






SIDES		
 <b>Fries</b> <span>V</span> <span>VB</span> <span>GF</span>		£2.45
 <b>Sweet Potato Fries</b> <span>V</span> <span>VB</span> <span>GF</span>		£2.95
 <b>Garlic Bread</b> <span>V</span>		£1.95
 <b>Side Salad</b> <span>V</span> <span>VB</span> <span>GF</span>		£1.95
 <b>Kimchi</b> <span>V</span> <span>VB</span> <span>GF</span>		£2.95


KIDS		
 <b>Fish Goujons</b> Breaded fish goujons served with fries and a tomato ketchup dip		£3.95
 <b>Chicken Burger</b> With lettuce, mayonnaise and served with fries		£3.95
 <b>Cheese Burger</b> With cheddar cheese, lettuce and served with fries		£3.95
 <b>Chicken Bites</b> Battered chicken bites, served with fries and a tomato ketchup dip		£3.95
 <b>Falafel Wrap</b> <span>V</span> <span>VB</span> <span>GF</span> With lettuce, a tahini sauce and served with fries		£3.95

DESSERTS		
All desserts except ice cream are freshly made in-house		
 <b>Chocolate Brownie</b> <span>V</span> <span>GF</span> <span>VB</span> Served with vanilla ice cream (vegan ice cream available) and candied orange slices		£4.45
 <b>Baked White Chocolate Cheesecake</b> <span>V</span> <span>VB</span> Served with raspberries and (optional) cream		£4.45
 <b>Homemade Waffles or Pancakes</b> <span>V</span> With ice cream, chocolate toppings and drizzled with a chocolate sauce		£4.45
 <b>Ben &amp; Jerry's Ice Cream</b> <span>V</span> Cookie Dough or Chocolate Fudge Brownie (465ml tub)		£5.45




WORLD FOOD RESTAURANT & BAR

Order by phone:

 01206 869255

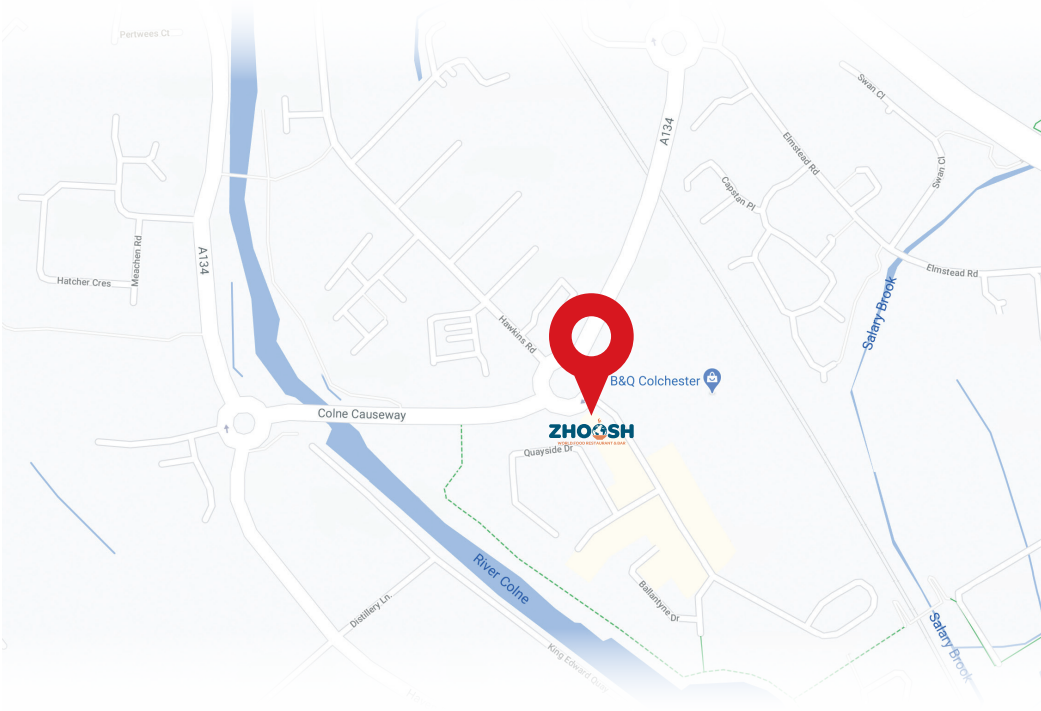
Order online:

 [www.zhoosh.co.uk](http://www.zhoosh.co.uk)

Opening times:

Breakfast & Lunch	08.00 - 15.00
Evenings	17.00 - LATE

We are located at:



2 Lightship Way, Hythe  
Colchester, Essex CO2 8FR

We accept cash and all major credit and debit cards.



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TALK TO US ALWAYS AND WE'LL TAKE CARE OF YOU

## STARTERS

-  **Breaded Chicken Wings** £4.45  
With sour cream and spicy dip
-  **Loaded Nachos** <sup>V</sup> £4.45  
Crunchy tortilla chips topped with guacamole, tomato salsa, mixed peppers, onions, sweetcorn and jalapeños  
Add crispy bacon £1.00
-  **Duck Spring Rolls** £4.95  
Crispy spring rolls, served with an oriental salad and hoisin sauce
-  **Butterfly King Prawns** £5.45  
Breaded butterfly king prawns, served with a spicy sauce
-  **Vegetable Samosas** <sup>V</sup> <sup>VB</sup> <sup>GF</sup> £4.95  
Three different samosas (Balti, Chana dal and Punjabi style), served with mango chutney and a side salad

