

Since 1951



*Lai Huat* 來發  
SIGNATURES

# 招牌菜

Signature Dish



**驰名叁岙鲳鱼** \$35++  
Famous Sambal Promfret Fish

**驰名叁岙鳊鱼** \$32++  
Famous Sambal Sole Fish



**红斑鱼头炉** \$40 \$50 \$60  
Red Grouper Fish Head Steamboat

**斗鲳鱼头炉** \$65++  
Pomfret Fish Head Steamboat



\$26  
**皇帝鸡 (一只)**  
Emperor Chicken (Whole)



**黑椒虾婆** \$30 \$40 \$50  
Black Pepper Crayfish



时价 Seasonal Price  
**蒜蓉螃蟹**  
Garlic Baked Crab



\$12 \$18 \$24  
**苏东仔**  
Baby Squid

• 图片只供参考 Food picture are for reference only.



# 厨师推荐

Chef Recommendation



\$14 \$24

👍 翡翠豆腐  
Homemade Spinach Tofu



\$12 \$16 \$20

👍 啦啦白米份  
Lala White BeeHoon



\$12 \$18 \$24

👍 虾酱鸡  
Prawn Paste Chicken



\$12 \$22

👍 蟹肉豆腐  
Tofu w/ Crabmeat & Egg White



\$12 \$16 \$22

👍 牛油炸肉  
Crispy Butter Pork



\$12 \$16 \$22

👍 咸蛋鸡丁  
Salted Egg Chicken



\$12 \$16 \$20

👍 三皇苋菜  
Spinach w/ Trio Egg

# 厨 师 推 荐

Chef Recommendation



\$18 \$25 \$35

👍 西兰花带子  
Broccoli w/Scallop



时价 Seasonal Price

👍 辣椒螃蟹  
Chilli Crab



\$10 \$15 \$20

👍 肉松沙律油条  
Salad You Tiao w/  
Chicken Floss



\$10 \$15 \$20

👍 自制虾枣  
Homemade Prawn Roll



\$7 \$10 \$20

👍 卤猪脚  
Braised Pig's Trotter



\$25 \$35

👍 一品锅  
Superior Hot Pot



\$14 \$18 \$22

👍 上汤啦啦  
Superior Stock Lala

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👍 厨师推介 Chef's Recommendation.

# 鱼类 Fish

时价 Seasonal Price

- ▲ 红斑 Red Grouper
- ▲ 鲳鱼 Pomfret

- ▲ 豉汁苦瓜鱼头 Bittergourd Fish Head w/ Black Bean Sauce \$28

口味 Taste

- ▲ 港蒸 Steamed Hk Style
- ▲ 潮州 Teochew Style
- ▲ 豉汁半煎煮 Braised Black Bean Sauce



潮州蒸鱼  
Teochew Style Steamed Fish

# 螃蟹 Crab

时价 Seasonal Price

口味 Taste

- ▲ 蒜蓉 Garlic
- ▲ 黑椒 Black Pepper
- ▲ 姜葱 Ginger & Spring Onion
- ▲ 炒米粉蟹 Fried Crab Bee Hoon
- ▲ 辣椒 Chilli
- ▲ 咸蛋 Salted Egg

炒米粉蟹  
Fried Crab Bee Hoon



黑椒螃蟹  
Black Pepper Crab



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# 虾类 Prawn

\$20 \$30 \$40

口味 Taste

▲ 干煎虾碌  
Stir-Fried Prawns in  
Sauce (Har Lok)

▲ 麦片蛋丝虾  
Cereal Prawn w/  
Egg Floss

▲ 白灼虾  
Poached Prawn

▲ 咸蛋虾  
Salted Egg Prawn



麦片蛋丝虾  
Cereal Prawn w/  
Egg Floss



白灼虾  
Poached Prawn



苏东仔  
Baby Squid

咸蛋苏东  
Salted Egg  
Sotong

# 苏东 Sotong

\$12 \$18 \$24

口味 Taste

▲ 叁崙  
Sambal

▲ 麦片  
Cereal

▲ 咸蛋  
Salted Egg +\$2

▲ 苏东仔  
Baby Squid

# 啦啦 Lala

\$12 \$18 \$22

口味 Taste

▲ 姜葱啦啦  
Ginger & Spring  
Onion Lala

▲ 叁崙啦啦  
Sambal Lala

▲ 上汤啦啦  
Superior Stock  
Lala

上汤啦啦  
Superior Stock Lala



# 肉 类/排骨王

Pork/ Pork Ribs

\$12 \$16 \$22

- ▲ 姜葱肉片  
Ginger & Spring Onion  
Sliced Pork
- ▲ 咖啡排骨  
Coffee Pork Ribs
- ▲ 咕嚕肉  
Sweet & Sour Pork
- ▲ 排骨王  
Pork Ribs King
- ▲ 咸蛋排骨  
Salted Egg Pork Ribs
- ▲ 妈蜜排骨  
Marmite Pork Ribs

