

Les Mâins Deli

- ☐ eat-in
☐ take-out (+ \$0.30)

pick a size :

☐ small [\$9.00]

2 bases
 ½ protein *
 1 supplement
 1 topping
 1 dressing

*substitute with 1 supplement

☐ regular [\$14.50]

2 bases
 1 protein *
 2 supplements
 1 topping
 1 dressing

*substitute with 2 supplements

☐ large [\$19.00]



2 bases
 2 proteins
 3 supplements
 1 topping
 1 dressing

build your own :

bases: additional serving : \$2.00

- ☐ mixed greens  [+ \$0.60]
☐ bulgur wheat   
☐ garlic & red cherry basmati 
☐ blue pea flower calrose rice 
☐ triple colour quinoa 



proteins: additional serving : \$4.00

- ☐ chicken breast
☐ oven baked salmon [+ \$3.00]
☐ tuna tataki  [+ \$3.00]
☐ beef flank [+ \$2.00]
☐ lentil meatball  

toppings: additional serving : \$0.60

- ☐ fried shallots 
☐ furikake  
☐ toasted almonds  
☐ dukkah  
☐ spicy cashew nuts   
☐ roasted tumeric pumpkin seeds  

supplements: additional serving : \$2.00

- ☐ roasted cauliflower w lemon dates dressing 
☐ roasted broccoli w nuts sauce   
☐ roasted herb eggplant  
☐ butternut squash w kale 
☐ half avocado  [+ \$1.00]
☐ pineapple archar 
☐ miso glazed king oyster mushroom   [+ \$0.50]
☐ daikon pickle 
☐ mayak egg  
☐ southern toufu 
☐ maple balsamic carrot 
☐ asian slaw 
☐ dill cucumber pickle 
☐ mixed tomato w sumac 

dressings: additional serving : \$0.60

- ☐ coriander lime dressing 
☐ basil mint pesto  
☐ truffle aioli 
☐ chipotle vinaigrette 
☐ yuzu dressing 
☐ sweet & sour dressing 

drinks:

- ☐ fresh fruit juice [+ \$6.00]
☐ kombucha [+ \$6.00]
☐ cold brew [+ \$6.00]
☐ bottled water [+ \$2.50]

☐ fresh brews: [+ \$5.00]

- ☐ white coffee
☐ black coffee

- ☐ matcha [+ \$0.50]
☐ hojicha

- ☐ 70% varlhona chocolate [+ \$0.50]
☐ mocha [+ \$0.50]

iced option:

- ☐ hot
☐ iced [+ \$1.00]

milk options:




- ☐ regular milk
☐ oat milk [+ \$1.00]
☐ skim milk

sugar options:

- ☐ regular sweetness
☐ less sweet
☐ zero sweetness

allergens:

-  contains nuts
 contains gluten

-  contains dairy
 spicy
 vegan