



H
老食人
HAWKERMANTM

菜單
MENU

HAWKERMANTM is a collection of curated stories representing Singapore's Hawker fares with the combined history of more than 130 years. In this latest concept by Tenderfresh Group, the best of the 'street food' recipes from across Singapore were handpicked and delivered to you at a single location.

From crispy fried farm fresh spring chicken by Tenderfresh to delicious 60's Hokkien Mee fried with the distinctive prawn broth from legendary Hokkien Mee master, or the healthy stew of 7 key ingredients that makes up the Rainbow fillings; a heritage recipe handed down since 1977 to make our Ah Boy's Hokkien popiah, there's always something for everyone.

SINGPOST CENTRE / SELETAR MALL / FUNAN MALL

  [hawkermansg](https://www.hawkermansg.com) | www.tenderfresh.com.sg

SALAD N SIDES



A1 CITRUS PLUM WATERMELON 3.9
Sng sng dressing on refreshing watermelon



A4 KIMSLAW WITH FRIED MUH CHEE 5.9



A5 CREAM OF MUSHROOM WITH GARLIC BREAD 3.3

A6 Additional Garlic Bread 0.9



A2 GRILLED CHICKEN SALAD WITH MUSTARD MAYO 7.9



A7 CAJUN CHICKEN SALAD 7.9
Crispy Chicken Cutlet served on a bed of garden greens with mustard mayo.



A3 SIGNATURE COLESLAW 3.9



AH BOY POPIAH

ALL POPIAHS ARE SERVED WITH CHILLI PASTE
OPT FOR NON SPICY PRIOR TO ORDERING



A8 AH BOY HOKKIEN POPIAH
Rainbow filling, egg, fresh coriander & sweet sauce
3.9

A9 HOKKIEN SAUSAGE POPIAH
Rainbow filling, Chinese Chicken Sausage egg, fresh coriander & sweet sauce
4.9



A10 KIMCHEESE AYAM POPIAH
Rainbow filling, chicken karaage, cheese & kimslaw
5.9



A11 SKINNY POPIAH
Rainbow filling, crispy chicken skin & salted egg sauce
4.9



A12 MAKI POPIAH
Rainbow filling, nori, chicken floss & mayo
6.9

FAMILY HEIRLOOM RECIPE SINCE 1977

Dedicated to providing premium quality, our popiahs are unlike those commonly available in the market as it comes chock-full of ingredients. Meticulously prepared using a traditional recipe for Rainbow Fillings consisting of 7 ingredients, turnip, cabbage, carrot, french beans, bamboo shoots, garlic & yellow bean curd, our popiah is both nutritious and flavorful.

SIDES 'N BITES



FAMOUS MA LING SU
"Jiak Kan Tan" with our homemade sauce

A13 FRIES WITH MEAT SAUCE AND EGG 6.9

- A14** CRISPY FRIES 2.9
- A15** CHEESE FRIES 4.9
- A16** MALA MAYO FRIES 4.9
- A17** CURRY TARTAR FRIES 4.9

A18 SEDAP LEMAK FRIES 4.9



A19 CHICKEN FLOSS FRIES 4.9



A20 TERIYAKI FRIES 4.9



A21 FRIES WITH CHEESE AND MEAT SAUCE 5.9

A LA CARTE SAUCE

- A22** MAYONNAISE 1
- A23** MALA MAYO 1
- A24** NACHO CHEESE 1
- A25** CURRY TARTAR 1
- A26** COCO MAYO 1
- A27** HONEY MUSTARD 1
- A28** SAMBAL MAYO 1
- A29** SAMBAL CHILI 1
- A30** SAWADEE SAUCE 1
- A31** XO SAUCE 2

STARTER

A32 MALA POPCORN CHICKEN 5.9



A33 DOUBLE YOLK CHICKEN 7.9



A34 SALTED EGG WINGS 8.9



A35 CHEESY COUNTRY MUSHROOM 4.9



A36 CRISPY THAI CHICKEN SKIN 4.9



A37 ONION RINGS 4.9



CRISPY FRIED CHICKEN WINGS

- A38** 2 PCS 4.5
- A39** 5 PCS 9.9
- A40** 10 PCS 19.5

ROASTED CHICKEN WINGS

- A41** 2 PCS 4.5
- A42** 5 PCS 9.9
- A43** 10 PCS 19.5

TENDERFRESH WINGS

Our wings are a little bigger than the average ones, thus gives you more meat & more shiok from every bite.



H
招牌菜
SIGNATURE



BAO KA LIAO
(SERVED 2-3 PERSON)

32.9

- B1 Signature Crispy Fried Half Spring Chicken
- B2 Honey Glazed Roasted Half Spring Chicken



OUR LEGENDARY PLATTER

Bao Ka Liao [包到完], once a local favourite Hokkien term referring to all encompassing is a fitting name for our HAWKERMANS signature platter, this is where you get to enjoy all 7 of our awesome dishes, both classic and new twist in a single platter.