## SALADS

-  **Salad Niçoise** <sup>GF</sup> £5.95  
Mixed salad, tuna, boiled eggs, cherry tomato, olives, red onion, green beans and vinaigrette
-  **Falafel Rainbow Salad** <sup>V</sup> <sup>VB</sup> <sup>GF</sup> £5.95  
Spinach, red cabbage, cherry tomato, raisins, pumpkin seeds, black beans, spiced quinoa and tahini dressing

## SANDWICHES & WRAPS

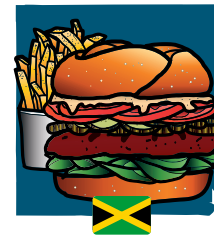
-  **Duck Wrap or Baguette** <sup>GF</sup> £5.95  
Hoisin sauce spread, carrots, cucumber, lettuce and shredded duck, served with fries
-  **Chicken Wrap** <sup>GF</sup> £5.45  
Lettuce, onion, mixed peppers, tomatoes, chicken and sweet chilli mayo, served with fries
-  **Chilli Chicken Wrap** <sup>GF</sup> £5.45  
Peanut spread, chilli chicken, red cabbage, carrots, cucumber, mixed salad, turmeric rice, coriander and lime dressing, served with fries
-  **Falafel Wrap** <sup>V</sup> <sup>VB</sup> <sup>GF</sup> £5.45  
Falafel, spinach, red cabbage, red onion, cherry tomato, chickpeas, crispy sweet potato, coriander and tahini dressing, served with fries
-  **Crispy Pork Belly Sandwich** £5.45  
With carrots, lettuce, cilantro, red cabbage and Sriracha mayo, served with fries

## BURGERS



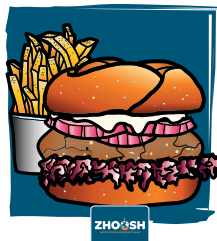
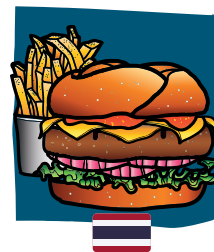
- Chicken Burger** £7.95  
Breaded chicken breast with lettuce and mayonnaise, served with fries or sweet potato fries

- Jamaican Jerk Chicken Burger** £7.95  
Jerk seasoned chicken fillet with tomato, gherkin, rocket, pineapple and jerk sauce, served with fries or sweet potato fries





- Classic Burger** £7.95  
Homemade beef burger with lettuce, sliced tomato and cheddar cheese, served with fries or sweet potato fries

- Bangkok Burger** <sup>V</sup> £7.45  
A Thai influenced burger with radish, cheddar cheese, green salad and a sweet chilli relish, served with fries or sweet potato fries



- Vegetable Burger** <sup>V</sup> <sup>VB</sup> £7.45  
Beetroot, red pepper & quinoa infused with garlic, lemon, mint and paprika in a panko style seeded crumb burger.  
Filled with Lolo rose red lettuce, mayonnaise and red onion, served with fries or sweet potato fries

## HOT DOGS

-  **Classic Hot Dog** £5.45  
Frankfurter sausage in a roll with ketchup, mustard and crispy onions, served with fries or sweet potato fries
-  **Veggie Hot Dog** <sup>V</sup> £5.45  
Vegetarian sausages in a roll with cheese, red onion, mixed pepper sprinkle and ketchup or mayo, served with fries or sweet potato fries

## CHEF'S SPECIALS

-  **Tacos** £5.45  
With ground beef, chorizo, cheese, guacamole and coriander
-  **Spaghetti Bolognese** £6.95  
A homemade delicious classic dish, served with garlic bread
-  **Curry and Rice** <sup>V</sup> £8.45  
Ask your server for this week's special  
Add chicken £1.00  
Add king prawns £2.00
-  **Hungarian Potato Pancakes** £8.95  
Homemade potato pancakes, served with a chicken and mushroom goulash
-  **Singapore Noodles** <sup>V</sup> <sup>VB</sup> £6.95  
With sliced peppers, beansprout, spring onion, carrots, cabbage and optional chilli  
Add chicken £1.00
-  **Dosirak Lunch Box** <sup>V</sup> £7.95  
Rice, beansprouts, sliced chillies, radish, spring onion, boiled eggs and Korean BBQ sauce  
Add beef £1.00
-  **Bento Box** <sup>V</sup> £7.95  
Rice, edamame beans, shredded carrots, cucumber, toasted sesame seeds, mint leaves and spicy peanut sauce  
Add chicken £1.00
-  **Vegetable Burrito** <sup>V</sup> £7.95  
Baked and rolled tortilla with sautéed peppers, onions, bean & quinoa mix, rice and cheddar cheese, served with a side salad, guacamole and a tomato salsa  
Add chicken £0.50
-  **Pork Belly Bowl** £8.95  
Sliced crispy pork belly, spring onion, carrots and kimchi, served in a bowl of rice with Korean BBQ Sauce and a sprinkle of sesame seeds
-  **Spicy Beef Ramen** £8.95  
Spicy ramen broth with noodles, topped with kimchi, egg, beef and spring onion
-  **Chicken Ramen** £8.95  
Chicken broth with noodles, topped with Japanese menma, beansprouts, sliced chicken, pea shoots and sliced chillies

Vegetarian <sup>V</sup> Vegan <sup>VB</sup> Gluten Free <sup>GF</sup>

Regrettably, we cannot guarantee all of our dishes are free from nuts. Please ask your server for a full allergy breakdown.  
If you have any dietary requirements please make your server aware prior to ordering.

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