咸蛋排骨  
Salted Egg  
Pork Ribs



咖啡排骨  
Coffee Pork Ribs



皇帝鸡  
Emperor Chicken

# 鸡 类

Chicken

\$12 \$16 \$22

- ▲ 虾酱鸡  
Prawn Paste Chicken
- ▲ 咸蛋鸡丁  
Salted Egg Chicken
- ▲ 妈蜜鸡  
Marmite Chicken
- ▲ 皇帝鸡  
Emperor Chicken



妈蜜鸡  
Marmite Chicken

# 豆腐 Tofu

- ▲ 翡翠豆腐 \$14 \$24  
Homemade Spinach Tofu
- ▲ 蟹肉豆腐 \$12 \$20  
Homemade Crab Tofu
- ▲ 铁板豆腐 \$12 \$20  
Hot Plate Tofu
- ▲ 红烧豆腐 \$12 \$20  
Braised Tofu
- ▲ 虾球豆腐 \$20 \$30  
Prawn Tofu



蟹肉豆腐  
Homemade Crab Tofu



铁板豆腐  
Hot Plate Tofu

# 蛋类 Omelette

\$8 \$12

- ▲ 芙蓉蛋 \$10 \$15  
Fu Rong Omelette
- ▲ 大葱蛋  
Onion Omelette
- ▲ 苦瓜蛋  
Bittergourd Omelette
- ▲ 肉碎蛋  
Minced Meat Omelette
- ▲ 虾仁蛋  
Shrimp Omelette
- ▲ 蚝蛋  
Oyster Omelette



蚝蛋  
Oyster Omelette



芙蓉蛋  
Fu Rong Omelette



# 菜 类

## Vegetable

- ▲ 西兰花带子  
Broccoli w/ Scallop \$18 \$25 \$35
- ▲ 三皇苋菜  
Spinach w/ Trio Egg \$12 \$16 \$20
- ▲ 叁岬蕪菜  
Sambal Kang Kong \$9 \$12 \$16
- ▲ 咸鱼豆芽  
Salted Fish w/ Beanspout \$10 \$13 \$16
- ▲ 香菇菠菜  
Spinach w/ Mushroom \$12 \$16 \$20
- ▲ 豉汁苦瓜  
Bittergourd w/ Black Bean Sauce \$10 \$13 \$16
- ▲ 蒜蓉奶白  
Garlic Nai Bai \$9 \$12 \$16
- ▲ 番薯叶(清炒/叁岬)  
Sweet Potato Leaf (Stir-Fried/ Sambal) \$10 \$13 \$16



番薯叶(清炒/叁岬)  
Sweet Potato Leaf  
(Stir-Fried/ Sambal)



叁岬蕪菜  
Sambal Kang Kong



咸菜豆腐汤  
Salted Veg.  
Beancurd Soup



蟹肉鱼鳔羹  
Fish Maw w/  
Crab Meat

# 汤 类

## Soup

- ▲ 蟹肉鱼鳔羹  
Fish Maw w/ Crab Meat \$18 \$30 \$40
- ▲ 咸菜豆腐汤  
Salted Veg.  
Beancurd Soup \$7 \$11 \$15
- ▲ 苦瓜汤  
Bittergourd Soup \$7 \$11 \$15
- ▲ 海鲜汤  
Seafood Soup \$8 \$12 \$16
- ▲ 西洋菜肉碎汤  
Water-Cress Minced  
Meat Soup \$7 \$11 \$15
- ▲ 枸杞蛋花汤  
Wolfberries Egg Soup \$7 \$11 \$15

# 饭类 Rice

## 猪/鸡 PORK & CHICKEN

\$7

- ▲ 咸蛋(猪/鸡)饭  
Salted Egg (Pork/  
Chicken) Rice
- ▲ 黑胡椒(猪/鸡)饭  
Black Pepper  
(Pork / Chicken) Rice
- ▲ 酸甜(猪/鸡)饭  
Sweet & Sour  
(Pork / Chicken) Rice
- ▲ 姜葱(猪/鸡)饭  
Ginger w/Spring Onion  
(Pork / Chicken) Rice
- ▲ 咖喱(猪/鸡)饭  
Curry (Pork/  
Chicken) Rice
- ▲ 叁崙(猪/鸡)饭  
Sambal (Pork/  
Chicken) Rice

## 排骨 PORK RIBS

\$7

## 鱼 FISH

\$7

- ▲ 排骨王饭  
Pork Ribs King
- ▲ 咸蛋排骨饭  
Salted Egg  
Pork Ribs
- ▲ 叁崙鱼饭  
Sambal Fish Rice
- ▲ 酸甜鱼饭  
Sweet & Sour  
Fish Rice
- ▲ 妈蜜排骨饭  
Marmite Pork Ribs
- ▲ 姜葱鱼饭  
Ginger w/Spring  
Onion Fish Rice

## 炒饭 FRIED RICE

\$6

- ▲ 咸鱼炒饭  
Salted Fish Fried Rice
- ▲ 海鲜炒饭  
Seafood Fried Rice
- ▲ 扬州炒饭  
Yang Zhou Fried Rice
- ▲ 叁崙炒饭  
Sambal Fried Rice
- ▲ 虾仁炒饭  
Shrimp Fried Rice
- ▲ 鸡丁炒饭  
Chicken Cube  
Fried Rice



