\*SUNDAY ROAST IS SERVED ALL DAY ON SUNDAYS Book in Advance and Get a Complimentary Glass of Wine or Prosecco

# AMBROSIA Restaurant & Cocktail Bar

From 12.00 to 17.00 Monday to Saturday

## LUNCH SPECIAL DEALS

2 COURSES £11.00 3 COURSES £14.00

30% OFF FROM THE ENTIRE A LA CARTE MENU (lunch time only)



## **OUR BRANCHES**

La Bella Vita Italian
Mediterranean Restaurant
853 High Road
Leytonstone
London E11 1HH
020 3441 3465

 La Bella Vita 2
Mediterranean Restaurant 748 High Rd Leytonstone, London E11 3AW 020 8989 4933 Ambrosia Steakhouse
Seafood Restaurant & Bar
10 Station road
Winchmore Hill,
London, N21 3RB
020 3490 5079

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## BREAKFAST MENU

#### **BREAKFAST On TOAST**

 Scrambled eggs on sourdough toast with Scottish Smoked Salmon or bacon or smashed avocado £6.90 - Smashed avocado on sourdough toast topped with running poached eggs, or salmon or bacon (V) £6.90 - Creamy mushroom with Rosemary on sourdough Toast(V). £4.95

#### BREAKFAST

#### Served until 5pm All served with brown toast

Early English Breakfast - £7.50

Free Range Egg, 2slice of Bacon, Cumberland Sausage, Portobello Mushroom, baked Beans, Hash Brown Brunch 007 - £7.50

Free Range Egg, 2 slice Bacon, Cumberland sausage, roasted shallot onions, baked beans, Portobello mushrooms

#### New Yorker - £7.50

Free Range Egg, 2 slice Bacon, homemade pancakes, Cumberland sausage, hash brown

Eggs Benedict - £7.50

2 Poached Eggs on brioche bun with 2 slices of Grilled Bacon or Mortadella Ham with Hollandaise Sauce

Egg Salmone - £9.90 Scrambled Free Range Eggs, scotch Smoked Salmon, Halloumi cheese and Avocado

#### Mediterranean Breakfast - £7.50

Spicy Beef Sausages, Halloumi cheese, free range Egg, Feta filled Parcels, Olives & Honey

Egg Royal - £8.00

2 Poached Eggs on brioche bun with Smoked Salmon & Hollandaise Sauce

#### Mediterranean Style panned Breakfast - £8.00

3 Eggs, Halloumi Cheese, Turkish Spicy Sausages, Chopped Tomato, house Tomato Sauce & Parsley, All cooked in pan and served with focaccia bread

#### **ITALIAN SANDWICHES**

Mozzarella All served with French fries

Toasted sandwich with fresh baslico pesto, sundried tomatoes, mozzarella cheese & rocket Granary brown £5.95 / Ciabatta £6.95 / Olive Focaccia £6.95 Granary brown £4.95 / Ciabatta £5.95 / Olive Focaccia £5.95 Smoked Mortadella Ham & Mozzarella With tarragon mayo, vine tomatoes & wild leaves Granary brown £5.95 / Ciabatta £6.95 / Olive Focaccia £6.95 Bella Toasty Smoked Salmon Scottish smoked salmon, halloumi cheese, cherry tomatoes.avocado& fresh rocket Granary brown £6.95 / Ciabatta £7.95 / Olive Focaccia £7.95 Bresaola, Artichokes, Mozzarella Rocket & Red Pesto Granary brown £5.45 / Ciabatta £6.45 / Olive Focaccia £6.45 Club Sandwich Parma Ham, Mozzarella, Sundry Tomato & Basil Pesto

Bresaola, mozzarella, chervy tomatoes, fresh rocket & Red pesto

Tricolore (V)

Vine tomatoes, fresh mozzarella, avocado & basil pesto Granary brown £5.95 / Ciabatta £6.95 / Olive Focaccia £6.95 Classic Pancakes with Maple Syrup £5.50 Veggi Lovers with grilled hallomi cheese, crispy zucchini cakes, grilled peppers, hummus and rocket salad

#### VEGI BREAKFAST

#### Ambrosia Vegie Breakfast - E7.90

Hash Brown, Feta filled Filo Parcel, Courget Cake, Scrambled Eggs, Mushrooms, Grilled Tomato, Olives & Brown toast Healthy Breakfast (V) - £6.90

Smashed avocado with vinaigrette dressing on brioche bun with 2 poached eggs and hollandaise sauce

#### OMELETTES

#### Made with 3 large eggs

All served with French fries & salad Customize your omelette with following toppings: Mozarealla cheese, wilthshire ham, peppers, onions, feta cheese, halloumi, Mediterranean sausage, asparagus, baby leaf spinach, smoked Scottish salmon, broccoli, tomato, fresh chilli peppers, bacon, parma ham, breassaola(air cured Italian beef)

Omelette with 1 topping £5.90 Omelette with 2 toppings £6.50 Omelette with 3 toppings £7.50 Any additional toppings £1

#### CREATE YOUR OWN

Egg any style £1.50 Wiltshire Ham £1.50 Bacon £1.60 Filo Parcels £2.00 Courget Cakes £2.00 Baked Beans 1.20 Mushrooms £1.20 GrilledTomato £1.20 Chips £1.80 Hash Brown £1.50 Jam or honey £1.20 Maple syrup £1.00 Olives £1.50 Portion Toast £1.00 Black Pudding £1.50 Beef Sausage £1.80 Pancakes £2.00 Halloumi £2.00 Avocado £1.80 Smoked salmon 3.00 Cumberland Sausage £1.80 Portobello mushroom £1.50 Broccoli 2.00

