# SALATES - SALADS

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Artichoke Salad   Baby spinach, arugula, capers,	18.8
pine nuts, dill, spring onion, & Free range boiled eggs,	
& carob flavoured Dakos rusk	100
Earth Salad   Kale, Radish, Pomegranate, Celery, Sauteed Mushrooms, Feta, Sunflower Seed, Pine Nuts with	18.8
Honey & Balsamic Dressing	
Kipourou Salata   Lettuce, Dill, Spring Onion,	17.8
Cherry tomatoes, Green & Red Cabbage, Cucumber, Green Pepper,	17.0
Flaxseed with Lemon & EVOO	
Moriatiki   Cherry Tomato, cucumber, full - 22.8 half onion, olives, feta cheese, vinegar & EVOO.	13.8
Blu Salad   Arugula, capers, anchovies, pine nuts,	29.8
Skillet talagani cheese.	
💜 Watermelon Salad   Watermelon, feta, mint	16.8
White & Yellow Salad   Mesclun, Roasted Cauliflower &	22.8
Pumpkin, Arugula, Parmesan, Almond, Mint, Spring Onion, Zaatar	
with Tahini Dressing	
SOUPA - SOUP	
Soup of the day   Chef's Selection Cup – 6.8 / Bowl -	- 11.8
	- 11.8
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Soup of the day   Chef's Selection Cup – 6.8 / Bowl –  PITAS & DIPS	3.9
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Soup of the day   Chef's Selection Cup – 6.8 / Bowl –  PITAS & DIPS  ALL OF OUR PITA BREAD IS FROM GREECE  Grilled Pita   Oregano & sea salt/organic  Crispy Pita   Baked till crispy  Hummus   Greek Tahini, organic chickpea, EVOO	3.9 3.9 15.9
Soup of the day   Chef's Selection Cup – 6.8 / Bowl –  PITAS & DIPS  ALL OF OUR PITA BREAD IS FROM GREECE  Grilled Pita   Oregano & sea salt/organic  Crispy Pita   Baked till crispy  Hummus   Greek Tahini, organic chickpea, EVOO  Fava   Organic yellow lentils, onion, oregano	3.9 3.9 15.9 14.8
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### OREKTIKA – MEZE

<b>▼ Dolmades</b>   In House Made	6pcs - 22.8 / 3pcs -13.8
Vine leaves filled with rice & herbs	
Organic Red & Green Peppers   filled with cred cheese, mint, EVOO	am 8pcs –12.8
* Artichokes   Fried, topped with balsamic crear	m 12.8
Lamb Meatballs   In-house made meatballs	4pcs −14.8
with spicy harissa dip, lemon & yogurt dressing	
★ Corn Cob   Grilled, tossed with spicy mayo	12.8
Fried Calamari   Lemon yoghurt dressing	29.8
Cured Fish Platter   Selection of Cured & Smoke	ed Fish 24.8
🛛 Egg Kapama   Sunny side up cooked in tomato	sauce 14.8
🛛 Egg Strapatsada   Scrambled, spicy tomato	18.8
Keftedes   In-house made beef meatballs,	8pcs - 17.8 / 4pcs -11.8
& tzatziki dip	
🛛 Polytiki Feta   Baked Tomatoes, Feta, Oregano,	18.8
Black pepper & Chilli	
<b>Bougiourdi</b>   Red pepper stuffed with marinate	d 18.8
spicy feta cheese	
Saganaki & Figs   Kefalotiri psito , topped with f	fig sauce 19.8
Moreover Imam Baildi   Seedless Eggplant sliced, rolled and r	roasted 16.8
with onion & tomato base sauce with a side of feta	
▼ Feta Psiti   Feta cheese, herbs, green olives, EVO	00 18.8
Spanakopita   Phylo pastry filled with spinach	16.8
leak, feta cheese & herbs	
X Talagani   Greek Halloumi cheese, drizzled with	blu sauce 19.8
Kolokithokeftedes   Zucchini, herbs, feta cheese	e 18.8
Feta Saganaki   Feta cheese wrap with Phylo pa	stry 19.8
with Greek Thyme honey & sprinkled with sesame  Yell Yia Yia's Avga Free Range Eggs   Boiled, topped	2pcs - 5.8
with organic seas salt & oregano, & EVOO	
	ef - 13.8 Lamb - 16.8

