

WRAPS

our wraps come with slaw mix, mooli, fresh herbs, pickles & homemade sauces
GLUTEN FREE WRAP AVAILABLE £1

JERK CHICKEN Reg: £8.50 Lrg: £11.50

boneless chicken, marinated in our jerk seasoning, roasted & served with bajan hot pepper sauce & mayo

JERK FRIED CHICKEN Reg: £8.50 Lrg: £11.50

boneless chicken breast, marinated in our jerk seasoning, rolled in breadcrumbs & served with carib island sauce

HALLOUMI (V) Reg: £8.50 Lrg: £11.50

served with chilli salsa, yemin & mayo

FALAFEL (VG) Reg: £7.50 Lrg: £10.40

fresh falafels served with chilli salsa, yemin, tahini & hummus

FRIED PLANTAIN (VG) Reg: £7.50 Lrg: £10.40

fried plantain served with carib island sauce.

TAHINI CAULIFLOWER (VG) Reg: £7.50 Lrg: £10.40

tahini cauliflower served with chilli salsa & yemin sauce

VFC (VG) Reg: £8.50 Lrg: £11.50

vegan fried 'chick'n: seitan', marinated in our jerk seasoning, rolled in breadcrumbs & served with carib island sauce

CHALLENGE WRAPS

MEATY CHALLENGE £16.50

jerk chicken, JFC, falafel & halloumi, served with hummus, yemin tahini, chili salsa & mayo

VEGGIE CHALLENGE £16.50

halloumi, VFC & falafel, served with hummus, yemin tahini, chili salsa & mayo

VEGAN CHALLENGE £16.50

tahini cauliflower, VFC & falafel, served with hummus, yemin tahini, chili salsa & mayo

DRINKS

coke, diet coke, ginger beer, rio £2.30 still or sparkling water £1.50 san pellegrino: pomegranate & orange or lemon £3.00 FRESH COFFEE £2.30 FRESHLY SQUEEZED ORANGE JUICE £3.95 RED STRIPE LAGER £4.25 THATCHERS GOLD CIDER £4.25

PLEASE CHECK OUT OUR DRINKS MENU FOR OTHER ALCOHOLIC BEVERAGES

SALAD BOXES

our salad boxes come with fresh leaf salad, grated carrot, pickles, red onion, fresh herbs & homemade sauces. Salads are also dressed with toasted seeds, pomegranates, chickpeas & cherry tomatoes.

JERK CHICKEN (GF) £11.50

boneless chicken, marinated in our jerk seasoning, roasted & served with bajan hot pepper sauce & mayo

JERK FRIED CHICKEN £11.50

boneless chicken breast, marinated in our jerk seasoning, rolled in breadcrumbs & served with carib island sauce

HALLOUMI (V, GF) £11.50

served with yemin & mayo

FALAFEL (VG, GF) £10.40

fresh falafels served with yemin, tahini & hummus

FRIED PLANTAIN (VG, GF) £10.40

fried plantain served with carib island sauce

TAHINI CAULIFLOWER (VG, GF) £10.40

tahini cauliflower served with yemin sauce

VFC (VG) £11.50

vegan fried 'chick'n: seitan', marinated in our jerk seasoning, rolled in breadcrumbs & served with carib island sauce

SIDES

JFC BITES JERK FRIED CHICKEN BITES Reg £7.45 Lrg £9.99
VFC BITES JERK FRIED VEGAN Reg £6.95 Lrg £9.49

NEW CAULIFLOWER TEMPURA

BITES (VG,GF) Reg £6.95 Lrg £9.49

above bites served with either pineapple & habanero chili jam or sticky Korean BBO sauce

FRIES/SPICY FRIES (VG,GF) £3.50

SWEET POTATO FRIES (VG,GF) £5.00

HUMMUS & FLATBREAD (VG) £5.00

FRIED PLANTAIN (VG,GF) £4.00

HALLOUMI FRIES (V, GF) £5.95

SWEET

SALTED CARAMEL & DOUBLE CHOCOLATE BROWNIE (GF) £3.95

NORTHERN BLOCICE CREAM TUBS

Vanilla, Chocolate, Salted Caramel (vg) raspberry and Sorrel sorbet (vg) ± 3.00

ADD EXTRAS TO YOUR WRAP FOR JUST £2.00 |

jerk fried chicken, halloumi, jerk chicken, fried plantain, falafel, tahini cauliflower, VFC