Using farm fresh chicken marinated for 24 hours, enjoy our hand battered crispy Signature Fried Half Spring Chicken [可愛鷄], complement with a delicious plate of 6Os Hokkien Mee, soaking up to our oohsome broth made by meticulously boiling prawn shells and other essentials for hours to give the awesome sweetness.

Our Ah Boy Hokkien Popiah are stuffed with oozy goodness; Rainbow filling recipes consisting of 7 key ingredients that gives that sweet and savoury flavors, complement with the usual condiments such as lettuce, eggs, bean sprouts, chopped peanuts, garlic, coriander and chili paste that offers the rich combination of texture and flavors. Be warned, our popiah chili paste packs a kick!

Our 'Tao Qiu' (头手), or head chefs had also added a new twist to some of our favourite local delights, XO Carrot Cake, Kimslaw with Fried Muah Chee and a refreshing Citrus Plum Watermelon (think guava with sour plum powder?) and Double Yolk Chicken, using salted egg flavoured egg mayo over succulent chicken karaage.

With such a steady bom pi pi line-up, you will be able to enjoy the best of all worlds with your family, buddies or even on your own?

H
CROSSOVER



B3

HAWKERMAN SEAFOOD LOR MEE

The rickshaw siders' go-to meal in the past, the noodles are simmered in prawn broth and the essence extracted from our rainbow filling, with a hearty serving of prawns, lala, tau pok & loads of vegetables. Opt for crispy chicken skin topping for a more flavorful mix.

9.9

B4

HOKKIEN CHICK

The heart says Hokkien mee, but you can't resist the smell of our crispy fried chicken? Why not order both on the same plate, KAO DIM!

8.9



B5

YUAN YANG CARROT CAKE

Carbonara styled Carrot Cake with Turkey Bacon & XO Sauce Carrot Cake

6.9



B6 **CHAPALANG**

Hawker-inspired one bowl meal! Mix up with succulent teriyaki karaage, poached egg, rainbow filling, bean sprout, kimslaw & fresh leek on a bed of fragrant rice.

8.9




**SIGNATURE CRISPY FRIED
SPRING CHICKEN**

- T1 WHOLE 19.5
Served with Fries, Salad & Coleslaw
- T2 HALF 11.5
Served with Fries & Coleslaw

T3 **LUCKY PLATE** 2 PC 7.9
Served with Fries & Coleslaw

T4 **HAPPINESS PLATE** 3 PC 10.9
Served with Fries & Coleslaw

TENDER PLATE 5 PC 17.9
Served with Fries & Coleslaw

T6 A LA CARTE 5 PC 14.9

FAMILY PLATE 9 PC 29.9
Served with Fries & Coleslaw

T8 A LA CARTE 9 PC 26.9

T9 **CRISPY FRESH BROILER** 1 PC 3.2

REALLY TENDER, REALLY FRESH, REALLY TENDERFRESH

What is the secret behind Singapore's iconic Tenderfresh chicken, the affectionately loved 可爱鸡? You'd be surprised: It is not the 24-hours marination in our special house blend, nor the awesome hand battered crunch. The magic is in the details - we pick only the freshest chickens. So fresh that you might still find a little blood vein at times (a common trait in only the freshest of chicken, much like your favourite Hainanese chicken rice).



**HONEY GLAZED ROASTED
SPRING CHICKEN**

- T10 WHOLE 19.5
Served with Fries, Salad & Coleslaw
- T11 HALF 11.5
Served with Fries & Coleslaw



T12 **ROASTED HALF
SPRING CHICKEN RICE**
Served with Fragrant Rice & Coleslaw
11.5



T13 **CRISPY FRIED HALF
SPRING CHICKEN RICE**
Served with Fragrant Rice & Coleslaw
11.5



DELICIOUS RICE SELECTIONS
Served with Fragrant Rice & Coleslaw

- T14 ROASTED WING RICE 7.9
- T15 CRISPY WING RICE 7.9
- T16 CHICKEN CUTLET RICE 9.9
- T17 CHICKEN CHOP RICE 9.9
- T18 MALA FISH NUGGET RICE 9.9
- T19 BATTERED FISH WITH THAI CHILI SAUCE 9.9
- T20 FRAGRANT RICE 2.9
- T21 LAVA EGG 1.5

REALLY TENDER, REALLY FRESH REALLY TENDERFRESH

Combine these fine ingredients with our carefully timed cooking - not a single second more - to seal in the juices and give you that famed succulent Tenderfresh taste. Feel free to ask our chef to cook a bit longer to avoid the blood veins, but we have to warn you, it will not be the same 'tender'. Though still fresh la :)

Tenderfresh Chicken. Perfected from decades of feeding the toughest customers in the world - Singaporeans.