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面

类  
Noodle

\$6

\$10

\$15

河粉 HOR FUN

▲ 海鲜河粉  
Seafood Hor Fun

▲ 豉汁河粉  
Black Bean Sauce  
Hor Fun

▲ 滑蛋河粉  
Egg Gravy  
Hor Fun

▲ 干河粉  
Dry Hor Fun

▲ 三捞河粉  
"San Lao" Hor Fun

米粉 BEE HOON

▲ 什锦米粉  
Mixed Bee Hoon

▲ 鱼片米粉  
Sliced Fish Bee Hoon

▲ 干炒米粉  
Fried Dry  
Bee Hoon

▲ 啦啦白米粉  
Lala White  
Bee Hoon

\$12

\$16

\$20

面类 NOODLE

▲ 马来面  
Mee Goreng

▲ 福建面  
Hokkien Noodle

▲ 面线  
Mee Sua

▲ 老板面线  
Boss Mee Sua

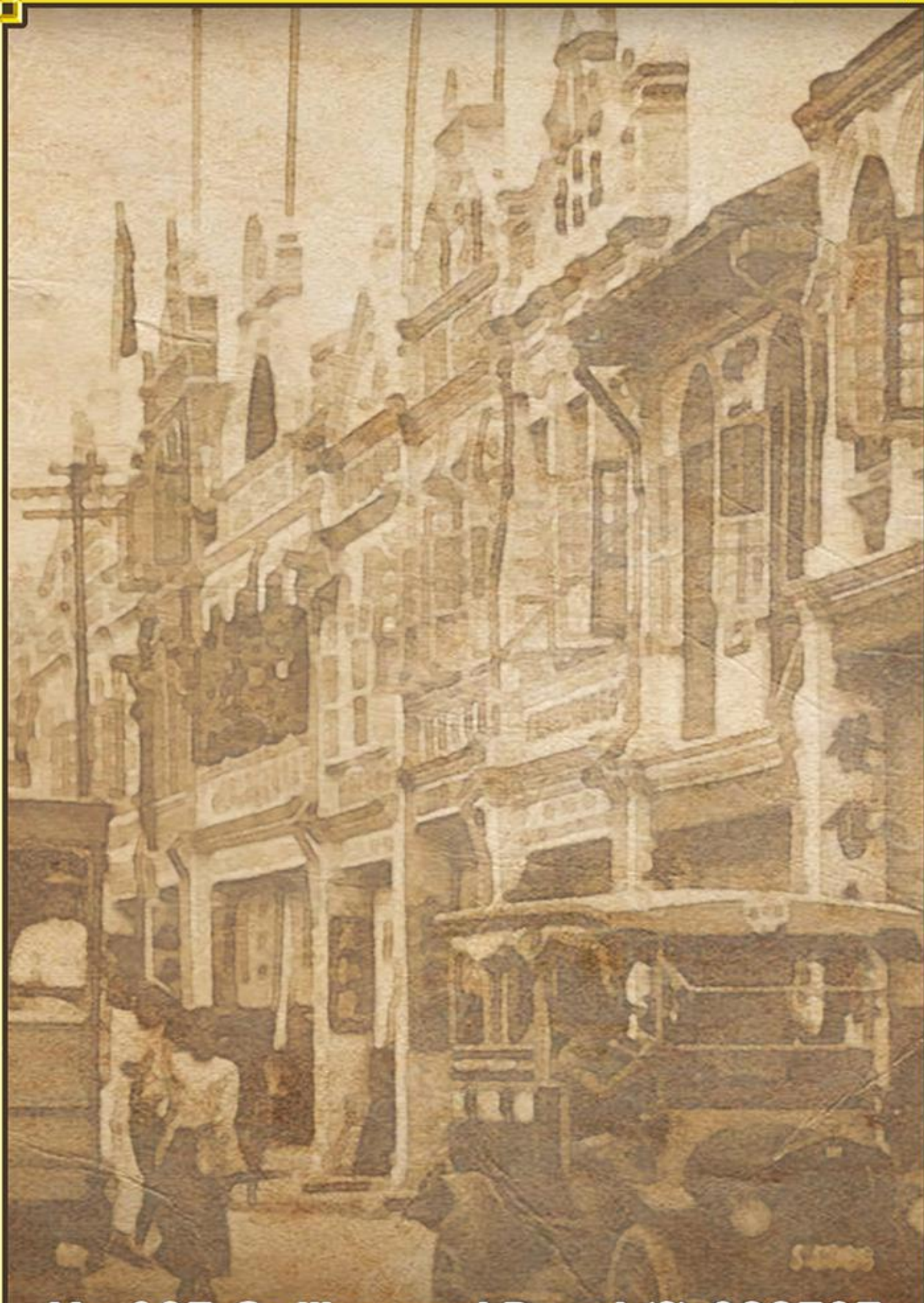
\$10

\$15

\$20



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