Two Course Lunch Menu 10.95

Monday to Friday 12pm - 5pm*

Starters

Salt and Pepper Squid with Herb Mayo Squid, tempura batter, salt & pepper spices

Grilled Chicken Skewers
Chicken breast with peanut butter, coconut milk and chilli sauce

Mushrooms on Toast (v)
Toasted sourdough bread and a creamy herb sauce

Chicken Liver PateRed onion chutney & crusty bread

Steak Burger

Prime British minced beef, lettuce, tomato & red onion, toasted brioche bun, club sauce & rosemary fries

Tiger Prawn Linguine & Spicy Plum Tomato Sauce
Linguine, sautéed tiger prawns, rich spicy plum tomato sauce

Organic Salmon Fishcake
Golden fishcake with mixed salad & tomato relish

Grilled Chicken Breast Burger
Marinated British chicken breast, lettuce, tomato & red onion, toasted brioche bun, spicy mayonnaise & rosemary fries

Californian Guacamole with

Lotus Root Chips (v)

Jomemada avocado din with lotus root chips

Homemade avocado dip with lotus root chips

Prawn Cocktail

Fresh iceberg lettuce and a homemade seafood sauce

Homemade Soup of the Day (v)
Crusty bread

Oak Smoked Salmon, Capers & Shallots Brown bread, butter & lemon

Mains

Fragrant Sweet Potato Mash,
Mushrooms & Kale (v)
Sweet potato mash, mushrooms, garlic butter,
blanched kale

5oz Minute Steak with Garlic Butter Char-grilled marinated steak with fried egg & rosemary fries

Chimichurri Cauliflower Steak with Mixed Quinoa (v) Grilled Cauliflower, chimichurri dressing,

Grilled Cauliflower, chimichurri dressing, mixed quinoa

Fillet of Sea Bass
Fillet of sea bass, sweet potato mash, buttered spinach, saffron and clam sauce

Salads

Organic Salmon Fillet 11.95 Seasonal salad leaves, mixed cherry tomatoes, salmon fillet, avocado, yogurt & garlic dressing

Avocado & Mixed Quinoa (v) 8.50 Red & white quinoa vegan superfood salad, with sweetcorn, red peppers, avocado & French dressing

Grilled Tiger Prawns 11.95 Seasonal salad leaves, mixed cherry tomatoes, grilled tiger prawns, avocado & French dressing

Chicken, Cos Lettuce & Walnut 10.50 Grilled breast of chicken with cos lettuce, sundried tomatoes, avocado, walnuts & French dressing

Smoked Salmon & Avocado 10.50 Seasonal salad leaves, mixed cherry tomatoes, smoked salmon, avocado, yogurt & garlic dressing

Wraps & Sandwiches

All served with rosemary fries & salad

Chicken & Avocado 6.95 Lebanese flatbread with lightly spiced marinated chicken breast, avocado, cos lettuce, slaw & chilli mayo

Chimichurri Cauliflower (v) 5.95 Lebanese flatbread with chimichurri cauliflower, avocado, cos lettuce, slaw, red pepper & chilli dip

Salt & Pepper Squid 6.95 Lebanese flatbread with deep fried squid, avocado, cos lettuce, slaw & tartare sauce

British Beef 7.95 Lebanese flatbread, sautéed British steak, avocado, cos lettuce, slaw, horseradish mayo

Fish Finger Sandwich 6.95 Brioche roll, crispy fish fingers, avocado, cos lettuce, slaw & tartare sauce

All our food is prepared in a kitchen where nuts, gluten & other allergens are present, & our menu descriptions do not include all ingredients. If you have a food allergy or intolerance, please let us know before ordering.