

# GIRAFFE

*Feel-good food*



Beef Ramen

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♥ <600 KCALS 600 calories or under.  
 ♥ <300 KCALS 300 calories or under.  
 (V) Contains no meat or fish.  
 (VG) Contains no animal products.  
 (GF) Gluten Free.  
 All our eggs are free range.

## TAPAS STYLE STARTERS

### GYOZA

Japanese dumplings served fried or steamed

> Steamed chicken or vegetable (VG) ♥ <300 KCALS  
 Served with a soy, chilli & ginger sauce.

> Fried chicken or vegetable (VG)  
 Served with sweet chilli sauce and an orange miso glaze.

### PADRON PEPPERS (VG) ♥ <300 KCALS

Pan fried fresh padron peppers tossed in lemongrass & pineapple dressing and finished with sea salt, crispy shallots and flaked almonds.

### OLIVES (VG) (GF) ♥ <300 KCALS

Green and black olives.

### SALT AND PEPPER SQUID ♥ <300 KCALS

With sweet chilli dip and fresh lime.

> Sharing Salt and Pepper Squid  
 (not included in the offer)

### EDAMAME (VG) ♥ <300 KCALS

Soybean pods seasoned with sea salt, served with soy sauce. Extremely moreish.

### PRAWN SAGANAKI ♥ <300 KCALS

Greek comfort food. King prawns in a tasty garlic, chilli & tomato sauce. Crumbled with feta, served with toasted bread.

supplement when part of the deal

### HALLOUMI FRIES (V)

Fried slices of halloumi served with sweet chilli sauce, topped with a chilli garnish.

### CHEESY GARLIC FLATBREAD (V)

Topped with rocket. Enough to share.

supplement when part of the deal  
 Without cheese (VG)

### KARAAGE CHICKEN

Crispy fried chicken thigh, Japanese style. Sprinkled with chilli and sesame seeds. Served with sweet chilli dip.

### SHARING VEGAN NACHOS NIRVANA (VG)

Crunchy tortilla chips covered with Violife cheese, fresh salsa, guacamole, black bean chilli, jalapeños and chilli flakes.

(not included in the offer)

### SHARING NACHOS NIRVANA (V)

Black bean chilli, melted cheese, guacamole, sour cream, jalapeños and chipotle salsa.

+ Chicken + Pulled beef  
 (not included in the offer)

### SOUP

Seasonal soup served with toasted bread.

Ask one of our team for today's flavour

## SUPER SALADS

### SUPER FREEKEH SALAD (VG) ♥ <600 KCALS

Roasted butternut squash, beluga lentils, freekeh, tenderstem broccoli, roasted peppers and mixed leaves. Topped with coconut yoghurt.

+ Chicken  
 + Prawns ♥ <600 KCALS  
 + Salmon

### CHICKEN PENANG BANG

Chicken breast with crushed peanuts, noodles, bok choy, Chinese leaf, cucumber and radishes, in a lime, chilli and ginger dressing.

## SEASONAL FEEL-GOOD FAVOURITES

These are our chef's favourite winter warmers.

### BEEF RAMEN ♥ <600 KCALS

Tenderised beef steak, on top of a warming Asian broth, packed with udon noodles, chilli, radish, mint, coriander and basil.

### NAKED BURRITO ♥ <600 KCALS

Slow cooked pulled beef and black bean chilli, on a bed of jasmine rice and topped with sour cream and guacamole. Served with plain nachos perfect for dipping.

### LAMB TAGINE

A Moroccan inspired lamb tagine, scattered with pumpkin & sunflower seeds and pomegranate. Served with couscous, toasted bread and coconut yoghurt.

### PRIME 80Z RUMP STEAK ♥ <600 KCALS

Served how you like it, with skin-on fries and a dressed green leaf salad.

+ add garlic sauce

### NAKED KATSU (GF) ♥ <600 KCALS

Grilled chicken breast, katsu sauce, brown rice, Chinese leaf, bok choy, tenderstem broccoli and sliced radish.

### VEGAN KATSU (VG)

Plant based jackfruit & chickpea crispy steak in a creamy katsu sauce, served with jasmine rice.

### JACKFRUIT CURRY (VG) (GF) ♥ <600 KCALS

Jackfruit is a versatile fruit that we shred and use to make the perfect plant based spicy curry. Served with jasmine rice and red cabbage slaw.

### A PROPER PLATEFUL OF FISH AND CHIPS

Our secret recipe battered cod served with skin-on-fries, mushy peas and tartare sauce.

→ Go large on your fish for

## BIG N BEAUTIFUL BURGERS

Our 100% beef burgers are served in a soft bun with skin on fries.

