# **GLUTEN-FREE**

#### **PICCOLO**

Mixed Olives VG (139 kcals) 3.60Mixed marinated olives.

Nocellara Olives VG (139 kcals) 4.10Whole green Sicilian olives.

Pesto Nuts V (244 kcals) 2.50Basil-pesto-coated broad beans, peanuts and cashews.

### **ANTI PASTI**

**Burrata** (811 kcals) 8.00 Whole Pugliese burrata with

24-month-aged Parma ham, pea purée, lemon and mint marinated edamame beans. Served with gluten-free bread and gremolata.

Chicken Liver Pate (542 kcals) 7.20 With red onion marmalade and gluten-free bread.

**Zuppa di Funghi** V (441 kcals) 6.10A rich and earthy soup of porcini, shiitake & oyster mushrooms. With gluten-free bread.

Tomato Bruschetta V (469 kcals) 6.60Mixed cherry tomatoes, garlic and basil on gluten-free bread, finished with extra virgin olive oil. Antipasti Plate (385 kcals) 8.00

Gluten-free bread, 24-month-aged Parma ham, spianata Calabrese, finocchiona salami, artichoke, semi-dried tomatoes, olives & caperberries.

### **PASTA & RISOTTO**

Our gluten-free rigatoni pasta is made with corn and chickpea flour. They are small, tube-shaped pasta with ridges.

Braised Beef Ragu (806 kcals) 14.90

Braised beef slow-cooked in red wine, black olives and herbs.

**Seafood** (880 kcals) 16.40

Prawns, whole mussels and squid in a crab & chilli sauce. With bottarga.

Veganesca VG (728 kcals) 11.30

A puttanesca-style sauce of olives, capers, tomato, chilli and garlic garnished with toasted mixed nuts and raisins.

Giardiniera without Spinach Balls V (976 kcals) 12.30

Grated courgette, garlic, chilli and cheese.

**Carbonara** (1146 kcals) 12.30

Eggs, guanciale, cheese and black pepper.

**Piccante** (715 kcals) 13.30

A spicy sausage, rosemary, chilli and tomato sauce. Topped with burrata.

Risotto ai Funghi V (703 kcals) 14.70

Arborio rice with a mix of porcini, shiitake & oyster mushrooms with garlic. Served with a truffle crisp.

**Add: Chicken** (+136 kcals) 3.00 Truffle Oil (+11 kcals) 1.80

Pomodoro e Basilico VG (510 kcals) 11.30

Tomato & basil sauce.

Pesto V (710 kcals) 11.30

## Chicken, Avocado & Pancetta (1098 kcals) 13.90

**SECONDI** 

Chicken, pancetta and avocado with green beans, red onion, semi-dried tomatoes, olives and mixed leaves finished with a balsamic dressing.

Cod with Semi-Dried Tomato Pesto (871 kcals) 16.40

Pan-Fried Sea Bass Fillets (827 kcals) 16.40

Served with rosemary & garlic-roasted potatoes with rocket and Parmigiano-Reggiano.

Pan-Fried cod on a bed of fresh mussels, tomatoes, pea & edamame.

Topped with our freshly made semi-dried tomato and almond pesto.

With tomato and white wine salsa and served with dressed fennel.

Minute Steak (594 kcals) 14.40

Pan-fried thinly tenderised minute steak, served pink.

Sirloin Steak (879 kcals) 20.50

Pan-fried dry-aged 8oz\* sirloin.

**Choose from:** 

Garlic Butter (+247 kcals) 2.10

Porcini Mushroom Sauce (+125 kcals) 2.10

Truffle Butter (+260 kcals) 2.10

### **GELATO, SORBET & DESSERTS**

Affogato V (153 kcals) 4.90

Vanilla ice cream topped with a shot of hot espresso. Add: Frangelico (+59 kcals) 2.30

Gelato V2 scoops 5.40 | 3 scoops 6.10

Espresso (78 kcals per scoop) | Strawberry (89 kcals per scoop) Chocolate (123 kcals per scoop) | Pistachio (98 kcals per scoop)

Vanilla (78 kcals per scoop)

Sorbet V2 scoops 5.40 | 3 scoops 6.10

**Lemon** (56 kcals per scoop) | **Raspberry** (64 kcals per scoop)

**Panna Cotta** (710 kcals) 6.60

Vanilla panna cotta with raspberry coulis.

### **SIDES**

Pan-Fried Potatoes VG (207 kcals) 3.90

Garlic and rosemary.

Tenderstem Broccoli VG (343 kcals) 4.40

Chilli, garlic and toasted almonds.

Green Beans and Spinach V (274 kcals) 4.40

Topped with pine nuts.

Mixed Salad VG (207 kcals) 4.60

Tossed with a balsamic dressing.

Green Salad (171 kcals) 4.40

Finished with Parmigiano-Reggiano shavings and a balsamic dressing.

Caprese Salad (272 kcals) 4.90

Buffalo mozzarella, sliced beef tomatoes, basil and olives, drizzled with extra virgin olive oil.

