MENU

Aperitifs

THE JEWEL IN THE BOTTA
2 cl gin, 2 cl Aperol, 2cl BTW Tonic Syrup, orange juice ..... 11,50€

PROSECCO SPUMANTE BRUT
12 cl Italian Bubbles ..... 7,20€

NEGRONI
2 cl gin, 2 cl Campari, 2 cl Vermouth Rosso ..... 9€

APEROL SPRITZ
4 cl Aperol, 8 cl Prosecco ..... 10,70€

NAPUE GIN & TONIC
4 cl Napue Gin, Fever Tree Tonic
World´s best G&T 2015! ..... 13,70€

Menu Manala

Creamy Salmon Soup á la Manala *

* * *

Braised Reindeer Shank, *
parsnip puree, roasted onion consommé

* * *

Almond Cake with Fudge,
yoghurt ice cream, fudge and berries

46€

*All dishes which are gluten free are marked with *.*
We use lactose free dairy products in our cooking.
We only use vegan mayonnaise.
All fish is MSC-certified.

MANALA

MENU

Starters and salads

SMOKED YELLOW BEET * ..... 12€
Horseradish cream sauce and walnut

CLASSIC SNAILS *..... 14/24€
Garlic & parsley butter and gorgonzola, served with house bread

FISH TRAP * ..... 13€
Selection of Manala´s best fish delicacies, lightly pickled cucumbers

CREAMY SALMON SOUP Á LA MANALA * ..... 14€

SCHNAPSLECKERBISSEN * ..... 13€
A selection of Manala´s best cold cuts, pickled cucumbers

MANALA'S SUMMER SALAD *..... 14/19€
Romesco sauce, melon, asparagus, sugar peas, broccolini,
cauliflower, rucola and roasted seeds
Choice of topping: goat cheese, chicken or smoked tofu

SMOKED WHITEFISH SALAD *..... 14/19€
Fresh asparagus, sugar peas, cauliflower, cucumber, leek and fish roe

CAESAR SALAD..... 14/19€
Parmesan and croutons
Choice of topping: goat cheese, crayfish tails, chicken or smoked tofu

Bottoms up

HELSINGFORS FISKEHAMNS AKVAVIT 4cl 9,70€

MANALA

MENU

Main courses

SMOKY AND HOT VEGAN BURGER ..... 19€
Beyond meat-patty, vegan cheese, hot chili mayonnaise, lettuce, tomato, pickled cucumbers.
Served with French fries and coleslaw.
CUCUMBER MAYONNAISE OR HOT CHILI MAYONNAISE ..... 2,50€

FALSE MOREL RISOTTO ..... 22€

FRIED WHITEFISH WITH MALT CRUMBS ..... 26€
Lemon potatoes, dill and leek puree

LIGHTLY SMOKED SALMON ..... 23€
Seasonal vegetables and false morel sauce

TRADITIONAL FRIED LIVER * (Finland) ..... 21€
Mashed potatoes, caramelized onion and lingonberries

BRAISED REINDEER SHANK * (Finland) ..... 25€
Parsnip puree, roasted onion consommé

ROASTED CHICKEN (France) ..... 25€
Herb and garlic butter filled chicken, veggie skewer, French fries, salad, cucumber and hot chili mayonnaise

MANALA STEAK * (Finland) ..... 32€
180gr tenderloin steak, red wine sauce, roasted onion, carrot and potatoes

MANALA BURGER ..... 19€/1 patty ♦ 23€/2 patty
150gr hamburger patty from Roslund Butcher, bacon, lettuce, tomato, pickled cucumbers, Monterey Jack and coleslaw
CUCUMBER MAYONNAISE OR HOT CHILI MAYONNAISE ..... 2,50€

Ostrobotnia has been a restaurant business since its inception. In the beginning, restaurant owners were private entrepreneurs until the student nation established their own restaurant company, Oy Botta Ab, in 1970.

MANALA

MENU

Legendary Pizzas

MARGHERITA
Tomato sauce, fresh Mozzarella di Bufala, basil oil ..... 15,50€

POLLO
Chicken, blue cheese, pineapple ..... 15,50€

NEGRO
Salami, pineapple, jalapeño ..... 16,00€

QUATTRO
Ham, champignons, shrimp, Kalamata olives ..... 16,00€

PARADISE
Ham, pineapple, shrimp, blue cheese ..... 16,00€

BOLOGNESE Á LA MANALA
Seasoned beef, marinated onion, champignons ..... 16,00€

VERDE
Green asparagus, feta, Kalamata olives, Romesco, rucola ..... 16,00€

VEGAN VERDE
Green asparagus, Kalamata olives, Romesco, rucola ..... 16,00€

RENNA
Smoked reindeer, blue cheese, champignons ..... 17,50€

PESCO
Crayfish, smoked salmon and marinated onion ..... 17,50€

MANALA
Fresh chili, chorizo, sweet pepper, marinated onion ..... 17,50€

FANTASY 2
(Choose 2 of your favourite toppings) ..... 15,50€

FANTASY 4
(Choose 4 of your favourite toppings) ..... 18,00€

CUCUMBER MAYONNAISE OR HOT CHILI MAYONNAISE ..... 2,50€

Extra toppings 2,50€:
pineapple, blue cheese, feta, fresh chili, jalapeño, chicken, shrimp, ham, seasoned beef, Kalamata olives, salami, smoked reindeer, marinated onion, Mozzarella di Bufala, fresh champignons, sweet pepper, rucola, Romesco, crayfish, chorizo, smoked salmon, goat cheese, gorgonzola

WE RECOMMEND WITH YOUR PIZZA:*
A small light salad with watermelon, seeds and rucola ..... 5€

MANALA

MENU

:: Desserts ::

CHOCOLATE PANNACOTTA * ..... 11€

RASPBERRY & BLUEBERRY CHEESECAKE ..... 11€

ALMOND CAKE WITH FUDGE ..... 11€
Yoghurt ice cream, fudge and berries

MANALA´S ICE CREAM* ..... 9€
Choose ice cream: Vanilla, Chocolate or Strawberry
Choose dressing: Caramel, Chocolate or Raspberry

AFFOGATO ALCOLICO * ..... 9€
Vanilla ice cream, espresso and 2 cl Carolans Irish Cream

SELECTION OF MANALA´S BEST CHEESE DELICACIES ..... 13€

:: Dessert Wine ::

MUSCAT DE BEAUMES DE VENICE "LE CHANT DES GRIOLLES"
Paul Jaboulet Aîné / Rhône / France. .....10,90€ /8 cl
Sweet, intensive, full-bodied, good acidity, balanced, elegant.

:: Coffee/tea ::

COFFEE ..... 3,00€

CAPPUCCINO..... 4,50€

ESPRESSO ..... 3€

CAFFE LATTE/ICED LATTE ..... 4,50€

DOUBLE ESPRESSO ..... 4€

TEE (green, white, black, rooibos)
..... 2,50€

MANALA'S COFFEE
2 cl Kahlua
2 cl Cointreau..... 10,50€

IRISH COFFEE,
4 cl Tullamore Dew..... 10,50€

CAFÉ 43,
4 cl Cuarenta y Tres..... 10€

D.O.M CAFÉ,
4 cl D.O.M Bénédictine ..... 11,80€

MANALA