H
ASIAN FUSION PASTA



P1 FRIED CHICKEN CHOP 10.9
WITH SALTED EGG SPAGHETTI



P2 LAKSA SEAFOOD SPAGHETTI 12.9



P3 CHICKEN BOLOGNESE 6.9



P4 BLACK PEPPER CRAB PASTA 10.9



P5 UDANG KERING VONGOLE 9.9



P6 CHILLI CRAB PASTA 10.9



CRISPY SKIN CHICKEN CHOP
AGLIO OLIO

- P7 MASAK MERAH SAUCE 11.9**
- P8 BROWN SAUCE 10.9**
- P9 BULLET PEPPER SAUCE 10.9**
- P10 TERIYAKI SAUCE 10.9**



P11 TOM YAM LEG 11.9
AGLIO OLIO



P12 CRISPY HALF SPRING 12.9
CHICKEN AGLIO OLIO

AGLIO OLIO

- P13 SAMBAL GRILL FISH 11.9**
- P14 BATTERED FISH 11.9**
- P15 CHICKEN MUSHROOM 9.9**
- P16 TURKEY BACON 9.9**
- P17 MUSHROOM 8.9**
- P18 CRISPY WING 7.9**
- P19 AGLIO OLIO 3.9**

H
 怀旧美食
WESTERN DELIGHT



**OLD SCHOOL HAINANESE
 SIZZLING CHICKEN CHOP**

Bringing back the Old School Western food experience with the "Sizzling" Awesomeness!

- C1** BROWN SAUCE 9.9
- C2** TERIYAKI SAUCE 9.9
- C3** BULLET PEPPER 9.9



CRISPY CHICKEN CUTLET

Served with Crispy Fries, Signature Coleslaw and Garlic Bread

- C4** MUSTARD MAYO 9.9
- C5** NACHO CHEESE 9.9
- C6** MALA MAYO 9.9

H
 新鲜美食
FEESH N CHIPS



C7 FEESH N CHIPS 10.9
 W CURRY TARTAR SAUCE



C8 FEESH N CHIPS 10.9
 W MALA MAYO



C9 SAMBAL GRILLED FISH 10.9



C10 DOUBLE FISH MINI PLATTER 11.9

* served with curry tartar & mala mayo



C11 SPICY SAWADEE BAKED FISH 10.9

* Caution, our Sawadee Chili packs a fiery kick.

MAKCIK SEDAP LEMAK



M1
TOM YAM BOOMERANG SEDAP LEMAK 10.9

SEDAP LEMAK

Served with fluffy coconut rice, lava egg, achar, roasted ikan bills and peanuts & sambal chili.

- M2** CRISPY WINGS 8.9
- M3** ROASTED WINGS 8.9
- M4** FRIED HALF SPRING CHICKEN 12.5
- M5** ROASTED HALF SPRING CHICKEN 12.5
- M6** SAMBAL GRILLED FISH 11.9
- M7** BATTERED FISH 11.9
- M8** MALA POPCORN CHICKEN 8.9
- M9** CRISPY CHICKEN CUTLET 7.9



M10
TERIYAKI CHICKEN CHOP SEDAP LEMAK 7.9

- M11** CRISPY SKIN CHICKEN CHOP 7.9
- M12** BULLET PEPPER CHICKEN CHOP 7.9
- M13** AYAM MASAK MERAH CHOP 7.9
- M14** SEDAP LEMAK RICE 2.9

HOKKIEN MEE



*400-500gm lobster
ONLY 10 PORTIONS DAILY
WHILE STOCK LAST!

M15
'LO'LEX HOKKIEN MEE
Lobster*, prawns, white clams and sotong
[GOOD FOR 2] 44.9



M16
LA LA HOKKIEN MEE 9.9
White clams, prawns and sotong



M17
CHOP CHOP HOKKIEN MEE
Crispy skin chicken chop 9.9



M18
SPICY X.O. HOKKIEN MEE
"Xtra Oyster", prawn and sotong 12.9

SEDAP POWER HOKKIEN MEE

Our famous Hokkien mee is braised in savory and robust prawn stock made by meticulously boiling prawn shells and other essentials for hours to give the awesome sweetness. To replace the pork lard, optional Crispy Chicken Skin were added to max out the aromatic effect.

H DESSERT



Z1
DURIAN 'N JACK POPIAH 5.9
Durian, Jack Fruit, Peanut, Gula Melaka & Coconut Ice Cream.



