# 1 COURSE LUNCH 7.99

2 courses 10.49 | 3 courses 13.49

# **Starters**

#### Dough Balls VG

Fresh from the oven, with a garlic & herb dip

#### Mozzarella Sticks V

Crispy sticks of melting mozzarella, with Neapolitan tomato sauce. Cheesy does it

#### Garlic Pizza Bread 🚾

Baked and loaded with herbs

#### Southern Fried Chicken

Tender chicken strips with a BBQ sauce dip

### Fully Loaded Potato Skins New recipe

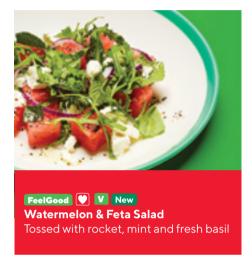
Crispy potato skins filled to the brim

Choose from: Cheese & chive

Bacon, cheese & chive

#### **Boneless Buffalo Wings**

Breaded boneless chicken bites tossed in hot sauce. Served with sour cream



# **Mains**

# Pizza & Pasta

# Margherita Pizza 🔽

10" tomato and mozzarella. Nice and simple

# Pepperoni Pizza New

10" pepperoni and mozzarella. **Go hotter** with green chillies (on us)

#### FeelGood Skinny Chicken Pizza New

Chicken, ham, mushroom, mozzarella and thyme. Great taste, less calories

#### Spaghetti Bolognese

Rich beef Bolognese sauce over spaghetti. Classic!

### Spaghetti Carbonara

Spaghetti carbonara
Spaghetti tossed in cheese sauce with crispy bacon

# Ultimate Mac 'N' Cheese V

Macaroni cheese topped with a cheesy crumb. The ultimate comfort food

# Chicken & Mushroom Penne

Tender chicken breast in a creamy white wine and mushroom sauce, tossed with penne

### FeelGood Classic Beef Lasagne

Just like Mamma used to make

# FeelGood

Meet our FeelGood range – a mix of healthier, lighter dishes with something for everyone

- A lighter option, with starters under 400 calories, mains under 650 calories and desserts under 350 calories
- V Vegetarian
- **VG** Vegar
- Our high protein options

If you have an allergy please discuss with your server before ordering.

Gluten Free versions of many of our dishes are available on request.

Please ask your server for more details!

# **Wraps & Salad**

#### FeelGood

#### Nashville Chicken Skewers 🖤 🕕

Chicken breast marinated in Nashville Hot sauce with salad and sour cream

#### Cajun Chicken Wrap

Golden fried chicken with lettuce, red onion, cheese, rocket and Cajun mayo.
Served with fries and 'slaw

#### Goat's Cheese & Avocado Wrap 🔽

With red peppers, rocket, lettuce and balsamic glaze. Served with fries and 'slaw

#### **BBQ Steak Wrap**

Juicy sliced rump steak with BBQ sauce, cheese, red onion and lettuce. Served with fries and 'slaw

#### FeelGood

### Chicken, Bacon & Avocado Salad

Served over dressed leaves, tomatoes

# **Burgers & Favourites**All served with fries

#### Classic Chicken Burger

Simply the breast, with mayo

#### **Classic Cheese Burger**

6oz\* burger with mayo, garnish and Monterey Jack cheese

#### The House Special Burger New

6oz\* burger with our signature burger sauce, fried onions and gherkin

#### FeelGood

#### Summer Salad 💟 🔽 New

Couscous, bulgar wheat, black lentils, butternut squash, green beans, broccoli, radish and spring onion with a vinaigrette dressing



#### **BBQ Cheese Chicken Wrap**

With cheddar cheese, red onion and lettuce. Served with fries and 'slaw

#### **Classic Hot Dog**

American style 6" pork Bockwurst in a soft bun with ketchup and mustard

#### Fish & Chips

Prime fillet of cod<sup>†</sup> in golden batter, served with fries, peas and tartar sauce





# Add Onion Rings for 1.79

# **Desserts**

# FeelGood Ice cream 💟 🔽

Two scoops of your favourite flavour **Choose from** Vanilla | Strawberry | Chocolate | Brownies & Cream | Coconut Delight VG

### Straight Up Waffle V New

Cinnamon sugar and caramel crunch, served with maple syrup. Freshly baked in-house

#### FeelGood Sorbet VG

Two scoops of your favourite flavour **Choose from** Lemon | Mango

FeelGood Fruit Salad V New recipe With natural yoghurt



#### Brownies & Ice Cream V

Warm chocolate brownies served with whipped cream, vanilla cream ice cream and chocolate sauce