Tomato Salad VG (263 kcals) 4.10

With red onion and a balsamic dressing.

# GLUTEN-FREE BREAKFAST

#### **SIGNATURE**

**Traditional** (from 670 kcals) 10.20

Your choice of eggs with pan-fried pancetta, sautéed mushrooms, slow-roasted tomatoes and toasted gluten-free bread.

**Vegetarian V** (from 712 kcals) 10.20

Your choice of eggs with smashed avocado mixed with slow-roasted tomatoes and red onion, sautéed mushrooms and toasted gluten-free bread.

Vegan VG (509 kcals) 10.20

Smashed avocado mixed with slow-roasted tomatoes and red onion, sautéed potatoes and spinach.

#### **EGGS**

Avocado & Poached Eggs V (509 kcals) 8.20

Smashed avocado mixed with slow-roasted tomatoes and red onion, with poached eggs on toasted gluten-free bread.

 ${\bf Add: Pan\text{-}Fried\ Pancetta\ (+112\ kcals)\ 2.10}$ 

Avocado, Smoked Salmon & Poached Eggs (596 kcals) 10.20

Smashed avocado mixed with slow-roasted tomatoes and red onion, with smoked salmon and poached eggs on toasted gluten-free bread.

**Benedict** (554 kcals) 9.20

Ham with poached eggs and Hollandaise on toasted gluten-free bread.

**Royale** (573 kcals) 9.50

Smoked salmon with poached eggs and Hollandaise on gluten-free bread.

Florentine (581 kcals) 8.20

Spinach with poached eggs and Hollandaise on toasted gluten-free bread.

Classic Eggs V (from 261 kcals) 6.40

Your choice of eggs on toasted gluten-free bread.

Add: Pan-Fried Pancetta (+112 kcals) 2.10 | Mixed Mushrooms V (+230 kcals) 2.10 Smoked Salmon (+84 kcals) 2.10

### **GO MAGNIFICO!**

Any Signature or Eggs breakfast with a hot drink and a juice 12.50 per person.

### **GO GRANDE!**

All of the above plus a Mimosa, Bellini or glass of Prosecco 17.50 per person.

### **ADDITIONS**

 $\begin{tabular}{ll} \bf Mushrooms \, VG \, (230 \, kcals) \, \, 2.10 \\ \bf Smashed \, Avocado \, VG \, (97 \, kcals) \, \, 2.10 \\ \end{tabular}$ 

**Spinach** VG (282 kcals) 2.10

Pan-Fried Pancetta (112 kcals) 2.10 Smoked Salmon (84 kcals) 2.10

Slow-Roasted Tomatoes VG (37 kcals) 2.10

Carbon Neutral Britain





If you have any food allergies or intolerances, please let your server know before ordering.

V Suitable for vegetarians VG Suitable for vegans

Please check full dietary information each time you visit our restaurant as from time-to-time ingredients may change. Calorie information is calculated using typical values and measures. Calories (kcal) are detailed per serving, all servings are for one unless stated otherwise. A typical adult needs around 2000 kcal a day. For the full range of calories please visit our website. Full dietary information can be found by scanning the QR code.

#### **COCKTAILS**

**Bellini** 8.00

Choose from peach or raspberry.

Mimosa 8.00

Prosecco and fresh orange juice.

**Bloody Mary** 7.65

Spiced tomato juice with Ketel One Vodka, garnished with a celery stick.

# FRUIT JUICES & SMOOTHIES

Orange (110 kcals) 3.35

Apple (88 kcals) 3.35

Lemonade (41 kcals) 3.35

Pago Peach (104 kcals) 3.35

Pago Cranberry (110 kcals) 3.35

Spiced Tomato (48 kcals) 3.35

Red Berry Smoothie (130 kcals) 4.40

Mango Passion Fruit Smoothie (140 kcals) 4.40

#### **COFFEE**

Choose your coffee blend

Milano sweet, refined & smooth Napoli rich, mellow, lively

Espresso/Ristretto (from 1 kcal) 2.50

**Double Espresso** (from 2 kcal) 3.05

Espresso Macchiato (from 4 kcal) 2.50

Cappuccino (from 90 kcals) 3.35

Caffè Latte (from 92 kcals) 3.35

 $\textbf{Flat White} \ (\text{from 58 kcals}) \ 3.35$ 

Americano (from 2 kcal) 3.05

**Mocha** (from 170 kcals) 3.35

Hot Chocolate (200 kcals) 3.55

#### CAFFÈ FREDDO

Prefer your coffee iced? Just ask a member of our team.

#### TEA

English Breakfast (from 1 kcal) 2.50

English Breakfast Decaf (from 1 kcal) 2.50

Earl Grey (from 1 kcal) 2.50

Green Tea (from 1 kcal) 2.50

Peppermint (from 1 kcal) 2.50

Fresh Mint (from 1 kcal) 2.50

Dairy-free oat, coconut and soya milks are available.