Z2
GONG TANG COCONUT AISI KREME POPIAH 3.9
Gong Tang, Coconut Ice Cream, Gula Melaka



Z3
GULA MELEKA COCO AISI KREME POPIAH 3.9
Coconut Ice Cream, Gula Melaka



CHENG TENG 4.9
Z4 HOT | Z5 COLD

Z6 CHENDOL 4.9
Z7 DURIAN CHENDOL 6.5



Z8
COCO HITAM 4.9
Homemade Black Glutinous Rice Pudding with Coconut Ice Cream



Z9
SINGAPURA DESSERT 5.9
Gong Tang, Peanut Sweet, Ice Gem Biscuit, Gula Melaka & Coconut Ice Cream

H DRINKS

		HOT	ICED
D1/D4	KOPI	1.5	2.2
D2/D5	KOPI O	1.4	2.2
D3/D6	KOPI C	1.7	2.4
D7	KOPI FLOAT		4.5
D8	KOPI FLOAT WITH CARAMEL		5
D9/D12	TEH	1.5	2.2
D10/D13	TEH O	1.4	2.2
D11/D14	TEH C	1.7	2.4
D15	TEH FLOAT		4.5
D16	TEH FLOAT WITH CARAMEL		5
D17/D19	YUAN YANG	1.6	2.4
D18/D20	YUAN YANG C	1.7	2.6
D21/D22	CHOCOLATE	3.5	3.5
D23/D24	HONEY LEMON	2	2



D25
FAKE BIRD NEST DRINK 2
At least we dun bluff u hor!

D26
COCO BANDUNG 2.5
Coconut Kreme with Rose Wafer

D27	ROSE WATER	2
D28	BANDUNG	2
D29	BANDUNG GULA MELAKA	4.9
D30	PINEAPPLE DRINK	2
D31	LUO HAN GUO DRINK	2
D32	LEMON JUICE	2
D33	CANNED DRINKS	2
	*Fuji Apple, Pepsi, Green Tea, Pepsi Black	2
D34	BOTTLE WATER	1.5
D35	WARM WATER	0.5

DESIGNER MOCKTAILS



D36 PASSION FRUIT WITH ICED LEMON TEA 4.9
D37 BLUE CURACAO WITH PASSION FRUIT & WHITE CHRYSANTHEMUM TEA 4.9
D38 GRAPEFRUIT WITH MOUNTAIN DEW 4.9
D39 KIWI WITH OOLONG TEA 4.9
D40 WATERMELON WITH SPARKLING APPLE 4.9
D41 BLUE OCEAN 4.9
D42 CUCUMBER WITH GREEN TEA 4.9
D43 BLUE LAGOON WITH MOUNTAIN DEW 4.9
D44 LAVENDER WITH WHITE CHRYSANTHEMUM 4.9
D45 PASSION FRUIT PEACH TEA WITH HONEY LEMON 4.9



TEA BREAK SET

MON-FRI | 2PM - 6PM ONLY

X1

KOPI X POPIAH SET

AH BOY HOKKIEN POPIAH
+ ANY HOT KOPI OR TEH

4.5

*NOT AVAILABLE ON PUBLIC HOLIDAY. DINE-IN ONLY.
NOT VALID FOR ADDITIONAL DISCOUNT/ REBATE.

*ADD 1.5 TO UPGRADE TO PREMIUM POPIAH

X2

SET A BANDUNG

+ CREAM OF MUSHROOM*

4.5

OTHER DRINKS OPTIONS

- HONEY LEMON
- FAKE BIRD NEST DRINK
- PINEAPPLE DRINK
- LUO HAN GUO DRINK
- LEMON JUICE
- ICED ROSE WATER
- HOT KOPI/TEH



*GARLIC BREAD SOLD SEPERATELY AT 0.9

X3

SET B MOCKTAILS

+ CREAM OF MUSHROOM*

6.9

美美
不跑水喔
VERY STEADY DEAL HOR

TAKEAWAY

DELIVERY, BENTO BOX, CATERING.

CANT GET ENOUGH OF OUR DELICIOUS MENU
OR THINKING OF A DIY POPIAH PARTY?

CONTACT US AT

CATERING@TENDERFRESH.COM.SG



tenderbest™
- MAKCIK MARKET -

Log on to
www.tenderfresh.com.sg
for more details



Makan Teh-gether!

Tenderbest Makcik Market, a premium lifestyle food superstore,
Tenderfresh's ambitious venture on its 40th Anniversary,
is a pure gastronomical delight.

An eye-appealing exotic store captures the novel concepts from around the island on one plate. With an aesthetic mix of Makcik styled Zi char menu with **Asyura Paste** to traditional pulled tea and roti prata from **Mr Teh Tarik**, the 400+ item menu is a den of discovery - of the finest local foods and ingredients. Price are kept affordable with no service charge.

See You There!

ADDRESS: BEDOK POINT, 799 UPPER CHANGI ROAD, #02-01-06, SINGAPORE 467351 | BUSINESS HOUR: 1100AM - 1000PM DAILY