## **COLD MEZE PLATTER**

• Meze Platter   Red & green pepper, olives, hummus Greek pepperoni, spinach ball, cucumber/ carrot stick, feta chee pita & crispy pita	48.8 ese,
Fish Meze Platter   Red & green pepper, olives, taramosalata Greek pepperoni, pickled peppers, grilled pita, crispy pita, cucur carrot stick, assortment of Greek cured fish and Rock Samphire	68.8 mber/
XORTOFAGOI – VEGETARIAN	
🕍 🤎 Olives   Kalamata halkidiki & throuba	9.8
Cucumber Sticks	4.8
<b>X</b> ♥ Carrot Sticks	4.8
<b>▼</b> Greek Green Pepperoni	6.8
French Fries I Toss with organic sea salt & organic oregano	10.8
∖ <b>x</b> ⊚ Vegetables of the day	10.8
<b> ₹</b> ▼  Vegetarian Platter   Chef's Selection	30.8
\	12.8
Tiganopsomo   Pita filled with spicy feta cheese, pan seared	14.8
💎 Talagani Wrap   Wrap with pita, tomato & onion, blu sauce	22.8
<b>▼ Gemista</b>   Baked vegetables filled with marinated rice& potatoes	28.8
Vegetarian Mousaka   Oven-baked vegetables,	28.8
homemade Greek Tomato base Sauce, béchamel	
Spanakorizo   Spinach cooked with rice, herbs, lemon, EVOO	18.8
STON FOURNO - OVEN COOKED (20mins)	
Mousaka   Oven-baked eggplant, potatoes, béchamel	30.8
minced beef, homemade Greek Tomato base Sauce,	
Pastitsio   Greek macaroni, minced beef, béchamel	30.8
Served with homemade Greek Tomato base Sauce	
Please Order Responsibly – Wastage is a Shame	w.

Prices shown in the menu are subjected to service charge (10%) and prevailing government taxes

**KOTOPOULO - CHICKEN (15 - 20mins)** 

KOTOPOULO - CHICKEN (15 - 20mins)		
	Kotopoulo Fournou   Free Range Cornish Hen,	28.8
	roasted potatoes, lemon, oregano, EVOO	
M	Kotopoulo Stifatho   Free Range Cornish Hen,	28.8
	onion stew, EVOO	
	Kotopoulo Yiro   Natural grilled Organic Chicken	21.8
	wrapped in pita, tomatoes, onion, tzatziki, French fri	ies
	Kotopoulo Kalamaki   Grilled Organic chicken	19.8
	skewer, tomatoes, onion, pita	
ME	Grilled Chicken   Free Range Cornish Hen,	32.8
	roasted potato & grilled veg, (30-45min)	
	KREATIKA- BEEF & MEATS (15 –	<u>20min)</u>
	Beef Kalamaki   Beef skewer, fresh onion,	20.8
	sliced tomato, pita, tzatziki	
	Souvlaki Me Pita   Grilled beef wrapped in pita,	22.8
	fresh tomatoes, onion, tzatziki, french fries	
Z	Bifteki Stin Shara   Beef patties, lemon, 2x	ocs - 28.8 / 1pcs -16.8
	onion, roasted potatoes, tomato	
	Blu Cheese Burger   Beef patty, talagani cheese	26.8
	caramelized tomato & onion sauce, pita, French	fries
T. All	Filet Mignon   Grilled, roast potatoes, vegetable	58.8
	Meat Platter Small	
	2 Lamb Meatballs, 1 Beef Kalamaki,	55.8
	1 Organic Chicken Skewer & 2 Lamb chops	
	Meat Platter Medium	
	4 Lamb Meatballs, 2 Beef Kalamaki,	108.8
	2 Organic Chicken Skewer & 4 Lambchops	
	Meat Platter Large	
	8 Lamb Meatballs, 4 Beef Kalamaki,	210.8
	4 Organic Chicken Skewer & 8 Lambchops	
	Grilled Kebab Platter   S – 38.8 / M -7	74.8 / L – 150.8
	In House Ground Beef, Lamb, Chicken served wit	th Harissa
	Grilled Meat Board	108.8
	Fillet Mignon (250g) Sirloin (250g) with fresh her	rbs
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#### ARNI - LAMB (15 - 20mins)

