

## Breakfast Menu

Residents please pre-order the evening before

£14.95 residents all-inclusive\*

£18.95 non-residents including drinks\* (£14.95 food only)

\*Price includes one main cooked breakfast, sides, hot and cold drinks

### Butcher's Breakfasts

#### **English breakfast**

Homemade skinless Lincolnshire sausage with fresh sage, parsley and thyme, smoked back bacon rasher, a hen's egg (fried, poached or scrambled), sautéed mushrooms, grilled tomatoes.

#### **Full English breakfast**

Homemade skinless Lincolnshire sausage with fresh sage, parsley and thyme, two rashers of smoked back bacon, local hen's egg (fried, poached or scrambled), sautéed mushrooms, black pudding and grilled tomatoes.

#### **Old Fashioned breakfast**

Smoked bacon, black pudding, butter fried bread, homemade sage, parsley and thyme skinless sausage, sautéed mushrooms and a fried hen's egg.

#### **Newark Special breakfast**

Paul's wet cured thick cut bacon, our own Homemade skinless sausage made with fresh sage, parsley and thyme, fried bread from a local baker, a fried local hen's egg, sautéed mushrooms, and grilled tomatoes.

#### **Sweet Breakfast**

Paul's sweet bacon, a honey roasted homemade herb sausage, sautéed mushrooms, grilled tomatoes, scrambled egg with a drizzle of maple syrup.

#### **Cure and Simple**

Three rashes of our smoked bacon, a free-range extra-large egg (fried, poached or scrambled), sautéed mushrooms, and grilled tomatoes.

#### **Create Your Own – choose any of our items to create your perfect breakfast:**

Homemade skinless sausage. Smoked bacon. Paul's Thick cut bacon.

Free range local eggs. Mushrooms. Tomatoes. Fried bread. Black pudding

**(Baked beans can be added to any breakfast)**

## Fisherman's Breakfasts

### **Fresh fish special breakfast**

Our fresh fish of the day, poached with fresh herbs, lemon and butter served with scrambled egg, sautéed mushrooms, grilled tomatoes and spinach.

### **Salmon breakfast**

Smoked Scottish salmon, fresh wilted spinach, sautéed mushrooms, grilled vine tomatoes and poached hen's egg.

### **Naturally smoked fish breakfast**

A choice of Mackerel or kippers served with hens' egg (fried, poached or scrambled) served with grilled tomatoes and sautéed mushrooms.

## Vegetarian Breakfasts

### **Vegetarian breakfast (v)**

Two vegetarian sausages, two hens eggs (fried, poached or scrambled), sautéed mushrooms, grilled tomatoes and butter fried local bread

### **Florentine breakfast (v)**

Fresh wilted spinach, two poached hens eggs (fried, poached or scrambled), sautéed mushrooms, grilled tomatoes.

### **Eggy fried bread breakfast (v)**

Local fresh bread, dipped in fresh egg and fried in butter, served with sautéed mushrooms and grilled tomatoes

### **Avocado on toast (v)**

Local fresh toasted bread topped with crushed avocados, tomatoes, fresh herbs, cracked pepper and salt with a poached hen egg.

### **Hard boiled eggs (v)**

Two freshly boiled hen's eggs, served with bread soldiers and salted butter.

### **Creamy mushrooms on toast (v)**

Fresh mushrooms cooked with cream and fresh herbs served on toasted bread.

### **Cheese and beans on toast (v)**

White or brown toasted bread, with melted mature cheddar and baked beans

**Create Your Own** – choose any of the above items to create your perfect breakfast.

## Vegan Breakfasts

### **Vegan Breakfast**

Meat free vegetarian suitable for vegan sausages, fresh wilted spinach, spring onions, sautéed mushrooms and grilled tomatoes.

### **Vegan fresh herb hummus**

Homemade hummus served on a warm bread, topped with pine nuts, sesame seeds, mixed leaves, fresh herbs and a drizzle of olive oil.

### **Vegan avocados on toast**

Crushed avocados, fresh tomatoes, mixed leaves, fresh herbs and a drizzle of olive oil, cracked pepper and sea salt on fresh toast local bread.

### **Vegan overnight porridge** (Please order by 9pm the evening before)

Porridge oats soaked overnight in oat milk with seeds and nuts, served cold in the morning with fresh berries.

### **Vegan Banana porridge**

Fresh banana and porridge oats cooked in oat milk served hot.

## Gluten Free Breakfasts

### **Gluten Free Breakfast (gf)**

Gluten free skinless herb sausage, a poached extra-large local chicken egg, fresh wilted spinach, spring onions, sautéed mushrooms and grilled tomatoes.

### **Poached hens eggs on toast**

All served on buttered locally baked white or wholemeal bread

**Simple** – Butter, salt and pepper      **Bacon** – 2 rashes of smoked back bacon

**Spinach** – with fresh wilted spinach    **Salmon** – with fresh herbs & lemon

### **Three egg omelettes**

Plain    Cheese    Cheese & Bacon    Mushroom    Spinach

### **Homemade Pancakes (v)**

Need to be ordered by 8pm the evening before.

Blueberries    Sugar & lemon      Honey      Tate and Lyle treacle

### **Creamy Porridge (v)**

Coconut      Honey      Tate and Lyle treacle syrup    Fresh fruit

## **All our breakfasts also include:**

We are currently not providing a breakfast buffet but serving nearly all items from the kitchen for guest safety. Please ask our staff about what is available.

- A selection of fresh toast (baked locally by John Turner)
- A wide selection of granola, muesli, cereals, seeds and nuts
- A variety of fresh & dried fruit
- Natural yoghurt
- Homemade berry jam
- Homemade marmalade
- Lightly salted butter (vegan spread available)

### **Hot Drinks** £4.00 drink only

Complimentary hot drink and fresh juice for hotel residents  
Charges apply for non-residents but include free refill

- Freshly brewed cafetiere coffee
- A choice of loose-leaf teas (including herbal and fruit varieties)

### **Cold Drinks** £4.00 drink only

Complimentary hot drink and fresh juice for hotel residents  
Charges apply for non-residents but include free refill

- Apple juice
- Orange juice
- Iced water

### **Bar Drinks**

- Our bar is open for residents and non-residents to purchase alcoholic and non-alcoholic beverages. Not included in breakfast prices

### **Our produce**

We use fresh local produce supporting other small businesses.

### **Allergies and special requirements**

Please note that the food will still be prepared in the same kitchen & same oven, so we can NOT guarantee food will be 100% free from gluten. Please pre-order to ensure ingredient availability.

PLEASE ADVISE STAFF OF ALLERGIES & ASK FOR MORE INFO