### GO NAKED

Just ask, and we'll swap your bun and fries for a super-healthy salad.

Upgrade to **SWEET POTATO FRIES** for **1.00**

### BACON AND CHEESE SMOKEY JOE

A delicious grilled beef patty with our special sauce, smokey bacon and smoked Cheddar cheese.

+ add a beef patty for

### THE CLASSIC

A juicy beef patty, smothered in our special sauce.

Goes perfectly with avocado smash  
 + add a beef patty for + add cheese for

### RODEO CHICKEN

Grilled chicken breast, smokey bacon, smoked Cheddar, flat mushroom and beer battered onion rings with BBQ sauce and mayo. + add a chicken breast for

### ULTIMATE GIRAFFE

Two beef patties with our special sauce, smokey bacon and smoked Cheddar cheese.

### PULLED BBQ BEEF AND SLAW

Our succulent beef patty layered with pulled beef brisket, onion rings, smoked Cheddar cheese, gherkin and topped with a rich chipotle salsa.

### KATSU BURGER

Breaded chicken coated in katsu sauce on a red cabbage slaw loaded with spring onion, coriander, chilli & pickled cucumber.

### UP-BEET BURGER (VG)

Beetroot and quinoa patty, on a bed of carrot and peppers, finished with a coconut yoghurt & za'atar dressing.

Go naked ♥ <600 KCALS

### SPICY KOREAN KIMCHI

Fried chicken fillet tossed in a bulgogi sauce, topped with kimchi and finished with a cayenne ranch dressing.

### HALLOUMI AND FALAFEL (V)

Grilled halloumi cheese and falafel, piled high with hummus, yoghurt, roasted peppers and grated carrot.

## ADD ME

### BURGER TOPPINGS

+ smoked Cheddar cheese + halloumi  
 + jalapeños + onion rings  
 + bacon + avocado smash

## BOWLS FOR THE SOUL

Add **3x CHICKEN** or **VEGETABLE GYOZAS**  
 Choose steamed or fried for **3.95**

### KATSU CHICKEN CURRY

A Japanese favourite - breaded chicken in a creamy katsu sauce, served on a bed of jasmine rice.

### THAI DUCK STIR FRY

Shredded duck and noodles with sweet chilli jam, and an Asian slaw in a teriyaki sauce.

### SPICY RICE BOWL (V) (GF)

Spicy rice tossed in soy sauce, topped with spring onion and a fried egg.

+ Tofu (no egg) (VG) (GF)

+ Chicken (GF)

+ Prawns (GF)

### SALMON TERIYAKI (GF)

Salmon fillet topped with a teriyaki sauce and sesame seeds, on a bed of Jasmine rice with broccoli, carrot, coriander and cucumber.

### CHICKEN MALAY CURRY ♥ <600 KCALS

Chicken, potato and onion in a hearty curry. Served with jasmine rice and garlic & coriander naan.

Swap Chicken for Tofu (VG) or Prawns

### CHICKEN TERIYAKI (GF) ♥ <600 KCALS

Grilled chicken breast topped with a teriyaki sauce and sesame seeds, on a bed of jasmine rice with broccoli, carrot and cucumber.

## CHEEKY SIDES

### SKIN-ON FRIES (VG)

### HALLOUMI FRIES (V)

### SWEET POTATO FRIES (VG)

### HOMEFRIES (VG)

### TOPPED HOMEFRIES

### CREAMY SLAW (V) (GF)

### SIDE SALAD (VG) (GF)

### ASIAN SLAW TOPPED WITH SESAME SEEDS (VG) (GF)

### BEER BATTERED ONION RINGS (VG)

### TENDERSTEM BROCCOLI (VG) (GF)



FOR ALLERGEN INFO AT YOUR FINGERTIPS PLEASE SCAN THE QR CODE.

LET US KNOW IF YOU'RE IN A HURRY OR ASK FOR THE BILL WHEN ORDERING!

If you have any food allergies or intolerances, please let your server know before ordering. Whilst we make every effort to control cross-contamination, our ingredients are manufactured and our dishes are prepared in environments where allergens are present. We cannot therefore guarantee that any item on our menu is allergen-free. Please check the allergen information each time you visit our restaurant as we may update our recipes. Please ask your server for details.

Please be aware that whilst the ingredients used within our vegetarian and vegan meals are suitable for these diets, the dishes are prepared and cooked in the same kitchen as the rest of the dishes on our menu and therefore we cannot guarantee that they do not contain traces of animal products. Please note an optional service charge will be added to your bill for the benefit of our team. Please ask your server for details.

Wahoo FREE WIFI!



MM/20PREM/Q1