



HOW DOES ONE CONSTITUTE A LATE BREAKFAST, 2PM OR 2AM?

REMEDIAL ACTION

Belstar Prosecco D.O.C 7.5

Bloody Mary 9.5

Bucks Fizz 8.5

GOOD NIGHT?

The Soho Full English 12

*2 eggs (any way), bacon, Cumberland sausage
field mushroom, tomatoes, Balans potatoes, toast*

Two Eggs Any Way 7

with toast

add bacon, sausage or avocado 2

Eggs Benedict 9

*poached eggs, English muffin, hollandaise
choice of H Forman & Son smoked salmon
ham or spinach*

The High Society Lobster Benedict 17

*poached eggs, avocado, bacon, English muffin
hollandaise*

H Forman & Son Smoked Salmon 10

scrambled eggs, avocado, granary toast

Eggs in Hell 8

*2 eggs poached in a tomato chilli sauce
Balans potatoes, parmesan*

Cheese Omelette 9

fine herbs, Balans potatoes

Kedgeree 9.5

smoked haddock, spiced basmati rice, poached egg

Steak & Eggs 15

Balans potatoes, chimichurri

Avocado & Quinoa Bruschetta 8

cherry tomatoes, halloumi, pesto, balsamic glaze

SWEET

French Toast 8.5

strawberries, banana, warm maple butter

Pancakes 8.5

*choice of bacon, banana or berries
warm maple butter*

House-Baked Granola 6

berries, yoghurt, honey

LIGHT BITES

Chickpeas 7.5

falafel, houmous, crispy chickpeas, harissa yoghurt, flat bread

Maryland Crab Cakes 8.5

kohlrabi, avocado, apple

3 Cheese Quesadilla 7

tomatillo chipotle salsa, sour cream

Manchego & Serrano Ham Croquettes 8

Spanish paprika aioli

Smoked Mozzarella & Bolognese Arancini 8

red pepper ketchup

QUINTESSENTIAL BALANS

The Infamous Balans Burger 15

*red Leicester, maple bacon, lettuce, tomato, dill pickle
red onion marmalade, brioche bun, double-dipped chips*

Red Curry 15

*chicken, shrimp or vegetables, cashews
with jasmine rice or egg noodles*

Falafel Wrap 12

gem lettuce, houmous, tomato, pickles, warm flour tortilla, fries

10 oz Hereford Rib Eye Steak 27

triple-cooked chips, watercress, Café de Paris butter

Cornish Crab Linguine 17

chilli, lemon, garlic, parsley

Vegetable Jambalaya 13

cajun tofu, baby corn, squash, mushrooms

Beer-Battered Haddock 14

mushy peas, double-dipped chips

Classic Club 13

*grilled chicken, bacon, gem lettuce, tomato, avocado
mayo, toasted sourdough bread, fries*

ON THE SIDE

One Pancake & Fruit 4

H Forman & Son Smoked Salmon 5

Black Pudding 2

Baked Beans 1.5

Fries or Double-Dipped Chips 3.5

Balans Potatoes 3.5

Steamed Broccoli 3.5