J X	Paidakia   3 Grilled lamb chops, vegetables & p	otatoes	36.8
N X	Kleftiko   Roasted lamb shank, lemon potatoes		48.8
3	Kebab   Lamb skewers, grilled veg, harrisa	3pcs - 38.8 / 1	pcs -14.8

#### THALLASINA - SEAFOOD (30 – 45 mins)

N X	Kalamari   Grilled calamari, lemon, EVOO	29.8
N X	Xtapodi   Grilled octopus with vinegar & EVOO	39.8
	Note :Not marinated with salt.	
X X	Sardeles   Grilled sardines, lemon, EVOO	29.8
N X	Garides   Grilled jumbo prawn, lemon, EVOO	
	1pcs - 18.8 / 2pcs -	33.8 / 3pcs – 49.8
XX	Lavraki   Sea bass 600gm Baked or Grilled	68.8
N. X	Tsipoura   Sea bream 400gm Baked or Grilled	48.8

#### PSARIKA ANAMIKTA- SEAFOOD PLATTER (30 – 45min)

Grilled Squid, 3 Jumbo Prawns, including an option of the following fish:

\*Greek Fish 400g - \$115.8

\*Greek Fish 1kg - \$169.8

All of our Ground Beef is done in house & we only use Grass-Fed & Free-Range Beef

All of our Beef, Lamb & Chicken are Halal Certified

We are not liable for your choice of consumption of raw or undercooked meat or fish

Special for today please ask our staff

Please inform our staff of any food allergies or restrictions

**VISIT OUR RETAIL SECTION** 

Om Kurongsoong Soha

#### **DESSERT MENU**

Baklava - \$15.80 / \$6.80 per piece

Filo pastry filled with walnuts, topped with homemade syrup

Galaktoboureko - \$14.80

Filo Pastry with semolina cream filling, topped with homemade syrup

Bougatsa - \$13.80

Filo Pastry with semolina cream filling, serve hot, powdered with icing sugar & cinnamon

Milo me Meli - \$8.80

Freshly sliced apples, dusted with cinnamon & Greek thyme honey

100%Greek Yogurt - \$16.80

With homemade sweet fruits topping & walnuts

Rizogalo - \$13.80

Greek rice pudding with cinnamon & citrus zest

Portokalopita - \$14.80

Traditional Greek orange cake

Ipovrichio - \$3.80

(Submarine) Mastic in iced cold water

Pagoto Häagen-Dazs - \$ 6.80

Häagen-Dazs Ice Cream

Chocolate, Vanilla, Macadamia Nuts, Strawberry

# Hot Drinks

Cappuccino

rea Selection		
Herbal Tea		\$6.80
Mountain Tea		\$6.80
Mint Tea		\$6.80
Camomile Tea		\$6.80
English Breakfast		\$6.80
Coffee Selection		
Greek Coffee		\$5.80
Greek Nescafe Fra	appe	\$5.80
Black Coffee		\$4.80
Espresso		\$4.80
Double Espresso		\$5.80
Macchiato		\$5.80
Double Macchiato		\$6.80

Any physical or verbal abuse towards the Blu Kouzina staff will not be tolerated Please Order Responsibly – Wastage is a Shame

\$6.80

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