR	ROCKET	BUFFALO
FETA	RED ONION	BBQ
SEMI DRIED TOMATOES	CAPERS	GARLIC AIOLI
BEETROOT RELISH	CRISPY SHALLOTS	PEPPER MAYO
HOUSE PICKLES		HERB AIOLI

BAGELS

 ALL ITEMS ON OUR MENU ARE 100% PLANT BASED AND CONTAIN NO MEAT OR DAIRY.
IF YOU SUFFER FROM ANY FOOD ALLERGIES PLEASE SEEK ADVICE FROM OUR FRIENDLY STAFF BEFORE ORDERING

ALL BAGELS COME WITH A SMALL SIDE OF CRISPS - UPGRADE TO FRIES FOR \$4

MORE BREAKFASTY?

PLAIN JANE  	7
TOASTED BAGEL WITH SPREAD: BUTTER, JAM, VEGEMITE, PEANUT BUTTER, NOTELLA	
O.G.  	9
ORIGINAL CREAM CHEESE IN A TOASTED BAGEL	
1800 AVOCADO 	17
SMASHED AVOCADO, BEETROOT RELISH, FETA, ROCKET & CHILLI JAM IN A TOASTED BAGEL ADD EGG+3/ BACON+3/ MAPLE BACON+3.5	
MARILYN 	17
BACON, EGG, MOZZARELLA, HERB CREAM CHEESE & BBQ SAUCE IN A TOASTED BAGEL	
HANGOVER CURE  	19.5
SAUSAGE PATTY, EGG, GARLIC & ONION CREAM CHEESE, TOMATO, CHEDDAR, AIOLI & BBQ SAUCE IN A TOASTED BAGEL ADD BACON+3/ MAPLE BACON+3.5/HASH BROWN +2.5	

MORE LUNCHY?

JERMAINE 	17
BACON, HERB CREAM CHEESE, TOMATO, COS LETTUCE & GARLIC AIOLI IN A TOASTED BAGEL ADD EGG+3 / MAPLE BACON+.50	
LOX  	17
SMOKED SALMON, DILL CREAM CHEESE, TOMATO, RED ONION & CAPERS IN A TOASTED BAGEL	
GREAT UNCLE BASIL 	17
PESTO CHICKEN, CREAM CHEESE, SEMI-DRIED TOMATO & ROCKET IN A TOASTED BAGEL	
FRANCO COZZO 	19.5
MARINATED PEPPERONI, HOUSE NAPOLI, MOZZARELLA, GARLIC & ONION CREAM CHEESE, GREEN PEPPERS & ONION, IN A TOASTED BAGEL	
ACE O' CLUBS 	19.5
SCHNITZEL, BACON, TOMATO, CREAM CHEESE, LETTUCE & HERB AIOLI IN A TOASTED BAGEL MAKE IT MAPLE BACON+.50	
RUDY'S SMOKEHOUSE  	19.5
WHISKEY INFUSED PULLED BBQ BRISKET, GARLIC & ONION CREAM CHEESE, HOUSE PICKLES, FETA, ROCKET, CRISPY SHALLOTS & AIOLI IN A TOASTED BAGEL ADD BACON+3 / MAPLE BACON+3.5	
142.2FM  	19.5
JJ'S FRIED BUFFALO CHICKEN, CREAM CHEESE, LETTUCE, HOUSE PICKLES & AIOLI IN A TOASTED BAGEL	
BIG KEV 	19.5
JJ'S FRIED CHICKEN, CREAM CHEESE, COS LETTUCE & PEPPER MAYO IN A TOASTED BAGEL ADD BACON+3 / MAPLE BACON+3.5	

 GLUTEN FREE  GLUTEN FREE OPTION  GLUTEN FREE OPTIONS MAY CONTAIN TRACES OF GLUTEN
IN ORDER TO EFFECTIVELY SUPPORT OUR STAFF A SURCHARGE OF 10% WILL BE ADDED ON WEEKENDS & PUBLIC HOLIDAYS