#### SANDWICHES, CIABATTA

& FOCACCIA All served with French fries All our bread is fresh & daily delivered

## Cumberland sausage & Free range egg

Rash of bacon & Free range egg Granary brown £4.95 / Ciabatta £5.95 / Olive Focaccia £5.95

Well toasted sandwich with tarragon mayo, crispy bacon, wine tomatoes & mozzarella cheese

Granary brown £5.45 / Ciabatta £6.45 / Olive Focaccia £6.45 Grilled Chicken Avocado Bacon

With tarragon mayonnaise, fresh rocket & pesto

Granary Brown £5.95 / Ciabatta £6.95 / Olive Focaccia £6.95

Sliced grilled chicken, rash of bacon, free range egg & salad. Served with chips

Granary brown £5.45 / Ciabatta £6.45 / Olive Focaccia £6.45 Granary brown £6.95 / Ciabatta £7.95 / Olive Focaccia £7.95 Prawns avocado with rose marie sauce & rocket

Granary brown £5.95 / Clabatta £6.95 / Olive Focaccia £6.95 Granary brown £6.95 / Clabatta £7.95 / Olive Focaccia £7.95 **HOMEMADE PANCAKES & WAFFLES** 

> Banana Pancakes with Maple Syrup £5.50 Mix Berry Pancakes with Maple Syrup £5.50 Waffles with mix fruits £5.50

Granary brown £5.95 / Ciabatta £6.95 / Olive Focaccia £6.95 Waffles with vanilla ice cream & chocolate sauce £5.50

## LUNCH SET MENU

## **STARTERS**

Soup of the Day Chef's daily homemade soup **Chargrilled Cyprus Halloumi** 

Served on a bed roasted peppers, sundry tomatoes, fresh rocket Zuchini Fritters(V)

Crispy halloumi courgette carrot fritters made with herbs served with minted Greek voghurt Portobello Mushroom(V)

Stuffed mushroom with mozzarella cheese & finished with pesto tomato sauce served with toasted focaccia bread Sardines

With beetroot tartar & house dressing Prime Beef Meatballs

With herbs in tomato sauce served toasted focaccia bread

Filo Parcels (V) Puff Pastry stuffed with Greek & ricotta finely chopped fresh mint & baby spinach Fresh Mussels

In creamy tomato white wine sauce & garlic

## Hand made wraps £7.00

All Served with fries Meatball wrap with sweet chilli tartar and rocket salad Grilled chicken wrap with red cabbage salad and

lemon tarragon mayo Halloumi avocado hummus wrap with fresh rocket

DESSERTS

## Please see the dessert menu

## HOT & COLD DRINKS

#### Coctails

Bloody Mary £5.45 Raspberry Bellini £5.45 (Prosecco, raspberry puree) Mimosa £5.45 (Prosecco and orange juice)

#### Coffees

Espresso £1.60 Double espresso £2.00 Macchiato £1.80 Double macchiato £2.20 Americano coffee £2.30 Flat white £2.50 Cappuccino £2.50 Latte £2.80 Monbana Hot chocolate £2.80 Iced latte £2.80 Breakfast Tea £1.70 Herbal teas £2.20

#### Smothies

Merry Berry (Strawberry, raspberry, blueberry, blackberry) £4.20 Strawberry sunshine (strawberry, mango, banana ) £4.20 Pineapple surprize (pineapple, mango, pear) £4.20 Raspberry dream (Raspberry, mango, papaya, grape) £4.20 Strawberry refresher (Strawberry, cherry, grape) £4.20 Spinny green (Spinach, avocado, mandarin, orange juice) £4.75

2 COURSES £11.00 Add glass of Prosecco just for £4 **3 COURSES £14.00** 

## MAIN COURSES

Grilled Chicken Breast In creamy wild mushroom sauce served with hand cut chips **Chicken Skewer** Chargrilled tender cubes of chicken served with house rice and mix baby leafs Prime Beef Burger With lemon Tarragon mayo & all trimmings served with hand cut chips House-Seasoned Skewered Adana Mix herbs blended with minced lamb & beef grilled over charcoal served with house rice & baby leafs salad Wild Mushroom Risotto Wild Mushrooms with shallots in creamy truffle sauce & parmesan cheese Seafood Linguini Mixed seafood in creamy tomato garlic white wine sauce Chefs Special Iskender Chargrilled chicken skewer served on a bed of croutons finished with spicy tomato sauce, yoghurt & grilled tomato Napolitano Salad

Buffalo Mozzarella, vine tomatoes and avocado on a bed of mixed leaves with olive oil reduced balsamic. basilica green pesto Chicken Caesar Salad

Sliced Grilled chicken on a bed of mixed leaves, served with Parmesan Shavings, House Caesar Dressing & Garlic bread

Tri-coloured Fusilli All'arrabbiata Olive Oil, Green Chillies, Garlic, Olives, Capers spicy arrabiata Sauce

#### Homemade lemonades

Classic lemonade £3.50 Strawberry lemonade £4.40 Raspberry lemonade £4.40 Passion fruit lemonade £4.40 Apple lemonade £4.40

#### Minerals & juices

Bottle Cola, diet cola, sprite, Fanta £2.50 Fresh Frobishers Juices £2.80 Orange, Apple, Cranberry, Passion Fruit, Grape, Grapefruit Appletizer £1.95

## Ice cream Shakes

Vanilla £3.50 Chocolate £3.50 Strawberry £3.50 Lemon £3.50 Orange £3.50 Mango £3.50 Banana £3.20

